SWOT Analysis

Strengths:

- Good leadership skills; had been a leader of groups and teams in past records.
- Creative problem-solving skills and project implementation skills.
- Good team player with good collaboration skills.
- Caring and motivating people to achieve their goals.

Weaknesses:

- Not fluent in spoken English; the communication skills are impaired.
- Procrastination has often resulted in reduced productivity.
- Overthinking of situations, which often results in unnecessary stress.

Opportunities:

- The period of 6 months at CDAC will enable me to develop technical and soft skills.
- Resources and support to improve spoken English and how to avoid procrastination.
- Knowledge of industry trends and exposure through networking with industry persons at CDAC.

Threats:

- Fastly moving industry: Keeping in pace with changes in AI and other upcoming technologies; otherwise, there can be area of obsoleting systems.
- Very competitive environment: Pressure and urge to perform better than others may result in burn out.
- Lack of confidence: the personal negative evaluation may act as a hindrance to the development and growth of personality and profession.

Action Plan:

Improving spoken English and effective time management and breaking tasks down into smaller, workable pieces can reduce procrastination. Bring in mindfulness and keep your focus on concrete actions—not perceived results.

Stay updated about AI trends by reserving time weekly to study AI and other related fields. Balance competitiveness by focusing on personal growth, not by comparing with others to avoid burn-out. Take out time regularly and reflect over your achievements. Apply realistic goals that shall enhance your self-confidence.