Unit 5: Religion - beliefs, practices, and values The Western Wall - a sacred wall in Jerusalem, Jewish people pray. Abraham - a holy figure of Judaism, Christianity, and Islam. Covenant - a sacred agreement or promise made between god and people. Messiah - someone chosen to help people Shabbat - The Jewish holy day of rest. On Friday evening and ending on Saturday evening. Rabbi - A Jewish teacher and leader who teaches people to learn and worship. 10 Commandments - 10 rules of how people should live and what they should and should not do. Sacraments (Baptism, Communion) Penance - this is what people do to seek for forgiveness Qur'an - the holy book for religion of Islam Imam - Leads prayers Sunni & Shia Muslims Ramadan - A time where Muslims fast, they can't drink water or eat food. They have a big meal at the end of the day. They do this to feel for the poor. The Kaaba - a sacred building in Mecca. This is the most important site in Islam. Muslim "Golden Age" - a period of time when Muslim civilizations became to advance there societies.