Chicken Biryani Recipe

Aromatic, delicious and spicy one pot chicken biryani made with basmati rice, spices, chicken and herbs.

This is a beginners recipe and can be made with ease.

Serve chicken biryani with raita or salan (gravy).



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Prep Time	Cook Time	Total Time
1 hr	25 mins	1 hr 25 mins

Servings: 4 people Author: Swasthi

Ingredients

Marinade for chicken biryani

- ½ kg (1.1 lbs) <u>chicken</u> (skinless bone-in or boneless, large pieces such as thighs, drumsticks, legs or mix of all)
- 3 tablespoons plain yogurt (curd or dahi)
- 1¼ tablespoons ginger garlic paste (1 inch ginger & 4 garlic cloves crushed)
- ½ to ¾ teaspoon salt (adjust to tase)
- 1/4 teaspoon turmeric
- ½ to 1 teaspoon red chilli powder (or paprika) (use less spicy variety)
- ½ to 1 tablespoon garam masala (or biryani masala) (Refer notes)
- 1 tablespoon Lemon juice (optional)

Whole spices (skip if you don't have any)

- 1 bay leaf (tej patta)
- 4 green cardamoms (choti elaichi)
- 6 cloves (lavang)
- 1 inch cinnamon (dalchini)
- 1 star anise (chakri phool)
- 3/4 teaspoon shahi jeera (caraway seeds) (substitute with cumin)
- 1 strand mace (javitri, omit if you don't like)

Other ingredients for chicken biryani

- 2 cups basmati rice (aged rice only)
- 2 tablespoon ghee or Oil
- 1 large onion sliced thinly
- 1/4 to 1/2 cup mint leaves chopped fine (about 15 leaves)
- 1 green chili (slit or chopped)
- ¼ cup plain yogurt (Indian curd)

- 1/4 to 1/2 teaspoon red chili powder (optional, for heat)
- 1 teaspoon garam masala (or biryani masala)
- 3 cups water (3½ cups for pot) (refer notes, more if needed)
- ¾ teaspoon salt (to stir in water)
- 2 tablespoon <u>fried onions</u> (optional)
- 1 pinch saffron (optional)(soaked in 2 tbsps hot milk)

Instructions

Preparation

- 1. To a bowl, add yogurt, ginger garlic paste, salt, garam masala, turmeric, lemon juice & red chili powder.
- 2. Mix up well and taste the marinade. Add more salt and spice if needed.
- 3. Make slits on the chicken pieces. Add it to the marinade & mix well. Cover and set aside for 1 hour to overnight.
- 4. Rinse basmati rice thrice and soak for 30 mins. Drain to a colander after 30 mins.

How to make Chicken Biryani

- 1. Heat ghee or oil in a pot or pressure cooker.
- 2. Add whole spices bay leaf, cardamoms, cloves, cinnamon, star anise, shahi jeera & mace. Skip them if you do not have.
- 3. When the spices begin to sizzle, add onions & fry them evenly stirring often until uniformly light brown but not burnt.
- 4. Add chicken & saute until pale for 5 mins on a medium heat.
- 5. Cover & cook on a low flame until the chicken is soft cooked or tender. Saute to evaporate any excess moisture in the pot.
- 6. Taste test and add more salt if needed. Add yogurt (curd), half of the chopped mint leaves, slit green chili, red chili powder & garam masala.
 - ½ to 1 teaspoon red chilli powder, 1 green chili, ¼ cup plain yogurt,1 teaspoon garam masala

Layering

- 1. Mix everything well and layer chicken evenly at the bottom. (check video)
- 2. Spread drained rice in a layer over the chicken.
- 3. To a separate pot, pour water. If cooking in a pot use more water.
- 4. Add salt and mix. Taste the water. It must be slightly salty. Bring this to a rolling boil.

- 5. Pour 2 cups of this water across the sides of the cooker or pot. Gently pour the rest on top of the rice. (check video)
- 6. Level the rice if needed. Sprinkle the rest of the mint leaves. Optionally add fried onions & saffron soaked milk if using.
- 7. **Pot method** If cooking in a pot, cover and cook on a medium flame until the rice in the chicken biryani is cooked completely but not mushy or undercooked. If the rice is still under cooked or hard & there is no water at the bottom, pour ½ to ½ cup more boiling water depending on the kind of rice used and cook further. When done it has to be fully cooked, yet remain grainy but not mushy.
- 8. **Cooker method** Set the flame to medium high. Cover & place the whistle. Cook until you hear 1 whistle. Move the cooker away from the burner to stop cooking further.
- 9. Rest until the pressure drops naturally. Fluff up the chicken biryani with a fork.
- 10. Serve from top to the bottom layer. Each serving gets biryani rice from top and chicken from the bottom layer.
- 11. Enjoy chicken biryani with <u>raita</u> and sliced veggies, papad and <u>shorba (biryani gravy)</u>.

Nutrition

Calories: 753kcal | Carbohydrates: 86g | Protein: 34g | Fat: 29g | Saturated Fat: 10g | Cholesterol: 114mg | Sodium: 1062mg | Potassium: 550mg | Fiber: 4g | Sugar: 2g | Vitamin A: 695IU | Vitamin C: 10.1mg | Calcium:

132mg | Iron: 4.3mg

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