



AI Health Assistant

Bringing Healthcare Closer to the Underserved

PROBLEM STATEMENT

"For a section of India, basic healthcare is still a luxury."

Access to basic healthcare remains a major issue in rural and underserved communities. Villagers often rely on unverified home remedies or delay visiting a doctor due to distance, cost, or lack of awareness. These regions lack diagnostic facilities, medical staff, and structured follow-up mechanisms. This delay in diagnosis and care leads to unavoidable complications. There is an urgent need for a simple, accessible, and intelligent solution that can provide immediate guidance and connect patients to proper care using technology that fits in their pocket.

SOLUTION

Our target users are people living with limited or no access to immediate healthcare. Most have basic mobile phones and limited medical knowledge. These regions often have weak internet, low awareness, and cultural reluctance to seek early treatment. The app aims to fill this healthcare gap by suggesting remedies and action through an easy-to-use mobile tool, empowering both individuals and local health agents to make timely health decisions. This app puts your health at your fingertips—quick, easy, and accessible anytime.

USE OF GEN AI

Generative AI is central to this solution. The AI agent takes two key inputs: (1) a brief text-based symptom description from the user, and (2) images of visible health indicators like nails, skin, eyes, or infections. It analyzes the data using a pre-trained multimodal model to detect probable diseases and recommend immediate remedies. This AI also help to navigate users to their nearest healthcare facility. The AI adapts based on regional disease patterns and user feedback, making it both smart and scalable.

SOLUTION FRAMEWORK

The core solution is a mobile-first AI assistant built using a combination of image classification and natural language processing. The workflow begins when the user opens the app and describes their symptoms in text or voice. They are then asked to upload relevant photos – for example, skin rashes, eye redness, or nail discoloration etc. The AI processes this multimodal input and outputs:

1. A list of possible conditions with severity indicators.
2. Suggested immediate remedies.
3. A recommendation to visit a doctor.

The backend is powered by a Flask server hosting lightweight ML models trained on open-source medical image datasets, as well as custom symptom-suggestion NLP pipelines. The frontend is optimized with a clean UI suitable for rural users. Local language support ensures accessibility. The system logs anonymous usage data to improve accuracy and track regional health trends, creating long-term value for public health analytics.

FEASIBILITY & EXECUTION

Our application uses Python (Flask), TensorFlow/PyTorch for model inference, and web-based frontend built with React.js framework. Initial datasets are sourced from public medical repositories and other research papers. Deployment is possible via cloud services like Vercel and AWS. The app is optimized for low RAM devices and minimal network usage, making it practical and feasible for remote deployment within weeks. This app features an easy-to-use interface, making it simple enough for even a 10-year-old or someone who is tech-phobic to navigate effortlessly.

SCALABILITY AND IMPACT

This solution can easily scale across different states or countries by training the model with regional data and adding local languages. The backend can support thousands of users with minor infrastructure upgrades. Impact-wise, it empowers communities with instant health access, prevents complications through early detection, and reduces the load on primary health centers. It also generates anonymous data that governments and NGOs can use for health planning.

CONCLUSION

Our project transforms smartphones into personal health assistants for people with no doctors nearby. It uses Gen-AI to detect early sign of diseases and suggest remedies – all in a few steps. With just a mobile phone, users can access their health in their figure-tips.