

**Dr. Anupriya Lilhori**

General Physician

Reg. No: DM0023

Consultation Mode: online

Date: 18/05/2025



Registered Office : P-1 GROUND FLOOR

B/P P-1 TO P-20 NDSE II OPP. LI/11 ,

Delhi, India - 110049

**ELECTRONIC MEDICAL RECORD****Patient Information**

Patient Name	Vineeta Tailang
Age	74 years
Gender	Female
Phone Number	9935045784
Blood Group	AB+
Marital Status	Married
Children	3
Address	P3/206 , Chandra Panorama , Golf city, lucknow, Uttar Pradesh - 226030

**Medical History**

Chief Complaint	swollen and bluish discoloration of right index finger
History of Present Illness	had a tendency of developing bluish discoloration since childhood, but used to heal on its own. since 4 months , swollen , pinkish , nail has removed, no new nail growth. pain rating 3/10. left legawollwn more than right , blackish discolouration of peripheral toes in both toes.
Previous Surgeries	
Bowel and Bladder	NORMAL AND REGULAR
Appetite	ADEQUATE
Sleep	5 hours
Mental Health Assessment	moderate stress, no signs of clinical depression

## Habits

Smoking

No

Alcohol

No

Substance Abuse

NONE

## Health Screening

Stress Screening

Description: moderate

Score: 20

Recommendation: Consider incorporating regular physical activity and deep-breathing exercises into your routine to manage stress more effectively.

Depression Screening

Description: minimal

Score: 4

Recommendation: Patient may not need depression treatment

## Past Medical History

Condition	Medications	Frequency	Readings	Notes
hairline fracture femur				
asthma	seroflow			
dryness in eyes	Refresh tears			as adverse of taking steroids during asthma attack
hairline femur fracture in left leg	Refresh tears			swelling and local symptoms were present
raynaids/ ? Claudication,	Refresh tears			patients already was put on one and half month of antibiotics. prior that was on steroids fro asthma. delayed wound healing

## Surgical History

Surgery	Indication	Year	Procedure	Complications	Hospital
Cataract Left eye	severe cataract	2014	phaeocoemulsification	none	local, Lucknow
cataract surgery (R eye)	severe cataract	2010	under local anesthesia phaeocoemulsification	none	local, Lucknow
C-section	breech presentation	1978	C-section	none	Local, Lucknow

## Immunization History

Type	Vaccine	Total Doses	Doctor	Side Effects	Notes
adding	influenza	1	kunjshri Jauhari	fever that lasted for one day but chronic cough that lasted 2-3 weeks.	

## General Physical Examination

Blood Pressure	120/84 mmHg
Pulse Rate	80 bpm
Volume	full
Regularity	regular
Character	normal
Temperature	afebrile
Respiratory Rate	18
SpO2	93%
Height	159 m
Weight	61 kg
BMI	
Radio Femoral Delay	NONE
Pallor	absent
Icterus	absent
Cyanosis	absent
Clubbing	absent
Lymphadenopathy	absent
Edema	absent
JVP	not raised

## Systemic Examination

Respiratory System	normal vesicular breath sounds
Cardiovascular System	S1 S2 PRESENT, NO ADDED SOUNDS
Central Nervous System	NO FOCAL NEUROLOGICAL DEFICIT
Per Abdomen	SOFT, NORMAL BOWEL SOUNDS PRESENT
Other Findings	NOTHING SIGNIFICANT

## Diagnosis &amp; Prescription

Diagnosis	pregangerous right index finger, ? Claudication, ? Raynaud's phenomenon				
Date	18/05/2025				
Medicine	Frequency	Duration	Route	How to Take	Investigations
aspirin 75 MG Oral Tablet		90 days days	oral	after meals	
zinc forte		30 days days	oral	after meals	full body health test including HbA1c, FBS, Complete lipid profile, KFT, Serum Electrolytes , iron profile, serum ferritin , vit B12 , Serum C reactive protein , ESR, 1,25(OH) cholecalciferol levels, serum folic acid
zerodolsp		10 days days	oral	postmeal	none

Diagnosis	Asthma				
Date	18/10/2007				
Medicine	Frequency	Duration	Route	How to Take	Investigations
seroflow		daily days	inhalatation	30 minutes post meals or as needed , before excercise	HRCT CHEST
ipatropium bromide/salbutamol/budesonide		3 months days	inhalation	nebulisation	HRCT Chest, pre and post Albuterol Spirometry (optiona)

Diagnosis	pre diabetes - likely steroid induced
Date	18/03/2025

Medicine	Frequency	Duration	Route	How to Take	Investigations
diet		3 months days			FBS, HBA1C

Diagnosis	Dry eyes - Post cataract surgery
Date	18/08/2015

Medicine	Frequency	Duration	Route	How to Take	Investigations
tearsflow0.5%		3 months days	eye drop	2-3 drops in each eye	none

#### Advice & Follow-up

Advice	1.review with all the latest reports. 2. refer to Immunologist regarding the Asthma and claudication. 3. monitor BP ans Sugar levels at home
Referrals	Vascular surgeon Opinion i/v/o claudication/ ?PAD, Immunolgist opnion regarding asthma and any underlyinh autoimmune disease
Follow-up Schedule	as needed