	Append	Insert
tinyArray	172.414 µs	58.578 μs
smallArray	170.057 μs	83.008 µs
mediumArr	219.676 µs	259.996 μs
largeArray	2.206026 ms	18.81451 ms
xtraLargeAr	5.366145 ms	2.1337769 s

The table above shows the doublerAppend function and the doublerInsert function ran with 5 different array sizes called in. As shown, with the smaller sized arrays they are both pretty similar in speed, with insert being a tad bit faster. You can see though once the arrays start to increase in size that changes and the insert becomes significantly slower. In conclusion, the append function scales better.