

Dr. Anupriya Lilhori

General Physician

Reg. No: DM0023

Consultation Mode: online

Date: 18/05/2025



Registered Office : P-1 GROUND FLOOR

B/P P-1 TO P-20 NDSE II OPP. LI/11 ,

Delhi, India - 110049

ELECTRONIC MEDICAL RECORD**Patient Information**

| | |
|----------------|--|
| Patient Name | Vineeta Tailang |
| Age | 74 years |
| Gender | Female |
| Phone Number | 9935045784 |
| Blood Group | AB+ |
| Marital Status | Married |
| Children | 3 |
| Address | P3/206 , Chandra Panorama , Golf city, lucknow, Uttar Pradesh - 226030 |

Medical History

| | |
|----------------------------|---|
| Chief Complaint | swollen and bluish discoloration of right index finger |
| History of Present Illness | had a tendency of developing bluish discoloration since childhood, but used to heal on its own. since 4 months , swollen , pinkish , nail has removed, no new nail growth. pain rating 3/10. left legawollwn more than right , blackish discolouration of peripheral toes in both toes. |
| Previous Surgeries | |
| Bowel and Bladder | NORMAL AND REGULAR |
| Appetite | ADEQUATE |
| Sleep | 5 hours |
| Mental Health Assessment | moderate stress, no signs of clinical depression |

Habits

| | |
|-----------------|------|
| Smoking | No |
| Alcohol | No |
| Substance Abuse | NONE |

Health Screening

Stress Screening

Description: moderate

Score: 20

Recommendation: Consider incorporating regular physical activity and deep-breathing exercises into your routine to manage stress more effectively.

Depression Screening

Description: minimal

Score: 4

Recommendation: Patient may not need depression treatment

Past Medical History

| Condition | Medications | Frequency | Readings | Notes |
|--|---------------|-----------|----------|---|
| hairline fracture femur | | | | |
| asthma | seroflow | | | |
| dryness in eyes | Refresh tears | | | as adverse of taking steroids during asthma attack |
| hairline femur fracture in left leg | Refresh tears | | | swelling and local symptoms were present |
| raynaids/ ? Claudication, | Refresh tears | | | patients already was put on one and half month of antibiotics. prior that was on steroids fro asthma. delayed wound healing |

Surgical History

| Surgery | Indication | Year | Procedure | Complications | Hospital |
|-----------------------------|------------------------|------|--|---------------|----------------|
| Cataract Left eye | severe cataract | 2014 | phaeocoemulsifi cation | none | local, Lucknow |
| cataract surgery (R eye) | severe cataract | 2010 | under local anesthesia phaeocoemulsifi cation | none | local, Lucknow |
| C-section | breech presentation | 1978 | C-section | none | Local, Lucknow |

Immunization History

| Type | Vaccine | Total Doses | Doctor | Side Effects | Notes |
|--------|-----------|-------------|------------------|--|-------|
| adding | influenza | 1 | kunjshri Jauhari | fever that lasted for one day but chronic cough that lasted 2-3 weeks. | |

General Physical Examination

| | |
|---------------------|-------------|
| Blood Pressure | 120/84 mmHg |
| Pulse Rate | 80 bpm |
| Volume | full |
| Regularity | regular |
| Character | normal |
| Temperature | afebrile |
| Respiratory Rate | 18 |
| SpO2 | 93% |
| Height | 159 m |
| Weight | 61 kg |
| BMI | |
| Radio Femoral Delay | NONE |
| Pallor | absent |
| Icterus | absent |
| Cyanosis | absent |
| Clubbing | absent |
| Lymphadenopathy | absent |
| Edema | absent |
| JVP | not raised |

Systemic Examination

| | |
|------------------------|-----------------------------------|
| Respiratory System | normal vesicular breath sounds |
| Cardiovascular System | S1 S2 PRESENT, NO ADDED SOUNDS |
| Central Nervous System | NO FOCAL NEUROLOGICAL DEFICIT |
| Per Abdomen | SOFT, NORMAL BOWEL SOUNDS PRESENT |
| Other Findings | NOTHING SIGNIFICANT |

Diagnosis & Prescription

| Diagnosis | pregangerous right index finger, ? Claudication, ? Raynaud's phenomenon | | | | |
|------------------------------|---|--------------|-------|-------------|--|
| Date | 18/05/2025 | | | | |
| Medicine | Frequency | Duration | Route | How to Take | Investigations |
| aspirin 75 MG Oral Tablet | | 90 days days | oral | after meals | |
| zinc forte | | 30 days days | oral | after meals | full body health test including HbA1c, FBS, Complete lipid profile, KFT, Serum Electrolytes , iron profile, serum ferritin , vit B12 , Serum C reactive protein , ESR, 1,25(OH) cholecalciferol levels, serum folic acid |
| zerodolsp | | 10 days days | oral | postmeal | none |

| Diagnosis | Asthma | | | | |
|--|------------|---------------|--------------|---|---|
| Date | 18/10/2007 | | | | |
| Medicine | Frequency | Duration | Route | How to Take | Investigations |
| seroflow | | daily days | inhalatation | 30 minutes post meals or as needed , before excercise | HRCT CHEST |
| ipatropium bromide/salbutamol/budesonide | | 3 months days | inhalation | nebulisation | HRCT Chest, pre and post Albuterol Spirometry (optiona) |

| | |
|-----------|---------------------------------------|
| Diagnosis | pre diabetes - likely steroid induced |
| Date | 18/03/2025 |

| Medicine | Frequency | Duration | Route | How to Take | Investigations |
|----------|-----------|---------------|-------|-------------|----------------|
| diet | | 3 months days | | | FBS, HBA1C |

| | |
|-----------|----------------------------------|
| Diagnosis | Dry eyes - Post cataract surgery |
| Date | 18/08/2015 |

| Medicine | Frequency | Duration | Route | How to Take | Investigations |
|---------------|-----------|---------------|----------|-----------------------|----------------|
| tearsflow0.5% | | 3 months days | eye drop | 2-3 drops in each eye | none |

Advice & Follow-up

| | |
|--------------------|--|
| Advice | 1.review with all the latest reports. 2. refer to Immunologist regarding the Asthma and claudication. 3. monitor BP ans Sugar levels at home |
| Referrals | Vascular surgeon Opinion i/v/o claudication/ ?PAD, Immunolgist opnion regarding asthma and any underlyinh autoimmune disease |
| Follow-up Schedule | as needed |