Mess Menu – February'24

DAY	BREAKFAST (7:00 – 9:00)	LUNCH (12:00 - 2:00)	DINNER (7:00 - 8:45)
MONDAY	Vada Pav (Mumbai)	Jeera Rice, Kerala Rice,	Rice, Roti
	Puttu, Channa Curry	Roti, Aloo Curry	Punjabi Dal Tadka,
	Fried Chillies, Onions	Rajma Curry	Veg Kolhapur
	Green Chutney	Pullisherry,	Egg Curry
	Red Powdered Chutney	Curd, Salad	Chips, Rasam
	Bread (Normal/Brown)		Curd, Salad
	Jam, Butter		Buttermilk
THECDAY	Tea, Milk, Banana	Diag Descri	Diag Dati
TUESDAY	Thattu Dosa,	Rice, Puri Amritsari Chole	Rice, Roti
	Medu Vada,	Onion Dal Tadka	Chilli Gobhi Dry, Palak Dal
	Sambhar, Coconut Chutney	Salad, Curd	Rasam, Chips
	Bread (Normal/Brown)	Drink: Sweet Lassi	Curd, Salad
	Jam, Butter		Chenna Payasam
	Coffee, Milk		Chemia rayasam
WEDNESDAY	Idli, Masala Idli	Rice, Roti	Tawa Pulao, Roti
	Punugulu, Sambhar	Punjabi Dal Tadka	Malai Paneer
	Groundnut Chutney	Jeera Aloo (Spicy)	Chilly Chicken, Gravy
	Tomato Chutney	Rasam, Papad	Vegetable Raita
	Bread (Normal/Brown)	Curd, Salad,	Drink: Tang
	Jam, Butter,	Drink: Buttermilk	
	Tea, Milk	Banana	
THURSDAY	Vada Pav (Mumbai)	Kerala Rice, Roti	Rice, Roti
	Fried Chillies, Onions	Flavoured Rice, Rice	Egg Curry
	Green Chutney	Avial	Kootu Curry
	Red Powdered Chutney	Tomato Dal	Papad, Rasam
	Sprouts (Fried)	Chips, Curd, Salad	Curd, Salad
	Bread (Normal/Brown) Jam, Butter, Banana	Rasam Buttermilk	Payasam
	Coffee, Milk	Buttermik	
FRIDAY	Idli, Masala Idli	Rice, Roti	Fried Rice, Roti
	Medu Vada	Tomato Rice,	Pepper Chicken
	Groundnut Chutney	Chana Masala	Matar paneer
	Sambhar	Sambhar	Boondi Raita
	Bread (Normal/Brown)	Curd, Salad, Chips	Onion Salad
	Jam, Butter	Drink: Buttermilk	Lemon Sharbat
	Tea, Milk		
SATURDAY	Upma, Sprouts	Rice, Roti, Kerala Rice	Roti, Rice
SAIGNDAI	Groundnut Chutney	Gobhi Dry	Pudhina Rice,
	Bread (Normal/Brown)	Cabbage Thoran	Soya Chunk Curry,
	Jam, Butter, Banana	Parippu Dal, Papad	Onion Raita, Salad
	Coffee, Milk	Beetroot Pachadi	
	Banana	Curd, Salad, Buttermilk	
SUNDAY	Sandwich	Chicken Biryani	Rice, Roti
	Pudina Chutney	Paneer Biryani	Chole
	Banana, Boiled Egg	Veg Gravy	Tomato Dal
	Bread (Normal/Brown)	Chicken Gravy	Curd, Salad, Chips
	Jam, Butter	Boondi Raita	Vermicelli Payasam
	Tea, Milk	Papad, Salad	,
		Lemon Sarbat	