



HW485011L6J1KKH611LM

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INTERIM ORDERS

Send To Christine A Will, MD Hawthorn Medical Associates 531 Faunce Corner Rd. North Dartmouth, MA 02747 (508) 996-3991 Fax (508) 961-2535		Primary Physician Christine A Will, MD Hawthorn Medical Associates 531 Faunce Corner Rd. North Dartmouth, MA 02747 (508) 996-3991 Fax (508) 961-2535	
Medical Record No.	Insurance	Start of Care	Certification Period
4532011	Tufts Health Plan Medicare Preferred	06/06/2025	06/06/2025 Through 08/04/2025
Patient Burt, Helen L 9 Wildrose Ln Acushnet, MA 02743		DOB 11/29/1936	Sex F

Orders for Discipline and Treatments	PT: Coordination/Balance Activities
Goals/Rehabilitation Potential/Discharge Plans	PT Goals: Long Term Goal: Patient will achieve TUG score of less than 15 seconds in order to demonstrate decreased fall risk/ improved balance to allow pt to safely ambulate 300 ft on varying surfaces supervision / indep w/ rollator to attend medical appointments within cert period. Patient Stated Personal Goal- Long Term Goal: I want to be able to manage walking in the driveway / and culdesac within cert period
Clinical Summary	<p>Functional Assessment</p> <p>CURRENT LEVEL OF FUNCTION:</p> <p>Mrs. Burt is being seen for functional reassessment and is making steady gains with PT. She initially was placed on home PT per PCP referral due to decreased activity tolerance, pain, functional decline, and issues with swallowing due to essential tremors and history of falls. She has participated in two PT sessions since eval and demonstrates improved lower extremity strength allowing for independent sit-to-stand transfers from various surfaces to include bed , liftrecliner, and toilet. She does require supervision with sit-to-stand transfer from Rollator to maximize safety. She has been without falls since PT eval and demonstrates TUG test today of 21.48 seconds with Rollator and reports she remains fearful of falling. She demonstrates independent bed mobility w/ 0/10 pain . Mrs Burt is able to demonstrate INDEP gait with Rollator in home approximately 100 ft due to education regarding gait quality and adjustment of height of Rollator allowing for improved posture and tolerance. SHe does continue w/ R hip / glutes pain impacting her stability in gait . She remains motivated and receptive to be as independent as possible, expressing a new goal of wanting to be able to ambulate outside on the driveway and around the culdesac with Rollator. She remains below her baseline.</p> <p>BARRIERS/CHALLENGES:</p> <p>Diabetes, neuropathy, advanced age, sciatic pain in right lower extremity.</p> <p>SKILL/REASON FOR CONTINUED SERVICE:</p> <p>Continued skilled PT to progress individualized home exercise program and stretching program to reduce right sciatic pain, therapeutic activities to increase functional independence, monitor CP status in response to functional mobility, gait training on various surfaces, community re-entry, stair training, and DC planning. Mrs. Burt's goal remains to be as independent as possible, to be able to walk outside on her own w/ rollator and to continue with speech therapy so she does not choke. Without continued skilled PT, she is at risk of falls, decreased quality of life, increased dependence on caregiver, and hospitalization. PT is expected to improve patient's mobility in ambulation.</p> <p>HOMEBOUND:</p> <p>Mrs. Burt demonstrates unsteady gait due to impaired balance, decreased strength, impaired endurance due to diabetes with neuropathy, tremors, history of falls, and generalized deconditioning. She fatigues with minimal activity, requires assistance of one person and Rollator to safely exit her home, manage the door, manage outdoor terrain, and for car</p>

transfers.

24/7 CN availability and red flags reviewed

DISCHARGE PLANNING: 3-4 more weeks

ADJUSTMENT TO THE POC: Continue with established POC, goals reviewed and updated.

POC REVIEW: Plan of care reviewed with Mrs. Burt, who verbalizes understanding and agrees to continue to participate. PT updated PTA Cheryl regarding plan of care and DC plan.

Stephanie Duprey PT

Clinician's Signature and Date

Stephanie A Duprey PT-MA Lic# 11339 *E-Signature* 07/01/2025 @ 03:58 PM VO Date 07/01/2025 03:57 PM

Physician's Signature **X**

Date **X**

Christine A Will, MD

Date HHA Received Signed POT

(Sent 7/8/2025 11:08 AM)