

Poverty Guidelines

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Poverty Guidelines

The 2025 poverty guidelines will be on public display at the Federal Register tomorrow and will be published in the next few days.

The [Poverty Guidelines API](#) is now available with the 2025 data.

U.S. Federal Poverty Guidelines Used to Determine Financial Eligibility for Certain Programs

HHS Poverty Guidelines for 2025

Join our [listserv](#) to stay up-to-date on the latest news regarding the poverty guidelines.

2025 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA	
Persons in family/household	Poverty guideline
1	\$15,650
2	\$21,150
3	\$26,650
4	\$32,150

2025 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA

Persons in family/household	Poverty guideline
5	\$37,650
6	\$43,150
7	\$48,650
8	\$54,150
For families/households with more than 8 persons, add \$5,500 for each additional person.	

2025 POVERTY GUIDELINES FOR ALASKA

Persons in family/household	Poverty guideline
1	\$19,550
2	\$26,430
3	\$33,310
4	\$40,190
5	\$47,070
6	\$53,950
7	\$60,830
8	\$67,710

2025 POVERTY GUIDELINES FOR ALASKA	
Persons in family/household	Poverty guideline
For families/households with more than 8 persons, add \$6,880 for each additional person.	

2025 POVERTY GUIDELINES FOR HAWAII	
Persons in family/household	Poverty guideline
1	\$17,990
2	\$24,320
3	\$30,650
4	\$36,980
5	\$43,310
6	\$49,640
7	\$55,970
8	\$62,300
For families/households with more than 8 persons, add \$6,330 for each additional person.	

Resources

- [Prior Poverty Guidelines and Federal Register References](#)
- [A chart with percentages \(e.g., 125 percent\) of the guidelines \(PDF\)](#)
- [Frequently Asked Questions](#) (FAQs) on the Poverty Guidelines and Poverty
 - [Poverty guidelines — gross or net income](#)
 - [The poverty line for a state or city](#)

- [The number of poor people in a state or city](#)
 - [How the poverty line was developed](#)
 - [Further Resources on Poverty Measurement, Poverty Lines, and Their History](#)
 - [ASPE research on poverty](#)
 - [The Census Bureau's Poverty Home Page](#)
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The separate poverty guidelines for Alaska and Hawaii reflect Office of Economic Opportunity administrative practice beginning in the 1966-1970 period. Note that the poverty thresholds — the original version of the poverty measure — have never had separate figures for Alaska and Hawaii. The poverty guidelines are not defined for Puerto Rico, the U.S. Virgin Islands, American Samoa, Guam, the Republic of the Marshall Islands, the Federated States of Micronesia, the Commonwealth of the Northern Mariana Islands, and Palau. In cases in which a Federal program using the poverty guidelines serves any of those jurisdictions, the Federal office which administers the program is responsible for deciding whether to use the contiguous-states-and-D.C. guidelines for those jurisdictions or to follow some other procedure.

The poverty guidelines apply to both aged and non-aged units. The guidelines have never had an aged/non-aged distinction; only the Census Bureau (statistical) poverty thresholds have separate figures for aged and non-aged one-person and two-person units.

Programs using the guidelines (or percentage multiples of the guidelines — for instance, 125 percent or 185 percent of the guidelines) in determining eligibility include Head Start, the Supplemental Nutrition Assistance Program (SNAP), the National School Lunch Program, the Low-Income Home Energy Assistance Program, and the Children's Health Insurance Program. Note that in general, cash public assistance programs (Temporary Assistance for Needy Families and Supplemental Security Income) do NOT use the poverty guidelines in determining eligibility. The Earned Income Tax Credit program also does NOT use the poverty guidelines to determine eligibility. For a more detailed list of programs that do and don't use the guidelines, see the [Frequently Asked Questions](#) (FAQs).

The poverty guidelines (unlike the poverty thresholds) are designated by the year in which they are issued. For instance, the guidelines issued in January 2025 are designated the 2025 poverty guidelines. However, the 2025 HHS poverty guidelines only reflect price changes through calendar year 2024; accordingly, they are approximately equal to the Census Bureau poverty thresholds for calendar year 2024. (The 2024 thresholds are expected to be issued in final form in September 2025; the Census Bureau normally makes available a preliminary version of the thresholds early each calendar year.)

The poverty guidelines may be formally referenced as “the poverty guidelines updated periodically in the Federal Register by the U.S. Department of Health and Human Services under the authority of 42 U.S.C. 9902(2).”

There are two slightly different versions of the federal poverty measure: poverty thresholds and poverty guidelines.

The **poverty thresholds** are the original version of the federal poverty measure. They are updated each year by the **Census Bureau**. The thresholds are used mainly for statistical purposes — for instance, preparing estimates of the number of Americans in poverty each year. (In other words, all official poverty population figures are calculated using the poverty thresholds, not the guidelines). [Poverty thresholds since 1973 \(and for selected earlier years\)](#) and [weighted average poverty thresholds since 1959](#) are available on the Census Bureau’s Web site. For an example of how the Census Bureau applies the thresholds to a family’s income to determine its poverty status, see “[How the Census Bureau Measures Poverty](#)” on the Census Bureau’s web site.

The **poverty guidelines** are the other version of the federal poverty measure. They are issued each year in the Federal Register by the **Department of Health and Human Services** (HHS). The guidelines are a simplification of the poverty thresholds for use for **administrative** purposes — for instance, determining financial eligibility for certain federal programs.

The poverty guidelines are sometimes loosely referred to as the “federal poverty level” (FPL), but that phrase is ambiguous and should be avoided, especially in situations (e.g., legislative or administrative) where precision is important.

Key differences between poverty thresholds and poverty guidelines are outlined in a table under [Frequently Asked Questions](#) (FAQs). See also the [discussion of this topic](#) on the Institute for Research on Poverty’s web site.

The January 2025 poverty guidelines are calculated by taking the 2023 Census Bureau’s poverty thresholds and adjusting them for price changes between 2023 and 2024 using the Consumer Price Index (CPI-U). The poverty thresholds used by the Census Bureau for statistical purposes are complex and are not composed of standardized increments between family sizes. Since many program officials prefer to use guidelines with uniform increments across family sizes, the poverty guidelines include rounding and standardizing adjustments.

FILES

[Chart Showing different multiples of the poverty guidelines for 2025 \(xlsx, 57.76 KB\)](#)

[Chart showing different multiples of the poverty guidelines for 2025 \(pdf, 199.84 KB\).](#)

[Chart showing different multiples of the poverty guidelines for prior years \(xlsx, 48.64 KB\).](#)

[Historical Poverty Guidelines through 2024 \(xlsx, 44.95 KB\).](#)

Poverty Guidelines

Prior HHS Poverty Guidelines and Federal Register References

Frequently Asked Questions

Further Resources

Mollie Orshansky

Poverty Guidelines API

Poverty Estimates, Trends, and Analysis

Marginal Tax Rates/Benefit Cliffs

Paid Family Leave

Program Participation

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