

Who Can Benefit From OSI-CAN

- Former and serving members of the Canadian Armed Forces

Allied Armed Forces

Royal Canadian Mounted Police and Frontline Protectors

Municipal Police Services

CN Police Services

Victim Services Personnel

Emergency Communications Specialist

Crisis Management Workers (such as Mobile Crisis, etc.)

Corrections Officers

Youth Workers and Youth Corrections Workers

“Volunteer” First Responders

Conservation Officers

Tow Truck drivers
- Social Workers

Animal Control Officers

Coroners

indigenous Emergency Management

Fire Protection Services

Emergency Medical Services

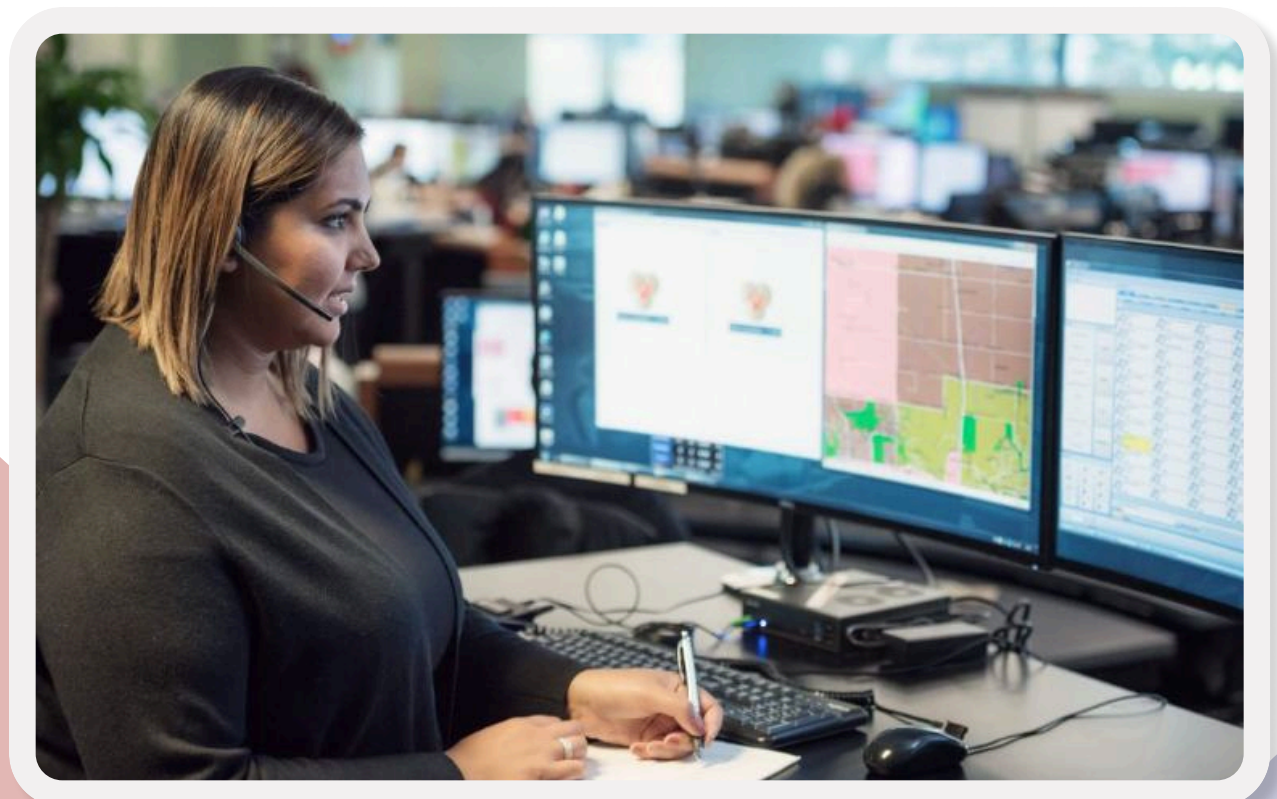
Wildland Firefighters

Hospital Trauma personnel

Nurses

Healthcare Workers

Crown Prosecutors



We also provide supports to the **spouses** and **significant others** of those exposed to such trauma. This demographic was chosen due to the commonality of experiences they share through the service they provide to the country and community. We have a special interest and support volunteer first responders as they may not have proper access to support.

OSI-CAN is a free, confidential, community-based mental wellness support initiative for Veterans, First Responders and Public Safety Personnel. We seek to empower and encourage our target group to strive for recovery through peer and professional support while creating greater public awareness. For information, access to resources or to join a group, contact OSI-CAN at [306-552-3801](tel:306-552-3801) or [1-888-495-6068](tel:1-888-495-6068)



UPCOMING EVENTS

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Search

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BEGINS RECOVERY COMEDY NIGHT WANTS TO SAY

Thank You!

TO OUR VOLUNTEERS ORGANIZERS SPONSORS

Laughter Begins Comedy Recovery Night

We are committed to supporting individuals coping with Operational Stress Injuries. OSI-CAN relies solely on private donations and offer many of its services free of charge.

Get more details

Sat, May 10 2025

LET US HELP YOU HEALING WITH HORSES RESET EVENT

Heal With Horses

We are committed to supporting individuals coping with Operational Stress Injuries. OSI-CAN relies solely on private donations and offer many of its services free of charge.

Get more details

Sat, May 10 2025

Mini Indi Race for Recovery

We are committed to supporting individuals coping with Operational Stress Injuries. OSI-CAN relies solely on private donations and offer many of its services free of charge.

Get more details

Sat, May 10 2025

OSI-CAN is a program of:

with the support of:

THE LORNE AND EVELYN JOHNSON FOUNDATION

OSI-CAN is a program of:

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Crisis/Suicide Hotline 24/7: 1-833-456-4566

Mobile Crisis: call 306-757-0127

Mental Health Crisis: call 811 and ask for the Mental Health line
Or Consult <https://sk.211.ca/> to find other help lines

If you would like an OSI-CAN support group or a Spouse of OSI group in your community, contact Julius Brown at 306-552-3801 or 1-888-495-6068