



FitPulse

Your gym's revenue, profit, and membership trends.

Home

Overview

Calorie Calculator

Members



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12:32 PM

Last Dashboard Updated

Home

Overview

Calorie
Calculator

Members

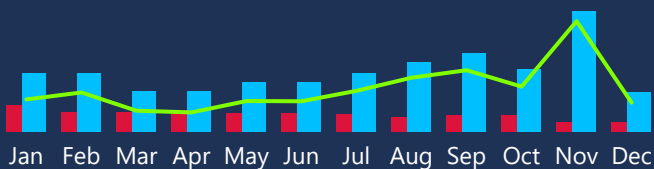


Lime Green Theme



Finance at a Glance

Expenses Revenue Profit



Revenue

4.1M

Expenses

1.2M

Profit

2.9M

Membership Tracker

Active

Expired

UserName	Status	Membership
Aaron Clarke	Active	<div><div></div></div> 73%
Adrian Becker	Active	<div><div></div></div> 53%
Alexander Garcia	Expired	<div><div></div></div> 100%
Anthony Lopez	Expired	<div><div></div></div> 100%
Benjamin Gomez	Active	<div><div></div></div> 55%

Membership Tiers

Active Expired



Silver

Memberships

11

21



Gold

Memberships

15

20



Platinum

Memberships

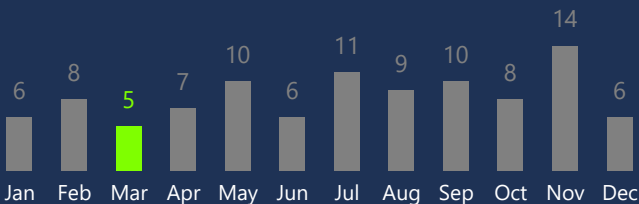
18

15

Monthly Members Count

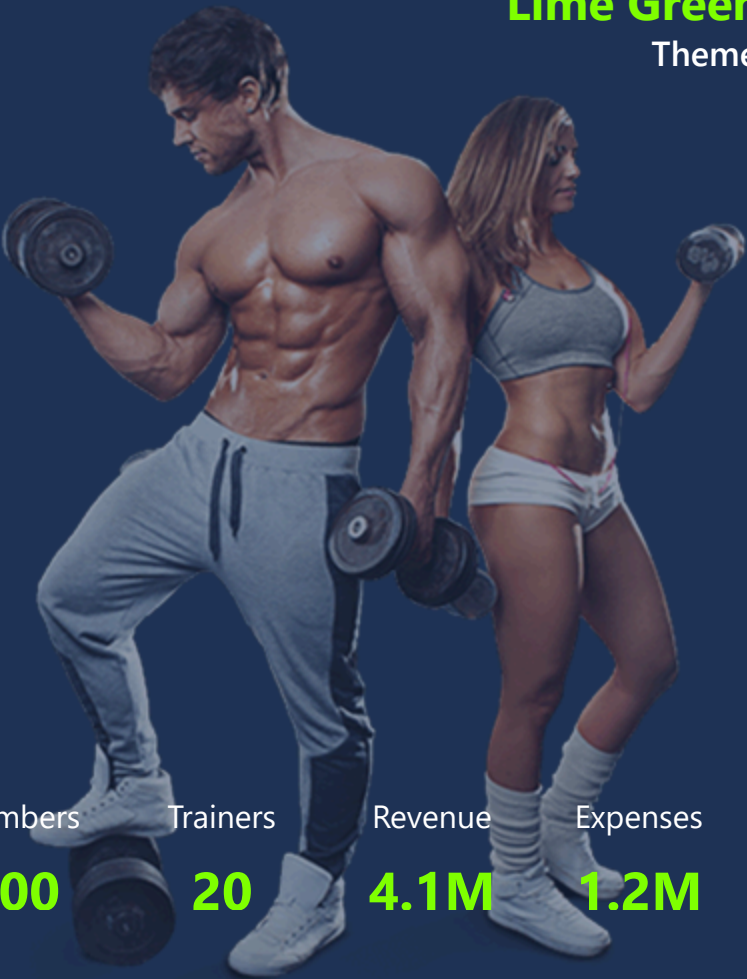
Max

Min





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Members: 100, Trainers: 20, Revenue: 4.1M, Expenses: 1.2M

BMI (Body Mass Index)

Underweight



Your Calorie Results

BMR (Basal Metabolic Rate)	112.13
Total Daily Energy Expenditure (TDEE)	193.42
Maintain Calories	193.42
Mild Weight Loss Calories	177.94
Weight Loss Calories	164.40
Extreme Weight Loss Calories	135.39

Calorie Calculator

Female

Male

Calorie Calculator helps you know how many calories your body needs daily based on activity and fitness goals.

Activity Type

Active : Exercise Daily or Intense Exercise 3-4 ...

70

Age

5.30

Height

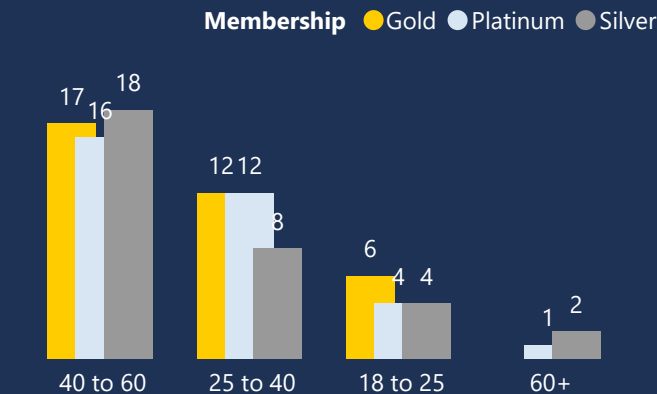
42.40

Weight

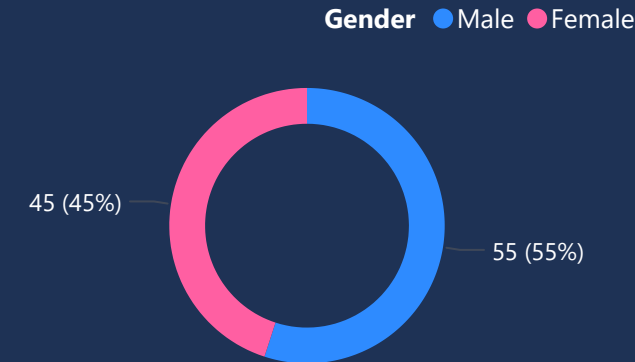
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Membership by Age Group



Member Ratio by Gender



Members Info

Female

Male

UserName	Gender	Status	Goal	Membership	Membership		Trainer Name
Aaron Clarke	Male	Active	Maintenance	Gold	<div></div>	73%	Allison Aguilar
Adrian Becker	Male	Active	Muscle Gain	Silver	<div></div>	53%	Brian Green
Alexander Garcia	Female	Expired	Weight Loss	Gold	<div></div>	100%	Ashley Gonzalez
Anthony Lopez	Female	Expired	Weight Loss	Gold	<div></div>	100%	Gina Ray
Benjamin Gomez	Female	Active	Weight Loss	Gold	<div></div>	55%	Allison Aguilar