

Dr. Anupriya Lilhori

General Physician

Reg. No: DM0023

Consultation Mode: online

Date: 18/04/2025



Registered Office : P-1 GROUND FLOOR

B/P P-1 TO P-20 NDSE II OPP. LI/11 ,

Delhi, India - 110049

ELECTRONIC MEDICAL RECORD**Patient Information**

Patient Name	Tarun R
Age	45 years
Gender	Male
Phone Number	9880090426
Blood Group	not known
Marital Status	Single
Children	0
Address	#9 , 21st Main Road, 17th cross, IP Nagar 5th phase , South Bangalore, Bangalore, Karnataka - 560078

Medical History

Chief Complaint	General Exam
History of Present Illness	None
Previous Surgeries	NONE
Bowel and Bladder	NORMAL AND REGULAR
Appetite	ADEQUATE
Sleep	7 hours
Mental Health Assessment	No signs of clinical depression and stress

Habits

Smoking

No

Alcohol

No

Substance Abuse

NONE

Health Screening

Stress Screening

Description: moderate

Score: 16

Recommendation: Consider incorporating regular physical activity and deep-breathing exercises into your routine to manage stress more effectively.

Depression Screening

Description: minimal

Score:

Recommendation: Patient may not need depression treatment

General Physical Examination

Blood Pressure	110/80 mmHg
Pulse Rate	100 bpm
Volume	full
Regularity	regular
Character	normal
Temperature	afebrile
Respiratory Rate	16
SpO2	98%
Height	1.73 m
Weight	70 kg
BMI	23.39
Radio Femoral Delay	NONE
Pallor	absent
Icterus	absent
Cyanosis	absent
Clubbing	absent
Lymphadenopathy	absent
Edema	absent
JVP	not raised

Systemic Examination

Respiratory System	normal vesicular breath sounds
Cardiovascular System	S1 S2 PRESENT, NO ADDED SOUNDS
Central Nervous System	NO FOCAL NEUROLOGICAL DEFICIT
Per Abdomen	SOFT, NORMAL BOWEL SOUNDS PRESENT
Other Findings	NOTHING SIGNIFICANT

Diagnosis & Prescription

Diagnosis

Date

18/04/2025

Advice & Follow-up

Advice

Normal routine

Referrals

none

Follow-up Schedule

as needed