

MEDICAL REPORT

Patient ID: P-002

Age: 62 years

Sex: Female

Date of Visit: 15 Jan 2026

Chief Complaint:

Fatigue and tingling sensation in both feet.

Medical History:

- Type 2 Diabetes Mellitus (12 years)
- Diabetic neuropathy

Lifestyle History:

- Moderately active
- BMI: 27.1 kg/m²

Physical Examination:

- Blood Pressure: 130/82 mmHg
- Heart Rate: 72 bpm
- Reduced foot sensation

Laboratory Findings:

- Fasting Plasma Glucose: 148 mg/dL
- HbA1c: 7.4%
- Mild albuminuria

Assessment:

- Moderately controlled Type 2 Diabetes Mellitus
- Diabetic neuropathy

Management Plan:

- Continue Metformin
- Add GLP-1 receptor agonist
- Foot care education