

Doctor
General Physician



Preva Care
Electronic Medical Record System

PRESCRIPTION

Patient Information	
Name	Abhay Narayan Rai
Age / Gender	32
Date	15/05/2025
Prescription ID	22

Vital Signs	
Blood Pressure	136/82 mmHg
Pulse Rate	74 bpm
SpO2	99%

Symptoms	
Presenting Complaints	Routine diabetes follow-up

Diagnosis	
Diagnosis	Date
jgfygygg	28/05/2025

Medications			
Medicine	Frequency	Duration	Quantity
jbjnnj		eknkijj	122

Laboratory Tests

Recommended Tests	jlnllknio
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Medical Advice

Instructions	Low carbohydrate diet 30 minutes walking daily monitor blood glucose twice weekly
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Follow-up

Next Visit	After 1 month with blood glucose logs
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Medicine Schedule

Medicine	Frequency	Dosage	Instructions	Status
jbjnnj	1-0-1	122	jihijim	Active
Telmisartan	Once daily	As prescribed	On regular medication	Active
Metformin	Twice daily	As prescribed	Newly diagnosed	Active