

Policy on Sports Credits

dated: 4th July, 2018

As part of the 12 credits allocated for SAVE (Sports, Arts and Value Education) from Monsoon Semester 2018–2019, the following policies shall be applicable for the “Sports Credits” (4 credits).

1. A total of 4 credits is assigned to sports credits. The credits shall be split into four parts of 1 credit each and may be taken under the following areas:

•PT/Games

•Yoga

•Martial Arts

- Every student must take 1 credit per area (1 credit of PT/Games, 1 credit of Yoga and 1 credit of Martial Arts).
- The 4th credit may be a choice from any of the three areas.
- It is recommended to do 1 credit per semester but 2 credits per semester allowed.
- A maximum of 2 sports credits may be taken in one academic year.

2. The students are strongly encouraged to finish all four credits by the end of their 4th semester.

3. If a student does not complete the Sports Credits by end of his/her fifth semester, he/she shall not be allowed to register for full academic load in the subsequent semesters till he/she finishes the Sports Credits. Further, the student shall not be allowed to graduate without completing the sports credits.

4. The Sports Credits are separate from academic credits. They are not interchangeable with academic credits and must be satisfied independently. For example, they will not be counted towards Grade Point Averages in any way and cannot be used to satisfy any minimum academic credit requirements or vice versa.

5. The grade for the course shall be given as Pass/Passed with honors/Fail (P, P* and F). The grade shall be based on attendance and other criteria established for the respective activities by Physical Education Center. A minimum of 85% attendance for boys and 80% for girls is required for passing each of the sports credits.

6. Students registering for one credit must attend three sessions per week (one hour per session) regularly throughout the semester.

7. Students who are representing the institute in various games, and who are in probable list, can avail the practice sessions towards attendance of the specific PT/Games upon approval.

8. Permission for Exemptions to the above due to health issues or any other reason must be obtained from Dean Academics.

9. Sports credits cannot be earned during the summer.

Important points

(May change from semester to semester)

Students are allowed to opt for the following as part of PT/Games:

As part of PT/Games, students are required to do General Exercise, jogging etc. (known as Physical Training) in conjunction with any one sport from the below:

Gym (Boys and Girls)
Basketball (Boys and Girls)
Football (Boys and Girls)
Badminton (only for girls)

Hockey (Boys and Girls)
Table Tennis (Boys and Girls)
Volleyball (Boys and Girls)
Throw Ball (for girls)

Maximum no. of students allowed in the above games will be announced at the beginning of each semester. Availability of a particular game may change from semester to semester. The session may be scheduled either in the morning or in the evening depending on the availability of activity in-charge.

Typical Time Slots (subject to change)

PT/Games: 6:30 a.m. to 7:30 a.m. and 5:15 p.m. to 6:15 p.m. (both sessions)

Yoga: 6:30 a.m. to 7:30 a.m. and 5:15 p.m. to 6:15 p.m. (both sessions)

Martial Arts: 6:30 a.m. to 7:30 a.m. (only morning session)

Slots per week:

Slot-1: Monday, Wednesday, Friday

Slot-2: Tuesday, Thursday, Saturday

Please note the following:

1. Primary point of contact for PT/Games and Martial Arts related issues (including requests for shifting/exemption due to health or academic reasons) is Dr K S Kamalakar. Primary contact for Yoga specific issues is Yogacharya Vinayak.

2. Number limits put are due to constraints – infrastructure capacity as well as availability of instructors. Gender preference for Badminton is offered due to limited capacity, and to provide some more suitable sports options to girls.

We hope that students will do “**Sports Credits**” with the goal of training their body/mind and improve health. These skills will serve you well through your life.

Date: 4 July 2018

**Sd/-
Dean (Academics)**