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ABOUT US

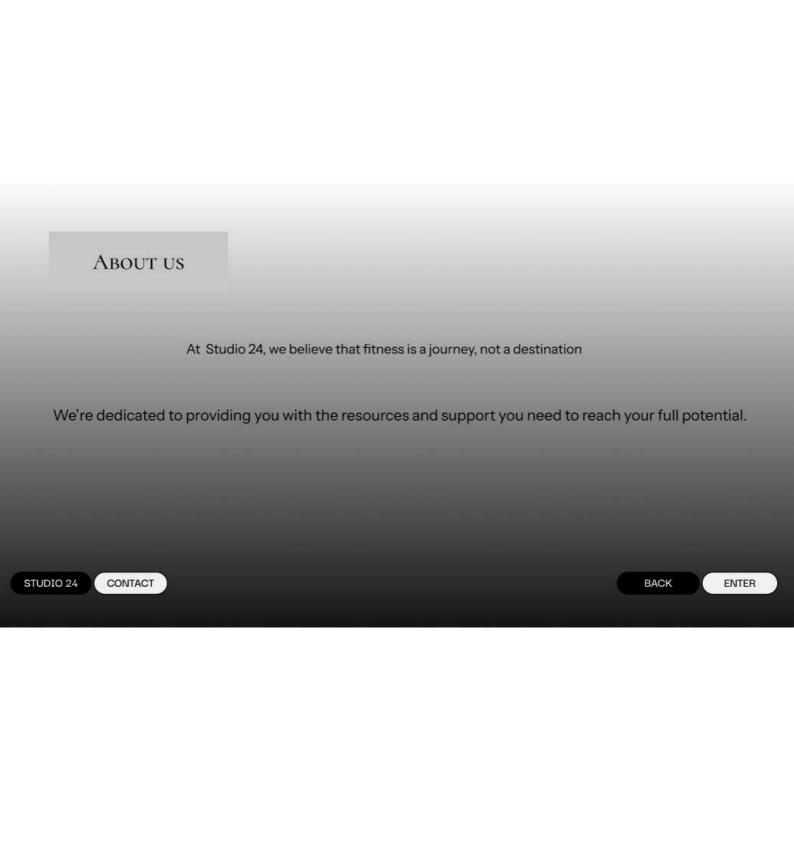Studio 24 is more than just a fitness website-it's a community.

We're a group of like-minded individuals who are passionate about health and wellness. we believe that fitness is more fun and achievable when you have support.

Join our community to connect with others, share your experiences, and find the motivation you need to succeed.

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ABOUT US

At Studio 24, we believe that fitness is a journey, not a destination

We're dedicated to providing you with the resources and support you need to reach your full potential.

ABOUT OUR TEAM

Our team of:-
· Certified Trainers
· Nutritionists
· Fitness Enthusiasts

They are committed to offer:-
· Effective workout plans
· Personalized nutrition
  guidance
· Motivational content

Whether you're a beginner or a seasoned athlete, we're here to empower you every step of the way.

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WHAT WE OFFER

Studio 24 is your go-to resource for
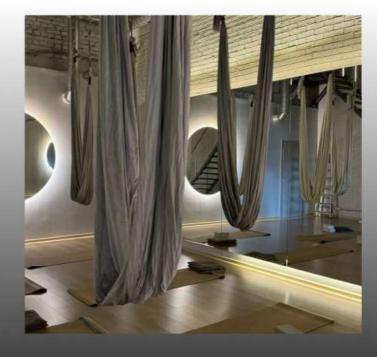- Gym
- Air Yoga
- Badminton
- Calisthenics Training
- Swimming

We specialize in providing
- Beginner-friendly
- Yoga flows
- Customized weightlifting programs

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MEMBERSHIP PLAN

Basic
- $10 per month
- Perfect for those who are just starting out
- Includes access to all equipment, unlimited group fitness classes, and use of locker rooms and shower.

Premium
- $20 per month
- Our most popular plan!
- Includes all the benefits of the Basic plan, plus unlimited personal training sessions, access to our sauna and steam room, and 10% off all merchandise.

We believe that everyone should have access to quality fitness facilities and instruction. That's why we offer a variety of membership options to fit every budget and fitness level.

CONTACT US

Let's Get Moving !

We're happy to answer any questions you may have.   Visit us during our business hours or reach out using the information below.

Our Location:
Studio 24
 Sindhu Bhavan Road, Ahmedabad
Gujarat

Email: Studio24@gmail.com
Phone: 9997778880

Business Hours:
Monday-Friday: 6 AM - 9 PM
Saturday: 8 AM - 2 PM
Sunday: Closed

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