1·4   Explain JWT in approx and prove it's top
      3 benefits.

- JWT - Json web token.
- JWT is JSON object which is used to securely transfer information over the web between two parties.
- JWT is used for an authentication system and can also be used for information exchange.
- The token is mainly composed of header, payload and signature. These three parts are separated by dots (·).
- JWT defines the structure of information we are sending from one party to another and it comes into two forms.
  - ① serialized
  - ② Deserialized.

① serialized -
     - The serialized approach is mainly used to transfer the data through the network with each request and response.

② Desent Deserialized -
     - Deserialized approach is used to read and write data to the web token.