

Home Remedy for Kids

Recommended Remedy:

1. Warm Lemon Honey Drink: Mix 1 tablespoon of honey and 1 tablespoon of lemon juice in a cup of warm water. This drink can help soothe the sore throat and provide some relief.
2. Lukewarm Bath: Give your child a lukewarm bath to help reduce fever. Make sure the water is not too cold or too hot.
3. Rest and Hydration: Ensure your child gets plenty of rest and drinks fluids like water, clear broth, or herbal tea to stay hydrated.

Feel free to try these remedies to help your child feel better. If the symptoms persist or worsen, please consult a healthcare provider. Get well soon!