

# Home health care services

Home health care services provide professional post-hospitalisation care or rehabilitation needs at your home. Doctors, nurses, physiotherapists, nutritionists and counselors can be scheduled to visit/stay as per your requirements. You can also book a home visit for pathology. These services are available in select locations across Bangalore, Chennai, Delhi, Hyderabad, Kolkata, Mumbai and Pune.

## How do you access home health care services?

- Visit the [Paramount web portal](#).
- Find the "Health Care Services" box and click "Home Health Care Services."
- Follow the instructions to schedule an appointment.
- Once you have made your selection, pay directly on the [Paramount web portal](#) through the payment gateway.
- Make sure that you submit your request at least two working days before the date of your appointment.

## Home sample collection

All regular full-time employees can access home sample collection services for themselves and their dependents via the [Paramount web portal](#) across select locations (Bangalore, Chennai, Delhi, Hyderabad, Kolkata and Mumbai).

Paramount will help arrange for qualified and trained lab technicians to get your lab tests (regular or prescribed diagnostics), completed in the comfort of your home, at a nominal fee. They will also deliver the hard copy of your reports to your residence.

## How do you access home sample collection services?

- Visit the [Paramount integrated web portal](#).
- Find the “Health Care Services” box and click “Home Sample Collection.”
- Select the relevant fields and submit your request.
- A Health Quarter representative will reach out to you to take the details of the sample collection and to confirm the date and time.
- Be sure to submit your request at least two working days before the date of the sample collection.

## OPD/doctor consultation

All regular full-time employees can access Out-Patient Department (OPD) services, such as diagnostics and radiology checks and doctor consultations, for themselves and their dependents across select hospitals.

## How do you access OPD/doctor consultation services?

- 1 Call 022 62697778.
- 2 Provide your name, employee ID, and phone number, and describe your medical concern.
- 3 In most cases, you can speak with a doctor immediately. If

not, a doctor will return your call within 60 minutes.

- 4 Any needed prescription will be shared over WhatsApp/mail after your consultation.

## Pharmacy at your doorstep

You can now order medicines via the [Paramount integrated web portal](#) and have medicines delivered at your home/office across select locations.

### How do you place a pharmacy order through Paramount?

- 1 Log in to the [Paramount integrated web portal](#)
- 2 Refer to **Wellness** box and choose **Order Medicines**.
- 3 Select the location and mention the concerned address.
- 4 Note that you must upload your prescription for **Paramount TPA—Health Quarter** to process your order. Follow the steps provided on the [Paramount integrated web portal](#) to submit your request and make your payment online.