

Effortless Nutrition Tracking via SMS

Text-a-Bite

Your personal nutrition assistant, one text away.

Presented by Team: Text-a-Bite





Why Use Text-a-Bite?

Track your nutrition
in the easiest way possible.

Convenience:

- Just text, no downloads, no sign-ups, no hassle.

Real-Time Insights:

- Accurate nutritional breakdowns instantly.

Personalized Tracking:

- Save and review your tracked calories for better dietary awareness.

Accessibility:

- Works on any phone with SMS.



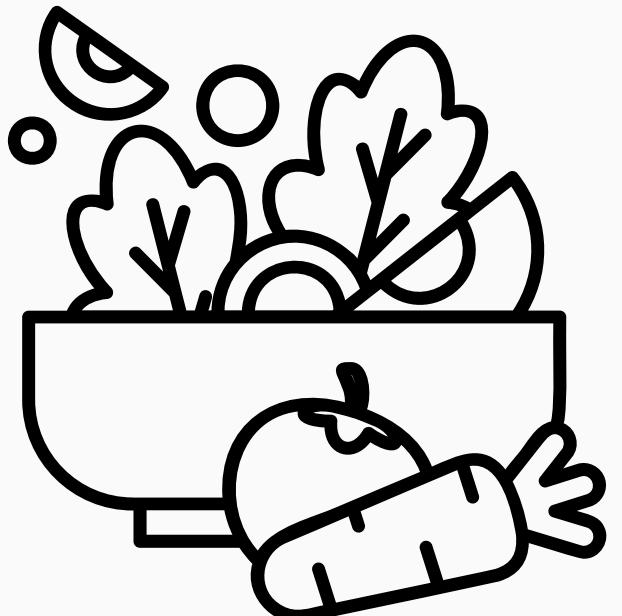
Why Track Your Food?

Your Health, Simplified

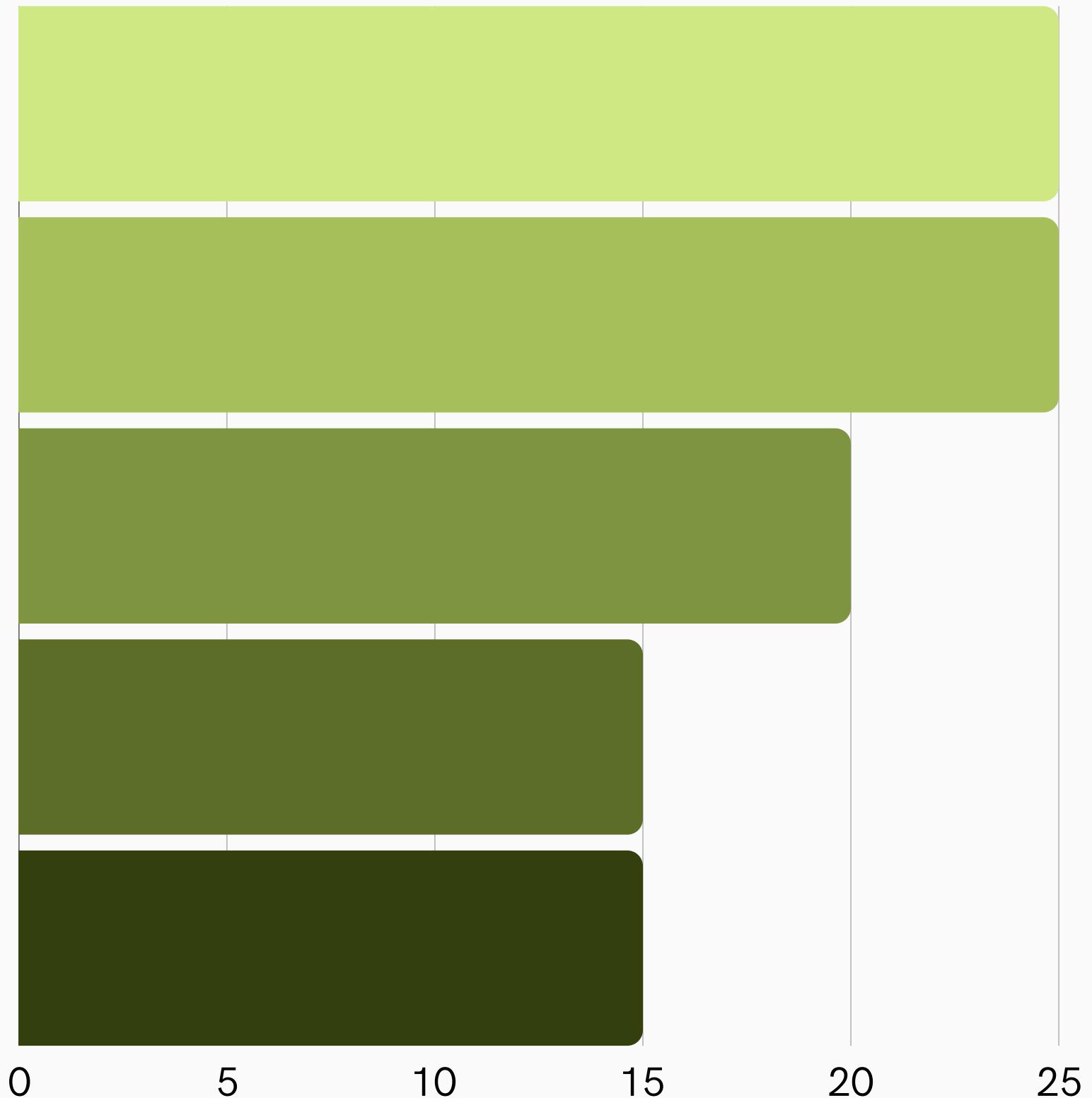
- Studies show that tracking food intake improves dietary choices.
- Gain control over your nutrition effortlessly.
- Awareness leads to better habits, whether for weight management, fitness, or general health.

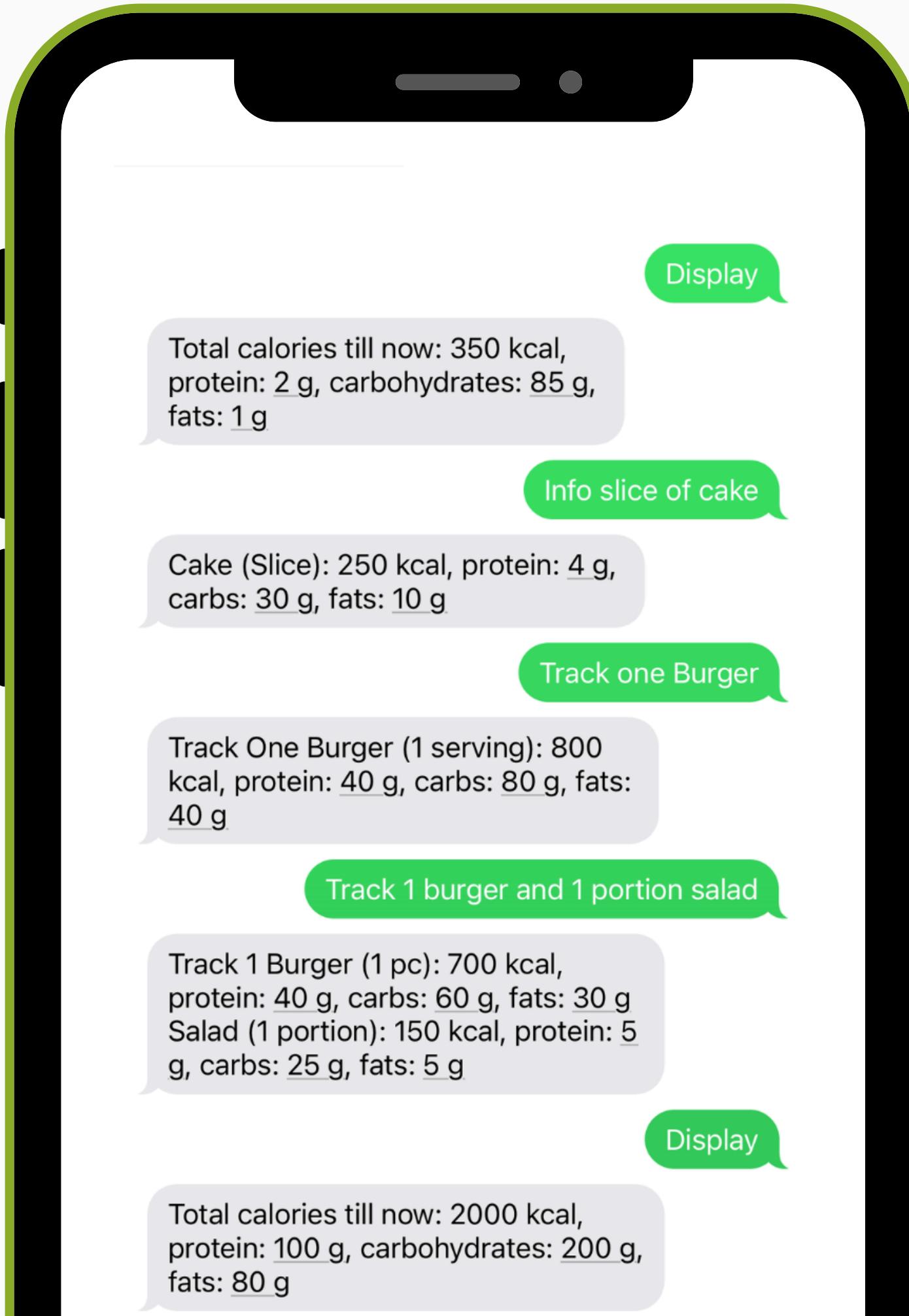
Healthier Eating Habits

multifaceted advantages
of food tracking



- Improved Dietary Choices
- Weight Management
- Increased Awareness
- Identification of Food Sensitivities
- Accountability





Key Features

Text-a-Bite is an SMS-based app powered by Gemini AI that provides:

- Instant nutritional breakdown of any food.
- A simple way to track your daily intake with "Track" and "Display" commands.

Simply send an SMS

You'll receive an instant reply with the requested information

Our system ensures consistent, accurate replies in the same format, making nutrition tracking seamless and reliable.

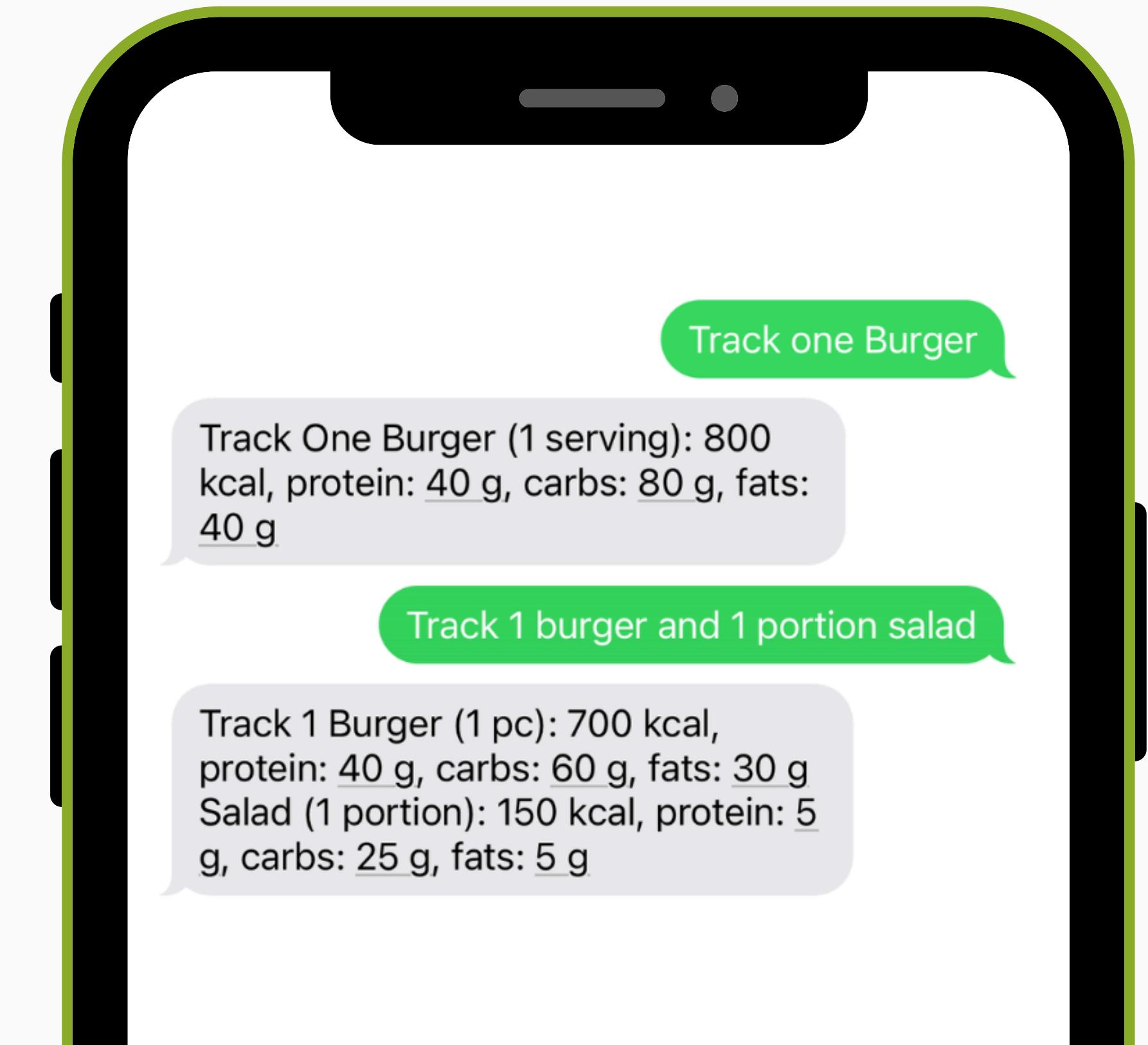
Banana

Banana (1 medium): 105 kcal,
protein: 1g, carbs: 27g, fats: 0g

Track

Enter a command
with the word "Track"

- The system retrieves the specific food item's details, such as calories, protein, carbs, and fats, based on standard serving sizes.



Display

Total calories till now: 2000 kcal,
protein: 100 g, carbohydrates: 200 g,
fats: 80 g

Display

Enter a command
with the word "Display"

- The system keeps a running total of the calories, protein, carbohydrates, and fats consumed so far and updates you when you use the "Display" command.



Text Message • SMS



Who Benefits from Text-a-Bite?

Fitness Enthusiasts:

- Manage macros and track calories with ease.

Busy Professionals:

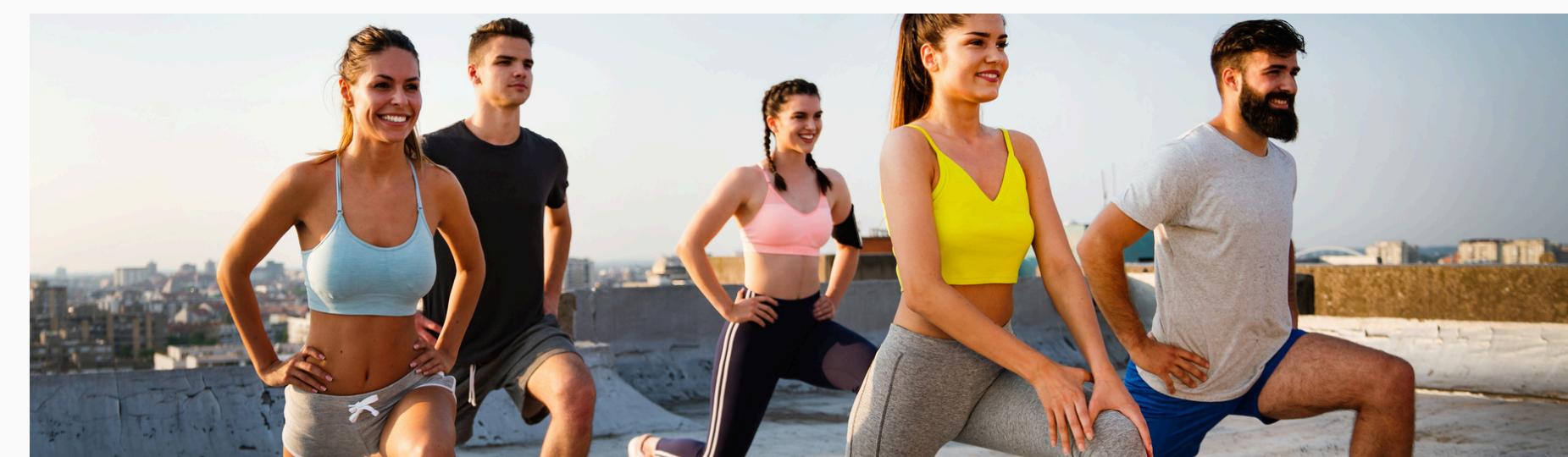
- Get nutritional info on the go, no app distractions.

Older Adults:

- Accessible for all generations – simple text-based interface.

Travelers:

- No need for Wi-Fi or mobile apps, perfect for remote areas.



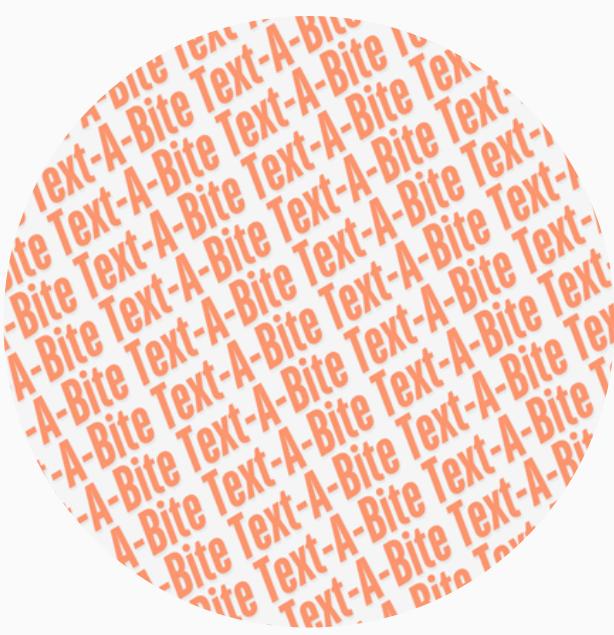
What's Next for Text-a-Bite

We plan to expand and improve our app — and for that, we need your help.



- 01 Recipe Recommendations
- 02 Custom Alerts and Reminders
- 03 Multi-Language Support
- 04 Personalized Insights
- 05 Gamification and Rewards

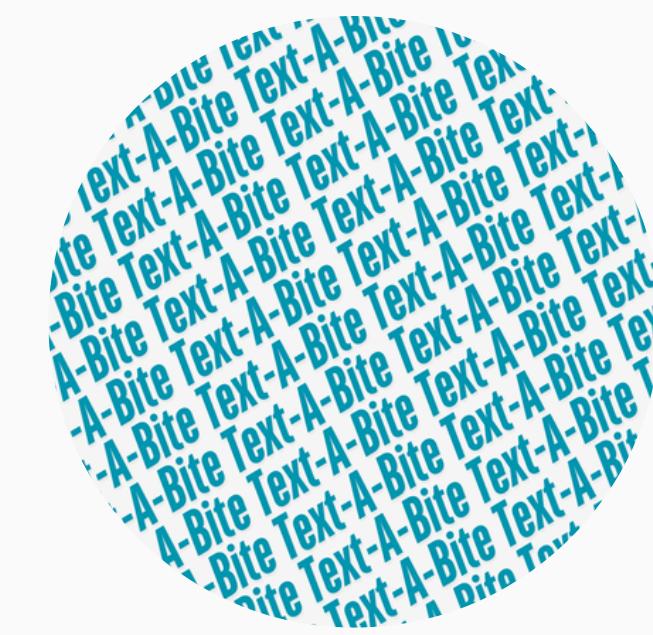
Our Team



Preethi Sivakumar

Role

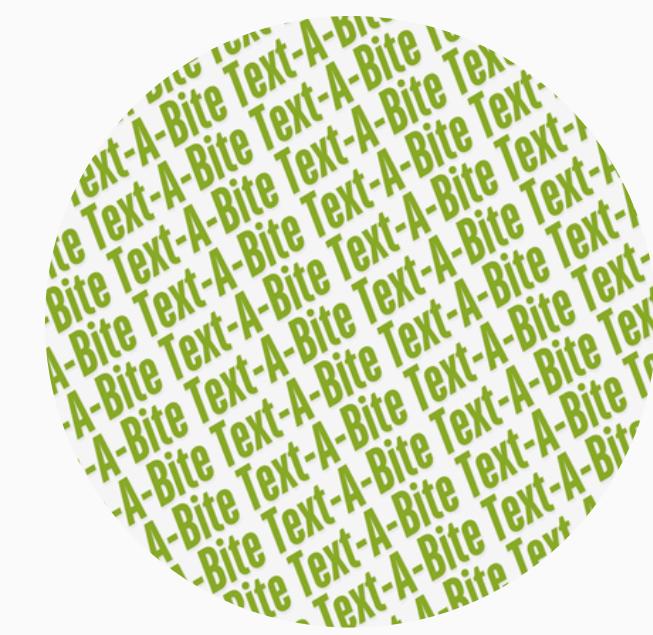
MasterSchool
student



Gabo Oscar

Role

MasterSchool
student



Nikola Brajkovic

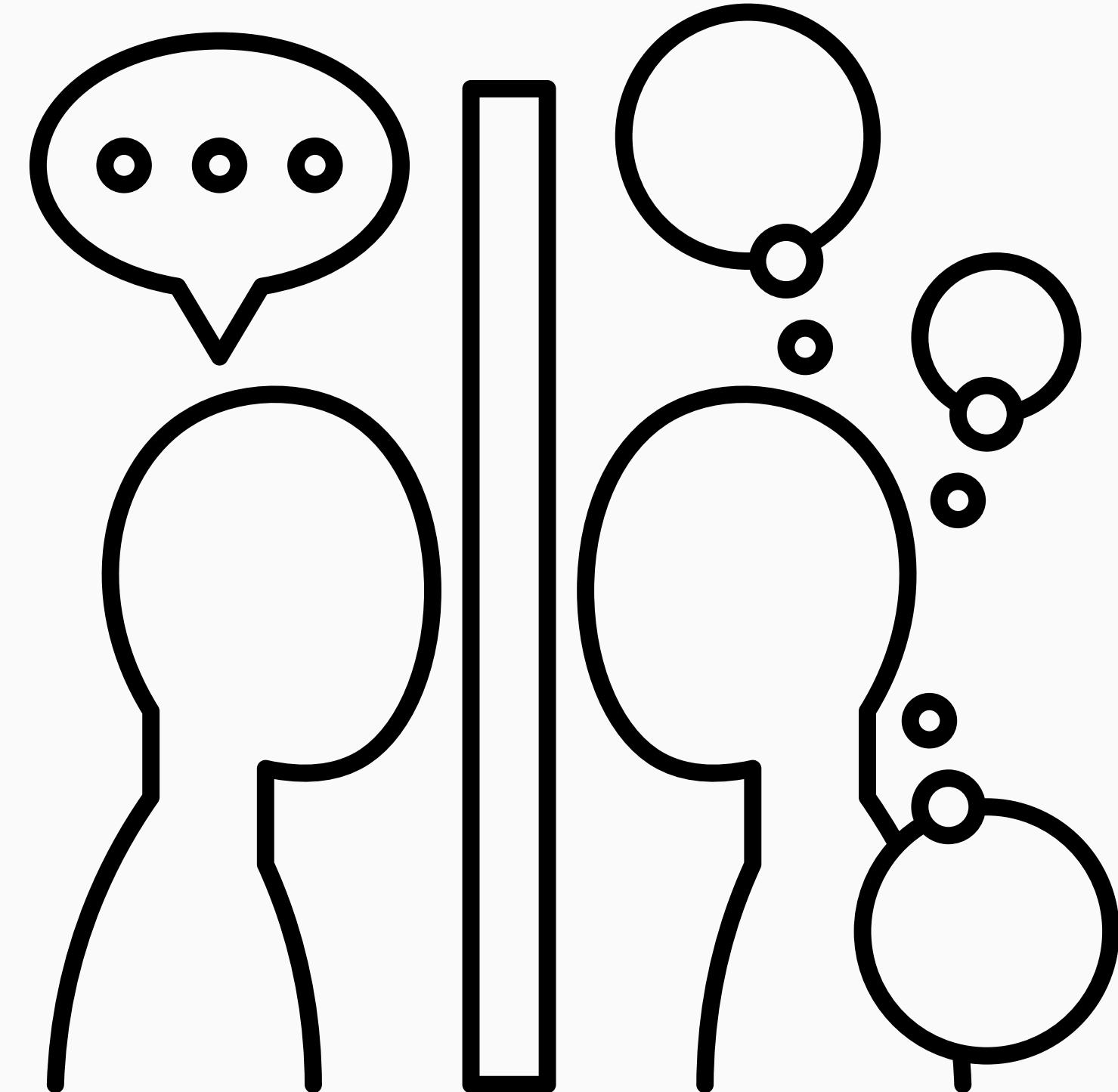
Role

MasterSchool
student

Group Reflection

Insights and Growth Through
Collaboration

- Hackathon experience



Preethi

"The process was stressful, but the final product made it all worthwhile. It's always **rewarding** to collaborate with a group of people who bring diverse ideas and perspectives to the table".

Gabo

"Hackathons are a great way to build skills and tackle **real-world** challenges. They always leave me with a taste of what it's like to work in the industry".

"This Hackathon revealed areas for **growth** and inspired future project ideas. I'm grateful for the chance to learn from more experienced teammates".

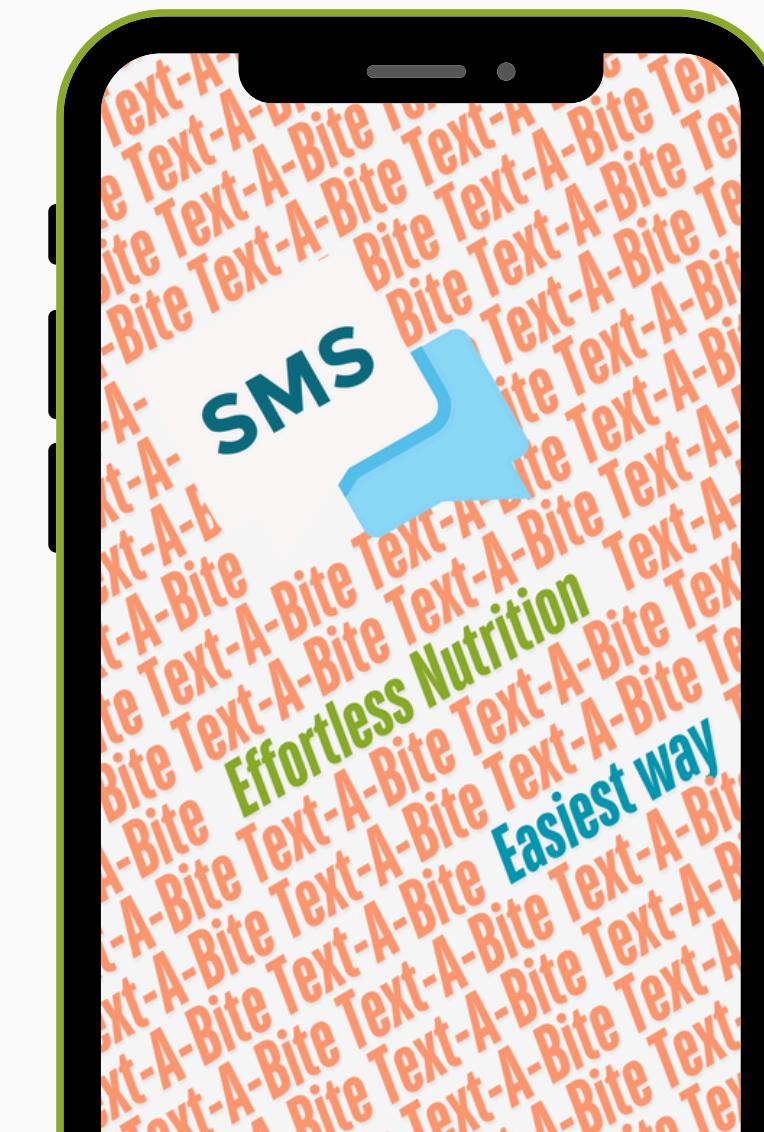
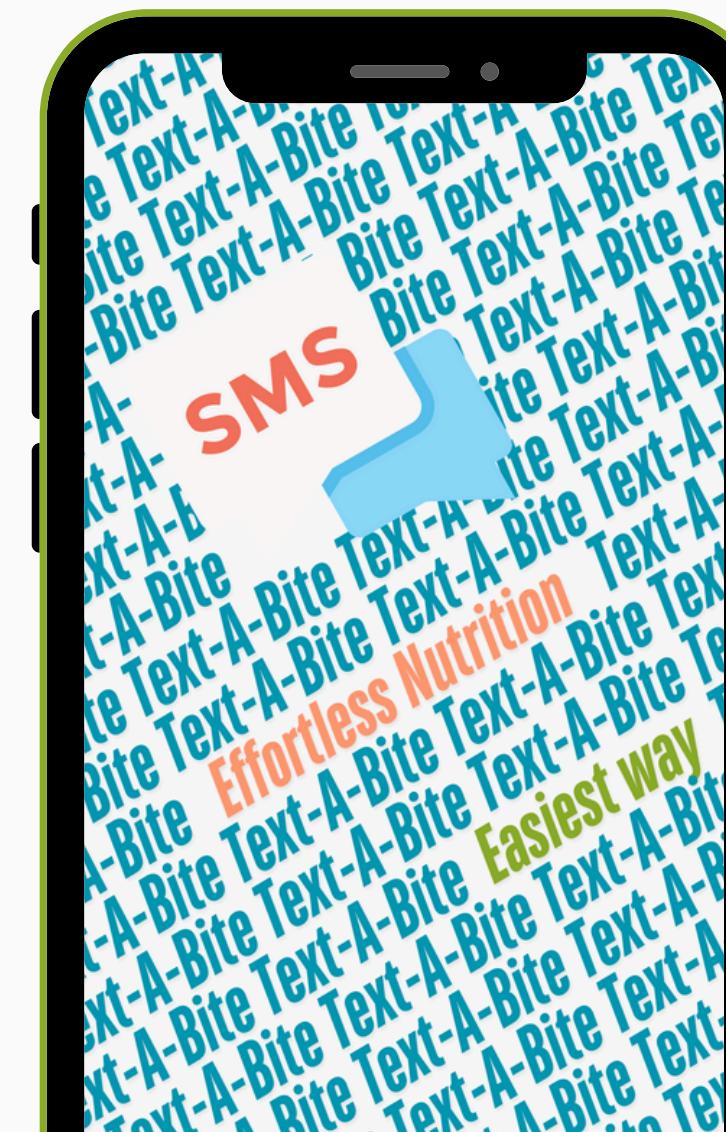
Nikola

Questions & Answers

Your Turn:

Thank You

You can download gift pack **Text-a-Bite.zip** in chat



References Page

lists of all the sources
we've used

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