In [14]: import pandas as pd data = pd.read\_csv('47\_student\_sleep\_patterns.csv') data.head() Out[14]: Student\_ID Age Gender University\_Year Sleep\_Duration Study\_Hours Screen\_Time 0 1 24 7.9 3.4 Other 2nd Year 7.7 1 2 21 6.0 Male 1st Year 6.3 1.9 2 3 22 Male 4th Year 5.1 6.7 3.9 3 2.8 4 24 Other 4th Year 8.6 5 20 2.7 2.7 4 Male 4th Year 4.7 In [24]: data.shape Out[24]: (500, 14) In [15]: data.tail() Out[15]: Student\_ID Age Gender University\_Year Sleep\_Duration Study\_Hours Screen\_Ti 495 496 24 Male 2nd Year 5.1 9.3 496 497 20 Male 2nd Year 8.9 7.7 497 498 21 Male 3rd Year 5.7 6.4 498 499 18 Female 2nd Year 4.9 0.5 499 500 3rd Year 7.9 11.6 21 Male In [19]: data.info()

file:///C:/Users/Dell/Downloads/Sleep\_Patterns (4).html

```
<class 'pandas.core.frame.DataFrame'>
        RangeIndex: 500 entries, 0 to 499
        Data columns (total 14 columns):
             Column
                                  Non-Null Count
                                                   Dtype
        ---
            _____
                                   _____
                                                   ----
         0
             Student ID
                                   500 non-null
                                                   int64
         1
             Age
                                   500 non-null
                                                   int64
         2
             Gender
                                   500 non-null
                                                   object
             Year
         3
                                   500 non-null
                                                   object
         4
             SleepHours
                                   500 non-null
                                                   float64
         5
             StudyHours
                                  500 non-null
                                                   float64
         6
             ScreenHours
                                  500 non-null
                                                   float64
         7
             CaffeineUnits
                                  500 non-null
                                                   int64
             Physical_Activity
         8
                                  500 non-null
                                                   int64
         9
             Sleep_Quality
                                  500 non-null
                                                   int64
         10 Weekday_Sleep_Start 500 non-null
                                                   float64
         11 Weekend_Sleep_Start 500 non-null
                                                   float64
         12 Weekday_Sleep_End
                                   500 non-null
                                                   float64
         13 Weekend Sleep End
                                   500 non-null
                                                   float64
        dtypes: float64(7), int64(5), object(2)
        memory usage: 54.8+ KB
In [20]:
         data.describe()
Out[20]:
                 Student ID
                                      SleepHours StudyHours ScreenHours CaffeineUnits
                                 Age
                500.000000
                            500.00000
                                       500.000000
                                                                              500.000000
                                                   500.000000
                                                                500.000000
          count
                250.500000
                             21.53600
                                         6.472400
                                                     5.981600
                                                                  2.525000
                                                                                2.462000
          mean
            std
                144.481833
                              2.33315
                                         1.485764
                                                     3.475725
                                                                  0.859414
                                                                                1.682325
                   1.000000
                             18.00000
                                         4.000000
                                                     0.100000
                                                                  1.000000
                                                                                0.000000
           min
           25%
                             20.00000
                                                                                1.000000
                125.750000
                                         5.100000
                                                     2.900000
                                                                  1.800000
           50%
                250.500000
                             21.00000
                                         6.500000
                                                     6.050000
                                                                  2.600000
                                                                                2.000000
           75%
                375.250000
                             24.00000
                                         7.800000
                                                     8.800000
                                                                  3.300000
                                                                                4.000000
                500.000000
                             25.00000
                                         9.000000
                                                    12.000000
                                                                  4.000000
                                                                                5.000000
           max
         data.columns
In [23]:
Out[23]: Index(['Student_ID', 'Age', 'Gender', 'Year', 'SleepHours', 'StudyHours',
                 'ScreenHours', 'CaffeineUnits', 'Physical Activity', 'Sleep Quality',
                 'Weekday_Sleep_Start', 'Weekend_Sleep_Start', 'Weekday_Sleep_End',
                 'Weekend_Sleep_End'],
                dtype='object')
 In [6]:
         #DATA MUNGING
         # Renaming columns
         import pandas as pd
```

data = pd.read csv('47 student sleep patterns.csv')

data.rename(columns={

'University\_Year': 'Year',
'Sleep\_Duration': 'SleepHours',
'Study\_Hours': 'StudyHours',
'Screen\_Time': 'ScreenHours',
'Caffeine\_Intake': 'CaffeineUnits'

```
}, inplace=True)

# Parsing dates if applicable (assuming a 'Date' column exists)
if 'Date' in data.columns:
    data['Date'] = pd.to_datetime(data['Date'])

# Converting numerical columns to float for calculations to prevent any errors
data['SleepHours'] = data['SleepHours'].astype(float)
data['StudyHours'] = data['StudyHours'].astype(float)

print("Preview of munged data:")
data.head(7)
```

Preview of munged data:

Out[6]:		Student_ID	Age	Gender	Year	SleepHours	StudyHours	ScreenHours	CaffeineUnit
	0	1	24	Other	2nd Year	7.7	7.9	3.4	
	1	2	21	Male	1st Year	6.3	6.0	1.9	!
	2	3	22	Male	4th Year	5.1	6.7	3.9	!
	3	4	24	Other	4th Year	6.3	8.6	2.8	2
	4	5	20	Male	4th Year	4.7	2.7	2.7	(
	5	6	25	Other	1st Year	4.9	12.0	3.2	:
	6	7	22	Female	2nd Year	6.5	11.7	3.4	
	4								<b>+</b>

```
In [8]: #DATA CLEANING
        # Identifying missing values in each column
        import pandas as pd
        data = pd.read_csv('47_student_sleep_patterns.csv')
        missing_counts = data.isnull().sum()
        print("Missing values per column:")
        print(missing counts)
        data.fillna(10)
        # Filling missing sleep hours with the median
        if 'SleepHours' in data.columns:
            median_sleep = data['SleepHours'].median()
            data['SleepHours'].fillna(median_sleep, inplace=True)
            print(f"Filled missing SleepHours with median: {median sleep}")
        # Removes rows with missing values
        data.dropna()
        #Check for duplicate rows
        data.duplicated()
        #removes duplicate rows
```

```
data.drop_duplicates()

# Standardizing categorical data (e.g., Gender to 'Male', 'Female', 'Other')
if 'Gender' in data.columns:
    data['Gender'] = data['Gender'].str.strip().str.capitalize()

# Cleaned dataset preview
print("Preview of cleaned data:")
data.head()
```

Missing values per column: Student\_ID Age 0 0 Gender University\_Year Sleep\_Duration 0 Study\_Hours Screen\_Time Caffeine\_Intake Physical\_Activity Sleep\_Quality a Weekday\_Sleep\_Start Weekend\_Sleep\_Start 0 Weekday\_Sleep\_End Weekend\_Sleep\_End dtype: int64

Preview of cleaned data:

Out[8]:		Student_ID	Age	Gender	University_Year	Sleep_Duration	Study_Hours	Screen_Time
	0	1	24	Other	2nd Year	7.7	7.9	3.4
	1	2	21	Male	1st Year	6.3	6.0	1.9
	2	3	22	Male	4th Year	5.1	6.7	3.5
	3	4	24	Other	4th Year	6.3	8.6	2.8
	4	5	20	Male	4th Year	4.7	2.7	2.7

```
In [7]: #DATA FILTERING
# Filtering students who sleep less than 6 hours
less_sleep = data[data['SleepHours'] < 6]
print(f"Students sleeping less than 6 hours: {less_sleep.shape[0]} records.")

# Filtering second-year students with high study hours (>5 hours)
high_study_second_year = data[(data['Year'] == '2') & (data['StudyHours'] > 5)]
print(f"Second-year students studying more than 5 hours: {high_study_second_year

# Combining multiple filters
poor sleep and high study = data[(data['SleepHours'] < 6) & (data['StudyHours']</pre>
```

poor\_sleep\_and\_high\_study = data[(data['SleepHours'] < 6) & (data['StudyHours']
print("Subset: Students with poor sleep and high study hours")
poor\_sleep\_and\_high\_study.head()</pre>

Students sleeping less than 6 hours: 198 records.

Second-year students studying more than 5 hours: 0 records.

Subset: Students with poor sleep and high study hours

Out[7]:	Stude	ent_ID	Age	Gender	Year	SleepHours	StudyHours	ScreenHours	CaffeineUni	
	2	3	22	Male	4th Year	5.1	6.7	3.9		
	5	6	25	Other	1st Year	4.9	12.0	3.2		
	9	10	19	Other	2nd Year	5.8	8.2	2.0		
	14	15	25	Female	4th Year	4.9	10.4	2.3		
	16	17	21	Female	3rd Year	4.7	8.9	3.8		
	4								<b>&gt;</b>	
	<pre>#DATA AGGREGATION # Aggregating data by 'Year' to calculate averages aggregated_data = data.groupby('Year').agg({</pre>									

print(gender\_year\_agg)

```
Aggregated data by Year:
              Year AvgSleepHours AvgStudyHours AvgScreenHours
                     6.493600
       0 1st Year
                                   5.804000
                                                     2.448800
       1 2nd Year
                       6.561832
                                      6.081679
                                                     2.600000
       2 3rd Year
                       6.489394
                                      6.429545
                                                     2.450000
       3 4th Year
                       6.324107
                                      5.534821
                                                     2.610714
       Aggregated data by Gender and Year:
           Gender Year SleepHours StudyHours
           Female 1st Year
       0
                            6.702326
                                         4.804651
                           6.597368
       1
           Female 2nd Year
                                         5.892105
           Female 3rd Year 6.551111 5.895556
       2
         Female 4th Year 6.265000 5.550000
            Male 1st Year 6.238636 5.897727
       4
            Male 2nd Year 6.274074 6.087037
       5
       6
            Male 3rd Year 6.568750 6.604167
            Male 4th Year 6.350000 5.427500
       7
            Other 1st Year 6.552632 6.826316
       8
       9
            Other 2nd Year 6.925641 6.258974
       10 Other 3rd Year 6.320513 6.830769
            Other 4th Year 6.365625 5.650000
       11
In [12]: #DATA MERGING USING SAMPLE DATA
         # Sample data for merging
         student_data = pd.DataFrame({
             'StudentID': [1, 2, 3, 4],
            'SleepHours': [6.5, 5.2, 7.0, 4.8],
             'StudyHours': [2.0, 5.0, 3.5, 4.0]
         })
         course_data = pd.DataFrame({
            'StudentID': [1, 2, 3, 5],
             'Course': ['Math', 'Physics', 'Chemistry', 'Biology']
         })
         # Merging datasets on 'StudentID'
         merged data = pd.merge(student data, course data, on='StudentID', how='inner')
         # Display merged data
         print("Merged Data:")
         print(merged_data)
       Merged Data:
          StudentID SleepHours StudyHours
                                             Course
       0
               1
                        6.5
                                      2.0
                                                Math
       1
                  2
                           5.2
                                      5.0
                                             Physics
       2
                           7.0
                                      3.5 Chemistry
In [11]: #DATA RESHAPING
         import pandas as pd
         data = pd.read_csv('47_student_sleep_patterns.csv')
         # Pivot: Summarize Sleep_Duration per Weekday_Sleep_Start
         pivot sleep = data.pivot(index='Weekday Sleep Start', columns='Student ID', valu
         # Pivot: Summarize Study Hours per Student ID
         pivot_study = data.pivot(index='Student_ID', columns='Gender', values='Study_Hou'
         # Melt: Convert to long format to compare multiple metrics
         melted data = data.melt(
            id_vars=['Student_ID', 'Gender', 'University_Year'], # Fixed columns
            value_vars=['Sleep_Duration', 'Study_Hours', 'Screen_Time'], # Metrics to u
```

```
var_name='Metric',
   value_name='Hours'
)
print("Pivoted Data - Sleep Duration per Weekday Start Time:")
print(pivot_sleep)

print("\nPivoted Data - Study Hours per Gender:")
print(pivot_study)

print("\nMelted Data - Long Format:")
print(melted_data)
```

```
Pivoted Data - Sleep Duration per Weekday Start Time:
Student_ID
                       1
                             2
                                  3
                                        4
                                              5
                                                               8
                                                                    9
                                                                          10
Weekday_Sleep_Start
                                                                                . . .
1.08
                       NaN
                             NaN
                                  NaN
                                        NaN
                                              NaN
                                                   NaN
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1.17
                       NaN
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Student_ID
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Weekday_Sleep_Start
1.08
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                                                                    NaN
                                                                          NaN
```

[452 rows x 500 columns]

Pivoted Data - Study Hours per Gender:

Gender	Female	Male	0ther
Student_ID			
1	NaN	NaN	7.9
2	NaN	6.0	NaN
3	NaN	6.7	NaN
4	NaN	NaN	8.6
5	NaN	2.7	NaN
• • •			
496	NaN	9.3	NaN
497	NaN	7.7	NaN
498	NaN	6.4	NaN
499	0.5	NaN	NaN
500	NaN	11.6	NaN

[500 rows x 3 columns]

Melted Data - Long Format:

Tierced baca Long Formac.									
	Student_ID	Gender	University_Year	Metric	Hours				
0	1	Other	2nd Year	Sleep_Duration	7.7				
1	2	Male	1st Year	Sleep_Duration	6.3				
2	3	Male	4th Year	Sleep_Duration	5.1				
3	4	Other	4th Year	Sleep_Duration	6.3				
4	5	Male	4th Year	Sleep_Duration	4.7				
				• • •					
1495	496	Male	2nd Year	Screen_Time	1.9				
1496	497	Male	2nd Year	Screen_Time	3.5				
1497	498	Male	3rd Year	Screen_Time	3.9				
1498	499	Female	2nd Year	Screen_Time	3.5				

Male

3rd Year

Screen\_Time

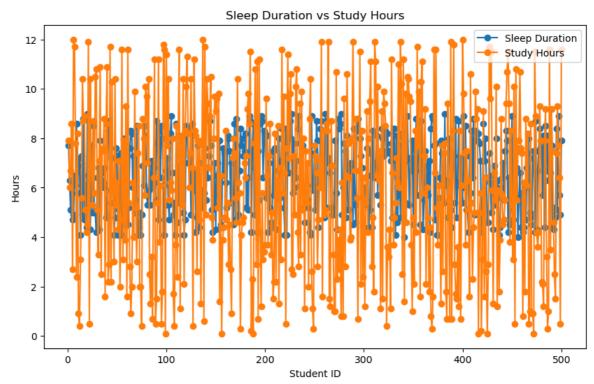
1.0

500

1499

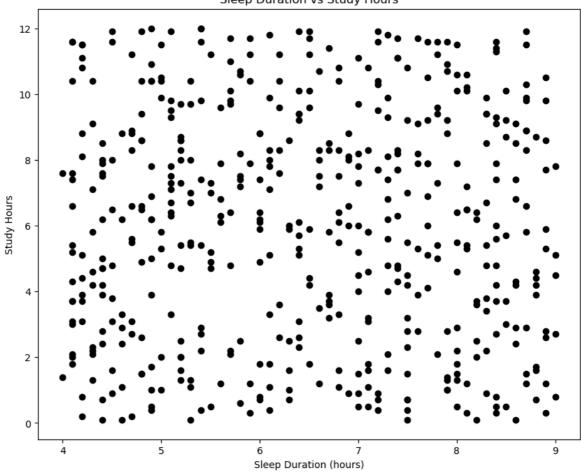
```
[1500 rows x 5 columns]
In [15]: #DATA GROUPING
         import pandas as pd
         data = pd.read_csv('47_student_sleep_patterns.csv')
         print("Column names in the dataset:")
         print(data.columns)
         data.columns = data.columns.str.strip()
         # Check if expected columns exist
         if 'Sleep_Duration' not in data.columns or 'Study_Hours' not in data.columns:
             print("Error: 'Sleep_Duration' or 'Study_Hours' column is missing.")
             print("Available columns:", data.columns)
         else:
             # Convert columns to numeric and handle errors
             data['Sleep_Duration'] = pd.to_numeric(data['Sleep_Duration'], errors='coerc
             data['Study_Hours'] = pd.to_numeric(data['Study_Hours'], errors='coerce')
             data.dropna(subset=['Sleep_Duration', 'Study_Hours'], inplace=True)
             # Grouping by University_Year and calculating averages
             grouped_data = data.groupby('University_Year').agg({
                  'Sleep_Duration': 'mean',
                  'Study_Hours': 'mean'
             }).reset_index()
             grouped_data.rename(columns={
                  'Sleep_Duration': 'AvgSleepHours',
                 'Study_Hours': 'AvgStudyHours'
             }, inplace=True)
             print("Grouped Data by University_Year:")
             print(grouped_data)
        Column names in the dataset:
        Index(['Student_ID', 'Age', 'Gender', 'University_Year', 'Sleep_Duration',
               'Study_Hours', 'Screen_Time', 'Caffeine_Intake', 'Physical_Activity',
               'Sleep_Quality', 'Weekday_Sleep_Start', 'Weekend_Sleep_Start',
               'Weekday_Sleep_End', 'Weekend_Sleep_End'],
              dtype='object')
        Grouped Data by University_Year:
          University_Year AvgSleepHours AvgStudyHours
        0
                1st Year
                              6.493600
                                             5.804000
        1
                 2nd Year
                                               6.081679
                                6.561832
                 3rd Year
                                6.489394
                                               6.429545
                4th Year
                                6.324107
                                               5.534821
In [19]: import pandas as pd
         data = pd.read_csv('47_student_sleep_patterns.csv')
         data.head()
         import matplotlib.pyplot as plt
         # Line plot for Sleep Duration and Study Hours
         plt.figure(figsize=(10, 6))
         plt.plot(data['Student_ID'], data['Sleep_Duration'], label='Sleep Duration', man
         plt.plot(data['Student_ID'], data['Study_Hours'], label='Study Hours', marker='o
         plt.title('Sleep Duration vs Study Hours')
         plt.xlabel('Student ID')
```

```
plt.ylabel('Hours')
plt.legend()
plt.show()
```



```
In [18]: import matplotlib.pyplot as plt
  plt.figure(figsize=(10, 8))
  plt.scatter(data['Sleep_Duration'], data['Study_Hours'], c='black')
  plt.title('Sleep_Duration vs Study Hours')
  plt.xlabel('Sleep_Duration (hours)')
  plt.ylabel('Study_Hours')
  plt.show()
```

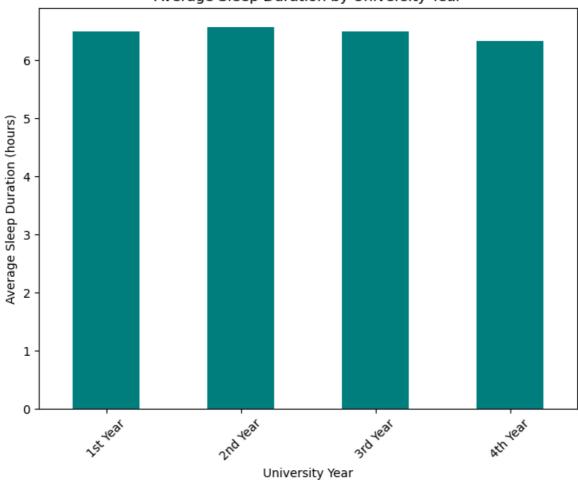
#### Sleep Duration vs Study Hours



```
import pandas as pd
import matplotlib.pyplot as plt
data = pd.read_csv('47_student_sleep_patterns.csv')
avg_sleep = data.groupby('University_Year')['Sleep_Duration'].mean()

avg_sleep.plot(kind='bar', color='teal', figsize=(8, 6))
plt.title('Average Sleep Duration by University Year')
plt.xlabel('University Year')
plt.ylabel('Average Sleep Duration (hours)')
plt.xticks(rotation=45)
plt.show()
```

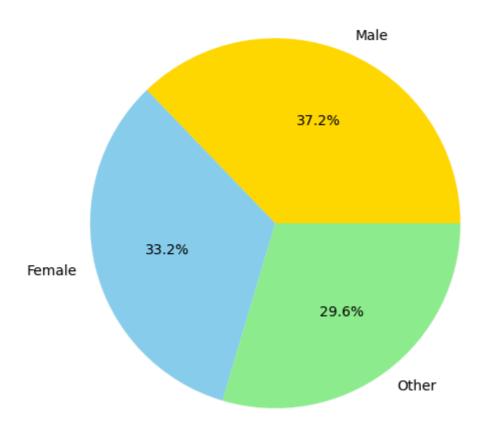




```
In [23]: gender_counts = data['Gender'].value_counts()

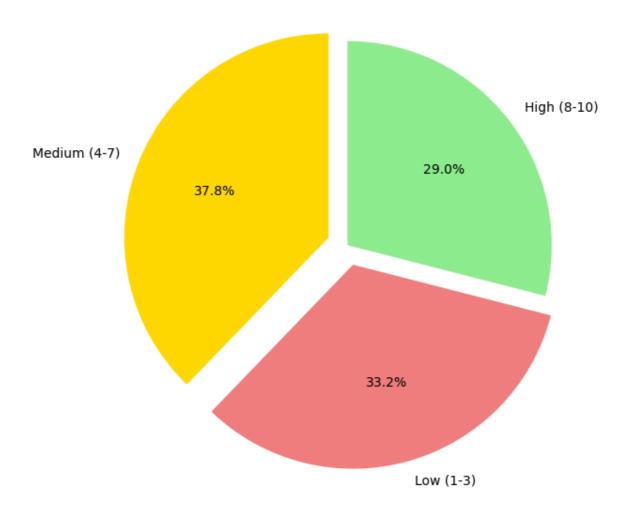
gender_counts.plot(kind='pie', autopct='%1.1f%%', figsize=(6, 6), colors=['gold'
    plt.title('Gender Distribution')
    plt.ylabel('')
    plt.show()
```

### Gender Distribution



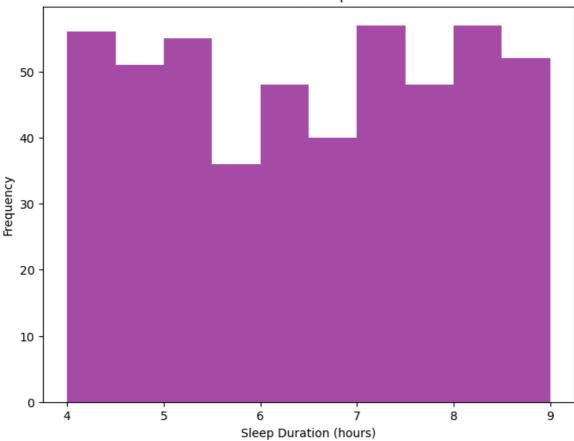
```
In [5]: sleep_quality_categories = pd.cut(data['Sleep_Quality'], bins=[0, 3, 7, 10], lab
    sleep_quality_counts = sleep_quality_categories.value_counts()
    plt.figure(figsize=(8, 6))
    sleep_quality_counts.plot(kind='pie', autopct='%1.1f%%', colors=['gold', 'lightc
    plt.title('Sleep Quality Distribution', fontsize=16)
    plt.ylabel('')
    plt.tight_layout()
    plt.show()
```

# Sleep Quality Distribution



```
In [25]: plt.figure(figsize=(8, 6))
    plt.hist(data['Sleep_Duration'], bins=10, color='purple', alpha=0.7)
    plt.title('Distribution of Sleep Duration')
    plt.xlabel('Sleep Duration (hours)')
    plt.ylabel('Frequency')
    plt.show()
```

### Distribution of Sleep Duration



```
In [20]:
         import pandas as pd
         import matplotlib.pyplot as plt
         import seaborn as sns
         # Load the dataset
         data = pd.read_csv('47_student_sleep_patterns.csv')
         # Strip spaces from column names
         data.columns = data.columns.str.strip()
         # Columns to analyze
         columns_to_analyze = [
              'Caffeine_Intake', 'Study_Hours', 'Sleep_Duration',
              'Screen_Time', 'Physical_Activity', 'Sleep_Quality'
         1
         # Check for missing columns
         missing_columns = [col for col in columns_to_analyze if col not in data.columns]
         if missing_columns:
             print(f"Error: Missing columns: {missing columns}")
         else:
             # Convert relevant columns to numeric and handle non-numeric data
             data[columns_to_analyze] = data[columns_to_analyze].apply(pd.to_numeric, err
             data.dropna(subset=columns_to_analyze, inplace=True)
             # Grouped bar chart: Mean values grouped by University Year
             grouped_data = data.groupby('University_Year').agg({col: 'mean' for col in c
             sns.set(style="whitegrid")
             grouped_data.set_index('University_Year', inplace=True)
```

```
grouped_data.plot(kind='bar', figsize=(12, 6), alpha=0.85, colormap='tab10')

plt.title('Average Metrics by University Year', fontsize=16)

plt.ylabel('Average Value', fontsize=12)

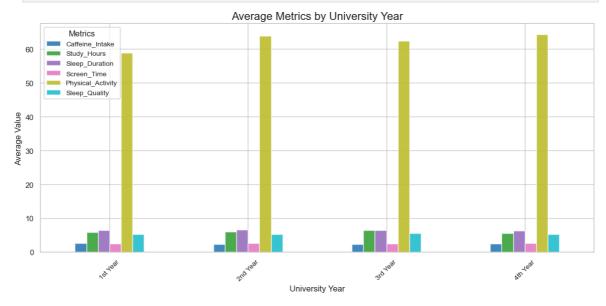
plt.xlabel('University Year', fontsize=12)

plt.xticks(rotation=45, fontsize=10)

plt.legend(title="Metrics", fontsize=10)

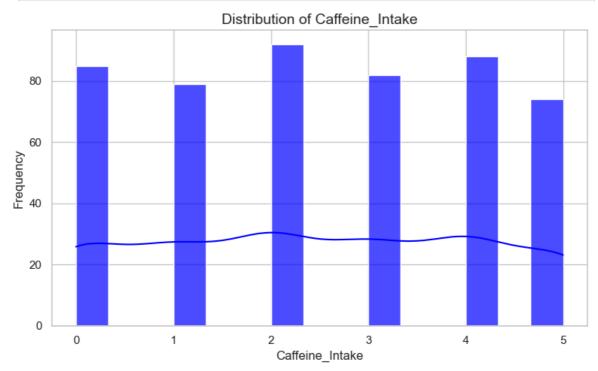
plt.tight_layout()

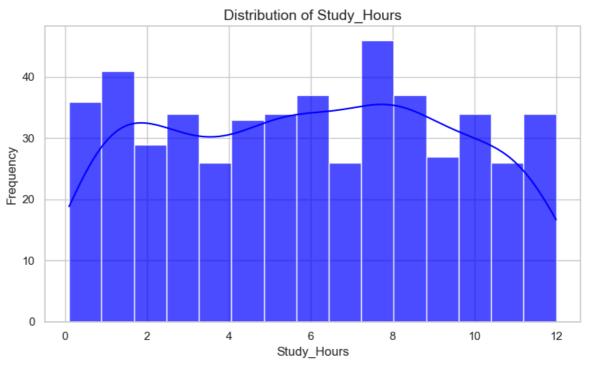
plt.show()
```



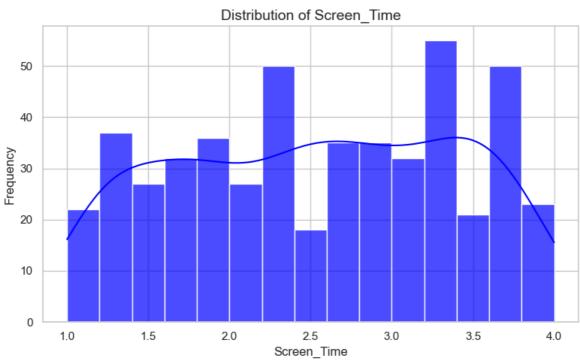
```
In [21]:
         import pandas as pd
         import matplotlib.pyplot as plt
         import seaborn as sns
         # Load the dataset
         data = pd.read_csv('47_student_sleep_patterns.csv')
         # Strip spaces from column names
         data.columns = data.columns.str.strip()
         # Columns to analyze
         columns to analyze = [
              'Caffeine_Intake', 'Study_Hours', 'Sleep_Duration',
              'Screen Time', 'Physical Activity', 'Sleep Quality'
         1
         # Check for missing columns
         missing_columns = [col for col in columns_to_analyze if col not in data.columns]
         if missing columns:
             print(f"Error: Missing columns: {missing columns}")
         else:
             # Convert relevant columns to numeric and handle non-numeric data
             data[columns_to_analyze] = data[columns_to_analyze].apply(pd.to_numeric, err
             data.dropna(subset=columns_to_analyze, inplace=True)
             # Histograms for each variable
             for col in columns_to_analyze:
                 plt.figure(figsize=(8, 5))
                 sns.histplot(data[col], kde=True, bins=15, color='blue', alpha=0.7)
                 plt.title(f'Distribution of {col}', fontsize=14)
                 plt.xlabel(col, fontsize=12)
```

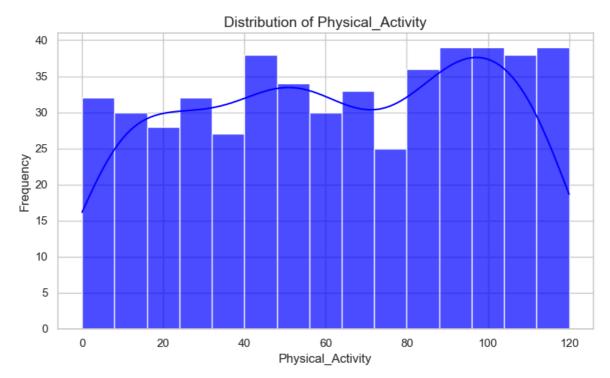
```
plt.ylabel('Frequency', fontsize=12)
plt.tight_layout()
plt.show()
```

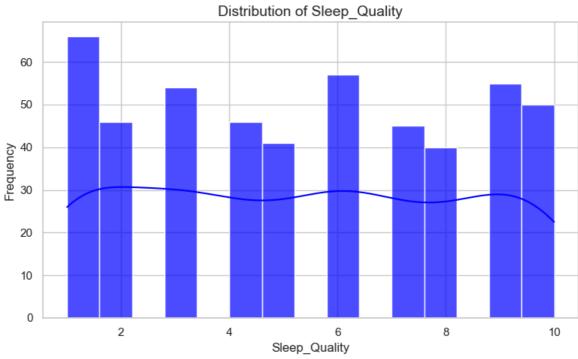








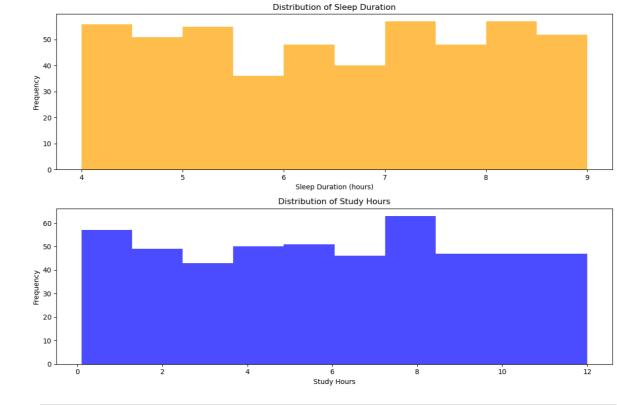




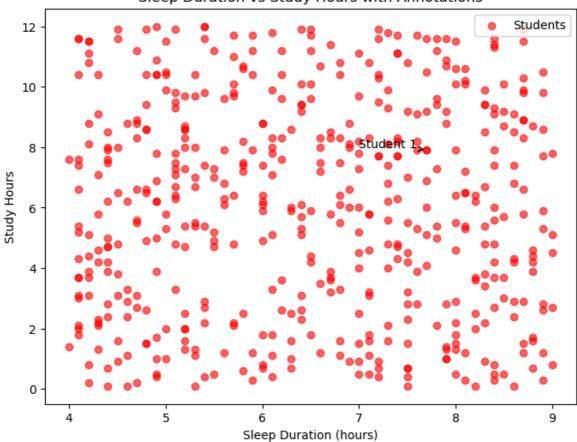
```
In [26]:
    plt.figure(figsize=(12, 8))
    plt.subplot(2, 1, 1)
    plt.hist(data['Sleep_Duration'], bins=10, color='orange', alpha=0.7)
    plt.title('Distribution of Sleep Duration')
    plt.xlabel('Sleep Duration (hours)')
    plt.ylabel('Frequency')

plt.subplot(2, 1, 2)
    plt.hist(data['Study_Hours'], bins=10, color='blue', alpha=0.7)
    plt.title('Distribution of Study Hours')
    plt.xlabel('Study Hours')
    plt.ylabel('Frequency')

plt.tight_layout()
    plt.show()
```



## Sleep Duration vs Study Hours with Annotations



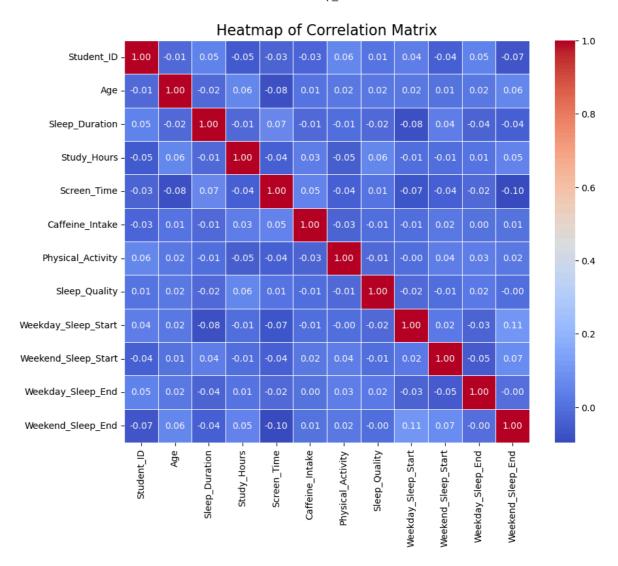
```
In [9]: import pandas as pd
    import seaborn as sns
    import matplotlib.pyplot as plt

df = pd.read_csv('47_student_sleep_patterns.csv')

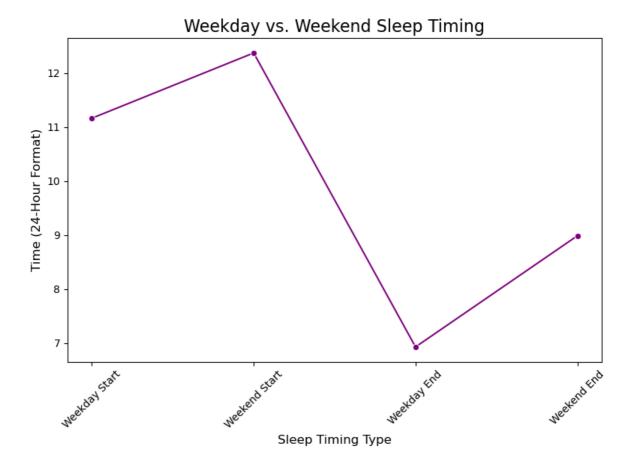
numeric_data = df.select_dtypes(include=['number'])

correlation_matrix = numeric_data.corr()

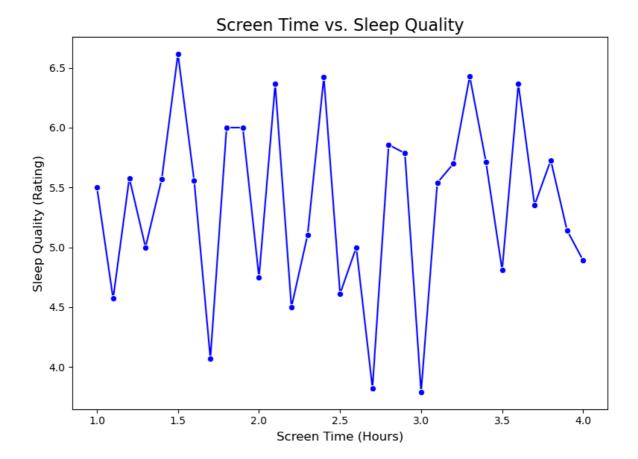
plt.figure(figsize=(10, 8))
    sns.heatmap(correlation_matrix, annot=True, cmap="coolwarm", fmt=".2f", linewidt plt.title("Heatmap of Correlation Matrix", fontsize=16)
    plt.show()
```



```
In [7]:
        import seaborn as sns
        weekday_start = data['Weekday_Sleep_Start'].mean()
        weekend start = data['Weekend Sleep Start'].mean()
        weekday end = data['Weekday Sleep End'].mean()
        weekend_end = data['Weekend_Sleep_End'].mean()
        sleep_timing = pd.DataFrame({
             'Type': ['Weekday Start', 'Weekend Start', 'Weekday End', 'Weekend End'],
             'Time': [weekday_start, weekend_start, weekday_end, weekend_end]
        })
        plt.figure(figsize=(8, 6))
        sns.lineplot(x='Type', y='Time', data=sleep_timing, marker='o', color='purple')
        plt.title('Weekday vs. Weekend Sleep Timing', fontsize=16)
        plt.xlabel('Sleep Timing Type', fontsize=12)
        plt.ylabel('Time (24-Hour Format)', fontsize=12)
        plt.xticks(rotation=45, fontsize=10)
        plt.tight layout()
        plt.show()
```



```
In [9]: screen_time_quality = data.groupby('Screen_Time')['Sleep_Quality'].mean().reset_
    plt.figure(figsize=(8, 6))
    sns.lineplot(x='Screen_Time', y='Sleep_Quality', data=screen_time_quality, marke
    plt.title('Screen Time vs. Sleep Quality', fontsize=16)
    plt.xlabel('Screen Time (Hours)', fontsize=12)
    plt.ylabel('Sleep Quality (Rating)', fontsize=12)
    plt.tight_layout()
    plt.show()
```



In [ ]: