

AARON ALEX

Professional Chef

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PROFILE

A passionate, dedicated and diligent Chef with vast international experience in high end settings. Aaron has extensive knowledge of fine dining within the superyacht industry and works to the highest standards in cuisine, safety and kitchen management. Aaron is able to adapt to any environment and can hit the ground running at short notice. Aaron is currently seeking a 2nd chef positions aboard a superyacht where he can learn and progress his career.

EXPERIENCE

Private Chef - Dubai & St Lucia (07/16-Present)

- Estate personal chef - family of 5 travelling between UE & Caribbean
- Provisioning & cooking for household plus extended family & regular guests
- Designing and developing healthy high end cuisine - day to day & entertaining

Head Chef - Household, West Palm Beach (03/13-07/16)

- Menu planning & meal preparation for a high profile family of 7 at a large oceanfront estate
- Organizing a yearly charity event for 60+ house guests for a week's duration
- Managing the kitchen garden & planning seasonal meals with produce

Second Chef - 60m Med Based Superyacht (03/11-02/13)

- Worked closely with Head Chef assisting with preparation & service
- Responsible for crew meals, maintaining the quality of a varied healthy menu
- Prepared all breads & pastries including fresh croissants each morning

Sous Chef - Award Winning Venue UK (11/10-02/11)

- Day to day running of the kitchen & team in the absence of the head chef
- Participation in seasonal menu design & budget management
- Overseeing a team of 5 kitchen staff providing support, training & supervision

EDUCATION

BA in Culinary Arts, Oakland College (2008-2012)
London, United Kingdom

CULINARY SKILLS

Seafood: Expert Level

Pastry: Advanced Level

Vegetarian: Intermediate Level

Asian: Basic Level

Mediterranean: Expert Level

Healthy Cooking: Intermediate Level

INTERESTS

Culinary research and food trends, reading, music, foreign languages (French and Spanish) and water sports.