**六分钟步行试验检测报告**

6MWT Detection and Analysls Report

|  |  |  |  |
| --- | --- | --- | --- |
| 姓名：{{patientName}} | 性别：{{xingbieStr}} | 年龄：{{patientAge}} | 病 历 号：{{medicalNo}} |
| 身高：{{patientHeigh}}cm | 体重：{{patientWeight}}kg | BMI：{{patientBmi}} | 预测距离：{{pDistance}}米 |

病史：{{medicalHistory}}

临床诊断：{{clinicalDiagnosis}}

目前用药：{{medicineUse}}

**【六分钟步行试验检测情况】**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **时间(min)** | **静息** | **1** | **2** | **3** | **4** | **5** | **6** | **最大值** | **最小值** | **平均值** |
| **心率(bpm)** | {{xin0}} | {{xin1}} | {{xin2}} | {{xin3}} | {{xin4}} | {{xin5}} | {{xin6}} | {{xin7}} | {{xin8}} | {{xin9}} |
| **血氧(%)** | {{ya0}} | {{ya1}} | {{ya2}} | {{ya3}} | {{ya4}} | {{ya5}} | {{ya6}} | {{ya7}} | {{ya8}} | {{ya9}} |
| **{{hxOrBs}}** | {{hB0}} | {{hB1}} | {{hB2}} | {{hB3}} | {{hB4}} | {{hB5}} | {{hB6}} | {{hB7}} | {{hB8}} | {{hB9}} |
| **血压(mmHg)** | {{xy1}} | / | / | / | / | / | {{xy2}} | / | / | / |

**【六分钟步行试验综合评估】**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **疲劳量级(前/后)** | {{fatigueLevel}} | **前一次试验实测距离** | {{disBefore}} | **总步数** | {{toWalk}} |
| **呼吸量级(前/后)** | {{breathLevel}} | **此次试验实测距离** | {{toDistance}} | **平均步速** | {{striAvg}} |
| **代谢当量** | {{metabEqu}} | **此次实测距离占预测值** | {{accounted}} | **静止心率(参考值:60-100)** | {{stHeart}} |
| **心肺功能** | {{gardLevel}} | **心功能严重程度** | {{cDegreeStr}} | **运动心率恢复值(参考值:≥12)** | {{hRestore}} |
| {{badSymptoms}} | | | | | |
| {{heartConclusionStr}} | | | | | |

**【运动处方建议】**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **【运动模式】** | {{@checkcf1}} 步行 | | | {{@checkcf2}} 跑步 | | | |
| **【运动强度】** | **{{strideTl}}** | **{{strideStrs}}** | | **{{movDisTl}}** | | **{{movDisStrs}}** | |
| **运动时间** | **{{movTime}}** | {{rateTl}} | {{rateStr}} | 运动周期 | | {{moveStr}} |
| **{{str45Tl}}** | **{{str45}}** | | | | **{{metabTl}}** | **{{metabStr}}** |
| **【注意事项】** | 运动过程中一旦出现胸闷、胸痛、眩晕、心慌、气短等症状，请立即停止运动，若症状缓解不明显，请及时就医详诊； | | | | | | |
| {{remarke}} | | | | | | |

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| 检验医生：{{jyysStr}} | 第1页 共2页 | 检验时间：{{jysjStr}} |

血氧趋势

{{@imageBlood}}

心率趋势

{{@imageHeart}}

{{qushi}}

{{@imageWalkAndHxl}}

|  |
| --- |
| 第2页 共2页 |