

[e1] Our society is in danger of overheating due to 'never clocking off'.

[e2] Even though politicians stress the Christian character of our country,

[e3] the last 20 years have seen the Sunday off work increasingly sacrificed to commerce.

[e4] But after all, the purpose of having a day off is not just to make time to go to church.

[e5] Rather it should give people the chance to have a mental break.

[e6] That's why there ought to be one day a week when supermarkets and shopping centres stay closed.

