

Community Nurse Inc 62 Center Street Fairhaven, MA 02719 (508) 992-6278 Fax (508) 997-3091 **INTERIM ORDERS** 

Send To			Primary Physician
Shan Qin, MD Hawthorn Medica 531 Faunce Corn Dartmouth, MA 0 (508) 996-3991 I	er Rd		Shan Qin, MD Hawthorn Medical Associates 531 Faunce Corner Rd Dartmouth, MA 02747 (508) 996-3991 Fax (508) 961-0876
Medical Record No.	Insurance	Start of Care	Certification Period
5915015	Medicare	06/06/2025	06/06/2025 Through 08/04/2025
Patient		DOB	Sex
Fawcett, Suzanne B 1481 Phillips Rd Apt 1106		12/08/1939	F

<b>Orders for Discipl</b>	ine and			
Treatments				

New Bedford, MA 02745

PT:

d/c Transfer Training. d/c Teach Home Safetyd/c , Positioning to Prevent Injuryd/c , PT/SO Safe Bed Mobility

## Goals/Rehabilitation Potential/Discharge Plans

PT Goals: d/c Short Term Goal: Independent Pain Management within cert period. d/c Short Term Goal: Independent Safe Bed Mobility within cert period. d/c Short Term Goal: Patient/SO will be knowledgeable with edema management techniques within cert period. d/c Long Term Goal: The patient will demonstrate improved functional lower extremity strength by improving 30 second sit to stand score to 6 to allow patient to decrease fall risk within cert period. d/c Patient Stated Personal Goal- Short Term Goal: Pt agrees to complete daily HEP and ambulation program x2 weeks to improve LE strength and return to an independent level in the home setting within cert period

## **Clinical Summary**

CURRENT LEVEL OF FUNCTION: Pt is improving with skilled PT services and has been free from falls. She is making progress toward all goals. Pt has returned to an independent level of bed mobility, transfers and household ambulation without AD. Pt ambulates outdoors with a SC and Supervision. She performs stairs with Supervision for safety with non recip pattern.

BARRIERS/CHALLENGES: Pt continues below her previous baseline level and continues to demonstrate decreased strength, balance, and endurance. She will benefit from continued gait training outdoors for improved safety and continued balance training.

SKILL/REASON FOR CONTINUED SERVICE: Skilled PT services are necessary to continue in order to address the endurance, strength, balance, gait and safety deficits, in order for pt to return to PLOF. Without PT services, the patient is at a significant risk for falls with injury, decreased quality of life and increased dependence on caregivers for mobility. This would result in a decreased quality of life. PT services are expected to improve the patients mobility to return to PLOF and decrease risk of falls.

HOMEBOUND: Pt is currently homebound at this time as it is a taxing effort for pt to safely leave their home due to the above impairments, placing them at an increased risk of falls.

24/7 CNHC availability and red flags reviewed

DISCHARGE PLANNING: 3 weeks

ADJUSTMENT TO THE POC: Updated PT POC; continue 1x/wk

POC REVIEW: Plan of care reviewed with Patient, who verbalizes understanding and agrees to continue to participate.
Richard C Landis, PT

## Clinician's Signature and Date

Richard Landis PT-MA Lic# 17803 \*E-Signature\* 07/02/2025 @ 02:50 PM VO Date 07/02/2025 02:50 PM

Medications (Dose/Frequency/Route) Goals/Rehabilitation Potential/Discharge Plans carvedilol 6.25 milligram oral 2 times a day pm

Clinician's Signature and Date	Kimberly Nascimento RN *E-Signature* 07/01/2025 @ 03:08 PM VO Date 07/01/2025 03:07 PM
Medications (Dose/Frequency/Route)	carvedilol 6.25 milligram oral once a day pm DC Ordered By: Qin, Shan MD (Nephrology), 7/1/2025 d/c Metoprolol Succinate ER 100 mg tablet, extended release 1 tablets oral once a day pm DC Ordered By: Qin, Shan MD (Nephrology), 6/30/2025
Goals/Rehabilitation Potential/Discharge Plans	
Clinician's Signature and Date	Tanya Sherman RN *E-Signature* 06/30/2025 @ 04:58 PM VO Date 06/30/2025 04:58 PM

## Physician's Signatureold X

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Shan Qin, MD

Date HHA Received Signed POT (Sent 7/8/2025 10:56 AM)