

# FOOD WASTAGE

## SHELF LIFE HERO

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# Problem

- Household food waste remains a pressing issue in the United Kingdom, with significant environmental and economic implications.
- Recent statistics reveal that UK households generate approximately **10 million tonnes of food waste** annually, contributing to both financial losses and environmental degradation.
- Two primary contributors to this waste are inefficiencies in **batch cooking practices and confusion surrounding food expiry dates**.
- Batch cooking, while intended to save time and resources, often leads to unintended waste.
- Additionally, misinterpretation of food date labels, such as "**best before**" and "**use by**," leads consumers to discard edible food prematurely.
- This confusion is exacerbated by inconsistent labeling practices, causing up to **20% of unspoiled** food to be unnecessarily thrown away.



# Proposed Solution

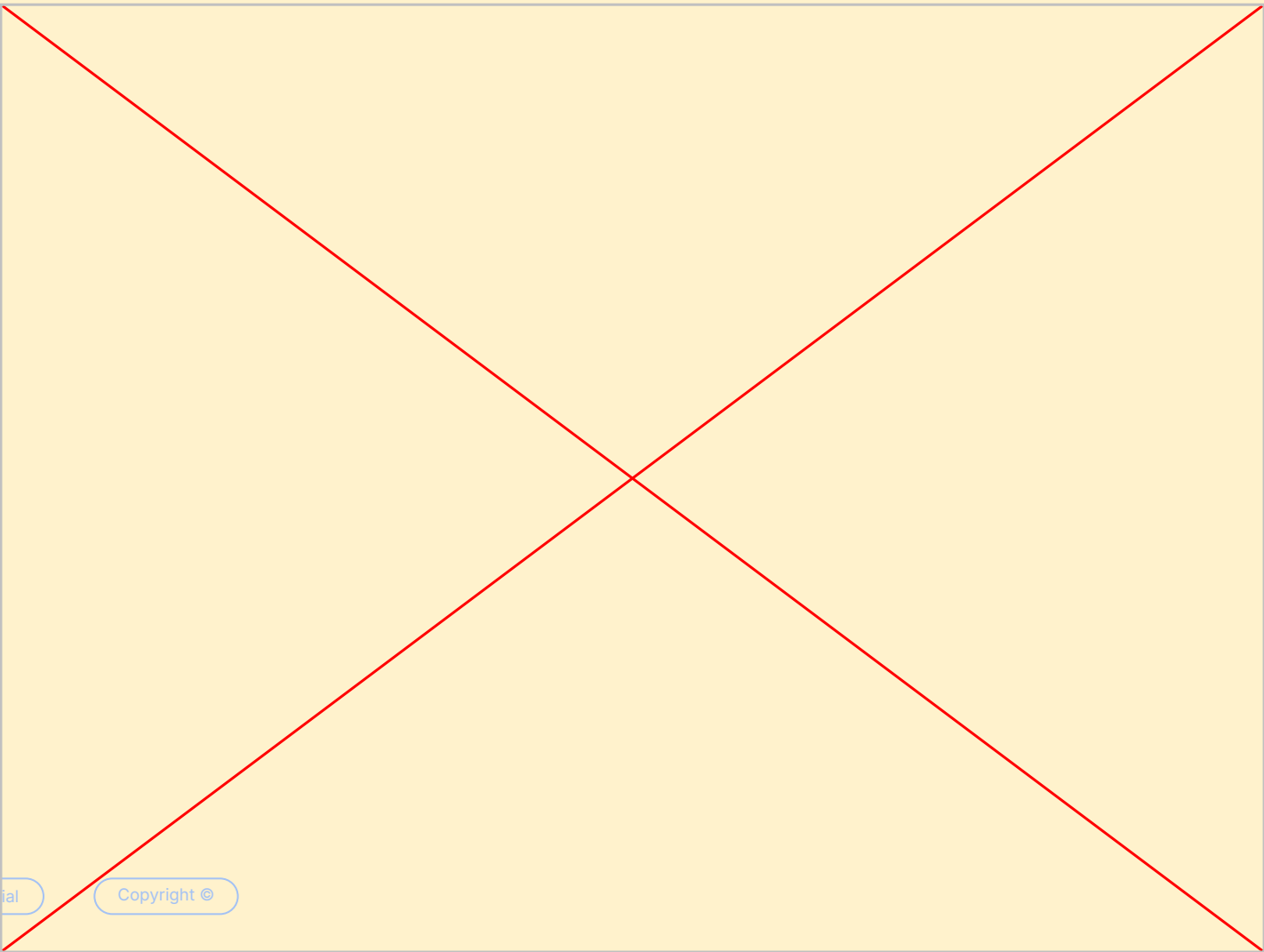
We propose the development of a **application designed to enhance food management** within households. Upon user registration, the app would **capture details such as fridge size and typical food preferences**. Key features include:

1. **Inventory Management:** Users can input items added to their fridge, tracking both raw ingredients and prepared meals. The app would monitor storage durations, alerting users to items nearing their expiry.
2. **Expiry Notifications with Solutions:** For items approaching their "use by" dates, the app would suggest recipes to utilize these ingredients or provide guidance on freezing techniques to extend shelf life.
3. **Personalized Recommendations:** Leveraging user data, the app would offer tailored food suggestions, aligning with individual consumption patterns and promoting efficient meal planning.
4. **Incentive Program:** To encourage consistent use, the app could integrate with reward systems, **offering points** redeemable for discounts or other benefits.
5. **Automated Grocery Lists:** Based on inventory levels and user preferences, the app would generate shopping lists, with potential integration for direct online ordering in future iterations.

# Demo







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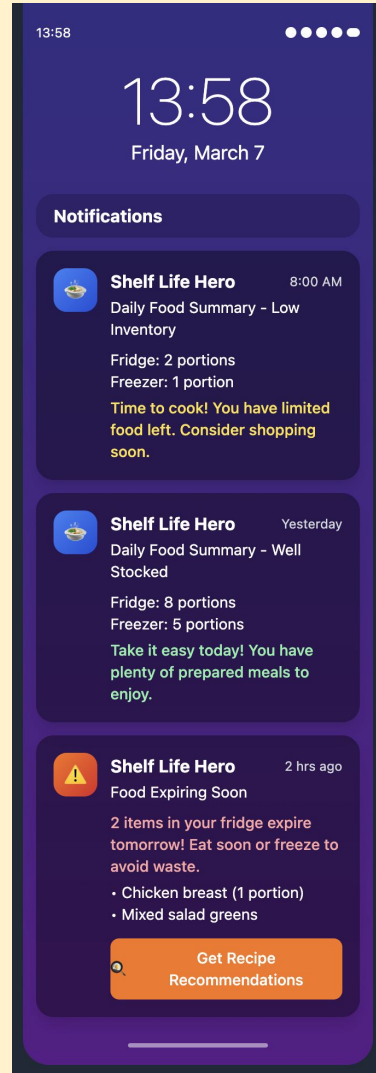
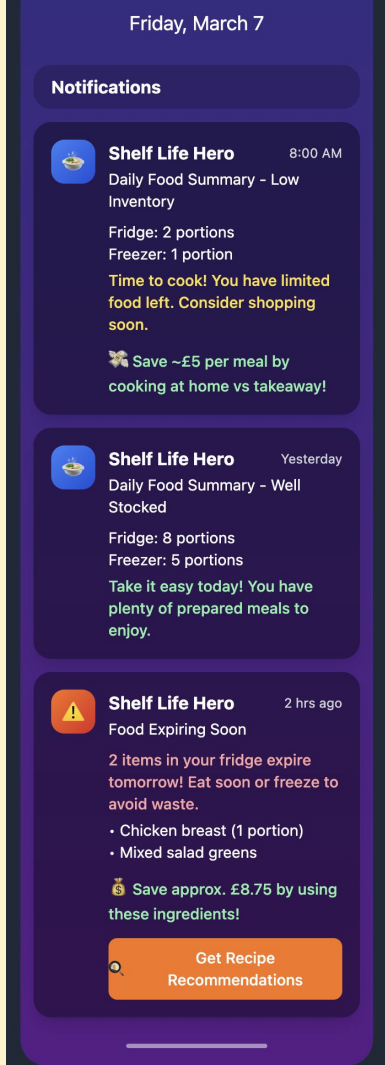
# Daily Notification System

Informs users of their current food status and encourages them to:

- Cook a new batch of food
- Eat a frozen meal
- Either cook with ingredients they have via recipe recommendations

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# Recipe Recommendation System

## Shelf Life Hero

To Reduce Food Waste, We Recommend These Recipes:

**Salmon with Roasted Vegetables**

*Expiring Ingredients: carrots (1 days), salt (9 days)*

**Black Bean Burgers**

*Expiring Ingredients: avocado (0 days), cumin (5 days), bell peppers (7 days), onions (7 days)*

**Pound Cake**

*Expiring Ingredients: flour (5 days), sugar (10 days)*

**Coleslaw**

*Expiring Ingredients: carrots (1 days), sugar (10 days)*



# Impact

- **Environmental Benefits:**  
Reduce food waste and lower greenhouse gas emissions, contributing to a healthier planet.
- **Economic Savings:**  
Save money by optimizing food consumption and reducing unnecessary purchases.
- **Food Conservation:**  
Maximize the use of all food items, ensuring nothing edible goes to waste.
- **Time Management:**  
Streamline meal planning and grocery shopping, freeing up valuable time in your day.



# Unique Selling Points

- **Incentives**

Earn rewards and Nectar Points

- **Gamification**

Turn food management into a fun, competitive experience.

- **Simplified Grocery & Order Management:**

Generate grocery lists automatically, saving you valuable time and reducing hassle.



# Future Work

- **Barcode Scanning:** Simplify the input process by allowing users to scan product barcodes, automatically retrieving product information and expiry dates.
- **AI Integration:** Utilize artificial intelligence to predict consumption patterns, optimize shopping lists, and provide dynamic recipe suggestions.
- **Community Sharing:** Enable users to share surplus food within their community, fostering a sharing economy and reducing waste.

# GITHUB LINK

<https://github.com/Prajit-Sengupta/Food-Wastage-ElectricTwin>

**THANKS!!**

**We hope you'll join us in transforming food  
management—become a Shelf Life Hero**

