Name: Prajakta Keer

Class : TE 10 Roll No : 33231

Problem Statement:- Develop website using any CMS tool which falls into one of the categories blog, socialnetworking, News updates, Wikipedia, E-commerce store. Website must include home page, and at least 3 forms (with Validation), use at list HTML5, PHP, CSS/Bootstrap, JavaScript web technologies.

No databasesupport is needed. Deploy website on live webserver and access through URL

ScreenShots

Home Page:

Nutri Junction

Home Blog Recipes About Contact







Uncategorized

Healthy Weeknight Meals

Cooking can sometimes feel like a chore at the end of a busy day. It's often tempting to throw a ready meal in the oven or call for take out. But preparing a simple and healthy family meal doesn't have to be hard or time-consuming. Here are some quick wholesome dishes that you and your

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Uncategorized

Better than Poutine

I know, what could be better that a steaming plate of fries, gravy and cheese curd? Fries, gravy, cheese curd and chicken, that's what! Throw in some fresh shallots, chilli, and a splash of roasted bone marrow and chicken gravy, and we turn this popular French-Canadian dish into a something sublime.

November 25, 2020



Uncategorized

Breakfast at my House

During the week we're often walking out the door with a coffee in one hand and slice of toast in the other, but on weekends breakfast is never rushed. It's a late affair, sometimes spilling over to lunch, with lots of reading and chatter in between courses of fruits, poached eggs, honey and toast. One

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Better than Poutine



Breakfast at my House

Can't find what you're looking for? Use the search form to search the site.

Search recipes...

Search

About Us Page:



About

Prajakta Keer

Information Technology Undergraduate

Contact me

Hil I'm Prajakta. I live in Maharashtra, India and I am an undergraduate student in Information Technology at Pune Institute Of Computer Technology.

I started this blog in November of 2020 so I could share the significance and perks of healthy eating and fitness, and to motivate and inspire a healthy lifestyle in others.

Today, in these difficult times we all are very particular about our eating habits and always strive for increasing our immunity to fight against the deadly Corona Virus. This is the right place where you have been. This blog focuses on simple, healthy recipes which anyone would love. You'll also find a wealth of articles on health, wellness and nutrition.

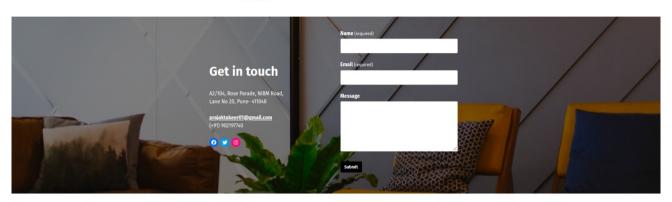
What I Do?

Full time student at PICT



Contact Page:

Contact



Share title

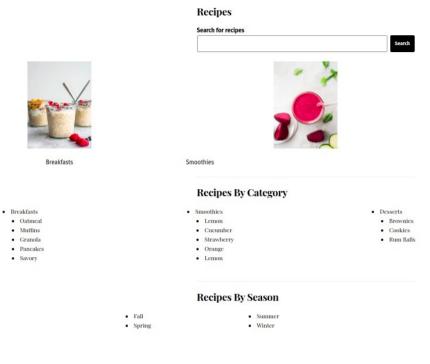
Totaler

Facebook

* 18x

Be the but to like fire.

Recipes Page:



Breakfast Recipes

From blueberry smoothies to fluffy pancakes, browse a selection of vegan breakfast recipes that are easy to make, delicious and healthy.

Browse dozens of recipes covering oatmeal, smoothies, breakfast bowls, tofu scrambles, wraps, energy bars, vegan baking, vegan pancakes and more.

Some popular recipes are Vegan Apple Oat Protein Muffins and Vegan Buckwheat



Vegan Apple Oat Protein Muffins



Carrot Walnut Oatmeal Cookies



Healthy Pumpkin Oat Cookies



Peanut Butter Granola



Vegan Banana Oatmeal Bars



Vegan Buckwheat Pancakes

Smoothies

I love smoothies as a convenient way to include more fruits and vegetables in my diet. My smoothie recipes include ingredients like spinach, orange, cucumber, strawberry, cauliflower and beets as well as a variety of frozen fruit. I like adding a whole food plant-based protein powder to help sweeten them up and add 20 grams of plant protein from sources like brown rice, hemp, pea and quinoa.

You can enjoy the collection of healthy vegan smoothies below...



Orange Mango Smoothie

Strawberry Beet Smoothie Bowl



Beet Orange Smoothie



Strawberry Raspberry Smoothie

Share this:



Matcha Smoothic Bowl



Lemon Blueberry Smoothie

Tempting Desert Reciepes

Looking for something sweet? You've come to the right place. From healthy to decadent, there is something here for everyone.

For something on the healthier side, try chocolate superfood energy balls or Chocolate Covered Peanut Butter Mousse Stuffed Dates, for something a little more decadent these <u>No-Bake Chocolate Gingerbread Cookles</u> are a must-try!



No-Bake Chocolate Gingerbread Cookies



Chocolate Superfood Energy Balls



Vegan Rum Bal



Chocolate Covered Peanut Butter Mousse Stuffed Dates



Chocolate-Dipped Coconut Macaroons



Coconut Coffee Protein Balls

Source Code

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href="https://nutrijunction377586645.wordpress.com/feed/">
k rel="alternate" type="application/rss+xml" title="Nutri Junction » Comments Feed"
href="https://nutrijunction377586645.wordpress.com/comments/feed/">
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              function addLoadEvent(func) {
                     var oldonload = window.onload;
                     if (typeof window.onload != 'function') {
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                     } else {
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                                   oldonload();
                                   func();
                            }
              /* ]]> */
       </script>
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a=String.fromCharCode;s.clearRect(0,0,p.width,p.height),s.fillText(a.apply(this,e),0,0);var
r=p.toDataURL();return
s.clearRect(0,0,p.width,p.height),s.fillText(a.apply(this,t),0,0),r===p.toDataURL()}function l(e)
{if(!s||!s.fillText)return!1;switch(s.textBaseline="top",s.font="600 32px Arial",e){case"flag":return!
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c([55356,57332,56128,56423,56128,56418,56128,56421,56128,56430,56128,56423,56128,56447],
[55356,57332,8203,56128,56423,8203,56128,56418,8203,56128,56421,8203,56128,56430,8203,56
128,56423,8203,56128,56447]));case"emoji":return!c([55357,56424,8205,55356,57212],
[55357,56424,8203,55356,57212])}return!1}function d(e){var
t=a.createElement("script");t.src=e,t.defer=t.type="text/javascript",a.getElementsByTagName("hea
d")[0].appendChild(t)}for(i=Array("flag","emoji"),t.supports={everything:!
0,everythingExceptFlag:!0},o=0;o<i.length;o+
+)t.supports[i[o]]=l(i[o]),t.supports.everything=t.supports.everything&&t.supports[i[o]],"flag"!
```

```
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upports.everythingExceptFlag=t.supports.everythingExceptFlag&&!t.supports.flag,t.DOMReady=!
1,t.readyCallback=function(){t.DOMReady=!0},t.supports.everything||(n=function()
{t.readyCallback()},a.addEventListener?(a.addEventListener("DOMContentLoaded",n,!
1),e.addEventListener("load",n,!1)):
(e.attachEvent("onload",n),a.attachEvent("onreadystatechange",function()
{"complete"===a.readyState&&t.readyCallback()})),(r=t.source||{}).concatemoji?
d(r.concatemoji):r.wpemoji&&r.twemoji&&(d(r.twemoji),d(r.wpemoji)))}
(window, document, window, wpemoji Settings);
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100%);--wp--preset--gradient--light-green-cyan-to-vivid-green-cyan:linear-
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vivid-amber-to-luminous-vivid-orange:linear-gradient(135deg,rgba(252,185,0,1)
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gradient(135deg,rgba(255,105,0,1) 0%,rgb(207,46,46) 100%);--wp--preset--gradient--very-light-
gray-to-cyan-bluish-gray:linear-gradient(135deg,rgb(238,238,238) 0%,rgb(169,184,195) 100%);--
wp--preset--gradient--cool-to-warm-spectrum:linear-gradient(135deg,rgb(74,234,220)
0%,rgb(151,120,209) 20%,rgb(207,42,186) 40%,rgb(238,44,130) 60%,rgb(251,105,98)
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gradient(135deg,rgb(122,220,180) 0%,rgb(0,208,130) 100%);}
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gradient(135deg,rgba(252,185,0,1) 0%,rgba(255,105,0,1) 100%);}
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gradient(135deg,rgb(238,238,238) 0%,rgb(169,184,195) 100%);}
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gradient(135deg,rgb(74,234,220) 0%,rgb(151,120,209) 20%,rgb(207,42,186) 40%,rgb(238,44,130)
60%,rgb(251,105,98) 80%,rgb(254,248,76) 100%);}
.has-blush-light-purple-gradient-background{background:linear-gradient(135deg,rgb(255,206,236)
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0%,rgb(254,45,45) 50%,rgb(107,0,62) 100%);}
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.has-huge-font-size{font-size:34.56px;}
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will now appear in your <a
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now.<\/a>","stats":"Stats"}};
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Forums;action-uri=http://forums.wordpress.com/;icon-uri=https://s0.wp.com/i/favicon.ico"><meta
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Continue reading Get new recipes delivered directly to your inbox.">
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href="https://0.gravatar.com/dist/css/services.min.css?ver=202048y"><link
href="https://s0.wp.com/wp-content/mu-plugins/actionbar/actionbar.css?v=20201002"
type="text/css" rel="stylesheet"></head>
<body class="home page-template-default page page-id-6 wp-embed-responsive customizer-styles-
applied singular image-filters-enabled hide-homepage-title has-marketing-bar highlander-enabled
highlander-light">
<div id="page" class="site">
       <a class="skip-link screen-reader-text" href="#content">Skip to content</a>
                     <header id="masthead" class="site-header responsive-max-width has-title-</pre>
and-tagline has-menu" role="banner">
                     <div class="site-branding">
                                                       <a</pre>
href="https://nutrijunction377586645.wordpress.com/" rel="home">Nutri Junction</a>
       </div><!-- .site-branding -->
                                                <nav id="site-navigation" class="main-
navigation" aria-label="Main Navigation">
                                  <input type="checkbox" role="button" aria-haspopup="true"</pre>
id="toggle" class="hide-visually">
                                  <label for="toggle" id="toggle-menu" class="button">
                                         Menu
                                                                                   <span
class="dropdown-icon open">+</span>
                                          <span class="dropdown-icon close">×</span>
                                          <span class="hide-visually expanded-text">expanded/
span>
                                          <span class="hide-visually collapsed-text">collapsed/
span>
                                  </label>
                                  <div class="menu-primary-container">
class="main-menu" aria-label="submenu"><li id="menu-item-12" class="menu-item menu-item-
type-post type menu-item-object-page menu-item-home current-menu-item page item page-item-6
```

content="name=Subscribe;action-uri=https://nutrijunction377586645.wordpress.com/feed/;icon-

```
current="page">Home</a>
id="menu-item-13" class="menu-item menu-item-type-post_type menu-item-object-page menu-
item-13"><a href="https://nutrijunction377586645.wordpress.com/blog/">Blog</a>
id="menu-item-46" class="menu-item menu-item-type-post_type menu-item-object-page menu-
item-46"><a href="https://nutrijunction377586645.wordpress.com/recipes/">Recipes</a>
id="menu-item-30" class="menu-item menu-item-type-post_type menu-item-object-page menu-
item-30"><a href="https://nutrijunction377586645.wordpress.com/about/">About</a>
id="menu-item-31" class="menu-item menu-item-type-post_type menu-item-object-page menu-
item-31"><a href="https://nutrijunction377586645.wordpress.com/contact/">Contact</a>
</nav><!-- #site-navigation -->
                                                                                                 <nav class="social-navigation"
role="navigation" aria-label="Social Links Menu">
                                                                     <div class="menu-social-links-container">
social-links" class="social-links-menu">id="menu-item-14" class="menu-item menu-item-type-
custom menu-item-object-custom menu-item-14"><a href="https://facebook.com/"><span
class="screen-reader-text">Facebook</span><svg class="svg-icon" width="26" height="26" aria-
hidden="true" role="img" focusable="false" viewBox="0 0 24 24" version="1.1"
xmlns="http://www.w3.org/2000/svg" xmlns:xlink="http://www.w3.org/1999/xlink"><path
d="M20.007,3H3.993C3.445,3,3,3.445,3,3.993v16.013C3,20.555,3.445,21,3.993,21h8.621v-
6.971h-2.346v-2.717h2.346V9.31 c0-2.325,1.42-3.591,3.494-
3.591c0.993.0.1.847.0.074.2.096.0.107v2.43l-1.438.0.001c-1.128.0-1.346.0.536-
1.346,1.323v1.734h2.69 l-0.35,2.717h-
2.34V21h4.587C20.555,21,21,20.555,21,20.007V3.993C21,3.445,20.555,3,20.007,3z"></path></pa
svg></a>
id="menu-item-15" class="menu-item menu-item-type-custom menu-item-object-custom menu-
item-15"><a href="http://twitter.com"><span class="screen-reader-text">Twitter</span><svg
class="svg-icon" width="26" height="26" aria-hidden="true" role="img" focusable="false"
viewBox="0 0 24 24" version="1.1" xmlns="http://www.w3.org/2000/svg"
xmlns;xlink="http://www.w3.org/1999/xlink"><path d="M22.23,5.924c-0.736,0.326-1.527,0.547-
2.357,0.646c0.847-0.508,1.498-1.312,1.804-2.27 c-0.793,0.47-1.671,0.812-
2.606,0.996C18.324,4.498,17.257,4,16.077,4c-2.266,0-4.103,1.837-4.103,4.103
c0, 0.322, 0.036, 0.635, 0.106, 0.935 \\C8.67, 8.867, 5.647, 7.234, 3.623, 4.751 \\C3.27, 5.357, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 3.067, 6.062, 5.067, 6.062, 5.067, 6.062, 5.067, 6.062, 5.067, 6.062, 5.067, 6.062, 5.067, 6.062, 5.067, 6.062, 5.067, 6.062, 5.067, 6.062, 5.067, 6.067, 6.067, 6.067, 6.0
67,6.814 c0,1.424,0.724,2.679,1.825,3.415c-0.673-0.021-1.305-0.206-1.859-
0.513c0, 0.017, 0, 0.034, 0, 0.052c0, 1.988, 1.414, 3.647, 3.292, 4.023 c-0.344, 0.094-0.707, 0.144-0.513
1.081, 0.144c - 0.264, 0 - 0.521 - 0.026 - 0.772 - 0.074c 0.522, 1.63, 2.038, 2.816, 3.833, 2.85 c - 1.404, 1.1 - 1.081, 0.144c - 0.264, 0 - 0.521 - 0.026 - 0.772 - 0.074c 0.522, 1.63, 2.038, 2.816, 3.833, 2.85 c - 1.404, 1.1 - 0.264, 0 - 0.264, 0 - 0.521 - 0.026 - 0.772 - 0.074c 0.522, 1.63, 2.038, 2.816, 3.833, 2.85 c - 1.404, 1.1 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.264, 0 - 0.
3.174.1.756-5.096.1.756c-0.331.0-0.658-0.019-0.979-0.057c1.816.1.164.3.973.1.843.6.29.1.843
c7.547,0,11.675-6.252,11.675-11.675c0-0.178-0.004-0.355-0.012-
0.531C20.985,7.47,21.68,6.747,22.23,5.924z"></path></svg></a>
id="menu-item-17" class="menu-item menu-item-type-custom menu-item-object-custom menu-
item-17"><a href="http://instagram.com"><span class="screen-reader-text">Instagram</span><svg
class="svg-icon" width="26" height="26" aria-hidden="true" role="img" focusable="false"
viewBox="0 0 24 24" version="1.1" xmlns="http://www.w3.org/2000/svg"
xmlns:xlink="http://www.w3.org/1999/xlink"><path
d="M12,4.622c2.403,0,2.688,0.009,3.637,0.052c0.877,0.04,1.354,0.187,1.671,0.31c0.42,0.163,0.7
2,0.358,1.035,0.673
c0.315, 0.315, 0.51, 0.615, 0.673, 1.035 \\ c0.123, 0.317, 0.27, 0.794, 0.31, 1.671 \\ c0.043, 0.949, 0.052, 1.234, 0.
052,3.637 s-0.009,2.688-0.052,3.637c-0.04,0.877-0.187,1.354-0.31,1.671c-0.163,0.42-0.358,0.72-
0.673,1.035 c-0.315,0.315-0.615,0.51-1.035,0.673c-0.317,0.123-0.794,0.27-1.671,0.31c-
0.949,0.043-1.233,0.052-3.637,0.052 s-2.688-0.009-3.637-0.052c-0.877-0.04-1.354-0.187-1.671-
0.31c-0.42-0.163-0.72-0.358-1.035-0.673 c-0.315-0.315-0.51-0.615-0.673-1.035c-0.123-0.317-
```

current page item menu-item-12"><a href="https://nutrijunction377586645.wordpress.com/" aria-

```
0.27 - 0.794 - 0.31 - 1.671C4.631.14.688.4.622.14.403.4.622.12 s 0.009 - 2.688.0.052 - 3.637c 0.04 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27 - 0.27
0.877, 0.187 - 1.354, 0.31 - 1.671 c 0.163 - 0.42, 0.358 - 0.72, 0.673 - 1.035 c 0.315 - 0.315, 0.615 - 0.51, 1.035 - 0.877, 0.187 - 1.035 c 0.315 - 0.315, 0.615 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51, 1.035 - 0.51
0.673c0.317-0.123,0.794-0.27,1.671-0.31C9.312,4.631,9.597,4.622,12,4.622 M12,3
C9.556,3,9.249,3.01,8.289,3.054C7.331,3.098,6.677,3.25,6.105,3.472C5.513,3.702,5.011,4.01,4.51
1,4.511 c-0.5,0.5-0.808,1.002-
1.038,1.594C3.25,6.677,3.098,7.331,3.054,8.289C3.01,9.249,3,9.556,3,12c0,2.444,0.01,2.751,0.05
4,3.711
4,1.038 c0.572,0.222,1.227,0.375,2.185,0.418C9.249,20.99,9.556,21,12,21s2.751-0.01,3.711-
0.054c0.958 - 0.044, 1.612 - 0.196, 2.185 - 0.418
c0.592 - 0.23, 1.094 - 0.538, 1.594 - 1.038c0.5 - 0.5, 0.808 - 0.054c0.958 - 0.044, 1.612 - 0.196, 2.185 - 0.418
1.002,1.038-1.594c0.222-0.572,0.375-1.227,0.418-2.185 C20.99,14.751,21,14.444,21,12s-0.01-
2.751-0.054-3.711c-0.044-0.958-0.196-1.612-0.418-2.185c-0.23-0.592-0.538-1.094-1.038-1.594 c-
0.5-0.5-1.002-0.808-1.594-1.038c-0.572-0.222-1.227-0.375-2.185-
0.418C14.751,3.01,14.444,3,12,3L12,3z M12,7.378 c-2.552,0-4.622,2.069-
4.622,4.622S9.448,16.622,12,16.622s4.622-2.069,4.622-4.622S14.552,7.378,12,7.378z M12,15 c-
1.657,0-3-1.343-3-3s1.343-3,3-3s3,1.343,3,3S13.657,15,12,15z M16.804,6.116c-0.596,0-
1.08,0.484-1.08,1.08 s0.484,1.08,1.08,1.08c0.596,0,1.08-0.484,1.08-
1.08S17.401,6.116,16.804,6.116z"></path></svg></a>
</nav><!-- .social-navigation -->
                                     </header><!-- #masthead -->
                   <div id="content" class="site-content">
                  <section id="primary" class="content-area">
                                     <main id="main" class="site-main">
<article id="post-6" class="post-6 page type-page status-publish hentry entry">
                   <header class="entry-header responsive-max-width">
<h1 class="entry-title">Home</h1>
                  </header>
                   <div class="entry-content">
<div style="height:32px;" aria-hidden="true" class="wp-block-spacer"></div>
<div class="wp-block-jetpack-layout-grid alignfull column1-desktop-grid span-10 column1-</pre>
desktop-grid__start-2 column1-desktop-grid__row-1 column1-tablet-grid__span-8 column1-tablet-
grid_row-1 column1-mobile-grid_span-4 column1-mobile-grid_row-1">
<div class="wp-block-jetpack-layout-grid-column wp-block-jetpack-layout-grid padding-none">
<figure class="wp-block-image alignfull size-full a8c-image"><a href="#"><img</pre>
```

src="https://casselstarter.files.wordpress.com/2020/06/cayla1-w6ftfbpcs9i-unsplash-1.jpg?w=750"

alt="" class="wp-image-46"></figure>

Featured Post

<h2 class="has-text-align-center margin-top-half entry-title a8c-section-title">Stay Warm in Autumn: Roasted Pumpkin Soup</h2>

```
<div class="wp-block-buttons is-content-justification-center">
<div class="wp-block-button is-style-outline a8c-section-text-link"><a class="wp-block-button__link" style="border-radius:5px;">Continue reading</a></div>
</div>
</div>
```

<hr class="wp-block-coblocks-dynamic-separator is-style-line" style="height:48px;">

href="https://nutrijunction377586645.wordpress.com/2020/11/25/healthy-weeknight-meals/" rel="bookmark">

<img width="1200" height="900"

src="https://nutrijunction377586645.files.wordpress.com/2020/11/edgar-castrejon-1spu0kt-ejg-unsplash.jpg?w=1200&h=900&crop=1" class="attachment-newspack-article-block-landscape-large size-newspack-article-block-landscape-large wp-post-image" alt=""loading="lazy" srcset="https://nutrijunction377586645.files.wordpress.com/2020/11/edgar-castrejon-1spu0kt-ejg-unsplash.jpg?w=1200&h=900&crop=1 1200w,

https://nutrijunction377586645.files.wordpress.com/2020/11/edgar-castrejon-1spu0kt-ejg-unsplash.jpg?w=150&h=113&crop=1 150w,

https://nutrijunction377586645.files.wordpress.com/2020/11/edgar-castrejon-1spu0kt-ejg-unsplash.jpg?w=300&h=225&crop=1 300w,

https://nutrijunction377586645.files.wordpress.com/2020/11/edgar-castrejon-1spu0kt-ejg-unsplash.jpg?w=768&h=576&crop=1 768w,

https://nutrijunction377586645.files.wordpress.com/2020/11/edgar-castrejon-1spu0kt-ejg-unsplash.jpg?w=1024&h=768&crop=1 1024w" sizes="(max-width: 1200px) 100vw, 1200px" data-attachment-id="16" data-permalink="https://nutrijunction377586645.wordpress.com/2020/11/25/healthy-weeknight-meals/placeholder-image/"

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data-large-file="https://nutrijunction377586645.files.wordpress.com/2020/11/edgar-castrejon-1spu0kt-ejg-unsplash.jpg?w=750">

</figure><!-- .featured-image -->

<div class="entry-wrapper">

<div class="cat-links">

Uncategorized

</div>

<h2 class="entry-title">Healthy Weeknight Meals</h2>

Cooking can sometimes feel like a chore at the end of a busy day. It's often tempting to throw a ready meal in the oven or call for take out. But preparing a simple and healthy family meal doesn't have to be hard or time-consuming. Here are some quick wholesome dishes that you and vour<a class="more-link"

href="https://nutrijunction377586645.wordpress.com/2020/11/25/healthy-weeknightmeals/">Continue reading "Healthy Weeknight Meals"</ a>

<div class="entry-meta">

<time class="entry-date published" datetime="2020-11-

25T14:23:04+05:30">November 25, 2020</time><time class="updated" datetime="2020-11-25T14:28:05+05:30">November 25, 2020</time>

</div><!-- .entry-meta -->

</div><!-- .entry-wrapper -->

</article>

<article data-post-id="3" class="category-uncategorized post-has-image"> <figure class="post-thumbnail">

<img width="1200" height="900"

src="https://nutrijunction377586645.files.wordpress.com/2020/11/brooke-lark-r18ecx07b3cunsplash.jpg?w=1200&h=900&crop=1" class="attachment-newspack-article-blocklandscape-large size-newspack-article-block-landscape-large wp-post-image" alt="" loading="lazy" srcset="https://nutrijunction377586645.files.wordpress.com/2020/11/brooke-lark-r18ecx07b3cunsplash.jpg?w=1200&h=900&crop=1 1200w,

https://nutrijunction377586645.files.wordpress.com/2020/11/brooke-lark-r18ecx07b3cunsplash.jpg?w=150&h=113&crop=1 150w,

https://nutrijunction377586645.files.wordpress.com/2020/11/brooke-lark-r18ecx07b3c-

```
https://nutrijunction377586645.files.wordpress.com/2020/11/brooke-lark-r18ecx07b3c-
unsplash.jpg?w=768&h=576&crop=1 768w,
https://nutrijunction377586645.files.wordpress.com/2020/11/brooke-lark-r18ecx07b3c-
unsplash.jpg?w=1024&h=768&crop=1 1024w" sizes="(max-width: 1200px) 100vw,
1200px" data-attachment-id="18" data-permalink="https://nutrijunction377586645.wordpress.com/
2020/11/25/better-than-poutine/placeholder-image-2/"
data-orig-file="https://nutrijunction377586645.files.wordpress.com/2020/11/brooke-lark-
r18ecx07b3c-unsplash.jpg" data-orig-size="1600,1066" data-comments-opened="1" data-image-
meta="{"aperture":"0","credit":"","camera&
quot::"","caption":"","created_timestamp":"0
"."copyright":"","focal length":"0","iso
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t:,"orientation":"0"}" data-image-title="Placeholder Image" data-image-
description="" data-medium-file="https://nutrijunction377586645.files.wordpress.com/2020/11/
brooke-lark-r18ecx07b3c-unsplash.jpg?w=300"
data-large-file="https://nutrijunction377586645.files.wordpress.com/2020/11/brooke-lark-
r18ecx07b3c-unsplash.jpg?w=750">
                                                   </a>
                                            </figure><!-- .featured-image -->
            <div class="entry-wrapper">
                                            <div class="cat-links">
href="https://nutrijunction377586645.wordpress.com/category/uncategorized/">
                                      Uncategorized
                                                                            </a>
                         </div>
                         <h2 class="entry-title"><a
href="https://nutrijunction377586645.wordpress.com/2020/11/25/better-than-poutine/"
rel="bookmark">Better than Poutine</a></h2>
                                                                            I know,
what could be better that a steaming plate of fries, gravy and cheese curd? Fries, gravy, cheese curd
and chicken, that's what! Throw in some fresh shallots, chilli, and a splash of roasted bone marrow
and chicken gravy, and we turn this popular French-Canadian dish into a something sublime.
                         <div class="entry-meta">
                                <time class="entry-date published" datetime="2020-11-
25T14:23:03+05:30">November 25, 2020</time><time class="updated" datetime="2020-11-
25T20:11:55+05:30">November 25, 2020</time>
                                                               </div><!-- .entry-meta -->
                                </div><!-- .entry-wrapper -->
      </article>
      <article data-post-id="4" class="category-uncategorized post-has-image">
                                <figure class="post-thumbnail">
                         <a
href="https://nutrijunction377586645.wordpress.com/2020/11/25/breakfast-at-my-house/"
rel="bookmark">
                                <img width="1200" height="900"
src="https://nutrijunction377586645.files.wordpress.com/2020/11/monika-grabkowska-p1aohbit-
ey-unsplash.jpg?w=1200&h=900&crop=1" class="attachment-newspack-article-block-
landscape-large size-newspack-article-block-landscape-large wp-post-image" alt="" loading="lazy"
srcset="https://nutrijunction377586645.files.wordpress.com/2020/11/monika-grabkowska-p1aohbit-
```

unsplash.jpg?w=300&h=225&crop=1 300w,

ey-unsplash.jpg?w=1200&h=900&crop=1 1200w,

https://nutrijunction377586645.files.wordpress.com/2020/11/monika-grabkowska-p1aohbit-ey-unsplash.jpg?w=150&h=113&crop=1 150w,

https://nutrijunction377586645.files.wordpress.com/2020/11/monika-grabkowska-p1aohbit-ey-unsplash.jpg?w=300&h=225&crop=1 300w,

https://nutrijunction377586645.files.wordpress.com/2020/11/monika-grabkowska-p1aohbit-ey-unsplash.jpg?w=768&h=576&crop=1 768w,

https://nutrijunction377586645.files.wordpress.com/2020/11/monika-grabkowska-p1aohbit-ey-unsplash.jpg?w=1024&h=768&crop=1 1024w" sizes="(max-width: 1200px) 100vw, 1200px" data-attachment-id="19" data-permalink="https://nutrijunction377586645.wordpress.com/2020/11/25/breakfast-at-my-house/placeholder-image-3/"

data-orig-file="https://nutrijunction377586645.files.wordpress.com/2020/11/monika-grabkowska-p1aohbit-ey-unsplash.jpg" data-orig-size="1600,1066" data-comments-opened="1" data-image-meta="{"aperture":"0","credit":"","camera":"","caption":""created_timestamp":"0",","oal_length":"0","sookquot;;"oal_length":"0";"";"";"oal_length":""","orientation":"0"}" data-image-title="Placeholder Image" data-image-description="" data-medium-file="https://nutrijunction377586645.files.wordpress.com/2020/11/monika-grabkowska-p1aohbit-ey-unsplash.jpg?w=300"

data-large-file="https://nutrijunction377586645.files.wordpress.com/2020/11/monika-grabkowska-p1aohbit-ey-unsplash.jpg?w=750">

```
</ri></figure><!-- .featured-image --><div class="entry-wrapper"><div class="cat-links">
```


Uncategorized

</div>

<h2 class="entry-title">Breakfast at my House</h2>

>During the week we're often walking out the door with a coffee in one hand and slice of toast in the other, but on weekends breakfast is never rushed. It's a late affair, sometimes spilling over to lunch, with lots of reading and chatter in between courses of fruits, poached eggs, honey and toast. One<a class="more-link"</p>

href="https://nutrijunction377586645.wordpress.com/2020/11/25/breakfast-at-my-house/">Continue reading "Breakfast at my House"

```
<div class="entry-meta">
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<time class="entry-date published" datetime="2020-11-

</div><!-- .entry-wrapper -->

</article>

</div>

</div>

</div>

</div>

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background" style="background-image:url('https://casselstarter.files.wordpress.com/2020/06/andy-
chilton-0jfvex0c778-unsplash.jpg');background-position:50% 85%;"><div class="wp-block-
cover inner-container">
<div style="height:96px;" aria-hidden="true" class="wp-block-spacer"></div>
<h3 class="has-text-align-left">Get new recipes delivered directly to your inbox.</h3>
<div class="wp-block-jetpack-subscriptions wp-block-jetpack-subscriptions__supports-</pre>
newline"><div class="jetpack subscription widget">
                                                                    <form
action="https://subscribe.wordpress.com" method="post" accept-charset="utf-8" id="">
      <label id="subscribe-field-label" for="subscribe-field"</pre>
class="screen-reader-text">
                                                Email Address:
             </label>
                                         <input type="text" name="email" style="font-size:</pre>
16px; padding: 18px 27px 18px 27px; border-radius: 5px; border-width: 1px;" placeholder="Enter
your email address" value="" id="subscribe-field">
                                                                           <input type="hidden" name="action" value="subscribe">
           <input type="hidden" name="blog_id" value="186044657">
           <input type="hidden" name="source"
value="https://nutrijunction377586645.wordpress.com/">
           <input type="hidden" name="sub-type" value="widget">
           <input type="hidden" name="redirect_fragment" value="532">
                                  <input type="hidden" id="_wpnonce" name="_wpnonce"
value="c81c400fac">
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color has-background has-primary-background-color" style="font-size: 16px; padding: 18px 27px
18px 27px; margin-left: 1px; border-radius: 5px; border-width: 1px;">
                  Subscribe
                                       </button>
         </form>
</div></div>
```

<div style="height:112px;" aria-hidden="true" class="wp-block-spacer"></div>

```
<div style="height:96px;" aria-hidden="true" class="wp-block-spacer"></div>
</div></div>
      </div><!-- .entry-content -->
      </article><!-- #post-6 -->
             </main><!-- #main -->
      </section><!-- #primary -->
      </div><!-- #content -->
             <footer id="colophon" class="site-footer responsive-max-width">
                         <nav class="footer-navigation" aria-label="Footer Menu">
                         <div class="menu-primary-container">
class="footer-menu"><li class="menu-item menu-item-type-post type menu-item-object-page
menu-item-home current-menu-item page_item page-item-6 current_page_item menu-item-12"><a
href="https://nutrijunction377586645.wordpress.com/" aria-current="page">Home</a>
<a</pre>
href="https://nutrijunction377586645.wordpress.com/blog/">Blog</a>
<a</pre>
href="https://nutrijunction377586645.wordpress.com/recipes/">Recipes</a>
class="menu-item menu-item-type-post_type menu-item-object-page menu-item-30"><a</p>
href="https://nutrijunction377586645.wordpress.com/about/">About</a>
class="menu-item menu-item-type-post_type menu-item-object-page menu-item-31"><a</pre>
href="https://nutrijunction377586645.wordpress.com/contact/">Contact</a>
</nav><!-- .footer-navigation -->
             <div class="site-info">
                                                                <a class="site-name"
href="https://nutrijunction377586645.wordpress.com/" rel="home">Nutri Junction</a><span
class="comma">,</span>
                                      <a href="https://wordpress.com/?ref=footer_website"
rel="nofollow">Create a free website or blog at WordPress.com.</a>
      </div><!-- .site-info -->
      </footer><!-- #colophon -->
</div><!-- #page -->
<!-- -->
<div id="marketingbar" class="marketing-bar noskim"><div class="marketing-bar-text">Create
your website at WordPress.com</div><a class="marketing-bar-button"
href="https://wordpress.com/start/?ref=marketing_bar">Get started</a><a class="marketing-bar-
link" tabindex="-1" aria-label="Create your website at WordPress.com"
href="https://wordpress.com/start/?ref=marketing_bar"></a></div><script src="//0.gravatar.com/js/
gprofiles.js?ver=202048y" id="grofiles-cards-js"></script>
<script id="wpgroho-js-extra">
var WPGroHo = {"my_hash":""};
<script type="text/javascript" src="https://s0.wp.com/wp-content/mu-plugins/gravatar-hovercards/</pre>
wpgroho.js?m=1380573781h"></script>
```

```
<script>
              //initialize and attach hovercards to all gravatars
              ¡Query( document ).ready( function( $ ) {
                     if (typeof Gravatar === "undefined"){
                             return;
                     }
                     if ( typeof Gravatar.init !== "function" ) {
                             return;
                     }
                     Gravatar.profile cb = function( hash, id ) {
                             WPGroHo.syncProfileData( hash, id );
                     };
                     Gravatar.my hash = WPGroHo.my hash;
                     Gravatar.init( 'body', '#wp-admin-bar-my-account' );
              });
       </script>
              <div style="display:none">
       <div class="grofile-hash-map-c9b555405eb4680cb12a0eae8268bb78">
       </div>
       </div>
<script>
window.addEventListener( "load", function( event ) {
       var link = document.createElement( "link" );
       link.href = "https://s0.wp.com/wp-content/mu-plugins/actionbar/actionbar.css?
v=20201002";
       link.type = "text/css";
       link.rel = "stylesheet";
       document.head.appendChild( link );
       var script = document.createElement( "script" );
       script.src = "https://s0.wp.com/wp-content/mu-plugins/actionbar/actionbar.js?v=20201002";
       script.defer = true;
       document.body.appendChild( script );
} );
</script>
       <div id="carousel-reblog-box">
              <form action="#" name="carousel-reblog">
                      <textarea id="carousel-reblog-content" name="carousel-reblog-content"
placeholder="Add your thoughts here... (optional)"></textarea>
                      <label for="carousel-reblog-to-blog-id" id="carousel-reblog-lblogid">Post
to</label>
                      <select name="carousel-reblog-to-blog-id" id="carousel-reblog-to-blog-id">
                                            </select>
                     <div class="submit">
```

```
<span class="canceltext"><a href="#"</pre>
class="cancel">Cancel</a></span>
                            <input type="submit" name="carousel-reblog-submit" class="button"</pre>
id="carousel-reblog-submit" value="Reblog Post">
                            <input type="hidden" id="carousel-reblog-blog-id"</pre>
value="186044657">
                            <input type="hidden" id="carousel-reblog-blog-url"</pre>
value="https://nutrijunction377586645.wordpress.com">
                            <input type="hidden" id="carousel-reblog-blog-title" value="Nutri</pre>
Junction">
                            <input type="hidden" id="carousel-reblog-post-url" value="">
                            <input type="hidden" id="carousel-reblog-post-title" value="">
                     </div>
                     <input type="hidden" id="_wpnonce" name="_wpnonce"
value="a114626417"><input type="hidden" name=" wp http referer" value="/">
       </form>
              <div class="arrow"></div>
       </div>
<link rel="stylesheet" id="all-css-0-2"</pre>
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var comment like text = {"loading":"Loading..."};
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ngle_image_gallery":"1","single_image_gallery_media_file":"","background_color":"black","com
ment":"Comment","post comment":"Post Comment","write comment":"Write a
Comment...", "loading_comments": "Loading Comments...", "download_original": "View full size
<span class=\"photo-size\">{0}<span</pre>
class=\"photo-size-times\">\u00d7<\/span>{1}<\/span>","no_comment_text":"Please be sure to
submit some text with your comment.","no_comment_email":"Please provide an email address to
comment.", "no_comment_author": "Please provide your name to
comment.", "comment_post_error": "Sorry, but there was an error posting your comment. Please try
again later.","comment approved":"Your comment was approved.","comment unapproved":"Your
comment is in moderation.", "camera": "Camera", "aperture": "Aperture", "shutter_speed": "Shutter
Speed","focal_length":"Focal
Length","copyright":"Copyright","comment_registration":"0","require_name_email":"1","login_url
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class=\"jp-carousel-comment-form-field jp-carousel-comment-form-text-field\" id=\"jp-carousel-
comment-form-email-field\" \/><\/fieldset><fieldset><label for=\"author\">Name
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class=\"ip-carousel-comment-form-field ip-carousel-comment-form-text-field\" id=\"ip-carousel-
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\/><\/fieldset>","reblog":"Reblog","reblogged":"Reblogged","reblog add thoughts":"Add your
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</div>
<script type="text/javascript">
('fetch' in window) || document.write('<script
src="https://s0.wp.com/wp-includes/js/dist/vendor/wp-polyfill-fetch.min.js?
m=1573572739h&ver=3.0.0"></scr' + 'ipt>' );( document.contains ) ||
document.write( '<script src="https://s0.wp.com/wp-includes/js/dist/vendor/wp-polyfill-node-
contains.min.js?m=1540208548h&ver=3.42.0"></scr' + 'ipt>' );( window.DOMRect ) ||
document.write( '<script src="https://s0.wp.com/wp-includes/js/dist/vendor/wp-polyfill-dom-
rect.min.js?m=1585663916h&ver=3.42.0"></scr' + 'ipt>' );( window.URL &&
window.URL.prototype && window.URLSearchParams ) || document.write( '<script
src="https://s0.wp.com/wp-includes/js/dist/vendor/wp-polyfill-url.min.js?
m=1585663916h&ver=3.6.4"></scr' + 'ipt>' );( window.FormData &&
window.FormData.prototype.keys ) || document.write( '<script
src="https://s0.wp.com/wp-includes/js/dist/vendor/wp-polyfill-formdata.min.js?
m=1550600082h&ver=3.0.12"></scr' + 'ipt>' );( Element.prototype.matches &&
Element.prototype.closest ) || document.write( '<script
src="https://s0.wp.com/wp-includes/js/dist/vendor/wp-polyfill-element-closest.min.js?
m=1540208548h\&\#038; ver=2.0.2"></scr' + 'ipt>');
</script>
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/(trident|msie)/i.test(navigator.userAgent)&&document.getElementById&&window.addEventListen
er&&window.addEventListener("hashchange",function(){var t,e=location.hash.substring(1);/^[A-
z0-9_-]+$/.test(e)&&(t=document.getElementById(e))&&(/^(?:a|select|input|button|textarea)$/
i.test(t.tagName)||(t.tabIndex=-1),t.focus())},!1);
       </script>
       <script type="text/javascript">
// <![CDATA[
(function() {
try{
 if (window.external &&'msIsSiteMode' in window.external) {
  if (window.external.msIsSiteMode()) {
   var jl = document.createElement('script');
```

```
il.type='text/javascript';
   il.async=true;
   il.src='/wp-content/plugins/ie-sitemode/custom-jumplist.php';
   var s = document.getElementsBvTagName('script')[0];
   s.parentNode.insertBefore(jl, s);
  }
 }
}catch(e){}
})();
// ]]>
</script><script src="//stats.wp.com/w.js?61" type="text/javascript" async="" defer=""></script>
<script type="text/javascript">
tkg = window. tkg || [];
_{stq} = window._{stq} || [];
_tkq.push(['storeContext',
{'blog id':'186044657','blog tz':'5','user lang':'en','blog lang':'en','user id':'0'}]);
sta.push(['view',
{'blog':'186044657','v':'wpcom','tz':'5','user id':'0','post':'6','subd':'nutrijunction377586645'}]);
stg.push(['extra',
{'crypt':'UE40eW5QN0p8M2Y/RE1mJVY3bm9aR3VCbS9mWm1pRyZuJS1LX1t5QmRXZzE3R
C9rQWZHK1FjbDltdWdaMVFFZTcxUGVHLWR0WTJoeUFhemhfSFtdZS1hbVUtMDNvbyZ2U
0g9ZGZBfGxzQ18mdls5NFVGbiZuT3ZoRj0sZ2M0OFdXbllUaW12RTZWaWxXZWNmYUZVU
S45SmNEUWFIJUEuSEZIOTVYLVZKSTRvW01wSXhMdDdkb1RWWiMrXv8wUDR5ak5adCt
HSWtPLE5lenBpSGxEZGJiVHImLvVsVzdPYjN2fDZBW3IsbjhUTE13NTBlP0pPRG0vdkV2PvZ
vLD1JWS5UeWp5PVNkakFqOWtIQnZsdXNR'}]);
_stq.push([ 'clickTrackerInit', '186044657', '6' ]);
       </script>
<noscript><img src="https://pixel.wp.com/b.gif?v=noscript"</pre>
style="height:0px;width:0px;overflow:hidden" alt="" /></noscript>
if ('object' === typeof wpcom mobile user agent info) {
      wpcom_mobile_user_agent_info.init();
      var mobileStatsQueryString = "";
      if( false !== wpcom_mobile_user_agent_info.matchedPlatformName )
             mobileStatsQueryString += "&x_" + 'mobile_platforms' + '=' +
wpcom mobile user agent info.matchedPlatformName;
      if( false !== wpcom_mobile_user_agent_info.matchedUserAgentName )
             mobileStatsQueryString += "&x_" + 'mobile_devices' + '=' +
wpcom_mobile_user_agent_info.matchedUserAgentName;
      if( wpcom_mobile_user_agent_info.isIPad() )
             mobileStatsQueryString += "&x_" + 'ipad_views' + '=' + 'views';
      if( "" != mobileStatsQueryString ) {
             new Image().src = document.location.protocol + '//pixel.wp.com/g.gif?v=wpcom-no-
pv' + mobileStatsQueryString + '&baba=' + Math.random();
       }
}
```

```
<div class="comment-likes-overlay" style="display: none;"></div><img src="https://pixel.wp.com/</pre>
g.gif?
blog=186044657&v=wpcom&tz=5&user id=0&post=6&subd=nutrijuncti
on377586645&host=nutrijunction377586645.wordpress.com&ref=https%3A%2F
%2Fnutrijunction377586645.wordpress.com%2Fcontact
%2F&fcp=636&rand=0.3075297339230181" alt=":)" id="wpstats"><script
src="https://s0.wp.com/wp-content/mu-plugins/actionbar/actionbar.js?v=20201002"
class="actnbr-btn actnbr-hidden">
                                                    <a class="actnbr-action actnbr-actn-
follow" href=""><svg class="gridicon gridicon_follow" height="24px" width="24px"
xmlns="http://www.w3.org/2000/svg" viewBox="0 0 24 24"><g><path d="M23 16v2h-3v3h-2v-
3h-3v-2h3v-3h2v3h3zM20 2v9h-4v3h-3v4H4c-1.1 0-2-.9-2-2V2h18zM8 13v-1H4v1h4zm3-
3H4v1h7v-1zm0-2H4v1h7V8zm7-4H4v2h14V4z"></path></g></syg><span>Follow</span></
a><a class="actnbr-action actnbr-actn-following no-display" href=""><svg class="gridicon"
gridicon__following" height="24px" width="24px" xmlns="http://www.w3.org/2000/svg"
viewBox="0 0 24 24"><g><path d="M23 13.482L15.508 21 12 17.4l1.412-1.388 2.106 2.188
6.094-6.094L23 13.482zm-7.455 1.862L20 10.89V2H2v14c0 1.1.9 2 2 2h4.538l4.913-4.832 2.095
2.176zM8 13H4v-1h4v1zm3-2H4v-1h7v1zm0-2H4V8h7v1zm7-3H4V4h14v2z"></path></g></
                                                    <div class="actnbr-popover tip tip-top-
svg><span>Following</span></a>
left actnbr-notice">
                                             <div class="tip-arrow"></div>
                   <div class="tip-inner actnbr-follow-bubble">
      class="actnbr-sitename actnbr-hidden"><a</li>
href="http://nutrijunction377586645.wordpress.com"><img alt=""
src="https://s0.wp.com/i/logo/wpcom-gray-white.png" class="avatar avatar-50" height="50"
width="50"> Nutri Junction</a>
                                                                 <form>
                   <div>Already have a
WordPress.com account? <a href="https://wordpress.com/log-in?redirect_to=https%3A%2F">https://wordpress.com/log-in?redirect_to=https%3A%2F</a>
%2Fnutrijunction377586645.wordpress.com%2F&signup_flow=account">Log in now.</a></
div>
                                </form>
                                                           </div>
      </div>
                                       class="actnbr-ellipsis actnbr-hidden">
                   <svg class="gridicon gridicon__ellipsis" height="24" width="24"</pre>
xmlns="http://www.w3.org/2000/svg" viewBox="0 0 24 24"><g><circle cx="5" cy="12" r="2"></
circle><circle cx="19" cy="12" r="2"></circle><circle cx="12" cy="12"
r="2"></circle></g></svg>
                                              <div class="actnbr-popover tip tip-top-left</pre>
actnbr-more">
                                       <div class="tip-arrow"></div>
      <div class="tip-inner">
                                                           ul>
             class="actnbr-sitename actnbr-hidden"><a</li>
href="http://nutrijunction377586645.wordpress.com"><img alt=""
src="https://s0.wp.com/i/logo/wpcom-gray-white.png" class="avatar avatar-50" height="50"
width="50"> Nutri Junction</a>
                                                                 class="actnbr-folded-
customize actnbr-hidden"><a
href="https://nutrijunction377586645.wordpress.com/wp-admin/customize.php?url=https%3A%2F
%2Fnutrijunction377586645.wordpress.com%2F"><svg class="gridicon gridicon__customize"
height="20px" width="20px" xmlns="http://www.w3.org/2000/svg" viewBox="0 0 24
24"><g><path d="M2 6c0-1.505.78-3.08 2-4 0 .845.69 2 2 2 1.657 0 3 1.343 3 3
0.386-.08.752-.212 1.09.74.594 1.476 1.19 2.19 1.81L8.9 11.98c-.62-.716-1.214-1.454-1.807-
2.192C6.753 9.92 6.387 10 6 10c-2.21 0-4-1.79-4-4zm12.152 6.848l1.34-1.34c.607.304 1.283.492
2.008.492 2.485 0 4.5-2.015 4.5-4.5 0-.725-.188-1.4-.493-2.007L18 9l-2-2 3.507-3.507C18.9 3.188
18.225 3 17.5 3 15.015 3 13 5.015 13 7.5c0 .725.188 1.4.493 2.007L3 20l2 2 6.848-6.848c1.885
```

```
1.928 3.874 3.753 5.977 5.4511.425 1.148 1.5-1.5-1.15-1.425c-1.695-2.103-3.52-4.092-5.448-
5.977z" data-reactid=".2.1.1:0.1b.0"></path></g></syg><Span>Customize<span></span></
span></a>
                                                                          hidden"><a class="actnbr-action actnbr-actn-follow" href=""><svg class="gridicon"
gridicon__follow" height="24px" width="24px" xmlns="http://www.w3.org/2000/svg"
viewBox="0 0 24 24"><g><path d="M23 16v2h-3v3h-2v-3h-3v-2h3v-3h2v3h3zM20 2v9h-4v3h-
3v4H4c-1.1 0-2-.9-2-2V2h18zM8 13v-1H4v1h4zm3-3H4v1h7v-1zm0-2H4v1h7V8zm7-
4H4v2h14V4z"></path></g></svg><span>Follow</span></a><a class="actnbr-action actnbr-actn-
following no-display" href=""><svg class="gridicon gridicon_following" height="24px"
width="24px" xmlns="http://www.w3.org/2000/svg" viewBox="0 0 24 24"><g><path d="M23" xmlns="http://www.w3.org/2000/svg" viewBox="0 0 24 24"><g>xmlns="http://www.w3.org/2000/svg" viewBox="0 0 24 24">
13.482L15.508 21 12 17.4l1.412-1.388 2.106 2.188 6.094-6.094L23 13.482zm-7.455 1.862L20
10.89V2H2v14c0 1.1.9 2 2 2h4.538l4.913-4.832 2.095 2.176zM8 13H4v-1h4v1zm3-2H4v-
1h7v1zm0-2H4V8h7v1zm7-3H4V4h14v2z"></path></g></svg><span>Following</span></a></
                                              class="actnbr-signup actnbr-hidden"><a</li>
href="https://wordpress.com/start/">Sign up</a>
                                                                                                                        <li
class="actnbr-login actnbr-hidden"><a href="https://wordpress.com/log-in?redirect_to=https%3A"
%2F%2Fnutrijunction377586645.wordpress.com%2F&signup_flow=account">Log
in</a>
                                                                                                                        <li
class="actnbr-shortlink actnbr-hidden"><a href="https://wp.me/PcACIh-6">Copy
shortlink</a>
                                                                          class="flb-report actnbr-hidden"><a</li>
href="http://en.wordpress.com/abuse/">Report this content</a>
         <a href="https://subscribe.wordpress.com/">Manage
subscriptions</a>
                                                                                   class="actnbr-fold actnbr-
hidden"><a href="">Collapse this bar</a>
                                                                                                              </div>
                                                                                   </div>
         </div></body></html>
```

References:

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- 1. https://blog.hubspot.com/marketing/wordpress-website Published Oct 3, 2019
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