

MEDICAL REPORT

Patient ID: P-001

Age: 55 years

Sex: Male

Date of Visit: 12 Jan 2026

Chief Complaint:

Increased thirst and frequent urination for the past 3 months.

Medical History:

- Type 2 Diabetes Mellitus (6 years)
- Hypertension
- Family history of diabetes

Lifestyle History:

- Sedentary lifestyle
- BMI: 29.4 kg/m²
- Non-smoker

Physical Examination:

- Blood Pressure: 138/86 mmHg
- Heart Rate: 78 bpm

Laboratory Findings:

- Fasting Plasma Glucose: 162 mg/dL
- HbA1c: 8.1%
- LDL Cholesterol: 142 mg/dL

Assessment:

- Poorly controlled Type 2 Diabetes Mellitus
- Dyslipidemia

Management Plan:

- Increase Metformin dose
- Lifestyle modification
- Follow-up in 3 months