PT Evaluation: 05/21/2025 (1287641024)

Finch, Darwin (MA210304014206)

Date of Birth: 01/21/1942 Patient identity confirmed

Time Out: 15:05 Visit Date: 05/21/2025 Time In: 14:30

Diagnosis / History

Medical Diagnosis: Alzheimers disease

Weakness PT Diagnosis:

Relevant Medical History:

Patient is 83 year old male referred to physical therapy to address physical deconditioning post hospitalization due to sepsis. Pmhx includes alzheimers, CAD, DM, HTN, GERD, OA.

Prior Level of Functioning:

independent with all mobility including ambulation and adls.

Patient's Goals:

to regain strength and avoid rehospitalization

dementia, falls Precautions:

Homebound?

☐ No ✓ Yes

For a patient to be eligible to receive covered home health services under both Part A and Part B, the law requires that a physician certify in all cases that the patient is confined to his/her home. For purposes of the statute, an individual shall be considered "confined to the home" (homebound) if the following two criteria are met:

Criteria One:

✓ Patient is confined because of illness, needs the aid of supportive devices such as crutches, canes, wheelchairs, and walkers; the use of special transportation; or the assistance of another person in order to leave their place of residence.

☐ Patient has a condition such that leaving his or her home is medically contraindicated.

If the patient meets one of the criterion one conditions, then the patient must ALSO meet two additional requirements defined in criterion two below.

Criteria Two:

Patient has a normal inability to leave home.

AND✓ Leaving home requires a considerable and taxing effort for the patient.

Patient is homebound due to decreased strength and endurance, requires assistance of 1 person and device to leave home due to high fall risk due to pain, balance issues and weakness.

Finch, Darwin (MA210304014206)

Page 1 of 7

Nightingale Visiting Nurses

125 County ST. Taunton , MA 02780 Phone: (508) 967-0761 Fax: (508) 967-0767

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Physician: Dr. Nakda, Joseph Clinician: Clinician, Agency

Signature:

Signature:

Date: 6/2/2025

Date: 5/30/2025

Social Supports / Safety Hazards Patient Living Situation and Availability of Assistance Patient Living Situation and Availability of Assistance Patient Living Situation Received Parity Assist as needed, Considered is ECA. Safety / Saniton Hazards No Inspect site of Assistance Received Parity Assist as needed, Considered is ECA. No received for the Safety Assistance Assistance Received Parity Assist as needed, Considered is ECA. No received for the Safety Assistance Assistance Received Parity Assistance Received No parity Assistance Received Parity Assistance Received No parity Assistance Received No par	PT Evaluation : 0	5/21/2025	١					
Patient Living Situation and Availability of Assistance Patient lives: Alone Assistance is available: Occasional / short-term assistance Current Types of Assistance Received family assist as needed. Grandson is PCA. Safety / Sanitation Hazards No hazards identified Steps / Stairs: 5 No running water, plumbing Lack of fire safety devices Inadequate lighting, heating and/or cooling Cluttered / soiled living area Other: Evaluation of Living Situation, Supports, and Hazards Patient lives with daughter in 1F apt housing. Vital Signs Temperature: 97.8 Taken: Temporal BP: Position Side Heart Rate: Respirations: O2 Sat: Room Air / Rate Route Prior 106 / 60 Lying Left Prior 68 Prior 16 Prior 95 Room Air via Post / Post Post Post Post Via Comments: Subjective Information Patient noted with significant decline. CG agreeable to continue physical therapy to improve functional	Finch, Darwin (MA210304014206) Social Supports / Safety Hazards							
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Physician: Dr. Nakda, Joseph Clinician: Clinician, Agency

Signature:

Signature:

Date: 5/30/2025

PT Evaluati Finch, Darwin (on : 05/21/2025 MA210304014206)				
Physical Ass					
	Level		Fur	nctional Impact	
Orientation:	Impairment present.				
Speech:	Impairment present but not impacting functional ability.				
Vision:	Within normal limits.				
Hearing:	Impairment present.				
Skin:	Impairment present but not impacting functional ability.				
Muscle Tone:	Impairment present but not impacting functional ability.				
Coordination:	Impairment present.				
Sensation:	Impairment present but not impacting functional ability.				
Endurance:	Impairment present.				
Posture:	Impairment present but not impacting functional ability.				
Edema ✓ Absent □ Present					
Pain Assessm ☐ No Pain Rep	orted	Internative (0.40)		Lacation	Internative (0.40)
Primary Site: Increased by:	Location L elbow denies pain	Intensity (0-10)	Secondary Site:	Location	Intensity (0-10)
Relieved by:					
Interferes with:					

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Signature:

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Date: 5/30/2025

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Physician: Dr. Nakda, Joseph Clinician: Clinician, Agency

Signature:

Signature:

Date: 6/2/202

Date: 5/30/2025

PT Evaluation : 05 Finch, Darwin (MA210							
Transfer			Wheelch	air Mobility			
Sit - Stand Stand - Sit Bed - Wheelchair Wheelchair - Bed Toilet or BSC	Assist Level Max A Max A	Assistive Device	Level	sist Level Unler		Maneuve	Assist Level
Tub or Shower Car / Van Factors Contributing to weakness, dementia		ment:	Weight B	earing Status			
weaminess, asmensia			Balance				
DME			✓ Able to	assume midline maintain midline Maintain p Attain pos	orientation		
Available	/alker ✓ Hospita	ıl Bed ✓ Bedside Co	ommode	☐ Raised Toile	t Seat 🔹	✓ Tub / Shov	ver Bench
Needs							
Clinical Statement Patient is 83 year due to sepsis. Pmhi family assisting withis assessment, pa balance impaired, w	of Assessmen old male refer includes alzh ith adls, iadls itient transfer nable to test.	t Findings and Record to physical ther primers, CAD, DM, HTN. PLOF was independe with max assist wi Patient with (Conti	emmendatic apy to addre , GERD, OA. nt with all th extra tir nued)	ess physical d Patient lives mobility incl ne. He is unab	deconditionis with daugh uding ambul le to walk	ng post ho ter in 1f ation and this visit	spitalization housing apt, adls. CLOF. Dynamic Dynamic

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Physician: Dr. Nakda, Joseph Clinician: Clinician, Agency

Signature:

Signature:

Date: 5/30/2025

PT Evaluation : 05/21/2025 Finch, Darwin (MA210304014206)	
Treatment Goals and Plan	
Refer to last page for patient goal and intervention documentation.	
Comments:	
Care Coordination	
Conference with: ☐ PT	
Name(s): Jordan Regarding: POC, goals	
✓ Physician Notified Re: Plan of Care, Goals, Frequency, Duration and Direction	
Other Discipline Recommendations: ☐ OT ☐ ST ☐ MSW ☐ Aide Other: Reason:	
Statement of Rehab Potential	1
This patient has the potential to benefit from interventions provided by physical therapy	
✓ Yes □ No	
Treatment / Skilled Intervention This Visit	
✓ Completion of the evaluation and development of the plan of care	
☐ Other	
Discharge Plan ✓ To self care when max potential achieved □ To outp □ Other:	patient therapy with MD approval
Therapist Signature (BERNARDO , ROCHELLE) & Date of Verbal Order for Start of PT	Date
Treatment	OF /31 /303F
Digitally Signed by: ROCHELLE BERNARDO , PT	05/21/2025
	Physician Phone: (508) 679-1906 Physician FAX: (508) 673-6630
Digitally Signed by: ROCHELLE BERNARDO , PT Physician Name	Physician Phone: (508) 679-1906
Physician Name JOSEPH NAKDA M.D.	Physician Phone: (508) 679-1906 Physician FAX: (508) 673-6630
Physician Name JOSEPH NAKDA M.D.	Physician Phone: (508) 679-1906 Physician FAX: (508) 673-6630
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Signature:

Signature:

Date: 5/30/2025

PT Evaluation : 05/21/2025 Finch, Darwin (MA210304014206)
Treatment Goals and Plan Audits
<u>Goal Summary</u>
Unmet Goals (4)
Patient will demonstrate compliance with home exercise program and improvement to BLE strength and dynamic balance to return to PLOF. Goal Term: long Target Date: 06/12/25
Patient will improve gait capacity as evidenced by the ability to ambulate with walker steadily for >200 feet to allow patient to access bedroom/bathroom and exit home for MD appts within 8 weeks. Goal Term: long Target Date: 06/12/25
Patient will improve dynamic balance as evidenced by the tinetti score from 14/28 to >20/28 to allow patient to perform all functional mobility and ADLs safely with decrease risk of fall. Goal Term: long Target Date: 06/12/25
Patient will have no falls during the episode of care Goal Term: long Target Date: 06/12/25

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Signature:

Signature:

Date: 5/30/2025

Clinical Statement of Accessment Findings and Becommendations
Clinical Statement of Assessment Findings and Recommendations
decreased functional endurance requires cues for pacing and longer rest periods due to easy fatigability. Patient is homebound due to decreased strength and endurance, requires assistance of 2 person and device to leave home due to high fall risk due to pain, balance issues and weakness.
decreased functional endurance requires cues for pacing and longer rest periods due to easy fatigability. Patient is homebound due to decreased strength and endurance, requires assistance of 2 person and device to leave home due to high fall risk due to pain, balance issues and weakness. Skilled physical therapy necessary to provide functional mobility training, endurance training and teaching on home safety and fall prevention. Skilled Physical Therapy to instruct patient in mobility safety training to include body mechanics, strengthening exercises, ambulation, correct posture, bed mobility, proper transfer techniques. Patient with good rehab potential to meet goal of increasing strength and walk safely again. Patient and CG in agreement with PT POC.
I Finch, Darwin (MA210304014206)

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Physician: Dr. Nakda, Joseph Clinician: Clinician, Agency

Signature:

Signature:

Date: 6/2/202

Date: 5/30/2025

Electronically signed by Dr. Nakda, Joseph on 6/2/2025

PT Evaluation Addendum Page : 05/21/2025