

ಕತ್ತಲೆಯ ಜಗದಲ್ಲಿ ಧ್ಯಾನದ ಬೆಳಕು ಚಲ್ಲಿ
ನಮ್ಮ ಸಹಜ ಶ್ವಾಸವೇ ಗುರುವೆಂದ ಪತ್ರಿಜಿ.
ಧ್ಯಾನದಿಂದಲೆ ಜ್ಞಾನ, ಜ್ಞಾನದಿಂದಲೇ ಮೋಕ್ಷ
ಎಂದರಿತು ಜಗತ್ತಿಗೇ ಸಾರಿದ ಪತ್ರಿಜಿ.

ಎಲ್ಲರಲೂ ದೇವರನ್ನೇ ಕಂಡ ದೇವರು ಪತ್ರಿಜಿ...

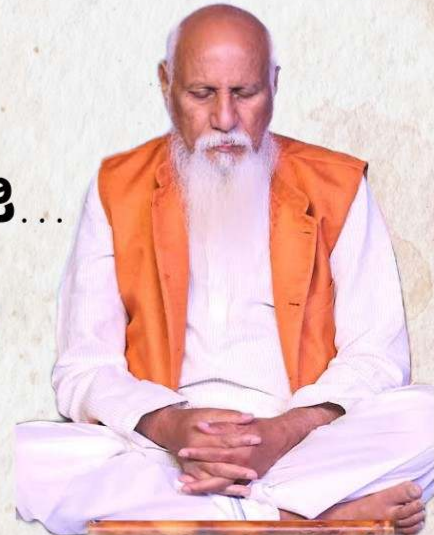
ನಾರಾಯಣನ ಜೊತೆಗಿರುವ ನಾರದರಂತೆ
ಶ್ವಾಸದ ಜೊತೆಗಿರು ಮಾನವ,
ಅಂತರಂಗ ಒಳಹೊಕ್ಕು ಕಣ್ಣಿಗೆ ಕಾಣದ
ಪರಮಾತ್ಮನನ್ನ ಕಾಣುವೆ.

ಎಲ್ಲರಲೂ ದೇವರನ್ನೇ ಕಂಡ ದೇವರು ಪತ್ರಿಜಿ...

ಮೂಕಪ್ರಾಣಿಯ ರೋದನೆಗೆ ಕಾರಣ ನೀನಾಗದೆ
ಶಾಖಾಹಾರಿಯಾದಾಗ, ಮೇಲಿಲ್ಲ ಕೇಳು
ಇಲ್ಲೇ ಕಾಣುವೆ ಸುಂದರ ಸ್ವರ್ಗವ.
ನಿನ್ನನ್ನು ನೀ ಯಾರೆಂದು ಅರಿತು
ನಿನ್ನೊಳಗಿರುವ ಬುದ್ಧನನ್ನ ಎಬ್ಬಿಸು.

ಎಲ್ಲರಲೂ ದೇವರನ್ನೇ ಕಂಡ ದೇವರು ಪತ್ರಿಜಿ...
ಎಲ್ಲರಲೂ ದೇವರನ್ನೇ ಕಂಡ ದೇವರು...

~Prakash Bhavi



Dr.Subhash Patriji

ಮಾಯೇಯ ಮಾಯೇ

ಈ ಮಾಯೇಯನ್ನು ಸೃಷ್ಟಿಸಿದ ಪರಮಾತ್ಮ
ಸ್ವಯಂ ಈ ಮನುಜನ ದೇಹದಲ್ಲಿ ಬಂದಿಳಿದಾಗ
ಅವನ ಜಾಲದಲ್ಲಿ ತಾನೇ ಸಿಲುಕಿ
ಪರದಾಡುವಂತಾಯಿತು.

ಮಾಯೇಯಿಂದ ಹೊರಬರುವ ಬ್ರಹ್ಮೇಯಲ್ಲಿ
ಮಾರ್ಗಗಳುಕೂಡ ಮಾಯೇ ಯಿಂದರಿಯದೆ,
ಮಾಯೇಯ ಚಕ್ರದಲ್ಲಿ ಶಾಶ್ವತವಾಗಿ
ಸಿಲುಕಿಕೊಂಡರುವ.

ಜೀವನದ ಲೀಲೆಯಲ್ಲಿ ಮೂಕ ಪ್ರೇಕ್ಷಕನಾದಾಗ
ಆ ಕ್ಷಣದಲ್ಲಿ ಮಾಯೇ ಇಂದ ಹೊರತಬರುವೆ.

ಸಾಗರದ ನೀರಿನ ಹನಿ ಸಾಗರವನ್ನು
ಹುಡುಕಿದಂತೆ .ಅಂತರಂಗದಲ್ಲಿಯೆ ನೆಲೆಸಿರುವ
ಪರಮಾತ್ಮ ನನ್ನ ಹುಡುಕುತ್ತಿರುವೆ.
ತಾನು ಎಂಬ ಪರಮಾತ್ಮ ತನ್ನನರಿಯಲು
ಸೃಷ್ಟಿಸಿದ ಲೀಲೆ.

ಅರಿಯಬೇಕು ನಿನ್ನನ್ನು ನೀ ಯಾರಂದು
ಅರಿಯಬೇಕು ನಿನ್ನನ್ನು ನೀ ಯಾರಂದು
ಅರಿತಾಗ ತಿಳಿಯುವದು ನೀ ಪರಮಾತ್ಮನ ಅಂಶ ವೆಂದು



ದ್ವೇಷ ದ್ವೇಷ ಎಂದು ಯಾಕೆ ಬಾಳ್ತಿಯ
ಸೃಷ್ಟಿಯ ತುಂಬ ಪಸರಿಸಿರುವ ಆ ಪರಮಾತ್ಮನ ಅಂಶ
ಪರರಲ್ಲಿ ನಿನ್ನನು ನೀ ಕಂಡು ನಿನ್ನಲ್ಲಿ ಪರರನ್ನು
ಕಂಡ ಮೇಲೆ ದ್ವೇಷಕ್ಕೆ ಸ್ಥಳವೆಲ್ಲಿ ಈ ಜಗದಲ್ಲಿ

ಧ್ಯಾನ ವೆಂಬ ಅಸ್ತವ ಹಿಡಿದು ದೇಹ ಮನಸ್ಸುಗಳ ಬಂಧನ
ತೊಡೆದು ಲೌಕಿಕ ಲೋಕದ ಮಾಯೆಯ ಬಡೆದು
ನಿನ್ನಲ್ಲಿ ನೀ ಇಳಿದು ಅಂತರಂಗದಲ್ಲಿ ಅಡಗಿರುವ
ನಿನ್ನ ಆತ್ಮವ ಕಾಣು



~Prakash Bhavi

ಆತ್ಮಾಯಣ

ಅಂಶಾತ್ಮವೆಂಬ ಸಾಗರದ ನೀರಿನಹನಿ
ಸೂರ್ಯನ ಶಾಖವ ತಾಳಿ ಆವಿಯಾಗಿ
ಮೋಡದಲಿ ಒಂದಾಗಿ ಜೀವನದ ಬಿಸಿಲು
ಸಿಡಿಲು ಮಿಂಚುಗಳನು ಸಹಿಸಿ
ಸಮಯವೆಂಬ ಗಾಳಿಯ ಜೊತೆಗೆ ಸಾಗಿ
ಮೋಕ್ಷವೆಂಬ ಶಿಖರದ ತುತ್ತತುದಿಯ ತಲುಪಿ
ಅಜ್ಞಾನವೆಂಬ ಅಂಧಕಾರ ತೊರೆದು ಜ್ಞಾನದ
ಬೆಳಕು ತುಂಬಿದ ಪರಿಶುದ್ಧ ಆತ್ಮವಾಗಿ
ಮಳೆ ಹನಿಯ ರೂಪದಲ್ಲಿ ನದಿಯ ನೀರನ್ನು ತಲುಪಿ
ಮತ್ತೆ ಒಂದಾಯಿತು ಪೂರ್ಣಾತ್ಮನಾದ ಪರಮಾತ್ಮನೆಂಬ
ವಿಶಾಲ ಸಾಗರದಲ್ಲಿ.

~Prakash Bhavi

*""Even shadow needs light
around it to show up itself so
believe in light and know you
are the light.""*

*"If you are narrow-minded you
only know what you want to
know but if you are open-minded
you will also know what
universe wants you to know"*

- ~Prakash Bhavi

*"Reading SPIRITUAL BOOKS
makes me feel like submerging
in ocean of knowledge and
coming out with wetness of
knowledge on my body"*

*"As it is difficult to realise God,
so it is also difficult to realise
God realised person."*

- Prakash Bhavi

BUDDING OF SCIENCE IN THE FIELD OF KNOWLEDGE

National Science Day is celebrated annually on February 28 to commemorate the discovery of Raman Effect by Nobel laureate, physicist CV Raman on this day in 1928.



the real meaning of the science is, for example if we take all the mythology and history of this all the centuries passed dumped and burnt it all, after a 1000 years later new mythology and historical events maybe emerged which may be completely different from now, likely if we dumped and burnt all the research papers, evidence, proof of the technology we are using now, 1000 years or 2000 years later results will same as now because same reactants lead to same products.

we observe the science everywhere in this existence,

If we Consider from smallest of smallest atom to the whole cosmos there is some kind of pattern and fundamental particle in every matter. Humorously maybe even God studied science. If we want to taste the drop of water from ocean, we don't drink whole ocean to know how it taste, instead of that small drop of water from ocean is enough to know how the water of ocean taste likewise, if we really want to know from what the universe is made of, we don't need to Rome whole universe we just need to study smallest unit of the universe that is an atom to know the cosmos. Once the most genius scientist Nikola tesla said that "The day science begins to study non-physical phenomena, it will make more progress in one decade than in all the previous centuries of its existence", He was century ahead of his time. the day when albert Einstein introduced the world about quantum science, we expanded our perception of the science from physical science to non-physical science. knowledge leads to budding of ideas, ideas lead to bring out innovations, innovations lead to the growth of the science and technology.

knowledge is power, and it is gained easily, if we seeing the example of the great scientists like Nikola tesla, albert Einstein, Isaac newton, they just gained knowledge over those ideas that lead to ground-breaking inventions just by thinking over it again and again to know more, knowledge is gained easily we just need to think of the subject or idea over and over again. This makes drastically changes in the science and Technology in a few decades compare to now.

REALISING OUR TRUE NATURE

To start with the wisdom shared by enlightened masters "There is no need for search of god outside because one should realise the god within himself". When a person's soul reach to certain level of inner development he realises the truth when he hears it told by Eckart Tolle.

Everyone should Realise who we truly are...

Our journey didn't began the moment we took our first breath after coming out of mother womb we existed before our birth in this physical form as soul or pure consciousness, we as the individual souls derived from the prime consciousness to experience the duality to gain knowledge and experience, merge back into single omnipresent infinite prime consciousness and our soul existed from the beginning of time and till the end of time in fact time doesn't exist at all as we perceive it as linear time(past present future).If we see it from higher dimension time is also another dimension and even space doesn't exist there is only one thing is true that is our own consciousness. Fundamentally we are the same as souls, in human being perception soul is classified into young, intermediate, old soul though this linear time makes no sense in the higher dimension, age of soul is perceived by knowledge and experience gained by the individual soul.

Once the disciple of buddha asked what is use of worshiping idols of God or any ascended masters, Buddha replied with an example, if person wants to travel across one side of river to other side what will he do...? disciple replied if the water of river is less, he walks with his legs to the other side, if he knows to swim, he swims or else if there is more water, he takes help of boat. buddha asked if he is not interested to cross river with his legs or swim or to take help of boat and Preys to God that other side of river itself should come to me, won't you call this foolishness.in the same way, when this side of river is filled with darkness and ignorance and other side with light, knowledge and wisdom.one should walk the path of awakening your own consciences and realising your true self through meditation.

The science we are studying is infant because the science and knowledge know by our ancestors is far more advance than our present science. If we look at the ancient great sages and monks of India, they used their body itself as technology rather than as we use technology outside the body because they realised who they truly are. All the enlightened master told the same thing I am God and there is no difference between you and me, single consciousness pervades the whole universe. For example, Krishna said that I am God and I am in everyone and everything comes from me and everything merges in me. Even Jesus Christ said that I am son of God and there is no difference between you and me, every enlightened master like buddha, Jesus, Krishan, Muhammad Paigambar they too had mind body and spirit complex same as we have, with it they realised God within. To access the invisible realms of existence is to silence the mind and be in pure consciousness or meditating and go into trance state.

how can we access to these different dimensions

Mediation is not chanting of any mantra or visualisation of any idol of God or other things it is just observing your natural breath and empty your mind and be in thoughtless state it is also called as Anapanasthi Meditation after certain period of practice you can access the realms of invisible by this physical body and explore the unknow realms of existence this is the meditation practiced by buddha to attain nirvana, to break out the cycle of birth and death

For example, we all are like soap bubbles resembling soul, air inside the bubbles and air outside the bubble both are one but the only one thing differs from inside air and outside air is layer of the soap bubble resembles the karmic pattern when it gets dissolved and burst there is no difference between inside and outside air mean by dissolving our karmic pattern and realising who we truly are and expanding our consciences by practicing meditation our soul merge back with divine universe. There is reason behind every action if it so, then to incarnate in this

physical body there must be reason, purpose of human life on this planet earth is to face the problem that comes in our life and gain experience and knowledge from it because we have pre-planned that situation in our life before we take birth with experience, we get knowledge. There are many dimensions in this existence such as physical, mental, astral, causal, supra causal and many more. all dimension exists parallelly as every dimension vibrate with different frequency. We in human body we are limited by our sensory receptors to see hear touch with limited frequency. "We are not human beings on spiritual journey in fact we are spiritual beings on human journey"

As we all have freewill, we have all right to believe what resonates with our soul, if you don't believe please drop it hear itself but if you believe then you must experience it.

Must read books listed for in depth understanding, journey of souls and destiny of souls-Michael Newton, law of spirit world-Khorshed Bhavnagri, Messages from Forty masters-C Aruna, You Forever-Lobsang Rampa, Bringers of dawn-Barbara Marciniak, Doorways to light- Krishnananda guruji, god speaks-Meher baba