GC Metrics to Monitor in Production (Advanced GC Observability)

1. Allocation Rate (objects/sec or MB/sec)

What it is:

The **Allocation Rate** represents how fast your application is **allocating objects in the heap**, typically measured in **MB/sec** or **objects/sec**.

A Why it's important:

- High allocation rates can trigger frequent Young GCs, increasing CPU usage.
- It helps you understand if object creation is aligned with heap size and GC frequency.
- Indicates **object churn**—the volume of short-lived objects being created and collected.

Observability Impact:

- Young GC frequency ↑ if allocation rate is high.
- Could cause CPU pressure even if GC pause is low.
- Correlates with application throughput (e.g., request volume).

Best Practice:

- Tune GC frequency or heap size based on allocation trends.
- Optimize code to reuse objects (e.g., buffer reuse, object pooling).

Metrics Example:

- jvm.memory.heap.allocated.rate: 850 MB/sec
- jvm.gc.memory.allocated: Prometheus counter reset at GC

2. O GC Pause Time (milliseconds per GC event)

// What it is:

Pause Time is the duration during which the **application threads (STW - Stop-The-World)** are paused while the GC runs.

A Why it's important:

- Directly impacts latency-sensitive workloads.
- Prolonged pauses may cause request timeouts, lag spikes, and throughput drops.
- Reflects GC algorithm efficiency (G1GC vs CMS vs ZGC).

Observability Impact:

- Latency spike in APM tools (e.g., NewRelic, Dynatrace).
- High tail latencies (P95/P99) often correlate with GC pauses.

✓ Best Practice:

- Aim for consistent low pause times.
- Tune GC flags: -XX:MaxGCPauseMillis=200 (for G1).
- Avoid Full GC at runtime by controlling promotion (see below).

Metrics Example:

- jvm.gc.pause.time: Histogram of all GC pauses (mean, 95th, 99th percentile)
- jvm.gc.pause.count: Counter per GC event

3. Promotion Rate (MB/sec or objects/sec)



The **Promotion Rate** measures how much memory (or how many objects) are being **moved from Young Generation to Old Generation** during GC.

A Why it's important:

- High promotion rate → rapid Old Gen fill-up → increased risk of Full GC.
- Indicates objects surviving longer in Young Gen (might be a leak symptom).
- Helps forecast memory pressure on Old Gen.

Observability Impact:

- Spikes in promotion rate often precede Full GC events.
- Memory leaks show consistent upward trend in promotion without reclaim.

Best Practice:

- Use -XX:MaxTenuringThreshold to control survivor age.
- Analyze object lifetimes using heap dumps or GC logs.

Metrics Example:

- jvm.gc.promotion.rate: 200 MB/sec to Old Gen

- GC log line sample: "Promoted 25MB to Old"

Additional GC Metrics (Bonus)

Metric	Description	Monitoring Insight
Old Gen Utilization	Memory used in Old Generation space	Early warning for Full GC
Live Set Size	Amount of heap used after GC	Indicates memory retention trend
Heap Fragmentation	Gaps in Old Gen that GC can't compact	Increases allocation failure risk
Full GC Count & Time	# of Full GC events & duration	SLA-critical, must be near-zero in prod
Finalizer Queue Length	Finalizable object backlog	High values → memory leak or GC pressure

Sample GC Dashboard Panels (Grafana / Prometheus)

- 2. GC Pause Time Distribution (P50, P95, P99)
- 3. Old Gen Usage vs Promotion Rate Trend

Real-World Observability Scenario

Problem: Latency spikes every 3 minutes in production API.

Investigation using GC Metrics:

• Allocation rate: 1200 MB/sec

• Promotion rate: 250 MB/sec

• Old Gen near 80% filled every 3 mins

• GC logs show frequent Full GC

Fixes:

- Increased heap size from 8GB → 12GB
- Tuned G1GC with -XX:MaxTenuringThreshold=5
- Refactored service to avoid large object allocation per request

Result: GC pause dropped from 800ms \rightarrow 120ms, P99 latency improved.

Summary – What to Track Daily

Metric	Goal / Threshold
Allocation Rate	< 800 MB/sec (for medium traffic apps)
GC Pause Time (P95)	< 200ms (for APIs), < 500ms (batch jobs)
Promotion Rate	< 200 MB/sec; avoid sudden spikes
Full GC Frequency	0 or near-zero
Old Gen Occupancy	< 70% sustained usage
Survivor Promotion Fail	0 ideally; if present → tune survivor space sizes