



GEOFIT

Instruction Manual

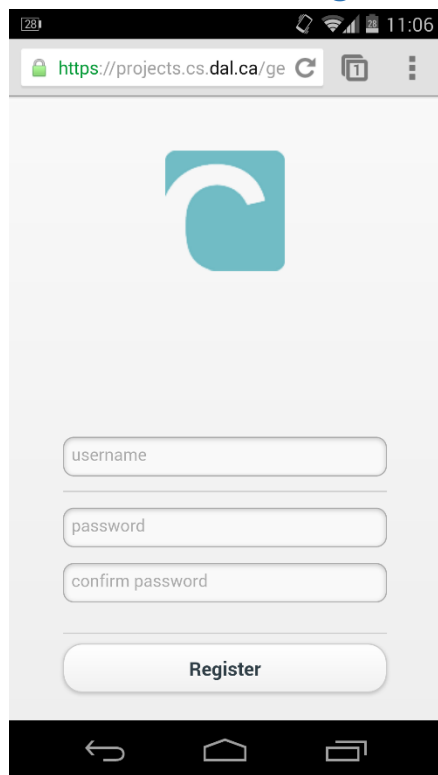


GROUP 12

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I. How to Register

A screenshot of a mobile browser displaying the registration page. The address bar shows the URL "https://projects.cs.dal.ca/ge". The page features a teal logo at the top, followed by three input fields labeled "username", "password", and "confirm password". A "Register" button is positioned below these fields. The bottom of the screen shows a standard Android navigation bar with back, home, and recent apps icons. The status bar at the top indicates the time as 11:06.

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https://projects.cs.dal.ca/ge

username

password

confirm password

Register

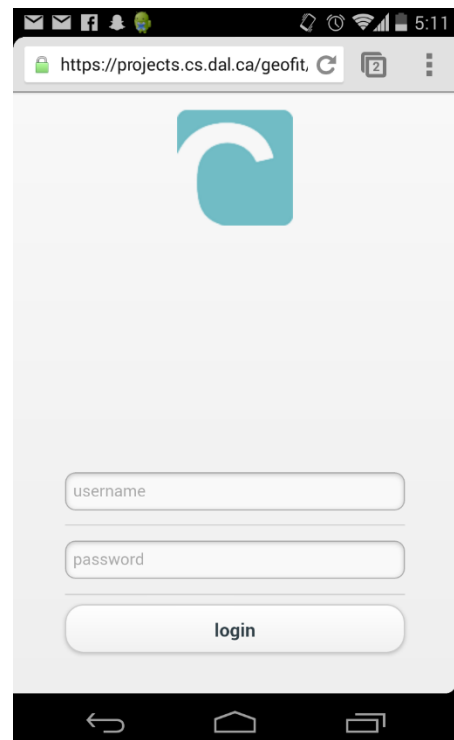
TO REGISTER:

1. **CLICK REGISTER (FIRST PAGE YOU WILL SEE).**
2. **INSERT USERNAME AND PASSWORD INTO THEIR RESPECTIVE FIELDS AS SEEN TO THE LEFT.**
3. **CLICK THE REGISTER BUTTON LOCATED AT THE BOTTOM OF THE PAGE.**
4. **YOU SHOULD NOW BE ABLE TO SIGN IN**

II. How to Log In

TO LOGIN:

1. **CLICK SIGN IN (FIRST PAGE YOU WILL SEE).**
2. **INSERT USERNAME AND PASSWORD INTO THEIR RESPECTIVE FIELDS AS SEEN TO THE RIGHT.**
3. **CLICK THE LOGIN BUTTON LOCATED AT THE BOTTOM OF THE PAGE.**
4. **WITH PROPER CREDENTIALS YOU SHOULD BE SUCCESSFULLY LOGGED IN AND TAKEN TO THE HOMEPAGE.**

A screenshot of a mobile browser displaying the login page. The address bar shows the URL "https://projects.cs.dal.ca/geofit". The page features a teal logo at the top, followed by two input fields labeled "username" and "password". A "login" button is positioned below these fields. The bottom of the screen shows a standard Android navigation bar with back, home, and recent apps icons. The status bar at the top indicates the time as 5:11.

https://projects.cs.dal.ca/geofit

username

password

login

III. How to Add Food

https://projects.cs.dal.ca/geofit

Add

Food Sport

bagel

100

03/12/2014

Submit

Home Add History Advice

TO ADD FOOD:

1. SIMPLY CLICK THE ADD BUTTON LOCATED AT THE BOTTOM OF THE MENU TOOLBAR (LOCATED BELOW ON ALL PAGES).
2. SELECT THE FOOD TOGGLE OPTION
3. INSERT THE NAME, CALORIES CONSUMED AND DATE INTO THEIR RESPECTIVE FIELDS AS SHOWN TO THE LEFT.
4. CLICK THE SUBMIT BUTTON TO ADD THE FOOD
5. A SUCCESSFUL PROMPT SHOULD APPEAR TO ENSURE ADDITION

TO ADD SPORT:

1. SIMPLY CLICK THE ADD BUTTON LOCATED AT THE BOTTOM OF THE MENU TOOLBAR.
2. SELECT THE SPORT TOGGLE OPTION
3. FOLLOW STEPS 3-5 AS MENTIONED IN "TO ADD FOOD"

IV. How to Check History

User	Item Name	Calories Consumed	Date Consumed	Date Added
matt	bagel	100	2014-03-12	2014-03-13 13:37:50
matt	pepsi	150	2014-03-13	2014-03-13 13:36:30
matt	monsterEnergy	240	2014-03-10	2014-03-10 17:30:45
matt	doritos	101	2014-02-10	2014-02-27 19:40:56

Home Add History Advice

TO CHECK FOOD HISTORY:

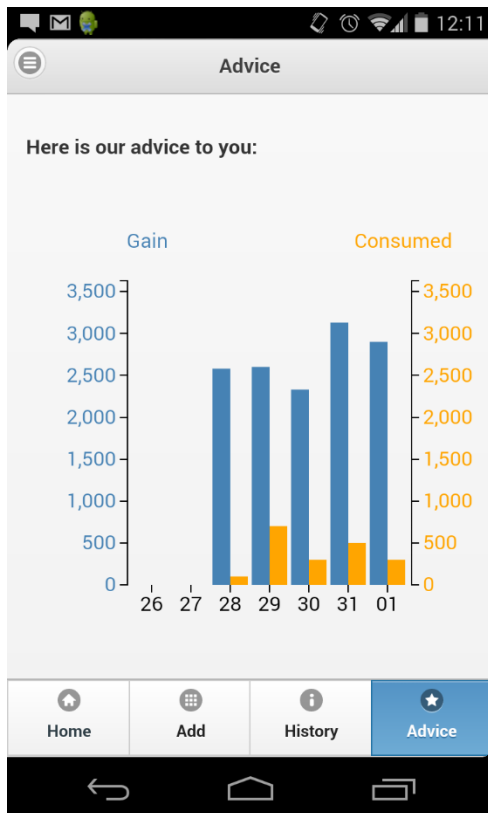
1. SIMPLY CLICK THE HISTORY BUTTON LOCATED AT THE BOTTOM OF THE MENU TOOLBAR.
2. CLICK THE FOOD BUTTON TO THE RIGHT OF THE "+" SIGN
3. A LIST OF FOOD ITEMS INSERTED WILL BE SHOWN, SIMILAR AS THE IMAGE TO THE LEFT

User	Activity Name	Calories Burned	Date Burned	Date Added
matt	soccer	400	2014-02-03	2014-02-27 16:55:01
matt	walking	600	2014-03-12	2014-03-13 13:37:41
matt	walking	200	2014-03-13	2014-03-13 13:36:42
matt	soccer	609	2014-03-10	2014-03-10 20:34:45

TO CHECK SPORT HISTORY:

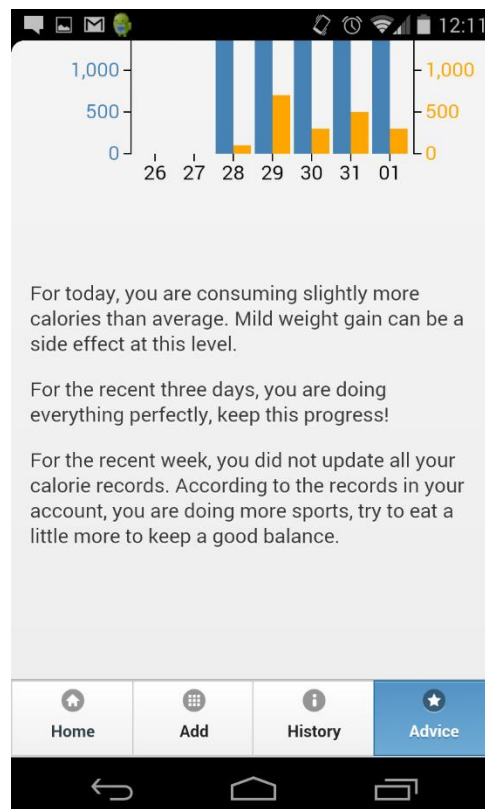
1. SIMPLY CLICK THE HISTORY BUTTON LOCATED AT THE BOTTOM OF THE MENU TOOLBAR.
2. CLICK THE SPORT BUTTON TO THE RIGHT OF THE "+" SIGN
3. A LIST OF FOOD ITEMS INSERTED WILL BE SHOWN, SIMILAR AS THE IMAGE TO THE LEFT

V. How to Check Advice



TO CHECK GRAPHED ADVICE:

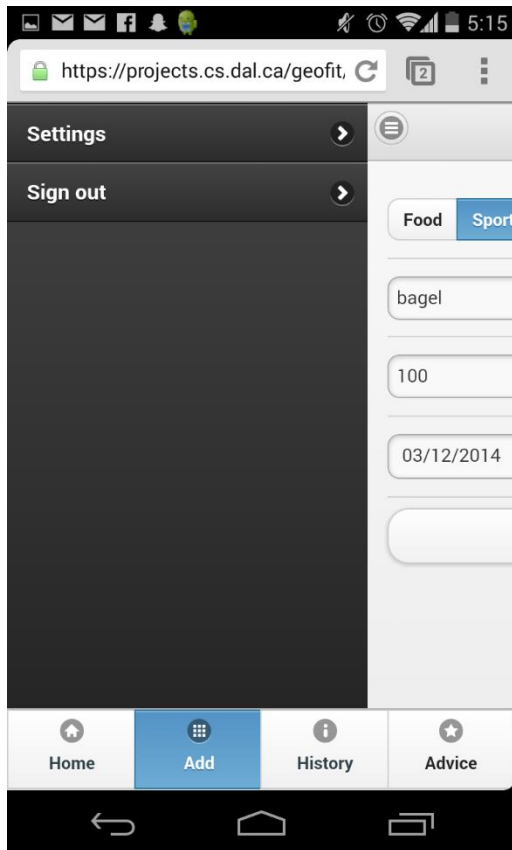
1. SIMPLY CLICK THE ADVICE BUTTON LOCATED AT THE BOTTOM OF THE MENU TOOLBAR.
2. FROM HERE YOU WILL FIRST BE GREETED WITH A GRAPHICAL REPRESENTATION OF YOUR CALORIES CONSUMED VS. CALORIES BURNT (AS SEEN TO THE LEFT).



TO CHECK IN-DEPTH ADVICE ANALYSIS:

1. SIMPLY CLICK THE ADVICE BUTTON LOCATED AT THE BOTTOM OF THE MENU TOOLBAR.
2. SCROLL DOWN THE PAGE UNTIL AFTER THE GRAPH
3. FROM HERE YOU WILL FIRST BE GREETED WITH WORDED ADVICE (AS SEEN TO THE RIGHT).

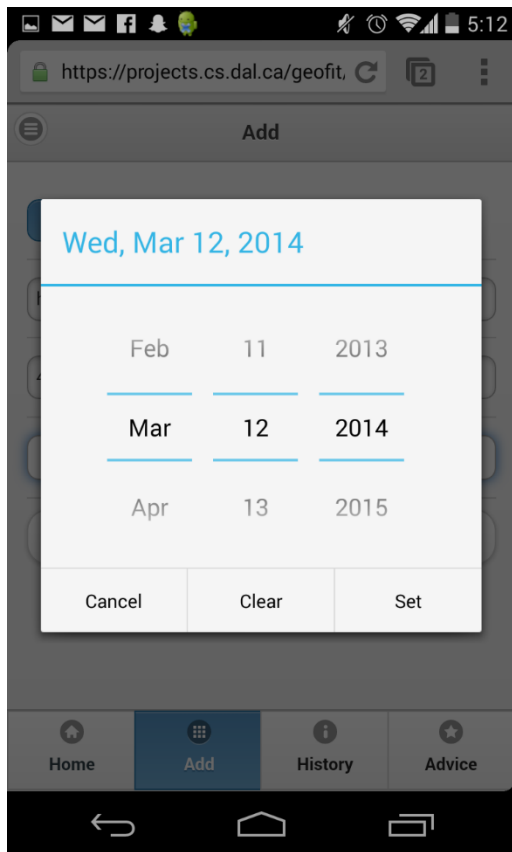
VI. How to Log Out



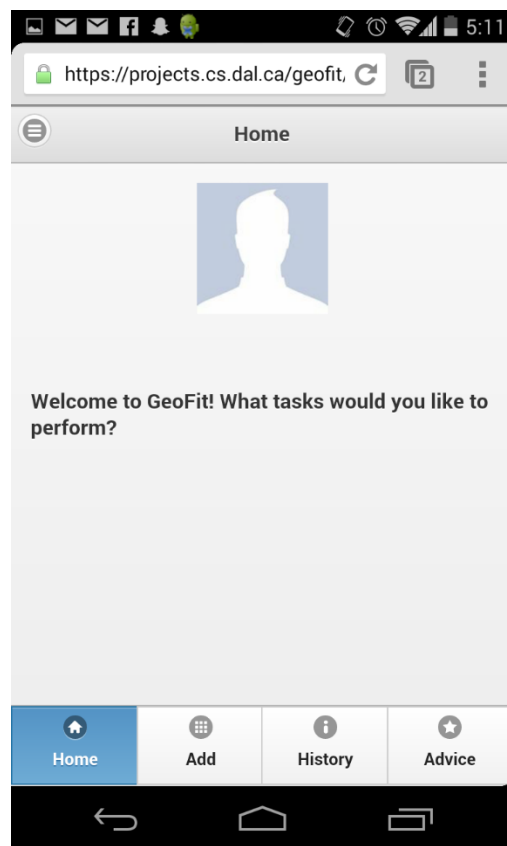
To Log Out:

1. SIMPLY CLICK THE SETTINGS MENU, LOCATED TO THE TOP LEFT CORNER AS AN ICON WITH THREE HORIZONTAL LINES.
2. YOU WILL BE GIVEN A MENU (AS SEEN TO THE RIGHT), TO LOG OUT CLICK THE SIGN OUT OPTION.
3. THIS WILL SIGN YOU OUT AND CARRY YOU BACK TO THE SIGN IN PAGE.

Appendix A: Extra Screenshots



Appendix Image 1 - Adding Date Input Method



Appendix Image 2 - Home Screen