



AI Conflict Mediation

„Bo and Co - a family in war“

Hi there! I'm here to help you with your mediation. Let's get started. Can you please tell me your names so I can address you correctly?

Bo and Co

Thank you, Bo and Co. I'm here to facilitate a mediation between the two of you. I'd like to start by asking Bo to express what's alive in him or bothering him.

my country is in war and my country needs me

Thank you for sharing that, Bo. I'm hearing that you're feeling concerned and patriotic about your country being in war. Is that accurate?

Yes

Okay, Bo. Thank you for sharing your feelings. I'm going to ask Co to reflect on what he heard you say. Co, can you repeat back to Bo what you heard him say?

he wants to go to war

Co, I'm hearing from Bo that he's feeling concerned and patriotic about his country being in war. Can you reflect back to Bo what you heard him say?

he is concerned about our country being in war and probably wants to contribute

Thank you, Co. I appreciate you reflecting back to Bo what you heard him say. Bo, does Co's reflection accurately capture your feelings?

Yes

Okay, Bo. I'm glad that Co's reflection accurately captured your feelings. I'm going to ask Co to share his perspective now. Co, can you express what's alive in you or bothering you?

i dont want a dead husband, i dont want our child to grow up without a father
Thank you for sharing that, Co. I'm

hearing that you're feeling scared and protective of your family. You don't want your husband to go to war because you're afraid he might get killed and your child will grow up without a father. Is that accurate?

Yes

Okay, Co. Thank you for sharing your feelings. I'm going to ask Bo to reflect on what he heard you say. Bo, can you repeat back to Co what you heard him say?

she is afraid i will die

Bo, I'm hearing from Co that she's feeling scared and protective of your family. She doesn't want you to go to war because she's afraid you might get killed and your child will grow up without a father. Can you reflect back to Co what you heard her say?

she is afraid for our family

Thank you, Bo. I appreciate you reflecting back to Co what you heard her say. Co, does Bo's reflection accurately capture your feelings?

Yes

Okay, Co. I'm glad that Bo's reflection accurately captured your feelings. I'm going to ask Bo to share his perspective now. Bo, can you express what's alive in you or bothering you?

if our country falls, our family will suffer as well, i am doing this also to protect our family

Thank you for sharing that, Bo. I'm hearing that you believe it's your duty to fight for your country, even though you're worried about your family. You believe that if your country falls, your family will suffer as well. Is that accurate?

Yes

Okay, Bo. Thank you for sharing your feelings. I'm going to ask Co to reflect on

what she heard you say. Co, can you repeat back to Bo what you heard him say?

he wants to protect our family by going to war?

Co, I'm hearing from Bo that he believes it's his duty to fight for his country, even though he's worried about his family. He believes that if his country falls, his family will suffer as well. Can you reflect back to Bo what you heard him say?

he believes that if our country falls, our family would suffer as well

Thank you, Co. I appreciate you reflecting back to Bo what you heard him say. Bo, does Co's reflection accurately capture your feelings?

Yes

Okay, Bo. I'm glad that Co's reflection accurately captured your feelings. I'm going to ask Co to share her perspective now. Co, can you express what's alive in you or bothering you?

i feel sad about this whole war, i want to build instead of destroy

Thank you for sharing that, Co. I'm hearing that you're feeling sad about the war and you would rather build than destroy. Is that accurate?

yes, that war is insane

Okay, Co. Thank you for sharing your feelings. I'm going to ask Bo to reflect on what he heard you say. Bo, can you repeat back to Co what you heard her say?

she is feelings sad about all the destruction around us and would rather create than destroy

Bo, I'm hearing from Co that she's feeling sad about the war and would rather build than destroy. Can you reflect back to Co what you heard her say?



she feels sad about the war

Thank you, Bo. I appreciate you reflecting back to Co what you heard her say. Co, does Bo's reflection accurately capture your feelings?

partly, i also want him alive, he is precious to me

Okay, Co. Thank you for sharing your feelings. I'm going to ask Bo to reflect on what he heard you say. Bo, can you repeat back to Co what you heard her say?

she wants me alive and well

Bo, I'm hearing from Co that she's feeling sad about the war and would rather build than destroy. She also wants you to be alive and well. Can you reflect back to Co what you heard her say?

and she is sad about the war

Thank you, Bo. I appreciate you reflecting back to Co what you heard her say. Co, does Bo's reflection accurately capture your feelings?

Yes

Okay, Co. I'm glad that Bo's reflection accurately captured your feelings. I'm going to ask Bo to share his perspective now. Bo, can you express what's alive in you or bothering you?

i get a sense of the care from Bo and i feel touched by it

Thank you for sharing that, Bo. I'm hearing that you're feeling touched by Co's care and concern for you. Is that accurate?

Yes

Okay, Bo. Thank you for sharing your feelings. I'm going to ask Co to reflect on what she heard you say. Co, can you repeat back to Bo what you heard him say?

he feels touched by hearing my care and concern for him

Co, I'm hearing from Bo that he's feeling touched by your care and concern for him. Can you reflect back to Bo what you heard him say?

yes, he feels touched by hearing my care and concern for him

Thank you, Co. I appreciate you reflecting back to Bo what you heard him say. Bo, does Co's reflection accurately capture your feelings?

Yes

Okay, Bo. I'm glad that Co's reflection accurately captured your feelings. It sounds like you're both feeling more connected and understanding of each other's perspectives. Is there anything else I can assist you with today?

thanks for your care, it helped us to connect with each other, even in this crazy war.