



Anisha Poudel

Registered Nurse

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📍 Lakeside-6, Pokhara 🇳🇵 Nepalese ♀ Female

Nepal nursing council no : 59541

DHA license : Passed

Profile

Dedicated and compassionate Nurse with hands-on experience in delivering holistic patient care in high-acuity settings. Proven ability to perform comprehensive health assessments, administer treatments, and provide maternal health support. Adapt at collaborating with multidisciplinary teams to enhance patient outcomes and community health. Strong problem-solving skills and a commitment to service, with a focus on public health initiatives and education.

Professional Experience

06/2025 – Present
Pokhara, NEPAL

Metro city Hospital PVT . LTD

Registered Nurse
Critical care nurse in intensive care unit

11/2020 – 01/2022
Pokhara, Nepal

Western Regional Hospital

Registered Nurse

- Provided comprehensive nursing care in high-acuity settings, including health assessments, triage, and treatment administration, while ensuring patient safety and effective -recovery. With hands on experience in gynecology and COVID -19 isolation unit, providing antenatal and postnatal care ,post operative monitoring, oxygen therapy, and strict infection prevention and control while supporting patient in isolation.

Education

2021 – 2024
Pokhara 27

Bachelor of Nursing Science

Gandaki medical College
Adult health nurse (Efficient in providing care to medical , surgical, psychiatric and geriatric cases).

2016 – 2019
Bharatpur-10,Chitwan,
NEPAL

Proficiency Level Certification Nursing

Chitwan Academy for Technical Education Pvt.Ltd

2003 – 2016
Lakeside-6, Pokhara
NEPAL

School leaving certificate

National inventive higher secondary boarding school

Skills

Defining and solving problems

Service-Focused

Professionalism

Computer skills

MS Word, Power point, Excel

Emergency and Critical Skills

Basic life support
CPR and First aid
Code management
Triage and emergency response

Time management
Clinical thinking and judgement
Attention to details
Adaptability and Flexibility
Ethical and professional practice

Languages

Nepali

English

Hindi

Training and Workshops

Basic Life support

First Aid

Neuro critical care workshop for Nurses

Organizations

2020 – Present
Pokhara, Nepal

- Led blood donation drives, collaborating with local health organizations to raise awareness and increase donor participation, ultimately saving lives in the community.
- Assisted in organizing and providing medical support at health camps, offering services such as health screenings and health education to underserved communities.
- Conducted first aid training sessions for community members, equipping them with essential skills to respond effectively in emergencies.
- Advocated for environmental sanitation initiatives, leading community clean-up drives to promote public health and environmental awareness.