

OT Evaluation : 05/23/2025 (1288820672)

Freitas, Jacinto (MA250319054101)

Date of Birth: 05/14/1941

☐ Patient identity confirmed

Time In: 10:00

Time Out: 10:30

Visit Date: 05/23/2025

Nightingale Visiting Nurses

125 County ST.

Taunton , MA 02780

Phone: (508) 967-0761

Fax: (508) 967-0767

Diagnosis / History

Medical Diagnosis:

OT Diagnosis: muscle weakness

Relevant Medical History:

Pt is an 83 year old male who presents today for OT eval following hospitalization and STR-stay secondary to FALL resulting in DISPLACED INTERTROCHANTERIC FRACTURE OF RIGHT FEMUR, SUBSEQUENT ENCOUNTER FOR CLOSED FRACTURE WITH ROUTINE HEALING. Pt's PMH includes: ACQUIRED ABSENCE OF OTHER SPECIFIED PARTS OF DIGESTIVE (Continued)

Prior Level of Functioning:

mod i for self care tasks, adls, iadls

Patient's Goals:

i want to be independent again

Precautions: FALL RISK

Homebound?

☐ No

☒ Yes

For a patient to be eligible to receive covered home health services under both Part A and Part B, the law requires that a physician certify in all cases that the patient is confined to his/her home. For purposes of the statute, an individual shall be considered "confined to the home" (homebound) if the following two criteria are met:

Criteria One:

☒ Patient is confined because of illness, needs the aid of supportive devices such as crutches, canes, wheelchairs, and walkers; the use of special transportation; or the assistance of another person in order to leave their place of residence.

AND/OR

☐ Patient has a condition such that leaving his or her home is medically contraindicated.

Specify:

If the patient meets one of the criterion one conditions, then the patient must ALSO meet two additional requirements defined in criterion two below.

Criteria Two:

☒ Patient has a normal inability to leave home.

AND

☐ Leaving home requires a considerable and taxing effort for the patient.

Specify:

Social Supports / Safety Hazards

Patient Living Situation and Availability of Assistance

Patient lives: With other person(s) in the home

Assistance is available: Around the clock

Current Types of Assistance Received

Safety / Sanitation Hazards

☒ No hazards identified

☐ Steps / Stairs:

☐ Narrow or obstructed walkway

☐ Cluttered / soiled living area

Other:

☐ No running water, plumbing

☐ Lack of fire safety devices

☐ Inadequate lighting, heating and/or cooling

☐ Insect / rodent infestation

☐ No gas / electric appliance

☐ Pets

☐ Unsecured floor coverings

Evaluation of Living Situation, Supports, and Hazards

patient lives in a single family home but does not ascend or descend stairs.

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Vital Signs

Page 1 of 5
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Physician: Dr. Mistikawy, Hany A.

Clinician: Agency, Clinician

Signature:



Signature:

Date: 6/3/2025

Date: 5/30/2025

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Temperature:

Taken:

BP:Prior 128 / 76
Post /*Position**Side***Heart Rate:**Prior 78
Post**Respirations:**Prior
Post**O2 Sat:**Prior 98
Post*Room Air / Rate*via
via*Route*

Comments:

Physical Assessment**Speech:**

WNL

Vision:

WNL

Hearing:

WNL

Edema:**Oriented:**

✓ Person ✓ Place ✓ Time

Muscle Tone:

Good

Coordination:

Good

Sensation:

Good

Endurance:

Fair

Posture:

Good

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Evaluation of Cognitive and/or Emotional Functioning

A + 0 x 4 pleasant and cooperative

Pain Assessment

☐ No Pain Reported

Location Intensity (0-10) Location Intensity (0-10)

Primary Site: R LE

Increased by: ambulation

Secondary Site:

Relieved by: rest

Interferes with:fxnl mobility and self care tasks

ROM / Strength

Part	Action	ROM		Strength		Part	Action	ROM		Strength	
		Right	Left	Right	Left			Right	Left	Right	Left
Shoulder	Flexion	WFL	WFL	4	4	Forearm	Pronation	WFL	WFL	4	4
	Extension	WFL	WFL	4	4		Supination	WFL	WFL	4	4
	Abduction	WFL	WFL	4	4	Wrist	Flexion	WFL	WFL	4	4
	Adduction	WFL	WFL	4	4		Extension	WFL	WFL	4	4
	Int Rot	WFL	WFL	4	4		Radial Deviation	WFL	WFL	4	4
	Ext Rot	WFL	WFL	4	4	Finger	Ulnar Deviation	WFL	WFL	4	4
Elbow	Flexion	WFL	WFL	4	4		Grip	WFL	WFL	4	4
	Extension	WFL	WFL	4	4		Flexion	WFL	WFL	4	4
	Supination	WFL	WFL	4	4		Extension	WFL	WFL	4	4

Comments:

Functional Assessment

Independence Scale Key Dep Max Assist Mod Assist Min Assist CGA SBA Supervision Ind with Equip Indep

Balance

✓ Able to assume / maintain midline orientation

Sitting Static: Good Dynamic: Good

Standing Static: Fair Dynamic: Fair

Deficits Due To / Comments:

Self Care Skills

Assist Level Assistive Device

Toileting / Hygiene

S

Oral Hygiene

S

Grooming

S

Shaving

Bathing

MIN A

Dressing:

Upper Body

S

Lower Body

MIN A

Manipulation of Fasteners

MOD I

Socks & Shoes

MIN A

Feeding

Swallowing

Deficits Due To / Comments:

Patient presents with decreased strength, standing balance, activity (Continued)

Bed Mobility

Assist Level

Rolling MOD I

✓ L ✓ R Assistive Device

Supine - Sit MOD I

Sit - Supine MOD I

Deficits Due To / Comments:

Transfer

Assist Level

Assistive Device

Sit - Stand mod i

rw

Stand - Sit mod i

rw

Bed - Chair mod i

rw

Chair - Bed mod i

rw

Toilet or BSC mod i

rw

Shower cga

Tub

Car / Van

Deficits Due To / Comments:

Patient presents with decreased strength, standing balance, activity (Continued)

Instrumental ADLs

Assist Level Assistive Device

Light Housekeep

MOD A

Light Meal Prep

Clothing Care

MOD I

Use of Telephone

Manage Money

Manage Medication

Home Safety Awareness

Deficits Due To / Comments:

FAMILY ASSISTS PT WITH IADLs

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Functional Assessment (Continued)

Independence Scale Key **Dep** **Max Assist** **Mod Assist** **Min Assist** **CGA** **SBA** **Supervision** **Ind with Equip** **Indep**

Motor Coordination

Prior to Injury
Dominance

☒ Right handed ☐ Left handed

Deficits Due To

Fine Motor
Gross Motor
Comments:

WNL
WNL

Cognitive Status / Perception

Memory: Short Term
Memory: Long Term
Safety Awareness
Judgment
Visual Comprehension
Auditory Comprehension
Stereognosis
Spatial Awareness
Ability to Express Needs
Attention Span
Comments:

WNL
WNL
Impaired
WNL
WNL
WNL
WNL
WNL
WNL
WNL

Deficits Due To

Evaluation and Testing Description:

DME

Available

☐ Wheelchair ☒ Walker ☐ Hospital Bed ☐ Bedside Commode ☐ Raised Toilet Seat ☐ Tub / Shower Bench
☐ Splints ☐ Cane ☐ Reacher ☐ Sock Donner ☐ Dressing Stick ☒ Shower Chair
☐ Long-Handled Sponge

Other:

Needs

Evaluation Assessment

Evaluation Assessment Summary

Pt is an 83 year old male who presents today for OT eval following hospitalization and STR-stay secondary to FALL resulting in DISPLACED INTERTROCHANTERIC FRACTURE OF RIGHT FEMUR, SUBSEQUENT ENCOUNTER FOR CLOSED FRACTURE WITH ROUTINE HEALING. Pt's PMH includes: ACQUIRED ABSENCE OF OTHER SPECIFIED PARTS OF DIGESTIVE TRACT (Z90.49), PERSONAL HISTORY OF MALIGNANT NEOPLASM OF BLADDER (Z85.51), TOBACCO USE (Z72.0), BENIGN PROSTATIC HYPERPLASIA WITHOUT LOWER URINARY TRACT SYMPTOMS (N40.0), DISPLACED (Continued)

Functional Limitations

☒ Decreased ROM / Strength
☒ Decreased Transfer Ability
Comments:

☒ Impaired Balance / Gait
☒ Decreased Bed Mobility

☒ Increased Pain
☒ Decreased Self-Care

☒ Decreased Endurance
☒ Poor Safety Awareness

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Treatment Goals and Plan

Refer to last page for patient goal and intervention documentation.

Comments:

Care Coordination

Conference with:

☒ PT ☒ PTA ☐ OT ☒ COTA ☐ ST ☐ SN ☐ Aide ☐ Supervisor Other:

Name(s): Connie marques

Regarding: ot poc and goals

☒ Physician Notified Re: Plan of Care, Goals, Frequency, Duration and Direction

Other Discipline Recommendations: ☐ PT ☐ ST ☐ MSW ☐ Aide Other:

Reason:

Statement of Rehab Potential

good due to pt motivated to return to plof

Treatment / Skilled Intervention This Visit

ot eval

Discharge Plan

☒ To self care when goals met

☒ To self care when max potential achieved

☐ To outpatient therapy with MD approval

☐ Other:

Therapist Signature (MELLO , JESSICA) & Date of Verbal Order for Start of OT Treatment

Digitally Signed by: JESSICA MELLO , OT

Date

05/23/2025

Physician Name

HANY MISTIKAWY MD

Physician Phone: (508) 679-2265

Physician FAX: (508) 646-0586

Physician Signature

Date

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Treatment Goals and Plan Audits

Goal Summary

Unmet Goals (4)

(FT) Patient will perform shower level tasks with mod i with good safety tech utilizing tub transfer bench and grab bars within 8 weeks **Goal Term:** long **Target Date:** 07/18/25

(FT) Patient will be independent with use of ECT to improve functional activity tolerance as evidenced by BORG <4/10 during toileting tasks within 8 weeks **Goal Term:** long **Target Date:** 07/18/25

(FT) Patient will increase Barthel index score to 80/100 indicating increased independence with self care tasks and IADLs **Goal Term:** long **Target Date:** 07/18/25

(FT) Patient will perform grooming tasks with mod i while standing at sink >10 minutes with no reports of fatigue within 8 weeks **Goal Term:** long **Target Date:** 07/18/25

Goals and Interventions Updated This Visit

Goals Added (4)

(FT) Patient will perform grooming tasks with mod i while standing at sink >10 minutes with no reports of fatigue within 8 weeks **Target Date:** 07/18/25 **Goal Term:** long

(FT) Patient will increase Barthel index score to 80/100 indicating increased independence with self care tasks and IADLs **Target Date:** 07/18/25 **Goal Term:** long

(FT) Patient will be independent with use of ECT to improve functional activity tolerance as evidenced by BORG <4/10 during toileting tasks within 8 weeks **Target Date:** 07/18/25 **Goal Term:** long

(FT) Patient will perform shower level tasks with mod i with good safety tech utilizing tub transfer bench and grab bars within 8 weeks **Target Date:** 07/18/25 **Goal Term:** long

Interventions Added (4)

(FT) Occupational therapy to provide gross motor control activities and therapeutic activities that facilitate large muscle movements, mobility, strength and dexterity required for ADL and IADL tasks

(FT) occupational therapy to provide ADL retraining focused on safety cues, environmental modifications, compensatory strategies to address decreased independence with self care tasks Relevant Medical History

(FT) Occupational therapy to provide education on energy conservation techniques to improve functional activity tolerance during functional tasks

(FT) Occupational therapy to provide neuro reeducation and balance challenges to improve static and dynamic standing balance to restore independence and reduce risk of falls

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Relevant Medical History

TRACT(Z90.49), PERSONAL HISTORY OF MALIGNANT NEOPLASM OF BLADDER(Z85.51), TOBACCO USE(Z72.0), BENIGN PROSTATIC HYPERPLASIA WITHOUT LOWER URINARY TRACT SYMPTOMS(N40.0), DISPLACED INTERTROCHANTERIC FRACTURE OF RIGHT FEMUR, SUBSEQUENT ENCOUNTER FOR CLOSED FRACTURE WITH ROUTINE HEALING(S72.141D), DIFFICULTY IN WALKING, NOT ELSEWHERE CLASSIFIED(R26.2), MUSCLE WEAKNESS (GENERALIZED)(M62.81), PRESENCE OF RIGHT ARTIFICIAL HIP JOINT(Z96.641), FALL (ON) (FROM) OTHER STAIRS AND STEPS, SUBSEQUENT ENCOUNTER(W10.8XXD), UNSPECIFIED ATRIAL FIBRILLATION (I48.91), ATHEROSCLEROTIC HEART DISEASE OF NATIVE CORONARY ARTERY WITHOUT ANGINA PECTORIS(I25.10), CALCULUS OF BILE DUCT WITH ACUTE CHOLANGITIS WITH OBSTRUCTION(K80.33), ATHEROSCLEROSIS OF NATIVE ARTERIES OF EXTREMITIES WITH REST PAIN, RIGHT LEG(I70.221), PERIPHERAL VASCULAR DISEASE, UNSPECIFIED(I73.9), CHRONIC OBSTRUCTIVE PULMONARY DISEASE, UNSPECIFIED(J44.9), HYPERLIPIDEMIA, UNSPECIFIED(E78.5), PERIPHERAL VASCULAR ANGIOPLASTY STATUS WITH IMPLANTS AND GRAFTS(Z95.820), SYNCOPE AND COLLAPSE(R55), CHRONIC SYSTOLIC (CONGESTIVE) HEART FAILURE(I50.22), TYPE 2 DIABETES MELLITUS WITH DIABETIC PERIPHERAL ANGIOPATHY WITHOUT GANGRENE(E11.51), PRIMARY PULMONARY HYPERTENSION(I27.0).

Transfer - Deficits Due To / Comments

tolerance and safety impacting pts ability to perform fxnl transfers and self care tasks.

Self Care Skills - Deficits Due To / Comments

tolerance and safety impacting pts ability to perform fxnl transfers and self care tasks.

Evaluation Assessment Summary

INTERTROCHANTERIC FRACTURE OF RIGHT FEMUR, SUBSEQUENT ENCOUNTER FOR CLOSED FRACTURE WITH ROUTINE HEALING(S72.141D), DIFFICULTY IN WALKING, NOT ELSEWHERE CLASSIFIED(R26.2), MUSCLE WEAKNESS (GENERALIZED)(M62.81), PRESENCE OF RIGHT ARTIFICIAL HIP JOINT(Z96.641), FALL (ON) (FROM) OTHER STAIRS AND STEPS, SUBSEQUENT ENCOUNTER(W10.8XXD), UNSPECIFIED ATRIAL FIBRILLATION (I48.91), ATHEROSCLEROTIC HEART DISEASE OF NATIVE CORONARY ARTERY WITHOUT ANGINA PECTORIS(I25.10), CALCULUS OF BILE DUCT WITH ACUTE CHOLANGITIS WITH OBSTRUCTION(K80.33), ATHEROSCLEROSIS OF NATIVE ARTERIES OF EXTREMITIES WITH REST PAIN, RIGHT LEG(I70.221), PERIPHERAL VASCULAR DISEASE, UNSPECIFIED(I73.9), CHRONIC OBSTRUCTIVE PULMONARY DISEASE, UNSPECIFIED(J44.9), HYPERLIPIDEMIA, UNSPECIFIED(E78.5), PERIPHERAL VASCULAR ANGIOPLASTY STATUS WITH IMPLANTS AND GRAFTS(Z95.820), SYNCOPE AND COLLAPSE(R55), CHRONIC SYSTOLIC (CONGESTIVE) HEART FAILURE(I50.22), TYPE 2 DIABETES MELLITUS WITH DIABETIC PERIPHERAL ANGIOPATHY WITHOUT GANGRENE(E11.51), PRIMARY PULMONARY HYPERTENSION(I27.0).
Pt was seen this day for ot eval in new certification. Patient has made good progress with skilled ot services since soc. Patient presents with increased strength, standing balance and activity tolerance increasing pts ability to perform fxnl transfers and self care tasks. Although pt has made good progress cont services warranted to cont to increase independence and safety in the home.
CLOF: B UE shoulder AROM wfl 4-/5 from 3+/5 impacting pts ability to perform fxnl transfers and self care tasks. Patient ambulates with use of RW with fair + from fair - dynamic standing balance, increasing risk of falls. Patient requires multiple rests during fxnl tasks due to decreased activity tolerance. Patient requires seated rest after 5 minutes from 3 minutes of standing. MIN A to perform LB self care tasks and light meal prep tasks. Patient requires cues for safety and tech during self care tasks and IADLs. Barthel index score 60/100 indicating decreased independence with self care tasks. Recommending skilled OT services to address above impairments and to return to ploff.
Patient presents with decreased strength, standing balance, activity tolerance and safety impacting pts ability to perform fxnl transfers and self care tasks. Patient would benefit from skilled ot services including b ue therex, theract, neuro re-ed, adl retraining, and edu to increase pts safety and independence in the home, decreasing risk of falls.

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