

## MEDICAL REPORT

Patient ID: T1DM-101

Age: 24 years

Sex: Male

Date of Visit: 10 Jan 2026

Diagnosis:

Type 1 Diabetes Mellitus

Chief Complaint:

Frequent urination, excessive thirst, weight loss.

Medical History:

- Type 1 Diabetes Mellitus (diagnosed at age 14)

Physical Examination:

- Blood Pressure: 112/70 mmHg

- Heart Rate: 76 bpm

Laboratory Findings:

- Fasting Plasma Glucose: 188 mg/dL

- HbA1c: 8.4%

- Low C-Peptide

Management Plan:

- Basal-bolus insulin regimen

- Glucose monitoring education

- Follow-up in 6 weeks