NOLLEPERIODEN

Welcome to the student life at Campus Skellefteå!

Hello, congratulations and welcome!

We want to invite you to participate in what most definitely will become the best two weeks you will experience during your time here at Campus Skellefteå: **Nolleperioden**, a welcoming period for new students!

Nolleperioden is an arrangement planned and performed by volunteering students, driven by commitment and a dream of giving you a welcoming as fun as they themselves had. Our Nolleperiod has one purpose and one purpose only: to provide **you** - our new student - with the best start possible!

Phöseriet is the group arranging Nolleperioden. In collaboration with the schools: LTU, Futuregames & Visual Magic, we've planned two weeks filled with fun activities, teambuilding and events!

The purpose with Nolleperioden is to give you an introduction and great opportunity to: get to know and bond within your classmates, familiarize yourself with Campus & the city, get closer to other students, and of course to get an amazing and memorable start of your studies!



To give you an idea of what it's all about, here is some information:

- Nolleperioden is arranged yearly by Phöseriet. Phöseriet is a subsection of the Student Union of Campus Skellefteå. It consists of a group of volunteer students who put a lot of time and effort into giving new students as good of a welcome as possible. Nolleperioden spans for about two weeks. During this period there will be games, competitions, concerts, spex, dinners and field trips where you will get to know your classmates but also people from other classes as well.
- Phösare are the volunteering students working to help with the arrangements. They have during the year been educated in conflict handling, responsible handling of alcohol, leadership, and first aid. They will help you take your first steps into student life and other fun traditions.
- Överphösare are the four students that have taken on the role of organizing Nolleperioden. They have planned what activities will be held, where to get funds, put together the training for the Phösare, along with arranging meetings to create unison within Phöseriet and making sure that the Phösare are well prepared to lead you through the
- During Nolleperioden there will be an act ongoing throughout the entirety of Nolleperioden and it is completely voluntary. The act consists of a sort of "hierarchy". At the top you have the all seeing and all knowing Adeln followed by Överphösarna, their right hand men. Below them are the Phösare (that continuously deals with the fathomless whims of Överphösarna) and Nollor (lit. 'zeroes' the new students who have yet to begin their first year!). There are no actual hierarchical differences between Phösare and Nollor except that the Phösare have a responsibility to Överphösarna whilst the Nollor are simply there to have fun! If you don't wish to participate in the act you don't have to, under the condition that you don't spoil it for others.

If the Nollor are not having fun then the Phösare aren't having fun. If the Phösare aren't having fun, then the Överphösare don't have fun - and that's no fun!

Tips for you, a new student

- Participate in Nolleperioden! It's a wonderful experience where you
 meet a lot of new friends. In addition, it serves as an excellent
 icebreaker for your entire studying period. "I remember once during
 my Nolle-P (short for Nolleperioden) when..."
- Throw away the stereotypes! Discard boring stereotypes about welcoming periodes being all about peer pressure, ridiculing students and alcohol. Here we make sure that Nolleperioden is inclusive and fun for everyone! Especially the new students!
- Let yourself loose! Everyone thinks it's fun when someone embarrasses themself. Therefore it will be much more enjoyable when everyone does it all the time.
- The student pub! Traversen is open almost every night. Traversen is a fantastic and cozy pub, also driven by students, located under the Cafeteria. Traversen offers a wide range of drinks, beverages, great non-alcoholic alternatives & some variety of snacks & food. You can however not pay with a card at Traversen cash only! NOTE: Activities during Nolleperioden & entrance to Traversen are FREE
- Respect the act! It's fun, and it becomes much more fun if everyone's in on it. Even if you feel like it's not what floats your boat - remember to respect others' wishes to join in.

Schedule of activities for Nolleperioden:

| Wednesday. 17/8 | Thursday 18/8 | Friday 19/8 | Saturday 20/8 | Sunday 21/8 |
|------------------------|---------------------------------------|--|-------------------|---------------------|
| | | | ToPS 12.00 | |
| BBQ 'n' Games 18.00 | Skattjakt (Treasure hunt) 18.00 | Auktionsphejden (Auction feud) 18.00 | Adeln 18.00 | Chillaxing 19.00 |

| Monday 22/9 | Tuesday. 17/8 | Wednesday 18/8 | Thursday 19/8 | Friday 20/8 | Saturday 21/8 |
|---------------------|--|-----------------------|-------------------|-------------------|---|
| | Fånga Phösaren (catch the phösare) 13:00 | | | | Nolleuppdrag (Zero's mission) 13.00 |
| NUT 18.00 | Burträskbingo 18.00 | Dragon's Den 18.00 | Sittning 18.00 | Gameshow 18.00 | PUCK 21.00 |

| Saturday 10/9 | |
|-------------------|--|
| | |
| Sittning 18.00 | |

We in Phöseriet welcome you heartily to Campus and hope we'll see you during Nolleperioden. If you have any questions or concerns you can mail us Överphösare at overphosarna@gmail.com.

You can get additional information at Nollep.se or on our Facebook page!

Welcome again, congratulations to all your future friends, and good luck!

Överphösarna & Phöseriet Studentföreningen Campus Skellefteå

In collaboration with Luleå University of Technology, Future Games, Visual Magic.

Sponsored by ABF, Skebo, Sammes Stiftelse



