

Date: 27/08/2025



**Kinsale Community Hospital**

**HSE South**

**Rathbeg**

**Kinsale ,**

**Co Cork**

**P17 AO24**

**Telephone (021)4772202**

**Kinsalech@healthmail.ie**

**To:**

Australian Nursing & Midwifery Accreditation Council (ANMAC)

GPO Box 400

Canberra City ACT 2601

Australia

**Applicant Name: Ms. Adithya Ravarikandy**

This is to certify that **Ms. Adithya Ravarikandy**, NMBI Registration Number **216800**, has been employed at **Kinsale Community Hospital, CHO4, Cork, Ireland**, as a **Registered Nurse** (*ANZSCO Code: 254412 – Registered Nurse (Aged Care)*) from **07 December 2023 to Present**. She is employed on a **full-time basis**, averaging **37.5 hours per week**.

Kinsale Community Hospital is a Health Service Executive (HSE) facility providing long-term residential care, palliative care, respite, and rehabilitation services for older persons and medically stable patients requiring ongoing treatment. Ms. Ravarikandy is a valued member of the nursing team and works within a multidisciplinary environment to deliver high-quality patient care.

**Scope of Role and Responsibilities**

In her role, Ms. Ravarikandy:

- Conducts comprehensive nursing assessments, plans, implements, and evaluates individualised care plans in collaboration with the multidisciplinary team.
- Monitors, records, and interprets vital signs; recognises and responds promptly to clinical deterioration.

- Administers medications via oral, subcutaneous, intramuscular, and intravenous routes in accordance with NMBI standards and HSE protocols.
- Provides palliative and end-of-life care, ensuring symptom management, dignity, and emotional support for patients and families.
- Manages wound care including assessment, dressing changes, pressure ulcer prevention, and monitoring healing outcomes.
- Coordinates rehabilitation and post-hospital recovery care, ensuring safe discharge planning.
- Supervises and mentors healthcare assistants and junior staff to maintain high standards of patient care.
- Educates patients and caregivers on health maintenance, safe equipment use, and medication adherence.
- Maintains accurate nursing documentation and participates in audits to ensure compliance with HSE and NMBI standards.
- Adheres to infection prevention and control measures and workplace health and safety protocols.

## Professional Competence and Development

Ms. Ravarikandy consistently demonstrates strong clinical knowledge, sound clinical judgement, and effective communication skills. She actively participates in continuing professional development, attending in-service education sessions and mandatory training to ensure her practice remains aligned with current evidence-based standards.

I confirm that the information provided above is true and based on my direct professional knowledge of Ms. Ravarikandy's employment and performance.

Should you require further information, please do not hesitate to contact me.

Yours sincerely,



**Caroline Cullinane**  
 Director of Nursing  
 Kinsale Community Hospital  
 Health Service Executive (HSE) – CHO4, Cork, Ireland  
**Phone:** [021-4772202]  
**Email:** Caroline.Cullinane@hse.ie

