

# Pooja Mahaseth

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## Professional Summary

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To work with passion and commitment in an organization focused on excellence to attain experience while working with the best talent in the profession. I wish to offer myself the latest trends in the field of Physiotherapy and at the same time an efficient 'Neuro Rehab Therapist'.

## Experience

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**FORTIS HOSPITAL** , Anandpur, Kolkata, India  
- 6-month Internship in 2017  
**VIVEKANANDA HOSPITAL** , Durgapur, India  
- 2-month training of physiotherapy in 2015  
**VEDANTA HEALTH CARE,** , Baneshwor Kathmandu, NEPAL  
- 3-months clinical experience in 2017  
**NIMHANS HOSPITAL,** Bangalore, India  
- 1-month training

## EDUCATION

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**M.P.T – SRM UNIVERSITY,** Chennai, India  
2018-2020 - 64%  
**B.P.T - WEST BENGAL UNIVERSITY OF HEALTH SCIENCES UNIVERSITY**  
2012-2017 - (Gold Medalist) - 62%  
**HSC - State board**  
2008-2010 - 61%

## CONFERENCES AND SEMINARS ATTENDED

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- CME by COLUMBIA ASIA HOSPITAL-DEC, 2019 on ADVANCES IN ORTHOPAEDIC SURGERY and ROLE OF ENDOSCOPY IN SPINE SURGERY
- INTERNATIONAL CONFERENCE ON "EYAN-2018" RECENT UPDATES IN PHYSIOTHERAPY, at SRM Institute Of Science and Technology, kattankulathur.

## Research Undergone

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- VETERINARY PHYSIOTHERAPY: A LITERATURE REVIEW, IN RESEARCH DAY, HELD ON 28 TH FEB, 2019 AT SRM INSTITUTE OF SCIENCE AND TECHNOLOGY, KATTANKULATHUR, TAMIL NADU.
- EFFECT OF EXERCISE IN RESTING TREMOR USING SENSOR ANALYSIS, IN RESEARCH DAY, HELD ON 28 TH FEB, 2019 AT SRM INSTITUTE OF SCIENCE AND TECHNOLOGY, KATTANKULATHUR, TAMIL NADU.
- DIAGONAL SEMI CLOSED KINETIC CHAIN SHOULDER EXERCISER, started on July 2019

## Workshops and Training Courses Attended:

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- Workshop on “SPINAL MANUAL THERAPY” Organized by Department of physiotherapy, I.P.T.S.T. COLLEGE, DURGAPUR on 30 th Nov and 1 st Dec 2013.
- Workshop on “TOTAL HIP AND KNEE REPLACEMENT” by the department of physiotherapy, I.P.T.S.T. COLLEGE, DURGAPUR, on 1 st May 2015. • Workshop on “ ADVANCE TAPING” 2 nds may,2015 at PARAMEDICAL COLLEGE, DURGAPUR
- Workshop on “PROPRIOCEPTIVE NEUROMUSCULAR ARTICULAR FACILITATION” on 26 th of July 2016 at PARAMEDICAL COLLEGE, DURGAPUR
- Workshop on “RENAL REHABILITATION” held at SRI RAMACHANDRA COLLEGE of physiotherapy, on 18 th Aug 2018.
- Workshop on “PHYSIOTHERAPY MANAGEMENT FOR SACROILIAC JOINTDYSFUNCTION IN PREGNANCY” on 2 nd and 3 rd May 2019 at SRM College of Physiotherapy (ICMR)

## Workshop conducted

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- WORKSHOP ON “PULMONARY REHABILITATION” participated as faculty held on 10 th February, 2017, at department of pulmonary medicine, FORTIS HOSPITAL, KOLKATA.

## Project topic

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- POSTGRADUATE TOPIC- COMPARISON BETWEEN PHYSICAL TRAINING AND MULTISENSORY TRAINING ON BALANCE AMONG DIABETIC PERIPHERAL NEUROPATHY PATIENTS

## EXTRA CURRICULAR ACTIVITIES:

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- Awarded a merit scholarship, the title of mother queen by MONASTIC HIGHER SECONDARY ENGLISH BOARDING SCHOOL, on 2009.
- MEMBER OF ROTARACT CLUB OF DURGAPUR, since 2011.
- Have won various prizes and certificates in SPORTS, guitar competition by SURGA
- BHARATI KALA KENDRA, SCUBA DIVING at Pulau payar marine, and in various
- Cultural competitions at school and college level.

## Personal Skill

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- Dynamic and motivating qualities with a willingness to learn and hardworking.
- Dedicated, a quick learner from my own mistakes and I always work hard to make my
- Work is done with perfection