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INTERIM ORDERS

Send To Christine A Will, MD Hawthorn Medical Associates 531 Faunce Corner Rd. North Dartmouth, MA 02747 (508) 996-3991 Fax (508) 961-2535		Primary Physician Christine A Will, MD Hawthorn Medical Associates 531 Faunce Corner Rd. North Dartmouth, MA 02747 (508) 996-3991 Fax (508) 961-2535	
Medical Record No. 3270001	Insurance Medicare	Start of Care 06/05/2025	Certification Period 06/05/2025 Through 08/03/2025
Patient Clark, Ella S 129 Keene Road Acushnet, MA 02743		DOB 04/11/1923	Sex F

Goals/Rehabilitation Potential/Discharge Plans	
Clinical Summary	<p>PHYSICAL THERAPY 30 DAY FUNCTIONAL REASSESSMENT</p> <p>CURRENT LEVEL OF FUNCTION: Pt is a 102 yo female referred to home PT following hospitalization for fall, skin tear, and increased weakness with decline in strength and ability to safely ambulate. Pt has progressed slowly with home PT and has made progress toward goals, however, has not yet met goals for safe d/c home PT at this time. Pt requires continued home PT, and requires functional reassessment at this time.</p> <p>Pt performs supine to sit and sit to supine with SUP with slow movement and min increased effort and fatigue, pulls up on bed assist bar. Pt transfers with RW with SUP recliner lift chair raised slightly, pushing up with BUEs, and improved safety and quad control with stand to sit. Pt performed 30 sec STS test with score of 3 reps in 30 sec, 5 reps to max fatigue.</p> <p>Pt amb level surfaces 90' with RW with SUP with flex posture with thoracic kyphosis and head down position, decreased step length, continuous steps, and min sway with turning and negotiating obstacles. Pt with TUG score 44 sec with RW (was 48 on initial eval). Pt amb up/down 4 stairs with 2 rails with CGA with very slow pace, non reciprocal pattern, and increased pulling up on rails.</p> <p>BARRIERS/CHALLENGES: COPD, DM, CKD3, CHF, poly neuropathy, polymalgia rheumatica</p> <p>SKILL/REASON FOR CONTINUED SERVICE: Pt is a 102 yo female referred to home PT following hospitalization for fall, skin tear, and increased weakness with decline in strength and ability to safely ambulate. Pt continues to progress slowly and steadily with home PT at this time. Pt has now progressed to ambulating up to 90' with rolaltor with SUP, and initiated stair training with 2 rails, however, has not yet met goals for IND in home. Pt has not yet achieved goals, and requires continued home PT at this time. Anticipate continued home PT 3-4 weeks in order to achieve goals. Without skilled home PT services, pt is at significant risk for falls with injury, increased dependence upon caregiver, and decreased quality of life. PT is expected to improve pt mobility and ambulation to PLOF. Pt in agreement with plan for skilled PT 1x/week.</p> <p>HOMEBOUND: Pt is homebound secondary to severe pain with attempts to leave home, increased unsteadiness with transfers and ambulation and requires RW and assist of 1 to leave home, unable to perform stairs safely without assist, and increased risk for falls with uneven surfaces related to recent hospitalization.</p> <p>24/7 CNHC availability and red flags reviewed</p> <p>ESTIMATED # VISITS: 3-4 weeks</p> <p>ADJUSTMENT TO THE POC: progress transfer and gait training level and uneven surfaces, progress stair training, progress HEP, and complete d/c teaching.</p> <p>POC REVIEW: Plan of care reviewed with patient, who verbalizes understanding and agrees to</p>

	continue to participate.
	PROGNOSIS: good
Clinician's Signature and Date	Jason Hamel PT-MA Lic# 12095 *E-Signature* 07/02/2025 @ 04:27 PM VO Date 07/02/2025 04:27 PM
Orders for Discipline and Treatments	SN: Daily home monitoring of blood pressure.. Daily home monitoring of heart rate.. Home monitoring via HRS telehealth monitoring system.
Goals/Rehabilitation Potential/Discharge Plans	SN Goals: As a result of telehealth, patient will be able to: Understand disease process and verbalize symptoms to report to physician, maintain weight and/or vital signs within normal range, demonstrate understanding of medication regimen.. Improvement in selfmanagement of chronic disease.
Clinician's Signature and Date	Heidi Gonsalves LPN *E-Signature* 07/02/2025 @ 12:25 PM / Kathy Lee Rodrigues RN *E-Signature* 07/03/2025 @ 08:05 AM VO Date 07/02/2025 12:25 PM

Physician's Signature **X**

Date **X**

Christine A Will, MD

Date HHA Received Signed POT (Sent 7/8/2025 11:08 AM)