

DROWSY PREVENTION DEVICE

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Abstract

Driver drowsiness is a major contributor to road accidents. The Drowsy Prevention Device is an innovative solution designed to enhance road safety by providing real-time drowsiness detection. It utilizes an infrared (IR) eye blink sensor to monitor behavioral indicators such as eye closures and head movements. Upon detection of fatigue, the system triggers an auditory buzzer to wake the driver and prompt them to regain focus. This device provides an essential safety layer, reducing accident risks for all road users.

Introduction

Problem Statement: Driver drowsiness impairs reaction times and decision-making, leading to catastrophic road accidents. Long driving hours and monotonous journeys often result in reduced attentiveness, while traditional manual intervention methods have proven insufficient in preventing fatigue-related incidents.

Objective of the Project: The primary objective is to proactively identify and address driver fatigue in real time. The device aims to monitor eye blink patterns via sensors and use the ESP32 microcontroller to process data and trigger immediate alerts, ensuring drivers can take necessary precautions such as resting.

Literature Review

Drowsiness detection research spans physiological signals (EEG, ECG), behavioral analysis (eye blinks, head movements), and vehicle-based patterns (steering deviation). While physiological methods are highly accurate, they are often intrusive. Behavioral methods, specifically eye blink patterns using IR sensors, are non-intrusive and widely adopted for their practicality. Recent advancements emphasize the use of microcontrollers like the ESP32 for efficient real-time data processing and wireless communication.

System Architecture / Block Diagram

Sensor Module: An Eye Blink Sensor that captures data and sends signals to the microcontroller.

Processing Module: An ESP32 Microcontroller that analyzes the sensor data against predefined thresholds.

Alert Module: A Buzzer that provides an auditory warning if drowsiness is detected.

Power Module: A rechargeable battery or USB source to power all components.

Hardware Requirements

ESP32 Microcontroller: Acts as the central processing unit to analyze data and trigger alerts.

Eye Blink Sensor: Tracks blinking patterns and eye movement.

Buzzer: Serves as the primary alert mechanism.

Power Source: Provides energy through connecting wires and a battery or USB.

Software Requirements

Arduino IDE: Embedded development environment used for coding the ESP32.

Programming Language: C/C++ used to manage sensor data and buzzer outputs.

Libraries: Specialized libraries for ESP32 and sensor integration.

Working Principle

1. System Initialization: Power is supplied, and the ESP32 configures GPIO pins for input (sensor) and output (buzzer).
2. Data Acquisition: The eye blink sensor continuously monitors the user's eye movements and sends real-time signals to the ESP32.
3. Threshold Analysis: The ESP32 processes the signals, comparing the duration of eye closures against predefined safe limits.
4. Decision & Alert: If the eye remains closed beyond a set threshold, the microcontroller triggers the alert module (buzzer) to sound.

Algorithm / Flowchart

Read Signal: Get analog/digital input from the Eye Blink sensor.

Compare Patterns: If sensor data exceeds the threshold, it identifies drowsiness.

Trigger Alarm: Turn on the buzzer.

Wait & Confirm: Wait for 3 seconds; if data remains above the threshold, keep the buzzer on for 6 seconds.

Reset: If normal blinking resumes, turn off the buzzer.

Code Explanation

#define Pins: Assigns constant names like EYE_SENSOR_PIN and BUZZER_PIN to specific GPIO pins (e.g., 35 and 25).

pinMode(): Sets the sensor as INPUT and the buzzer as OUTPUT.

digitalRead(): Fetches the current binary state (HIGH/LOW) from the eye blink sensor.

if-else Logic: Checks the sensor condition (irSensorValue == LOW && eyeBlinkValue == HIGH); if true, it activates the buzzer via digitalWrite().

delay(): Pauses the program for 2 seconds while the buzzer sounds to alert the driver.

Results & Output

The prototype device successfully integrates the sensor onto a pair of glasses or a headband,

connecting to the microcontroller housed in a lightweight enclosure. Under optimal conditions, the device achieves an accuracy rate of 85% to 95% in detecting drowsiness. Time complexity remains constant for each loop iteration, ensuring real-time responsiveness.

Applications

Personal Use: Can be integrated into personal vehicles to assist individual drivers.

Commercial Transport: Beneficial for long-distance truck drivers and fleet management systems.

Wearable Safety: Can be used as a standalone wearable for diverse industrial safety environments.

Conclusion

The Drowsy Prevention Device offers a reliable, compact, and cost-effective solution to mitigate driver fatigue. By utilizing real-time monitoring and immediate auditory alerts, the system effectively encourages drivers to regain focus and take necessary breaks. Its successful implementation demonstrates that proactive technology can significantly contribute to road safety.

Future Scope

Adaptive Thresholds: Implementing algorithms that adjust based on individual blinking patterns and environmental lighting.

IoT Integration: Using Wi-Fi or Bluetooth to send emergency alerts to smartphones or fleet monitoring platforms.

Advanced Biometrics: Incorporating additional sensors like heart rate monitors or machine learning-enabled cameras for higher precision.

References

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