

Value education session 1

→ The first session of VE was taken by our group teacher ~~the~~ Prof. Karthik Vardyanathan. During the session we discussed, why VE is important. He conveyed this message in two class activities.

The first activity was about what would be our end goals in our life and how ~~we~~ would we feel satisfied in the end. For this we were divided in groups of two to discuss within ourselves.

The second activity was our short term goals. ~~and how we~~ For this we were divided in groups of 6-9. We discussed what ~~we~~ were our ~~the~~ priorities and commitment towards society and family. This activity gave us clarity of our ~~goal~~ goals as contrast to the first one which was a bit too vague for ourselves i.e we don't know how the world works and how we would react to it. Basically it didn't define what we exactly want. It was either spiritual peace for one or materialistic for other.

→ He also told us the way we interact with others not only seniors but juniors also i.e to be kind and polite.