

## DISCHARGE SUMMARY

Hospital Name: City Care Multispecialty Hospital

### Patient Information

Patient Name: John Doe

Age: 54

Gender: Male

Patient ID: CCMH-2026-04

### Admission Details

Date of Admission: 02-01-2026

Date of Discharge: 06-01-2026

Reason for Admission: Poor glycemic control and fatigue

### Diagnosis

Type 2 Diabetes Mellitus

Hypertension

Chronic Kidney Disease – Stage 2

### Doctor Notes

Patient presented with elevated blood glucose levels and mild renal impairment. Advised low sodium diet, fluid restriction, and strict low sugar intake. Patient educated on lifestyle modification and dietary compliance. Follow-up recommended after 2 weeks.

### Prescription

Metformin 500 mg – twice daily

Amlodipine 5 mg – once daily

Insulin (short acting) – as per sliding scale

### Lab Results

Hemoglobin: 10.8 g/dL

Creatinine: 2.1 mg/dL

Urea: 48 mg/dL

Fasting Glucose: 220 mg/dL

Total Cholesterol: 240 mg/dL

Sodium: 138 mmol/L

Potassium: 4.6 mmol/L

### Consulting Physician:

Dr. R. Sharma, MD (Internal Medicine)

Hospital Seal & Signature