

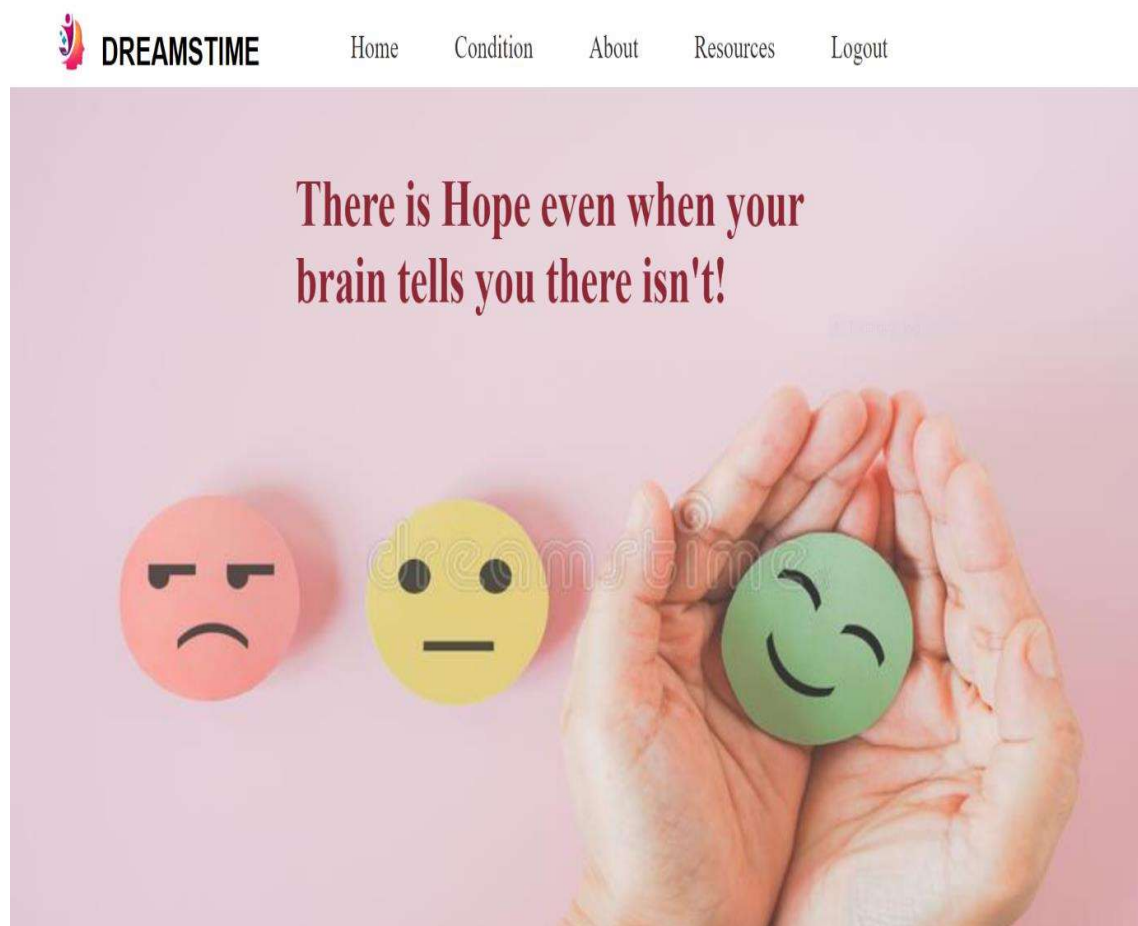
Project title: DREAMSTIME.

Introduction: DREAMSTIME is a website about mental health related issue. This website was created with a view to provide the users with precise mental health related information and professional help. This website was created as user friendly and easy as possible keeping in mind of the various types of mental health patients and sufferers.

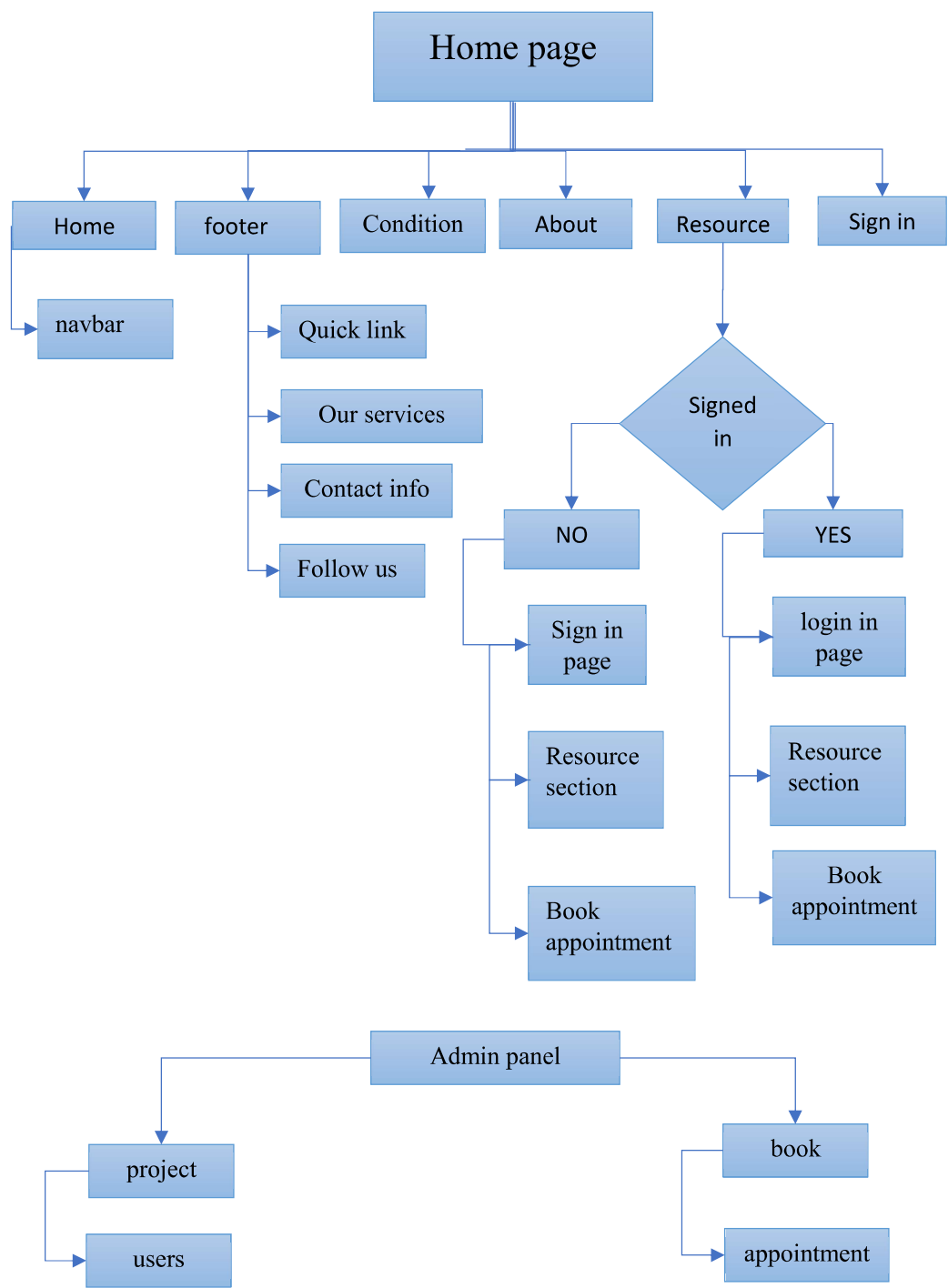
Required Software:

- 1.HTML
- 2.CSS
- 3.php

The landing picture of the site is as follow:




Flowchart of the different pages of the website:




Home page:


The home page has a navbar area with five different sections with the website logo and title. Then a landing picture is given. After that different mental health related articles are included. lastly the footer section is added. The footer section is added in each page.

 **DREAMSTIME**

HomeConditionAboutResourcesLogout


There is Hope even when your brain tells you there isn't!






All About Depression: Symptoms, Types and Treatments

Depression is one of the most common mental health condition, affecting approximately 280 million people worldwide




5 Ways to Build Your Self-Esteem

Most people experience twinges of low self-esteem now and then, but if it's affecting your life, you can learn how to boost your confidence in a few simple ways.




Therapists Spill: There 12 Favorite Therapy and Self-Help Books

We asked our team of experts to share their inside tips on the best books for therapy and self-help.




What Are the Symptoms Autism Spectrum Disorder?

A more accurate way to understand autism symptoms is to see them as differences in communication and behavioral patterns.




How to Talk to Someone Who is Always Defensive

Learn more about defensive behavior, and get advice on how to approach and resolve conflict with a defensive person.




OCD and Toxic Positivity: Can Positive Thinking Be a Compulsion?

A lot of my obsessions and compulsions have revolved around forcing myself to think positively. Here's why it's hurt me.



Can Lack of Sleep Cause Anxiety?

Sleep deprivation can make you feel anxious and anxiety can affect your sleep. Here are some ways to treat your anxiety and help you sleep soundly.



Top 10 Sexual Health and Wellness Trends to Watch.

From wearable sex tech to period education to remote intimacy, here the top trends in sexual health according to sexperts.

Footer:

Quick Links	Our Services	Contact Info	Follow Us
› Home	› Self-diagnosis	📞 +123-456-7890	📘 Facebook
› Condition	› Find a therapist	✉ atkiaanikanamey@gmail.com	🐦 Twitter
› About	› Online counselling	✉ debnathpranti@gmail.com	📷 Instagram
› Resource		📍 Motijheel,Dhaka-1217	📌 Pinterest

Condition page: different mental health related conditions are added here to help the user to self diagnose their situation. Footer is added at the end in this page also.

MENTAL CONDITIONS



ADHD

ADHD is a common neurodevelopmental disorder that affects how you behave. Symptoms



Anxiety

There are many ways to manage anxiety symptoms in the moment, whether you're feeling anxious about



Bipolar Disorder

While some symptoms of bipolar disorder are more common than others, there's no "one way" to be bipolar —



Depression

A sense of hopelessness, a loss of enjoyment in things that bring you joy these are some common signs of depression, mental health issue.



PTSD

Whether you or someone you know has PTSD, you might be filled with questions and concern. Here's what to know.

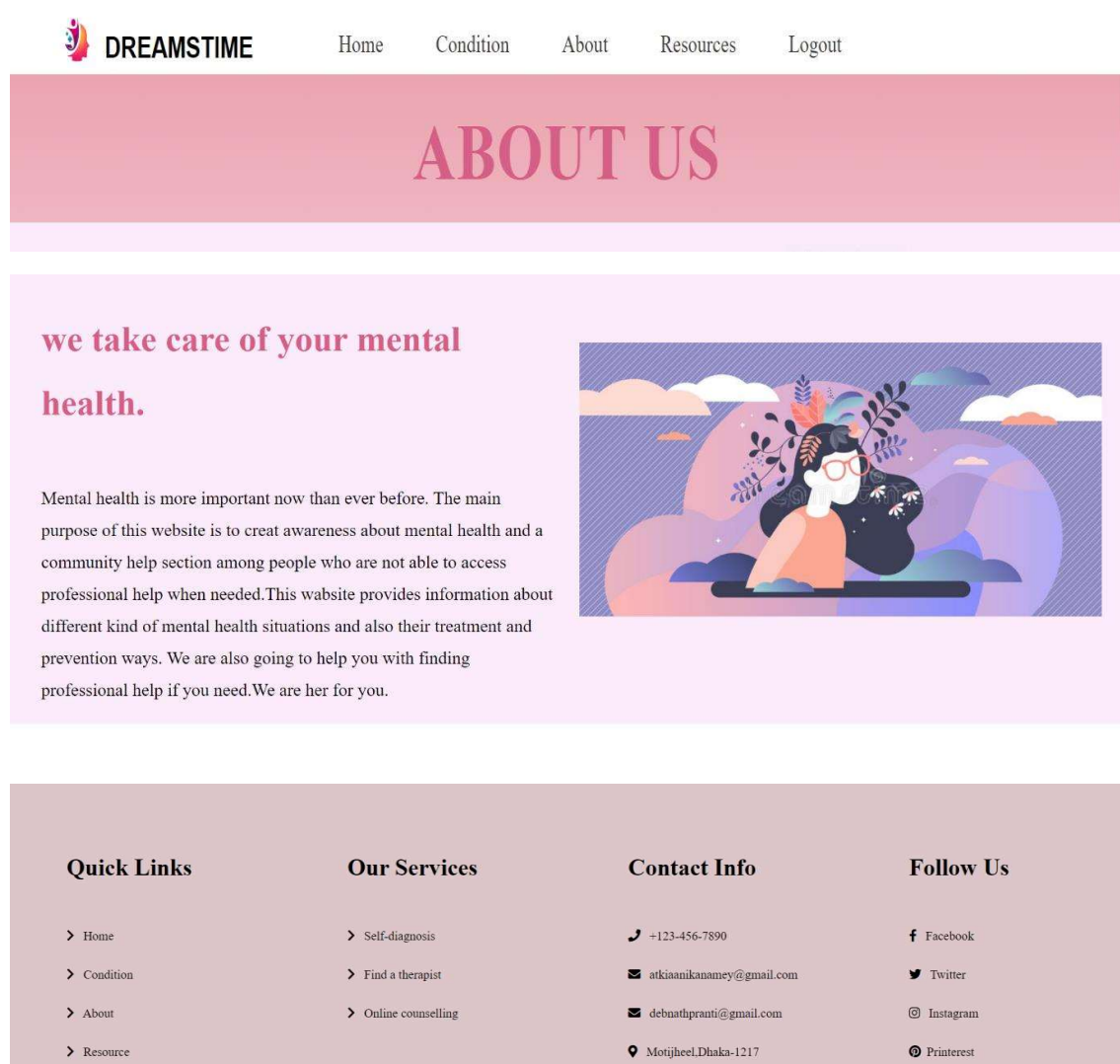


Depression

A sense of hopelessness, a loss of enjoyment in things that bring you joy these are some common signs of depression, mental health issue.

About section:

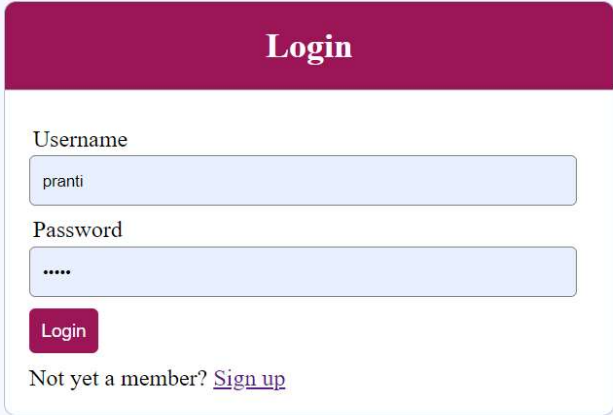
A simple about us section is added to tell our users about our website and give them a profound idea of our views and services.



Resource section:

In the resource section a user has to login first if they are logged out from the site to avail the services. If they are not member yet they can sign in and then enter the resource section. The resource section provides an appointment booking service where the user can book an appointment for professional help. Professional doctors are enlisted in the resource section. By providing some Information in the booking form a person can book an appointment. The user has to give their name, contact number, email address and date of birth to ensure the appointment.

Login page:



The login form is a white card with a maroon header labeled "Login". It contains two text input fields: "Username" with the value "pranti" and "Password" with masked characters ".....". Below the password field is a maroon "Login" button. At the bottom, it says "Not yet a member? [Sign up](#)".

Username

pranti

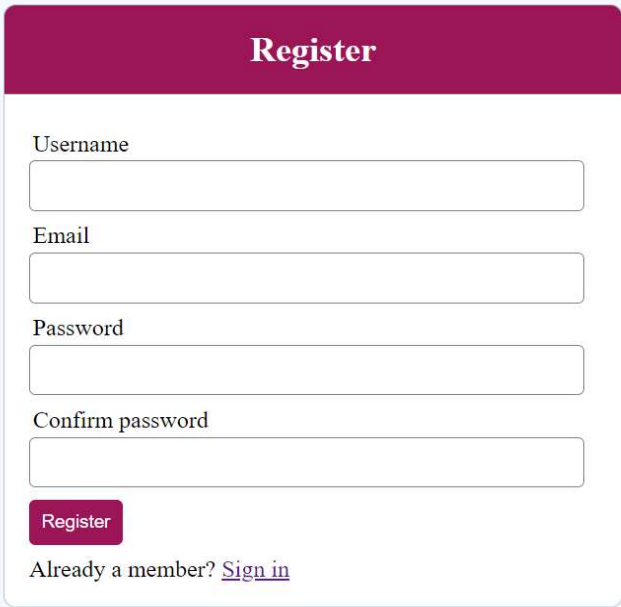
Password

.....

Login

Not yet a member? [Sign up](#)

Sign in page:



The register form is a white card with a maroon header labeled "Register". It contains four text input fields: "Username", "Email", "Password", and "Confirm password". Below the "Confirm password" field is a maroon "Register" button. At the bottom, it says "Already a member? [Sign in](#)".

Register

Username

Email


Password

Confirm password

Register


Already a member? [Sign in](#)

Resource page:


 **DREAMSTIME**

[Home](#) [Condition](#) [About](#) [Resources](#) [Logout](#)


OUR DOCTORS




Dr. Sakir Ahmed




Dr. Juarhea Binte Baset




Dr. Anik Das





Prof. Dr. Nayeem AL Faisal
MBBS,phD,FCPS(Psychiatry)
MRC(Psych)London,DCAP,DFAACAP(USA).






Dr. Saiba Sufia
MBBS,phD,FCPS(Psychiatry)
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Prof. Mehedi Hasan
MBBS,phD,FCPS(Psychiatry)
MRC(Psych)London,DCAP,DFAACAP(USA).



BOOK NOW

book appointment



[book now](#)

Finally by entering log out section in the navbar of resource section a user can log out from the site.

[Home](#)[Condition](#)[About](#)[Resources](#)[Logout](#)

OUR DOCTORS

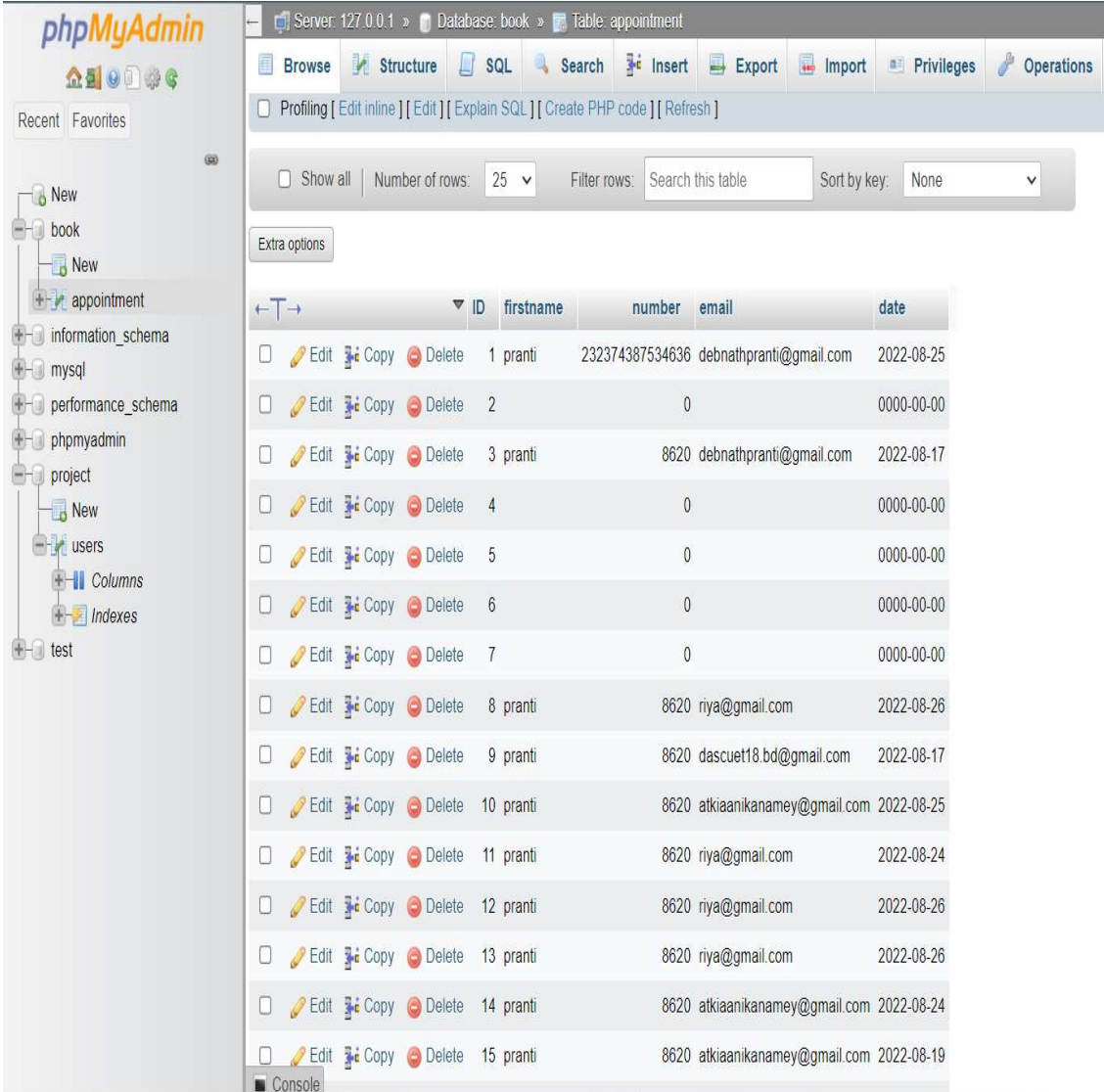
Data base:

User section data base:

The screenshot shows the phpMyAdmin interface. On the left is a sidebar with a tree view of databases and tables. The 'project' database is selected, and the 'users' table is highlighted. The main area displays the 'users' table structure and data. The table has four columns: 'id', 'username', 'email', and 'password'. There are four rows of data. Each row has a checkbox for selection and icons for Edit, Copy, and Delete. Below the table are controls for 'Check all', 'With selected', 'Edit', 'Copy', 'Delete', and 'Export'. At the top of the main area, there are tabs for 'Browse', 'Structure', 'SQL', 'Search', 'Insert', 'Export', 'Import', 'Privileges', 'Operations', 'Tracking', and 'Trigg'. Below the tabs are filters for 'Show all', 'Number of rows' (set to 25), 'Filter rows' (Search this table), and 'Sort by key' (None).

	id	username	email	password
<input type="checkbox"/>	1	namey	atkiaanikanamey@gmail.com	25d55ad283aa400af464c76d713c07ad
<input type="checkbox"/>	2	pranti	debnathpranti@gmail.com	827ccb0eea8a706c4c34a16891f84e7b
<input type="checkbox"/>	3	anik	dascuet18.bd@gmail.com	fcea920f7412b5da7be0cf42b8c93759
<input type="checkbox"/>	4	riya	riya@gmail.com	202cb962ac59075b964b07152d234b70

Appointment section data base:



Server: 127.0.0.1 » Database: book » Table: appointment

Browse Structure SQL Search Insert Export Import Privileges Operations

Profiling [Edit inline] [Edit] [Explain SQL] [Create PHP code] [Refresh]

Show all | Number of rows: 25 | Filter rows: Search this table | Sort by key: None

Extra options

	ID	firstname	number	email	date
<input type="checkbox"/> Edit Copy Delete	1	pranti	232374387534636	debnathpranti@gmail.com	2022-08-25
<input type="checkbox"/> Edit Copy Delete	2		0		0000-00-00
<input type="checkbox"/> Edit Copy Delete	3	pranti	8620	debnathpranti@gmail.com	2022-08-17
<input type="checkbox"/> Edit Copy Delete	4		0		0000-00-00
<input type="checkbox"/> Edit Copy Delete	5		0		0000-00-00
<input type="checkbox"/> Edit Copy Delete	6		0		0000-00-00
<input type="checkbox"/> Edit Copy Delete	7		0		0000-00-00
<input type="checkbox"/> Edit Copy Delete	8	pranti	8620	riya@gmail.com	2022-08-26
<input type="checkbox"/> Edit Copy Delete	9	pranti	8620	dascuet18.bd@gmail.com	2022-08-17
<input type="checkbox"/> Edit Copy Delete	10	pranti	8620	atkiaanikanamey@gmail.com	2022-08-25
<input type="checkbox"/> Edit Copy Delete	11	pranti	8620	riya@gmail.com	2022-08-24
<input type="checkbox"/> Edit Copy Delete	12	pranti	8620	riya@gmail.com	2022-08-26
<input type="checkbox"/> Edit Copy Delete	13	pranti	8620	riya@gmail.com	2022-08-26
<input type="checkbox"/> Edit Copy Delete	14	pranti	8620	atkiaanikanamey@gmail.com	2022-08-24
<input type="checkbox"/> Edit Copy Delete	15	pranti	8620	atkiaanikanamey@gmail.com	2022-08-19

Console

Discussion:

Our website was created using three different software tools basically. HTML, CSS and php. Some errors were faced during the coding which were later on solved. The design was kept simple and user friendly. The privacy of the users were highly ensured in the website creation. Professional help section was carefully made. Finally we hope this website can help the users to recover from their distress situation.