





ALL	BODY BUILD	ING B	ASIC YOGA	WEIGHT	LOSS	CARDIO	BOXING
	MON	TUE	WED	THUR	FRI	SAT	SUN
09.00	BODY B 09.00 - 10.00 John Doe		BASIC Y 09.00 - 10.00 John Doe	WEIGHT L 09.00 - 10.00 John Doe	CARDIO 09.00 - 10.00 John Doe	BOXING 09.00 - 10.00 John Doe	WEIGHT L 09.00 - 10.00 John Doe
11.00	WEIGHT L 09.00 - 10.00 John Doe	BASIC Y 09.00 - 10.00 John Doe	BOXING 09.00 - 10.00 John Doe	CARDIO 09.00 - 10.00 John Doe	BODY B 09.00 - 10.00 John Doe	BASIC Y 09.00 - 10.00 John Doe	CARDIO 09.00 - 10.00 John Doe
13.00	WEIGHT L 09.00 - 10.00 John Doe	BOXING 09.00 - 10.00 John Doe	CARDIO 09.00 - 10.00 John Doe	BODY B 09.00 - 10.00 John Doe	BASIC Y 09.00 - 10.00 John Doe	WEIGHT L 09.00 - 10.00 John Doe	
15.00	BOXING 09.00 - 10.00 John Doe	CARDIO 09.00 - 10.00 John Doe	BODY B 09.00 - 10.00 John Doe	BASIC Y 09.00 - 10.00 John Doe	CARDIO 09.00 - 10.00 John Doe		
17.00	BASIC Y 09.00 - 10.00 John Doe	WEIGHT L 09.00 - 10.00 John Doe	CARDIO 09.00 - 10.00 John Doe	BOXING 09.00 - 10.00 John Doe	WEIGHT L 09.00 - 10.00 John Doe		

