

ENERGY TRANSFORMATION

(Use $g = 9.8 \text{ m/s}^2$)

1. Find the E_k gain of a 10 kg object falling through 8 metres.
2. A stone is dropped down a vertical shaft and has 200 J of energy just before impact at the bottom. If the mass of the stone is 0.5 kg find the depth of the shaft.
3. What is the maximum height that a 0.5 kg ball will reach when thrown vertically upwards with a E_k of 200 J.
4. A space capsule strikes the sea with a velocity of 20 ms^{-1} . If it has a mass of 1 500 kg what is its E_k on impact with the sea?
5. An arrow which is fired vertically upwards leaves the bow with a velocity of 20 ms^{-1} . If the arrow weighs 0.25 kg how much P.E. has it gained at the point when it just begins to fall.
6. A stone is dropped from a 20 m cliff and just before impact has 400 J of energy. What is the mass of the stone?
7. The E_p of a hill trolley is raised to 10 000 J. Through what distance would it be raised if its mass was 15 kg.
8. How much kinetic energy must be supplied to a 7 kg rock projected vertically upwards if it is just to reach a maximum height of 15 metres?
9. When an athlete does a high jump her centre of gravity increases from 1 m to 2 m. If the athlete's mass is 60 kg find:
 - (a) her increase in potential energy
and
 - (b) her initial vertical velocity.
10. A 9 kg object is dropped 7 m from rest. Find:
 - (a) its gain in kinetic energy
 - (b) its loss in potential energy
and
 - (c) its velocity at this point.

ANSWERS

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| 1. 784 J | 6. 2 kg |
| 2. 40.8 m | 7. 68 m |
| 3. 40.8 m | 8. 1029 -J |
| 4. 300 000 J | 9. (a) 588 J
(b) 4.4 ms^{-1} |
| 5. 50 J | 10. (a) 617 J
(b) 617 J
(c) 11.7 ms^{-1} |