```python
import tkinter as tk
import random

quotes = [
    "Believe in yourself!",
    "Keep going, you got this!",
    "Every day is a new chance.",
    "Dream big, work hard.",
    "Stay positive and strong."
]

root = tk.Tk()
root.title("Quote Generator")

label = tk.Label(root, text="", wraplength=250, font=('Arial', 14), pady=20)
label.pack()

def new_quote():
    label.config(text=random.choice(quotes))

tk.Button(root, text="New Quote", command=new_quote).pack()
new_quote()

root.mainloop()
```