



# Speedy calculations

To answer these questions, do any working you need to in your book. Then record your answers on this sheet.

1. Using the formula  $\text{Speed} = \text{Distance} / \text{Time}$ , complete the table below.

	Speed	Distance	Time
(a)	$2 \text{ ms}^{-1}$	10 m	
(b)		25 m	5 s
(c)	$100 \text{ ms}^{-1}$		6 s
(d)	$10 \text{ ms}^{-1}$	50 m	
(e)		40 m	60 s
(f)	$3 \text{ ms}^{-1}$		9 s

2. A cyclist travels 20 km in 4 hours.
- (a) What speed did the cyclist travel in  $\text{kmh}^{-1}$ ? \_\_\_\_\_
- (b) What speed did the cyclist travel in  $\text{ms}^{-1}$ ? (Hint: 20 km is 20 000 m and 4 hours is  $4 \times 3\,600 \text{ s}$ .) \_\_\_\_\_
3. Do some speedy calculations for these world record holders.
- (a) Usain Bolt broke the world record for the men's 100 m sprint with a time of 9.58 s.  
How fast was he going? \_\_\_\_\_
- (b) Florence Griffith Joyner broke the world record for the women's 100 m sprint with a time of 10.49 s.  
How fast was she going? \_\_\_\_\_
- (c) How much slower than Usain was Florence? \_\_\_\_\_
4. The fastest horse in the world, Winning Brew, completed a quarter-mile (402 m) race in 20.57 s. Calculate how fast this filly (young female horse) was travelling. \_\_\_\_\_
5. Compare the top speeds of Winning Brew and Usain Bolt. Explain which of them was going faster, including reasons with your answer.  
\_\_\_\_\_  
\_\_\_\_\_
6. Sarah has been training for a marathon, which will cover a distance of 42.195 kilometres. In training she has consistently run 1 km each 6 minutes. How long will it take Sarah to complete the marathon if she runs at this pace consistently throughout the race? \_\_\_\_\_



# Graphs of motion

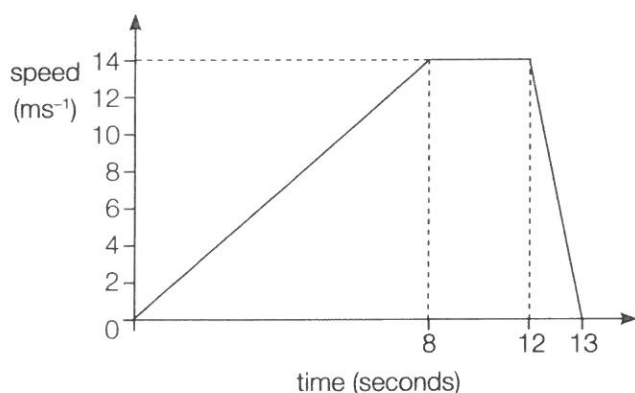
1. In your book, compare and contrast the following pairs of words related to graphs and motion.
- (a) Speed and velocity
  - (b) Distance and displacement
  - (c) Constant speed and zero acceleration
  - (d) Instantaneous and average speed
  - (e) Uniform motion and non-uniform motion

2. Explain why an 800 m track runner has zero displacement. \_\_\_\_\_

3. Using your own graph paper and the information below, plot a distance–time graph to show the journey of the cyclist during the first 12 s.

A cyclist starts from rest and travels a distance of 10 m in 2 s. The cyclist then travels another 30 m at a constant speed of  $3 \text{ ms}^{-1}$  for 10 s.

4. Use the graph below to answer the questions about the speed of rugby league player Benji Marshall during sprint training. Do any working in your book.



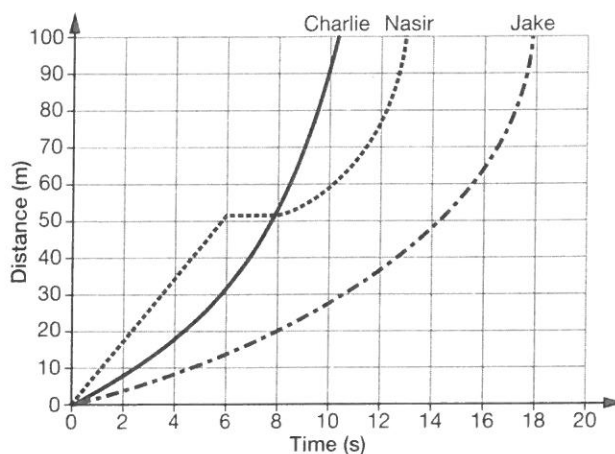
- (a) What is Benji's speed at 9 s? \_\_\_\_\_
- (b) What is the acceleration of Benji in the first 8 s? \_\_\_\_\_
- (c) Describe the motion of Benji between 10 and 11 s. \_\_\_\_\_
- (d) Explain how you know Benji has travelled 119 m in his sprint training. \_\_\_\_\_

5. Olivia starts a race from rest and runs at  $3 \text{ ms}^{-1}$  for 4 minutes. She then runs at  $4 \text{ ms}^{-1}$  for 8 minutes before stopping for 30 s at a drinks station. Next she runs at  $3 \text{ ms}^{-1}$  for 2 minutes, increasing her speed to  $4 \text{ ms}^{-1}$  for 7 minutes, until she sees the finish line and increases her speed to  $8 \text{ ms}^{-1}$  for 40 s.
- (a) Using your own graph paper and the information above, plot a speed–time graph to show Olivia's journey. Then use your graph to answer the remaining questions.
  - (b) How long in seconds did it take Olivia to complete the race? \_\_\_\_\_
  - (c) What was her average speed over the entire race? \_\_\_\_\_
  - (d) How far was the race that she took part in? \_\_\_\_\_
  - (e) If she had not stopped at the drinks station, what would her average speed and her total time for the race have been? \_\_\_\_\_

## Science understanding

 Visual/Spatial  Logical/Mathematical

- 1 Jake, Charlie and Nasir compete in a 100-metre race. The distance–time graph of their motion is shown. **Analyse** this graph to answer the following questions.



- (a) **State** who won the race.

\_\_\_\_\_

- (b) **Calculate** the average speed of the three runners in metres per second (m/s). Express your answer to one decimal place.

(i) Charlie's average speed =  $\frac{\text{distance travelled}}{\text{time taken}}$  = \_\_\_\_\_

(ii) Jake's average speed = \_\_\_\_\_

(iii) Nasir's average speed = \_\_\_\_\_

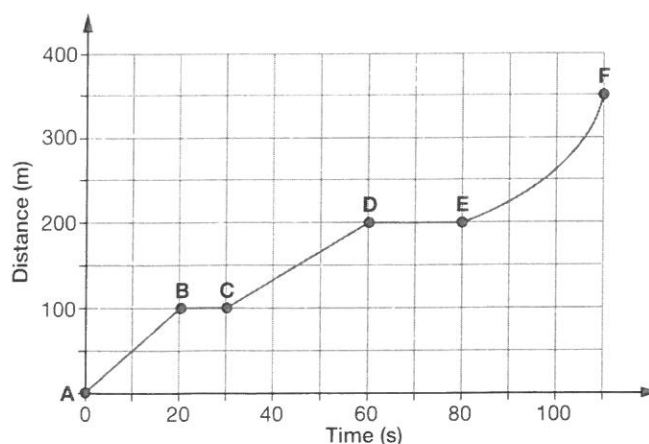
- (c) **Compare** Nasir's motion to that of Charlie and Jake.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

- 2 The following distance–time graph applies to Lucy as she rides her bike along a bike path along a beach. **Analyse** Lucy's motion to answer the following questions.



- (a) **Calculate** Lucy's average speed as she travels from A to B.

---

- (b) **Calculate** Lucy's average speed as she travels from C to D.

---

- (c) **Identify** the interval(s) in which Lucy:

(i) stops \_\_\_\_\_

(ii) travels with constant speed \_\_\_\_\_

(iii) travels with increasing speed. \_\_\_\_\_

- (d) **Calculate** Lucy's average speed for the entire journey.

---

- (e) **Explain** how this average speed does not fully describe Lucy's motion over the entire journey.

---



---

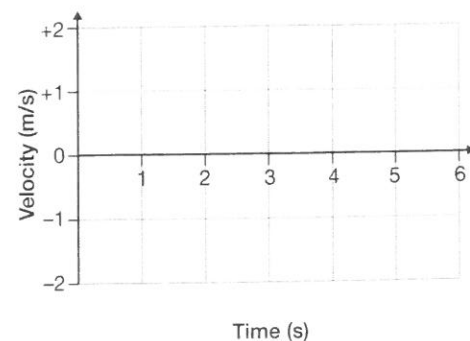
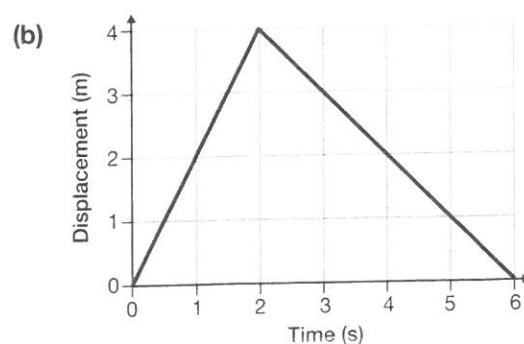
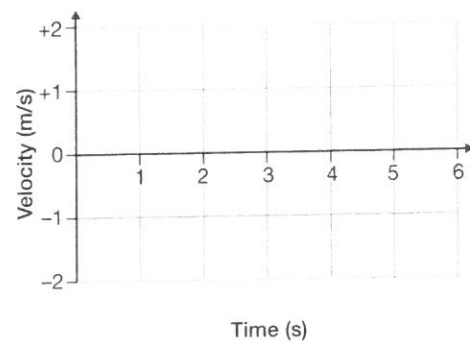
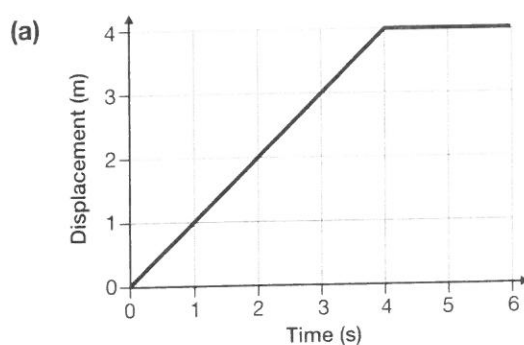


---

- (f) Assuming the bike path followed a northerly direction, **state** Lucy's displacement for the journey.

---

- 3 **Calculate** the gradient ( $\frac{\text{rise}}{\text{run}}$ ) for each stage of the two displacement–time graphs shown below. **Use** your results to plot the corresponding velocity–time graph of each using the axes provided.



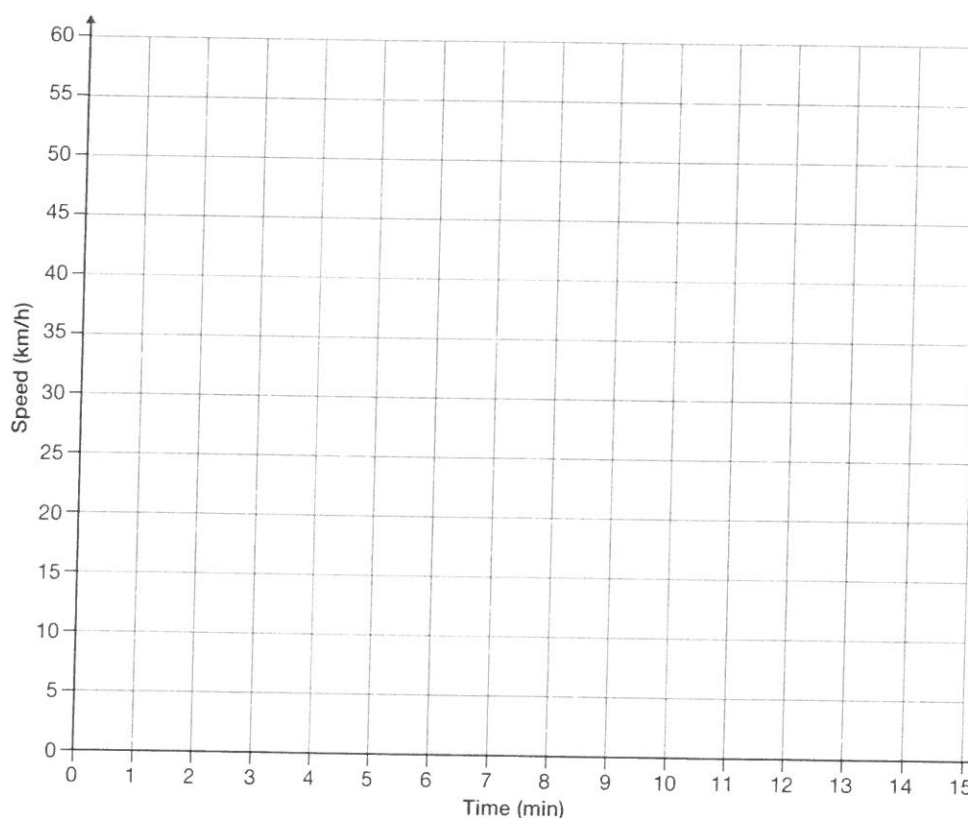
## Science inquiry

 Visual/Spatial  Logical/Mathematical

- 1 The table shows the instantaneous speed recorded from the speedometer in a car at every minute of a 15-minute journey.

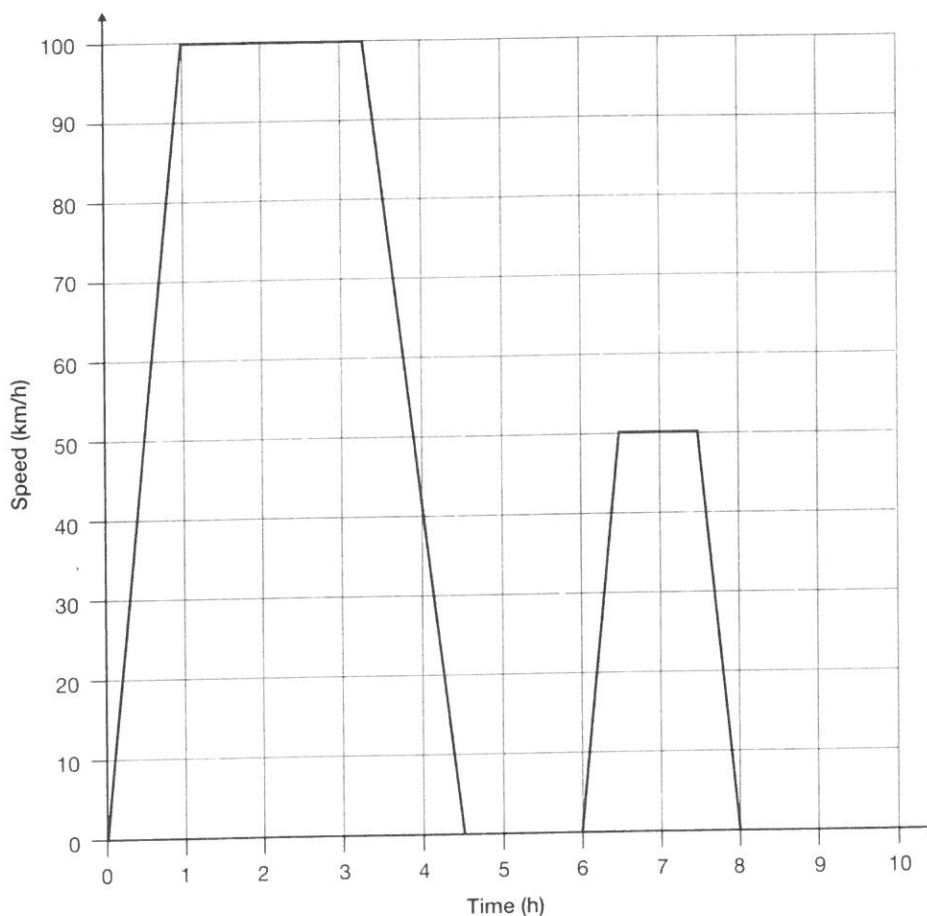
Time (min)	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Speed (km/h)	0	22	47	50	50	50	35	11	29	60	32	3	0	0	25	60

- (a) Use this data to **construct** a speed-time graph of the car's motion on the axes below.



- (b) (i) Using a red pen, **identify** on your graph when the car was speeding up.  
 (ii) Using a blue pen, **identify** on your graph when the car was slowing down.
- (c) (i) At one stage of the journey, the driver slowed down and turned a corner. **Propose** how many minutes into the trip this occurred.
- 
- (ii) At another stage of the journey, the driver stopped at a set of traffic lights. **Propose** how many minutes into the trip this occurred.
-

- 2 A family set out on a long car journey to reach a holiday destination. A speed–time graph of their motion is shown below. They drive for a certain time on freeways before having a break for a meal, then drive a further distance through a major city before reaching their accommodation.



(a) Describe the family's motion:

- (i) 1–4 hours into the trip \_\_\_\_\_
- (ii) 4–4.5 hours into the trip \_\_\_\_\_
- (iii) 4.5–6 hours into the trip \_\_\_\_\_
- (iv) 6–6.5 hours into the trip \_\_\_\_\_
- (v) 6.5–7.5 hours into the trip \_\_\_\_\_

(b) Recalling that the distance travelled is equivalent to the area below the speed–time graph for the journey, **calculate** the distance the family travelled to reach their holiday destination.