

An illustration on a dark blue background. At the top left, a white monitor with a black screen displays a yellow ECG line. A yellow cord connects the monitor to a stylized red heart with white rectangular patches on its surface. The heart has several red lines radiating from its top and bottom.

# SAVE A LIFE AFTER LIFE

Vital procedures that enhance quality of life or save lives, such as blood transfusions and organ transplantation, rely on community goodwill to donate blood and organs. There is a constant shortage in supply of these valuable resources, despite generally positive attitudes toward blood donation (BD) and organ donation (OD)

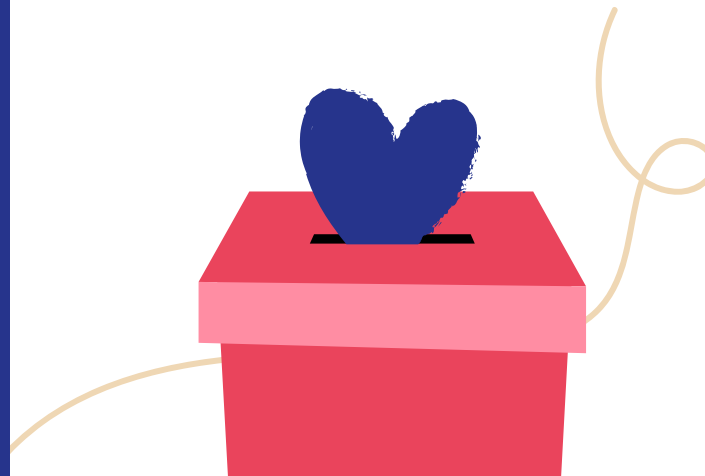
## CHOOSE TO DONATE

### *Blood*

Blood – a standard donation, consisting of plasma, red and white blood cells, platelets, antibodies and other components. Plasma (known as apheresis) – plasma is separated from the other components by a special machine, and the red blood cells are returned to the donor in cycles throughout the donation.

### *Organ*

Organs and tissues that can be transplanted include the kidneys, corneas, heart, heart/lungs, liver, pancreas, heart valves, bone, bone marrow and skin. You may specify what organs and/or tissues you wish to donate on your Uniform Donor Card or on your driver's license.

An illustration on a light orange background. Two pink hands are shown, palms facing each other, holding a red heart. The heart has a yellow cord wrapped around it. A white plus sign is visible in the top right corner of the page.

## SECOND CHANCE

Not all constellations are visible from any point on Earth, so star maps are divided between the northern and southern hemispheres. Moreover, the constellations can change according to the season and the place on Earth where you are.

In the 20th century, the International Astronomical Union (IAU) formally accepted the modern list of 88 constellations.

