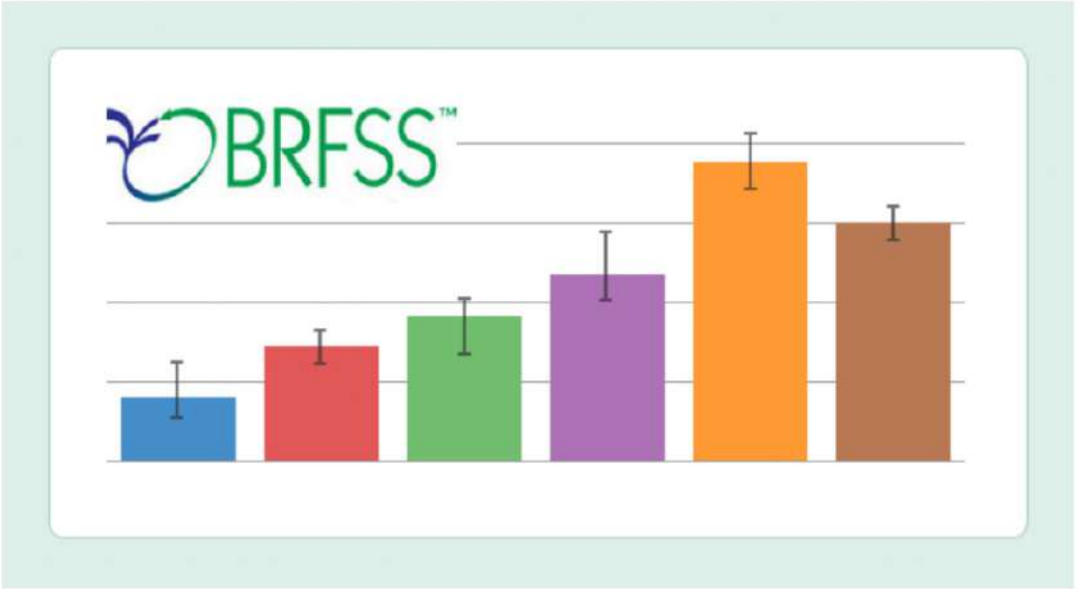
Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™

BRFSS Prevalence & Trends Data

Welcome! Here you will find the enhanced version of the BRFSS Prevalence and Trends Tool. You have the option of exploring the prevalence data by location or topic. Both routes enable you to view and download prevalence estimates through charts, graphs, and maps based on the path you direct. This version provides access to prevalence estimates from the BRFSS core data at the state level as well as data from Selected Metropolitan/Micropolitan Area Risk Trends (SMART). The prevalence estimates have been updated to include both crude prevalence and age-adjusted prevalence. The tool will continue to be updated as new functions and data become available.



Clear all slicers

Nutrition Physical Activity and Obesity - Behavioral Risk Factor Surveillance System 2022 Prevalence Analysis

Year
- [ ] 2011
- [ ] 2012
- [ ] 2013
- [ ] 2014
- [ ] 2015
- [ ] 2016
- [x] 2017
- [ ] 2018
- [ ] 2019
- [ ] 2020
- [ ] 2021
- [ ] 2022

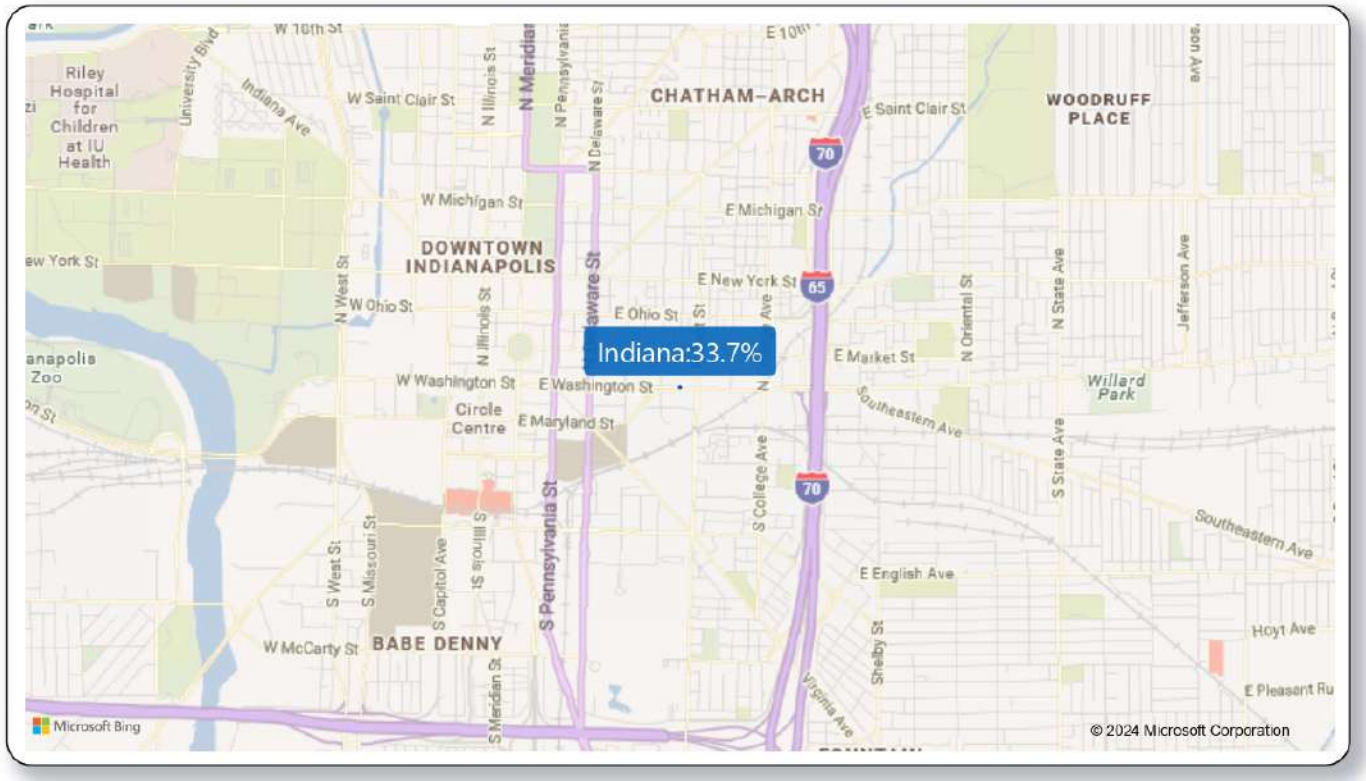
Gender: F

Race Ethnicity: All

Education: All

Income Category: All

Age: All



Activity Category
- [ ] Fruit_Consumption
- [ ] Muscle_Strengthening
- [x] Obesity
- [ ] Overweight
- [ ] Physical_Activity_150min

Prevalence KPI

State

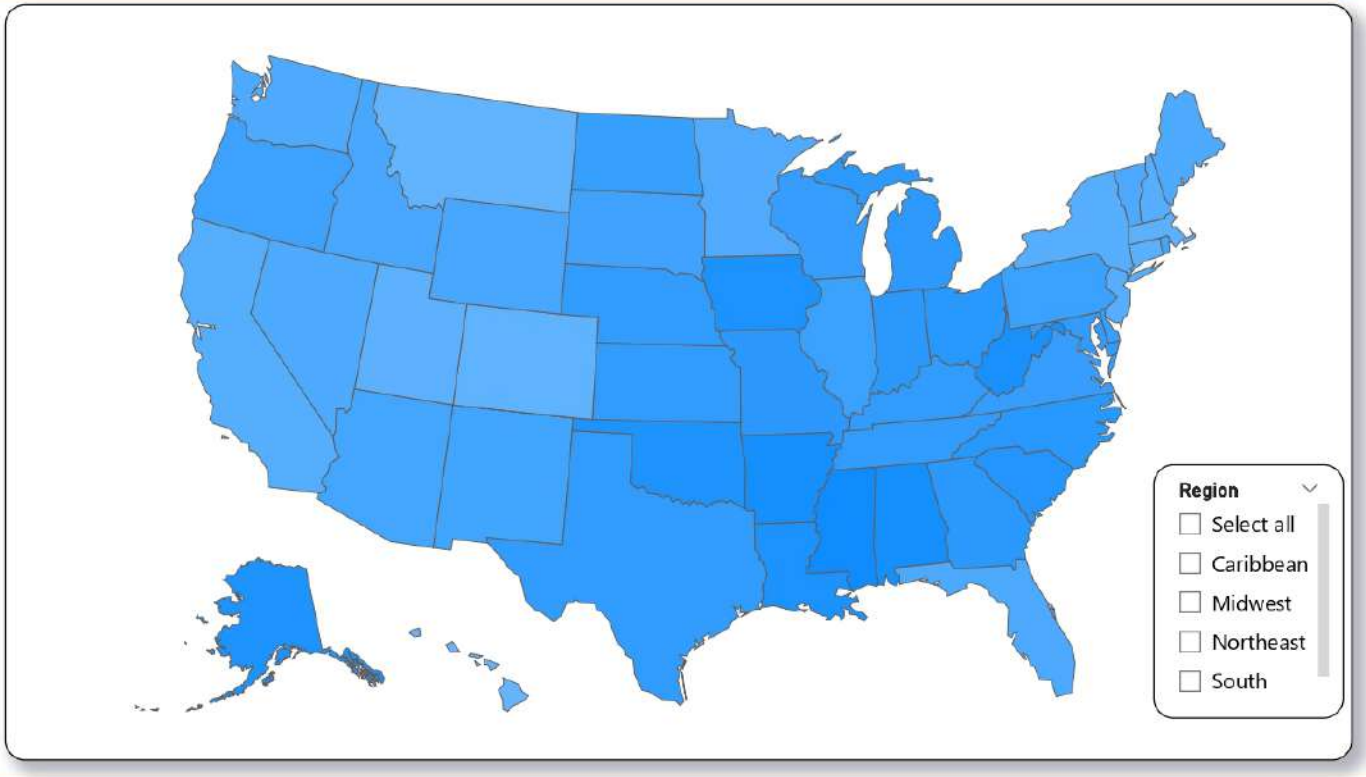
Search

- [x] Select all
- [ ] Alabama
- [ ] Alaska
- [ ] Arizona
- [ ] Arkansas

Clear all slicers

Prevalence Distribution across States

State	Prevalence
Alabama	37.4%
Alaska	36.1%
Arizona	28.8%
Arkansas	37.4%
California	25.8%
Colorado	23.8%
Connecticut	24.4%
Delaware	31.3%
District of Columbia	27.2%
Florida	27.3%
Georgia	33.6%
Guam	31.6%
Hawaii	22.4%
Idaho	28.2%
Illinois	30.5%
Indiana	33.7%
Iowa	36.4%
Kansas	32.4%



Clear all slicers

Prevalence Distribution across States

CALIFORNIA

Year

- [ ] 2011
- [ ] 2012
- [ ] 2013
- [ ] 2014
- [ ] 2015
- [ ] 2016
- [x] 2017
- [ ] 2018
- [ ] 2019
- [ ] 2020
- [ ] 2021
- [ ] 2022

Activity Category

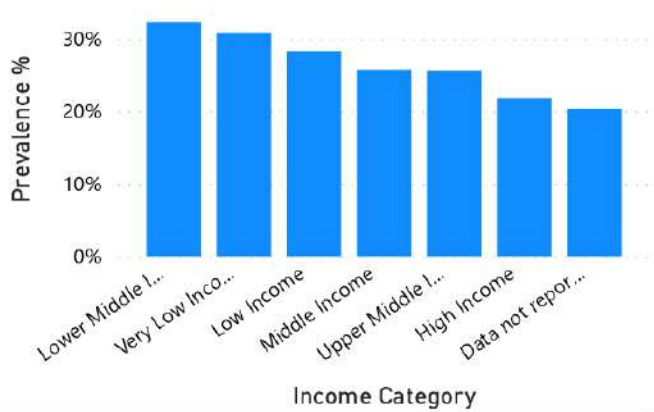
- [ ] Fruit_Consumption
- [ ] Muscle_Strengthening
- [x] Obesity
- [ ] Overweight
- [ ] Physical_Activity_150min
- [ ] Physical_Activity_150min_and_M

State

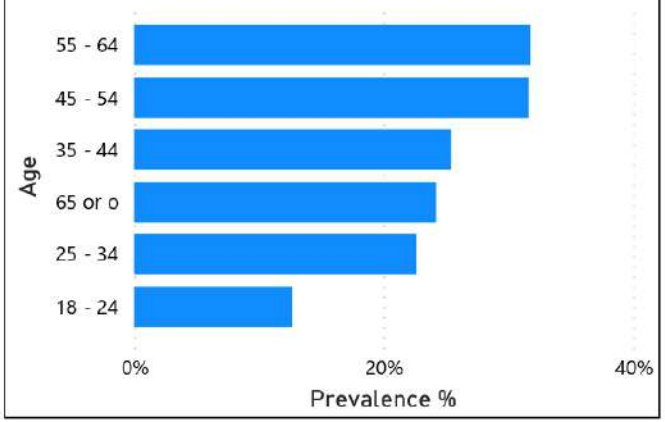
Search

- [x] Select all
- [ ] Alabama
- [ ] Alaska
- [ ] Arizona
- [ ] Arkansas
- [x] California
- [ ] Colorado

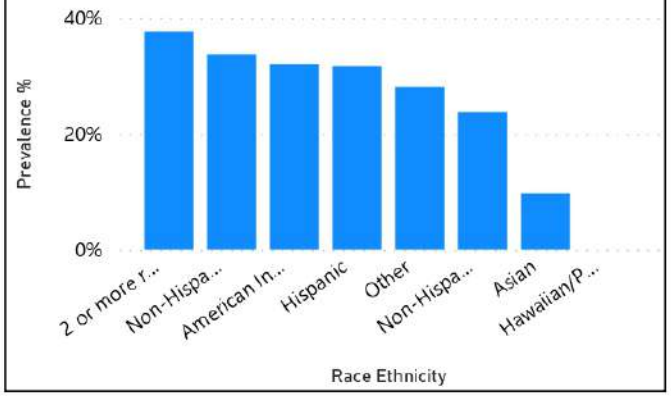
Prevalence by Income



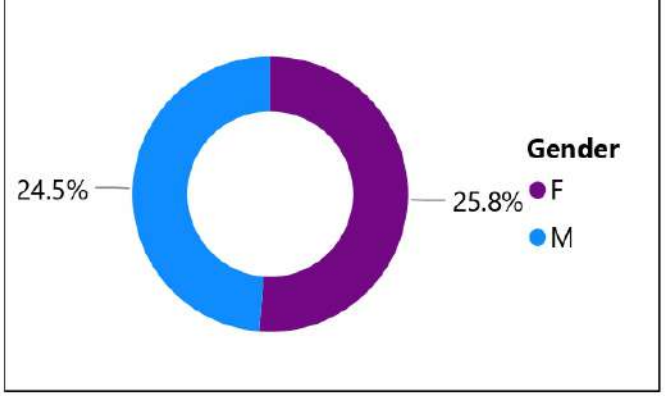
Prevalance by Age



Prevalence by Race



Prevalence by Gender



Clear all slicers

Prevalence Historical Trends

INDIANA

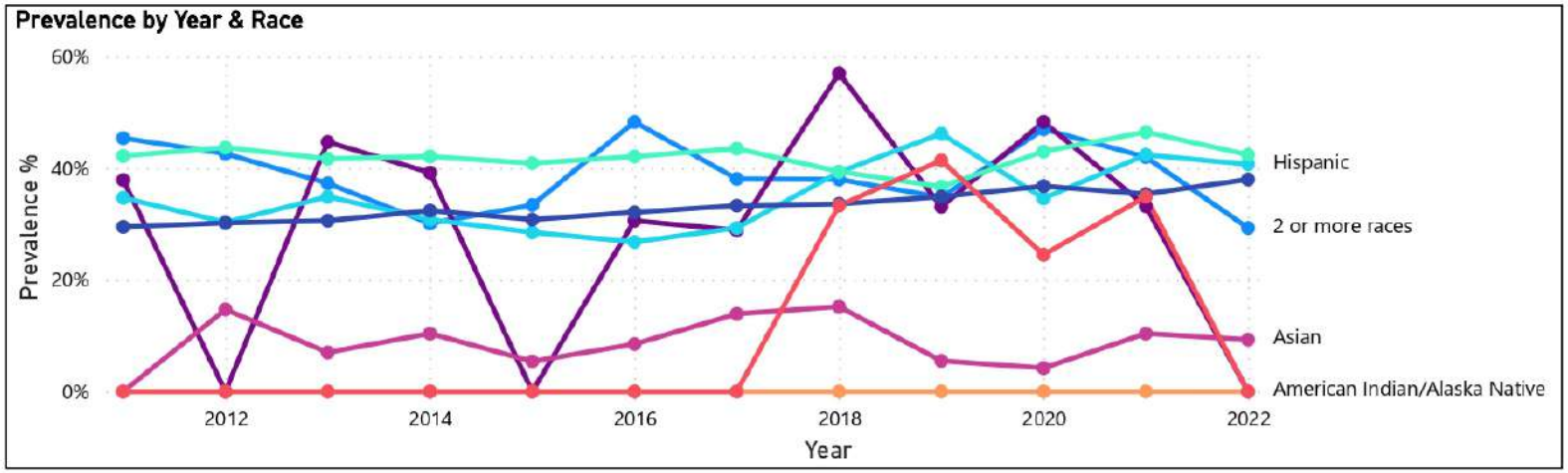
Activity Category

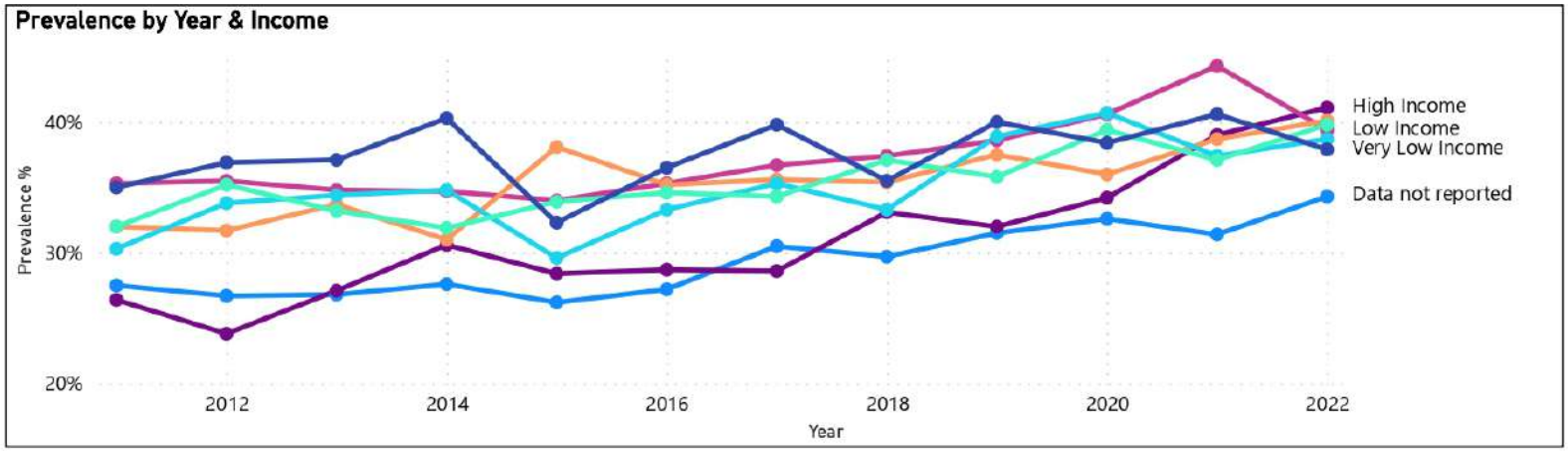
- [ ] Fruit_Consumption
- [ ] Muscle_Strengthening
- [x] Obesity
- [ ] Overweight
- [ ] Physical_Activity_150min
- [ ] Physical_Activity_150min_and_M

State

Search

- [x] Select all
- [ ] Alabama
- [ ] Alaska
- [ ] Arizona
- [ ] Arkansas
- [ ] California
- [ ] Colorado





Navigation & Interpretation Guidelines:

1. Prevalence data for multiple categories such as obesity can be previewed by filtering appropriate segments in "**Prevalence Interpreter**" tab.
2. Prevalence distribution across States can be previewed in **"Prevalence Heat Map"** tab by applying necessary filters in Interpreter tab except for State.
3. Data Distribution by variety of segments such as Age, Gender, Race Ethnicity can be found in **"Stratification"** tab.
4. Historical pattern findings across various categories such as Income, Race can be viewed in **"Yearly Trends"**
5. Do "Ctrl + click" to use Navigation, clear slicer buttons and for multiple selections.