

Step 2:

Instantiate the object of thread using the following constructor.

```
Thread(Runnable threadObj);
```

example,

```
Thread t = new Thread(new Class Runnable());  
Class Run
```

Step 3 :

Once the thread is created, you can start it by calling the start method, which executes call to run method.

example.

```
t.start();
```

Conclusion:

Hence, by performing this practical I learnt about the concept of creating threads by using Runnable interface. I also created, developed and executed java program based on Threads by implementing Runnable interface.