

20 Quick and Easy Energy Efficiency Tips

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Free Things That Cost *Nothing* and Save Cash

- ☐ Turn down water heater thermostat to 120°F.
- ☐ Turn off lights when leaving a room.
- ☐ Set thermostats to 76 to 78°F when home and 82°F when not home when running the air conditioner in the summer. Set your thermostat(s) to 68 to 70°F in winter when you're home, and down to 62°F when you go to bed or when you're away. (Programmable thermostats can do this automatically see below).
- ☐ Use energy-saving settings on washing machines, clothes dryers, dishwashers, and refrigerators.
- ☐ Don't waste water, hot or cold, inside or outside your home.
- ☐ Clean your refrigerator's or freezers condenser coils once a year.
- ☐ Air-dry your clothes outdoors.
- ☐ Close heating vents in unused rooms.
- ☐ Repair leaky faucets and toilets (5 percent of water "use" is leakage).
- ☐ Close drapes (and windows) during sunny summer days and after sunset in the winter.
- ☐ Remove underused appliances like garage refrigerators from service and have them recycled.
- ☐ Remove halogen torchieres from service.

Simple & Inexpensive Things That Will Pay for Themselves in Lower Energy Bills in *Less Than a Year*

- ☐ Install a water-saving 2.5-gallon-per-minute shower head (\$15).
- ☐ Install water-efficient faucet heads for your kitchen and bathroom sinks (\$2 each).
- ☐ Install a programmable thermostat (\$30).

- ☐ In the attic and basement, plug the air leaks a cat could crawl through, and replace and re-putty broken window panes (about \$20).
- ☐ Clean or change the air filter on your warm-air heating system during winter and on air conditioning units in the summer (\$2-\$15).
- ☐ Install an R-7 or R-11 water heater wrap (\$12).
- ☐ Insulate the first six feet of hot and inlet cold water pipes (\$6).
- ☐ Install a LED light bulbs in the fixtures you use the most (\$15).