

Home Remedy for Kids

Recommended Remedy:

1. Hydrating Cucumber Mask: Grate a cucumber and apply the paste on your child's dry skin. Cucumber has hydrating properties that can help moisturize the skin.
2. Cool Compress: Soak a clean cloth in cold water and apply it to the dry skin areas. This will help soothe and hydrate the skin.
3. Stay Hydrated: Encourage your child to drink plenty of water throughout the day to keep their skin hydrated from the inside out.

Avoid exposing your child's skin to direct sunlight during peak hours and make sure they wear protective clothing and use sunscreen if they need to go outside. These simple remedies can help alleviate dry skin caused by the hot sun. Stay cool and hydrated!