IIT MANDI

Menu Details:

DAY	Monday	Tuesday	Wednes day	Thursday	Friday	Saturday	Sunday
Breakf ast	Idli sambhar+ Nariyal chatani+eg gs/banana(2)	Aloo paratha+ch atani + Dahi	Puri + Aloo Chana Sabji+Ha Iwa	Mix Parantha +Chati+D ahi	Poha +Daliya+ Banana/ eggs(2)	Masala Dosa+Sa mbhar+Na riyal Chatni	Methi/Palak Parantha+Al oo Sabji
Lunch	Aloo Jeera + Panchratni Dal	Lauki + Rajma	Kadhi + Mix Veg + Lemon water	Black Chana Sabji + Urd Masoor Dal	Aloo Beans + Dal Makhani	Chhole Bhature+ Khichdi+ Boondi Raita	Black Masoor Daal+ Egg/Paneer Bhurji
Snack s	Poha + Chatni	Khasta Kachaudi (2) + Green Chatni	Paw Bhaji (2)	Samosa(2) + Green chatni	Fried Idli (200 g)	Doodh Jalebi+tea/ Coffee Bag	Noodle/Pasta (200 g)
Dinner	Mashroom + Chana Dal+ Jeera Rice	Pindi Chana+ Arhar Dal	Sahi Paneer/ Egg Curry + Moong Dal	Lauki Kaufta + Dal Makhani	Butter Chicken/C hicken Biryani Kadhai Paneer + Moong Masoor Dal	Aloo Soyabeen + chana Dal Tadka + Veg Biryani	Bhindi + Panchratni Dal + Sweet

Mandatory Items:

Breakfast: Milk, Butter, Pickle, Jam, White Bread, Brown Bread, Rusk, Coffee Bags, Tea Bags, Sprouts, Bourn-vita, Corn Flakes. **Lunch:** Rice(Except Specified), Seasonal Salad including Lemon, Dahi, Butter chapati.

Dinner: Rice(Except Specified), Seasonal Salad including Lemon, Butter chapati.

Snacks: Tea/Coffee, Tomato Ketchup.

Special dinner will be provided by contractor on the last day of every month and also on Festivals like Holi, Diwali, Eid, Christmas menu to be decided by the mess committee.

Branded items (as given below) should always be used. A suitable monetary penalty

will be levied if the specified brand is not used.

- 1. Butter Amul /Mother dairy pasteurized" not Amul delicious.
- 2. Jam Kisan.
- 3. Ketchup Kisan, Maggi
- 4. Masala MDH, BMC, or Catch.
- 5. Rice Basmati 1060 of branded company approved by mess committee.
- 6. Atta as approved by the mess committee.
- 7. Besan as approved by the mess committee.
- 8. Oil Fortune/ Neutralla: Refined Sunflower/Soyabean Oil.
- 9. Tea bag Taj Mahal or a brand approved by mess committee.
- 10. Coffee Nescafe, Bru, or Tata or approved by mess committee
- 11. Pickles MTR or a brand approved by mess committee.
- 12.Desi Ghee- Amul or Britannia Bread/Paav/Bun- Bonn
- 13. Salt- Tata, Captain Cook, or Annapurna
- 14. Milk Lactometer reading for cow's milk should range from 22-30 and for buffalo's milk the lactometer reading should be between 26-32. The mess committee reserves right to check milk quality randomly and impose fines if the lactometer reading isn't in the specified range

15. Rusk: Britannia

Brand of any other item required or any of the above items, in case of non-availability of above brands, will be mutually decided by the Mess Committee and the caterer and approved by the competent authority.

There is limit on the maximum quantity of below mentioned items otherwise unlimited:

Breakfast:

Milk: 200 ml (along with coffee powder or tea bag & sugar)

Eggs and banana: 2 nos