



TWARAN 2018

Rulebook

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TABLE OF CONTENTS

I. AIMS AND OBJECTIVES	4
II. ELIGIBILITY	5
III. SCHEDULE AND DRAWS	6
IV. TROPHIES AND CERTIFICATES	7
V. OFFICIALS FOR THE MEET	8
VI. CONDUCT / PROTEST	9
VII. DISRUPTION/POSTPONEMENT	10
VIII. EXPENSES	11
IX. GENERAL RULES	12
X. ATHLETICS	13
XI. BADMINTON	15
XII. BASKETBALL	16
XIII. CRICKET	17
XIV. FOOTBALL	19
XV. TABLE TENNIS	20
XVI. TENNIS	21
XVII. VOLLEYBALL	22
XVIII. CARROM	23
XIX. CHESS	24
XX. TRIATHALON	25
XXI. SWIMMING	26
XXIII. SQUASH	27
XXIV. TOURNAMENTS	28

TWARAN is the sports fest held around February/ March every year in the institute. Students from different institutes affiliated with MHRD take part in this track and field competition with zeal and enthusiasm. In addition to sporting glories achieved, TWARAN provides a platform for interaction of various institutes across India.

Together with academics, sports are given adequate importance at ABV-Indian Institute of Information Technology and Management, Gwalior. To encourage sporting activities, we have a full-fledged complex, and also facilities for games like Table Tennis and Badminton in each of the students' hostels. We believe it is essential to remain physically fit and alert, together with mental sharpness. In addition to a proper infrastructure, several sporting events are held throughout the year to keep students bodily engaged.

I. AIMS AND OBJECTIVES

1. The main objective of Twaran is to organize sports competitions in selected events, to encourage sportsmanship, promote and create better harmony, initiate understandable and friendly interaction among the students of different institutions as well as establish a close association among them.
2. To create awareness on physical fitness, sports and games in day to day life.
3. To equip students with skills not only in sports, games and exercises but also to handle real life situations.
4. To raise the standard of sports and to work for the development of character and values through sports among the students and hence contribute to sports in the country.
5. To discuss matters related to the organization of the sports and other such activities as may be supportive to the aims and objectives of Twaran, as mentioned above.
6. Twaran shall be conducted in accordance with the provisions, which are formulated from time to time.

II. ELIGIBILITY

Bonafide full time students of all IIITs shall be eligible to participate. The maximum strength allowed for any individual IIIT Sports contingent strength is 70. Out of 70 students for regular event, the maximum number of girls allowed is 30. The maximum number of boys allowed is 50 (but the total no of participation should not exceed to 70) as shown in Table 1.

Table 1

Maximum Contingent Strength		
Men	Women	Total
40-50	20-30	≤ 70

The above strength may be increased / decreased by the Organizing Committee depending upon the requirements and smooth conduct of Twaran.

III. SCHEDULE AND DRAWS

The host shall run all the events in accordance with the schedule of date and time as approved by the Organizing Committee. The entries shall be sent to the Organizers by the participating college well in advance. The fixtures shall be fixed by drawing lots for each game. If one team withdraws its entry, there shall be no redraw of fixtures. Withdrawal of two or more teams shall entail redrawing of fixtures and the previous fixture will be considered as null and void. The Organizing committee reserves the right to alternate scheduled program under unusual circumstances.

IV. TROPHIES AND CERTIFICATES

Overall championship trophy shall be awarded for the top team in total points tally (combined tally of men and women events).

In team games, medals shall be awarded only to winners and runners-up and in athletics, medals shall be awarded to winners, runners-up and the second runners-up. Participation certificates are awarded to all players playing in Twaran.

V. OFFICIALS FOR THE MEET

The organizing college will be responsible for selecting competent umpires/referees whose decisions on all points of fact shall be final and binding. The panel of umpires/referees shall be drawn up by the host institute well in advance. Only qualified Association/ Federation referees and umpires shall be appointed to supervise Twaran. In case of non-availability of Association Umpires, the Organizing Secretary shall have the power to appoint suitable officials.

VI. CONDUCT / PROTEST

For all games and sports, the decision of the referees and the umpires will be final and binding. No protests would be entertained. Therefore, any team leaving the field of play as a mark of protest and conceding a walk-over shall be deemed to have lost the fixture and will be eliminated from rest of the event. Only the remaining teams will be considered as participating in that event. Protest against the decision of an umpire/referee on a point of rule and any other protest in connection with the concerned match / events shall be given in writing addressed to the Organizing Committee along with a protest fee of INR 1000/-. The written protest must reach the Organizing Committee of the host institute within an hour of the conclusion of the concerned game duly signed by the competent authority of that particular college. In case of event being conducted outside the premises, the protest in writing shall be handed over to the Organizing Committee within an hour of arrival.

A team/competitor shall be permitted a grace of 10 minutes from the schedule timing of the event and then a walk-over shall be awarded.

VII. DISRUPTION/POSTPONEMENT

Any event abandoned or disrupted due to unavoidable reasons shall be postponed or continued, as the case may be, and as per rules specified in the particular events. In case where the Federation/Association rules cannot be implemented, the decision will be left to the Organizing Committee whose ruling shall be final.

VIII. EXPENSES

Each college should pay the registration fee of INR 1800/- per participant. Each college shall bear the travelling and incidental expenses of its own teams. The host shall provide the boarding and lodging facilities for visiting teams.

Medical: The host will provide first aid, and will take care of the injured contingent for further treatment during any emergency, but the actual bill of treatment at outside hospital is to be borne by the respective college.

IX. GENERAL RULES

- a) All players should come in proper kits.
- b) The total strength of the contingent per college is fixed as follows: Total contingent size: 70 as shown in Table 1.
- c) Host will be providing the latest federation rule book of all the games at the Help Desk so that any member can refer to the same.
- d) All participants must carry their institute ID cards.
- e) Maximum of 2 sports officials (including Sports Officers, PTIs, full-time and part-time coaches) and 1 supporting staff are allowed to accompany the contingent, however, individual institute will be responsible for the conduct of these coaches during the Meet. It is compulsory that one permanent sports staff be present during the meet.

X. ATHLETICS

- a) The competition shall be conducted under the International Athletics Federation Rules as adopted from time to time by AFI unless otherwise modified in these rules.
- b) As far as possible, changes, if any, should be intimated fifteen minutes before the start of the event. Lots for lanes will be drawn as soon as the first call is given.
- c) Events as shown in the Table-5 for both men and women will be held. The corresponding points for Athletics Championship are also indicated in the Table 5.

Points for Individual				
Sl. No.	Event	Positions		
		I	II	III
Men's Event				
1	100 m	20	15	10
2	200 m	20	15	10
3	400 m	20	15	10
4	800 m	20	15	10
5	1600m	20	15	10
6	4x100m relay	25	20	15
7	4x400 m relay	25	20	15

Points for Individual				
Sl. No.	Event	Positions		
		I	II	III
Women's Event				
1	100 m	20	15	10
2	200 m	20	15	10
3	400 m	20	15	10
4	800 m	20	15	10

5	4x100m relay	25	20	15
6	4x400 m relay	25	20	15

- d) If an athlete, after qualifying in heats, does not participate in the finals without giving a valid reason, as per AFI rules, he/she may be debarred from the competition and will not be considered for best athlete award.
- e) Best athlete for both men and women will be declared on the basis of maximum number of points obtained by an athlete in the athletics championship. In case of a tie for best athlete, the athlete who has secured the most number of gold medals, followed by silver medals would be recognized. In the event that the tie is still not resolved, the award will be shared.
- f) Certificates will be awarded to the first three places in all the athletics events.

XI. BADMINTON

- a) The competition shall be conducted under the International Badminton Federation rules as adopted from time to time by the Badminton Association of India, unless otherwise modified.
- b) Ties for men and women will be separately decided according to the pattern given below.
- c) Result (Men and Women) of best of three sets (each set of 21 points).
- d) The order of events shall be as follows:

MEN: 1stSingles / 2ndSingles / 1stDoubles / 3rdSingles and 2nd Doubles.

WOMEN: 1st Singles / Doubles / 2ndSingles

- e) Number of players:

MEN: Team can be a maximum of 5 members.

WOMEN: Team can be a maximum of 3 members.

- f) Tie will be resolved by successively applying the following criteria:
 - i. Games won by the team / games lost by the team.
 - ii. Individual matches won / individual matches lost.
 - iii. Points for / points against
- g) The tally for all the matches played in the league fixture will be considered.

XII. BASKETBALL

- a) The tournament will be conducted according to the International Basketball Federation Rules as adopted from time to time by the Indian Basketball Federation unless otherwise modified.
- b) The number (Men & Women) of players representing any college will not be more than 12 in each team.
- c) During matches if the score is same after the end of the scheduled time, Basketball Federation Rules will be applied, i.e. the game shall continue with as many extra periods of 5 minutes as is necessary to break the tie.
- d) On completion of the league matches, if two or more teams are on same points, then the tie shall be resolved as follows:
 - i. If two teams are tied, head-to-head wins among the teams will be considered to break the tie.
 - ii. If more than two teams are equal in placing, a second classification will be established, taking into account only the results of the games between the teams that have tied.
 - iii. If there are still teams tied after the second classification, the basket average will be used to determine the placing, taking into account only the results of the games between the teams that tied.
 - iv. If there are still teams tied, the placing will be determined using the goal average from the results of all their games played in the group.

XIII. CRICKET

- a) Matches shall be played according to the ICC rules in force, as adopted from time to time by the Board of Control for Cricket in India, unless otherwise modified.
- b) All the matches will be conducted on league cum knock out / knockout basis and each side is allowed to complete 10 overs in league stage, unless the opposing team is dismissed earlier. Each bowler can bowl a maximum of 2 overs in 10 overs matches. The semi-finals and finals will be conducted for 15 overs. Each bowler can bowl a maximum of 3 overs. Matches will be conducted in matting pitch only.
- c) The bowling team is given 45 minutes for 10 overs and 1 hour 15 minutes for 15 overs to complete the innings. The penalty for every short over will be decided by the all captains prior to the meet.
- d) If there is a tie, the team having the better run rate shall be considered for deciding placing.

The Organizing Committee are empowered to rearrange the number of overs by each side in the event of a delayed start or if play is suspended. The number of overs for the team batting second will not be reduced if the team batting first has been dismissed in fewer than agreed number of overs.

- e) Each college shall submit a list of players not exceeding 16 who may participate in the tournament. Not more than 16 certificates shall be awarded to a team.
- f) Rules regarding the postponement of cricket match due to rain:-
 - 1 When rain affects play during the innings of the first team itself, the match will be continued, from where it has been discontinued. The Organizing Committee will decide whether the ground is fit for play or not.
 - 2 When rain affects the play during the innings of the second team batting and if the team batting second has not yet batted for half the number of overs, the match will be abandoned. (Points will be shared between the two teams)
 - 3 If the team batting second has batted for more than half the overs and if further play is not possible on the same day, the winner is the team with

better Run Rate at the particular point where and when the second team stopped batting.

XIV. FOOTBALL

- a) Matches shall be played according to the rules of FIFA as adopted from time to time by the All India Football Federation unless otherwise modified.
- b) The duration of each match shall be 60 minutes (30-5-30), with a 5-minute half time break. During the league stage, after the expiry of play-time, if the tie still persists, the points shall be shared equally.
- c) Every college should submit a list of players of not exceeding 16, who may participate in the tournament. A minimum of 13 should register to participate. Not more than 16 certificates shall be awarded to a team.
- d) In the event of a draw at the end of a knock out game, two periods of extra time (5 minutes each, with a 2:30-minute break) will be included. There will be penalty shootout if the tie still persists.
- e) The yellow cards given during the league stages would not be counted in knock out stages.
- f) In case of tie, penalty shootout will be used as tie-breaker.

XV. TABLE TENNIS

- a) The rules of the tournament of the International Table Tennis Federation as adopted from time to time by the Table Tennis Federation of India shall apply unless otherwise modified.

- b) i) The order of play shall be as follows:

MEN: 1stSingles / 2nd Singles / 3rd Singles / 1st Reverse Singles / 2nd Reverse Singles

WOMEN: 1stSingles / 2ndSingles / 3rd Singles / 1st Reverse Singles / 2nd Reverse Singles.

- ii) A, B and X, Y shall be determined by a draw of lots. The result of the match shall be declared when either of the team wins 2 matches.

- c) Each match will be played following a best of five games format, based with each game of 11 points.

- d) The number of players representing an institute shall not be less than three or more than five.

- e) Not more than five certificates will be awarded to a team.

- f) Tie will be resolved by successfully applying the following criteria.

i. Individual matches won / individual matches lost.

ii. Games won by the team / games lost by the team.

iii. Points for / points against

- h) The score standings, when the match is decided, shall be considered for the calculations indicated above. The tally for all matches played among the tied teams in the league fixture will be considered.

XVI. TENNIS

- a) The rules of the International Tennis Federation as adopted from time to time by the All India Lawn Tennis Association shall apply, unless otherwise modified. Each match shall be played following a best of three sets format. The match will be played on the following sequence first singles, doubles and second singles. The two singles players on one side are named A & B and two singles players on the other side are named X & Y.
- b) The order of play shall be MEN:
1stSingles / 1st Doubles / 2ndSingles
- c) No of players shall be not more than 4 in men with minimum 2 players
- d) Players playing at A, B, X and Y will be submitted by the captain before the start of the match.
- e) Each match will be best of 11 games in league stages, and then best of three sets will be played for semi-final and final. The tennis tie break rules shall be applied in all sets (7/12 points).
- f) Tie will be resolved by successfully applying the following criteria.
 - i. Individual matches won/Individual Matches lost.
 - ii. Sets won by the Team/Sets lost by the team.
 - iii. Points for /Points Against-set score to be taken.
- g) The score standings, when the match is decided, shall be considered for the calculations indicated above.

XVII. VOLLEYBALL

- a) The rules of the International Volleyball Federation [FIVB] as adopted from time to time by the Volleyball Federation of India (VFI) shall be followed unless otherwise modified.
- b) Every college shall submit a list of players, not exceeding 12. Not more than 12 certificates shall be awarded to a team.
- c) The tournament shall be played on league cum knockout basis. All the matches shall be played on the best of 3 sets.
- d) The following points system will be followed for the matches played on league basis.

XVIII. CARROM

- a) The rules of the International Carrom Federation [ICF] as adopted from time to time by the All India Carrom Federation (AICF) shall be followed unless otherwise modified.
- b) Each match shall be played following a best of three boards in league stages and best of five boards will be played for semi-final and final. The match will be played on the following sequence 1stsingles, doubles and 2nd singles.
- c) The two singles players on one side are named A & B and two singles players on the other side are named X & Y.
- d) The order of play for both men and women shall be:
1st Singles / doubles / 2ndSingles.
- e) The Carrom tournament will be played on league + knock out basis.
- f) Timing - 60 minutes will be allocated for 1 match. In case the game does not come to an end in the given time, the team/player with maximum points at the end of 60 minutes will be adjudged winner. However, the last board being played at that time will be completed.
- g) All equipment (Carrom Board, coins, powder and striker) will be provided by the host college, participants are allowed to use their own striker, but the striker should match the specification as per the rules.

XIX. CHESS

- a) The rules of the World Chess Federation [FIDE] as adopted from time to time by the All India Chess Federation (AICF) shall be followed unless otherwise modified.
- b) The Chess tournament will be played on Swiss method.
- c) Separate tournament for men & women will be conducted.
- d) No. of players from each college will be not more than 4.
- e) All matches will be conducted for the time duration of 1 hour, if the match extended more than regular duration, then 10 minutes of extra time will be given for decide the winner. Even after the extra time if the match is not end then result will be decided according to coin win by the players.
- f) The ranking of the players shall be submitted to the organizers before the start of the first round.

XX. TRIATHALON

1. The competition shall be conducted under the Indian Triathlon Federation Rules with slight modifications.
2. Use of abusive or foul language during the play can lead to technical fouls or expulsion depending on the referee and the organisation team.
3. In the event of disputes, the decision of the referee is final and binding.
4. The Organizing committee reserves the right to alternate scheduled program under unusual circumstances.
5. Maximum of two athletes per institute will be allowed to participate in the event.
6. The order of execution of events will be swimming followed by cycling followed by running.
7. An athlete must complete all the previous events before moving on to the next event.

XXI. SWIMMING

1. All events will be played at ABV-IIITM's swimming pool.
2. A warming-up session of 5 minutes will be given before the start of events.
3. Teams must arrive at the pool 20 minutes before the scheduled start time.
4. In the event of disputes, the decision of the referee is final and binding.
5. FINA rules will be followed.
6. Four strokes: freestyle, backstroke, breaststroke, and butterfly will be organized.
7. Individual medley event and team relay event.
8. One team per institute is allowed.

XXIII. SQUASH

1. All games will be played by Dunlop Pro Double Dot Ball, the official ball for PSA.
2. Immediately preceding the start of play, a period not exceeding five minutes shall be allowed on court for the purpose of warming-up.
3. Teams must arrive at the court 20 minutes before the scheduled start time.
4. Walkover will be given to a team if the opponent team is not able to reach the ground within 15 minutes of the scheduled time.
5. In the event of disputes, the decision of the referee is final and binding.
6. WSF rules will be followed.
7. A match between 2 teams is decided by best of 3 single matches.
8. Each match shall be best of 5 games with Point a Rally 11 points per game scoring system. If the score in a game is tied at 10-10, a player must win by 2 clear points.
9. Each team must consist of Minimum of 3 players & Maximum 5 players.

XXIV. TOURNAMENTS

Championship will be awarded to men and women based on their respective points tally without including march past points. An overall championship will be awarded to an institute including the points tally from the men's events, the women's events.

SI No.	Events	Points				Number of Participants from each college	
						MEN	WOMEN
		I	II		III		
1	Badminton	70	50		-	5	3
2	Basketball	100	75		-	12	12
3	Carrom	10	6		-	3	3
4	Chess	10	6		-	4	4
5	Cricket	100	75		-	16	
6	Football	100	75		-	16	
7	Table Tennis	70	50		-	5	5
8	Tennis	70	50		-	4	
9	Volleyball	100	75		-	12	12
10	Triathlon	20	12		8	2	2
11	Swimming	20	12		8		
12	Squash	70	50		-	5	5

It should be noted that each college shall register only 1 team for each competition. However, if the total number of entries in each game isn't appropriate for making pools in league stages, the Organizing College has the choice of adding an extra team to make the pools regular.

In case of a tie for overall championship, the team having the most number of first positions (Gold) in team events will be taken into account for deciding the tie for first place in Overall Championship and so on.

Rules/ Regulations that are adopted by the Federation of all games and sports events will be strictly followed by the college in that particular Twaran.