

Prashamsa Pandey

Birendranagar-3, Surkhet, Nepal

+977 9823510561

food.prashamsa@gmail.com

PERSONAL STATEMENT

I am a motivated and detail-oriented person who has a passion for contributing to the manufacture of high-quality food products while ensuring a safe and efficient work environment

TECHNICAL SKILLS

- Experience in chemical testing, microbial analysis and adulteration test of milk and dairy products.
- Hands-on experience with various milk processing techniques like pasteurization, homogenization, and fermentation processes.
- Training on food safety standards having the knowledge of HACCP principles, GMPs, ISO 22000:2018.
- Experience in proximate analysis of meat and meat products.
- Good computer knowledge of Microsoft office.

PERSONAL SKILLS

Teamwork

- Strong collaboration skills, ensuring smooth operations in a team-based production environment.

Communication

- Actively participated in cross-departmental meetings to introduce workflow improvements, such as faster raw material handling processes, which increased overall production efficiency.

WORK HISTORY

Lab Assistant Intern, May 2022 - July 2022

Department of Food Technology and Quality Control – Kathmandu, Nepal

- Proximate analysis of incoming meat samples.
- Assisted in recipe formation and fortification of Nepali dish Momo.

Quality control intern, July, 2024- August, 2024

Himaida Nepal Pvt.Ltd. - Kathmandu, Nepal

- Inspected raw honey including odor, taste, visual and moisture content.
- Checked in-process quality and packaging quality.
- Maintained QC logs, test results, and corrective action reports.

Quality Control Officer, August, 2024- April, 2025 / July 17, 2025- Present

Shivapuri Fresh Day Dairy Pvt. Ltd. - Bhaktapur, Nepal

- Supervised quality control protocols for raw milk and milk products.
- Monitoring the production and quality testing of pasteurized milk.
- Assisted in production process of various dairy products including yoghurt, butter, SMP and paneer.
- Maintained detailed record of lab results, raw material inspections and production quality checks.

QUALIFICATIONS

Deepak English Medium High School
Banke, Nepal April 2005 – June 2016

School Leaving Certificate (Grade 10)

United Academy Secondary School
Lalitpur, Nepal
August 2016 – August 2018

School Leaving Certificate (Grade 11&12)

ACHIEVEMENTS AND VOLUNTEER EXPERIENCE

- General Member at Nepal Food Technology Students Association (NEFTSA)- (2019-2023)
 - Volunteered at CCT Youth Network Amnesty International, Dharan- (2020-2022)
 - Volunteered at LEO Club of Dharan, Vijayapur as General Member for improving community living standards- (2019-2022)

REFERENCES

Prof. Basanta Kumar Rai, Ex-Chairman,
Department of Food Technology, CCT, Sunsari

Huma Bokkhim,
Senior Food Research Officer,
Food Technology Development and Nutrition Division, DFTQC, Kathmandu

Chintan Kafle

CEO

Himaida Nepal Pvt.Ltd.

Vishwa Ram Khadka

Director

Shivapuri Fresh Day Dairy P. Ltd.

+977 9851045562