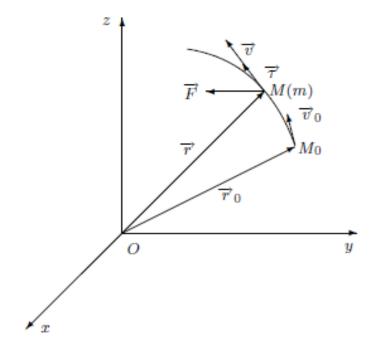
#### 9. Dynamics of the particle. General theorems.

#### The differential equations of the motion

Consider the material point M(m) moving in the Cartesian frame Oxyz under the action of the force  $\vec{F} = \vec{F}(\vec{r}, \vec{v}, t)$  where  $\vec{F}(X, Y, Z)$ .



The differential equation of the motion is

$$m\frac{d^{2}\overrightarrow{r}}{dt^{2}} = \overrightarrow{F}(\overrightarrow{r}, \overrightarrow{v}, t), \ t \in (t_{0}, T]$$
 (9.1)

along with the initial conditions

$$\overrightarrow{r}(t_0) = \overrightarrow{r}_0, \ \overrightarrow{v}(t_0) = \overrightarrow{v}_0, \tag{9.2}$$

In the Cartesian frame Ox yz, Eqs. (9.1) and (9.2) are

$$m\frac{d^2x}{dt^2} = X$$
,  $m\frac{d^2y}{dt^2} = Y$ ,  $m\frac{d^2z}{dt^2} = Z$ , (9.3)

$$\begin{vmatrix} x(t_0) = x_0, & y(t_0) = y_0, & z(t_0) = z_0 \\ \dot{x}(t_0) = \dot{x}_0, & \dot{y}(t_0) = \dot{y}_0, & \dot{z}(t_0) = \dot{z}_0, \end{vmatrix}$$
(9.4)

where

$$\overrightarrow{r}_0 = (x_0, y_0, z_0), \ \overrightarrow{v}_0 = (\dot{x}_0, \dot{y}_0, \dot{z}_0)$$

A first integral of the differential system of motion (9-3) – (9.4) is a (non-constant) continuously-differentiable function (class  $C^1$ )

$$\mathcal{F}(x, y, z, \dot{x}, \dot{y}, \dot{z}, t) = c \in \mathbb{R}, \ \forall \ t \ge t_0$$

$$(9.5)$$

which reduces to a constant when the functions

$$x = x(t), \quad y = y(t), \quad z = z(t)$$
 (9.6)

satisfy (9.3).

If we determine  $k \le 6$  first integrals, for which

$$f_j(x_1, x_2, x_3, v_1, v_2, v_3; t) = C_j, \quad C_j = \text{const}, \quad j = 1, 2, ..., k,$$

the matrix

$$\mathbf{M} \equiv \left[ \frac{\partial \left( f_1, f_2, \dots, f_k \right)}{\partial \left( x_1, x_2, x_3, v_1, v_2, v_3 \right)} \right]$$

being of rank k, then all the first integrals are functionally independent (for the sake of simplicity, further we say *independent first integrals*):

Thus, the problem is reduced to the integration of a system of equations (9.3) with only 6 - k unknowns (hence, a smaller number of unknowns). If k = 6, then all the first integrals are independent, so that the system (9.5) of first integrals determines all the unknown functions. We notice that for k > 6 the first integrals (9.5) are no more independent; we may thus set up at the most six independent first integrals.

P.P. Teodorescu, Mechanical Systems, Classical Models. Vol. I: Particle Mechanics, Springer, 2007

#### Momentum of a particle

Newton has introduced the notion of *momentum* (which he called *quantity of motion*) representing the product of the mass by the velocity of a point.

$$\overrightarrow{H} := m \overrightarrow{v} \tag{9.7}$$

momentum is a vector parallel to the velocity vector

From (9.1) we have

$$\frac{d}{dt}(m\overrightarrow{v}) = \overrightarrow{F} \Rightarrow \frac{d\overrightarrow{H}}{dt} = \overrightarrow{F}, \ \frac{d}{dt}(m\dot{x}) = X, \dots \qquad \overrightarrow{H}(t_0) = \overrightarrow{H}_0$$
 (9.8)

Equation (9.8) we have is called the momentum equation. From (9.8) we can formulate the theorem of momentum:

**Theorem** (theorem of momentum). The derivative with respect to time of the momentum of a free particle is equal to the resultant of the given forces which act upon it.

Another usual notation for momentum is:  $\vec{P} = m\vec{v}$ 

#### Average Force, Momentum, and Impulse

Suppose you are pushing a cart with a force that is non-uniform, but has an average value  $\vec{\mathbf{F}}_{ave}$  during the time interval  $\Delta t$ . We can find the average acceleration according to Newton's Second Law,

$$\vec{\mathbf{F}}_{\text{ave}} = m \, \vec{\mathbf{a}}_{\text{ave}} \,. \qquad \vec{\mathbf{a}}_{\text{ave}} = \frac{\Delta \vec{\mathbf{v}}}{\Delta t} \,.$$

Therefore Newton's Second Law can be recast as

$$\vec{\mathbf{F}}_{\text{ave}} = m \, \vec{\mathbf{a}}_{\text{ave}} = \frac{m \, \Delta \vec{\mathbf{v}}}{\Delta t}.$$

The change in momentum is the product of the mass and the change in velocity,

$$\Delta \vec{\mathbf{p}} = m \, \Delta \vec{\mathbf{v}} \; .$$

Newton's Second Law can be restated as follows: the product of the average force acting on an object and the time interval over which the force acts will produce a change in momentum of the object,

$$\vec{\mathbf{F}}_{\text{ave}} \, \Delta t = \Delta \vec{\mathbf{p}}.$$

This change in momentum is called the *impulse*,

$$\vec{\mathbf{I}} = \vec{\mathbf{F}}_{\text{ave}} \, \Delta t = \Delta \vec{\mathbf{p}}.$$

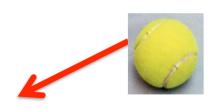
Force is a vector quantity; impulse is obtained by multiplying a vector by a scalar, and so impulse is also a vector quantity. The SI units for impulse are  $[N \cdot s] = [kg \cdot m \cdot s^{-1}]$ , which are the same units as momentum.

https://sites.ualberta.ca/~ygu/courses/phys144/notes/momentum1.pdf Example

# Impulse and momentum:

A tennis ball (mass=0.1 kg) comes in from the right at 40 m/s at an angle 10 deg below horizontal. Then on a bad shot Rafa hits it at 30 deg above the horizontal at a speed of 60 m/s. What is the impulse of the net force and the average net force, assuming the contact (collision) duration is 0.01 sec.





**Solution:** Take positive X to the Right and positive Y as Up. The velocity components before (subscript 1) and after (2) the tennis ball is hit are:

$$v_{1x} = -40 \cos(10) = -39.39 \text{ m/s}$$
  $v_{1y} = -40 \sin(10) = -6.95 \text{ m/s}$   $v_{2x} = 60 \cos(30) = 51.96 \text{ m/s}$   $v_{2y} = 60 \sin(30) = 30 \text{ m/s}$ 

## X-component of impulse is equal to x-component of momentum change I = p - p = m(v - v)

$$J_x = p_{2x} - p_{1x} = m(v_{2x} - v_{1x})$$

$$= 0.1 \times (51.96 - (-39.39)) = 9.14 \text{ kg} \cdot \text{m/s}$$

$$J_y = p_{2y} - p_{1y} = m(v_{2y} - v_{1y})$$

$$= 0.1 \times (30 - (-6.95)) = 3.70 \text{ kg} \cdot \text{m/s}$$

By vector addition

$$J = \sqrt{{J_x}^2 + {J_y}^2} = \sqrt{9.14^2 + 3.70^2} = 9.86 \text{ kg} \cdot \text{m/s}$$
  
Average net force:  $\overline{F} = \frac{J}{\Delta t} = \frac{9.86}{0.01} = 986 \text{ N}$ 

Alternatively, we could use components of J to find components of average net force. The components of average net force are:

$$\overline{F}_x = \frac{J_x}{\Delta t} = \frac{9.14}{0.01} = 914 \text{ N}$$
  $\overline{F}_y = \frac{J_y}{\Delta t} = \frac{3.70}{0.01} = 370 \text{ N}$ 

### The average net force is:

$$\overline{F} = \sqrt{\overline{F_x}^2 + \overline{F_y}^2} = \sqrt{914^2 + 370^2} = \sqrt{835,396 + 136,900} = 986.05 \text{ N}$$

Average Force Direction: 
$$\theta = \tan^{-1} \left( \frac{\overline{F}_y}{\overline{F}_x} \right) = 22.04^{\circ}$$

Remarks: (1) Keep signs straight due to vector use (2) Because the ball was Not at rest initially, average force direction is NOT the same as ball direction (analogy: projectile motion)

### Example



### First integrals

• If  $\vec{F} = 0$  then  $\vec{H} = \overrightarrow{const}$ ,  $\forall t \ge t_0$ . This first integral is the law of momentum conservation.

$$\mathbf{H} = m\mathbf{v} = \mathbf{C}, \quad \mathbf{C} = \overrightarrow{\text{const}}, \quad H_i = C_i, \quad i = 1, 2, 3;$$

**Theorem** (conservation theorem of momentum). The momentum (and the velocity) of a free particle is conserved in time if and only if the resultant of the given forces which act upon it vanishes.

We notice that the relation  $m\mathbf{v} = m\dot{\mathbf{r}} = \mathbf{C}$  leads to

$$m\mathbf{r} = \mathbf{C}t + \mathbf{C}'$$
,  $\mathbf{C}, \mathbf{C}' = \overrightarrow{\text{const}}$ ,  $mx_i = C_it + C_i'$ ,  $i = 1, 2, 3$ ;

Taking into account the initial conditions we obtain:

$$\overrightarrow{v} = \overrightarrow{v}_0$$

$$\overrightarrow{r}(t) = \overrightarrow{v}_0(t - t_0) + \overrightarrow{r}_0$$

The motion of the particle *P* is thus rectilinear and uniform. Besides, this result corresponds to the principle of inertia, which appears thus as a particular case of the principle of action of forces (lex secunda).

• If  $\vec{F} \neq 0$ ,  $\forall t \geq t_0$  and exist a fixed direction  $\vec{u} = (\alpha, \beta, \gamma)$  such that  $\vec{F} \cdot \vec{u} = 0$ , then using this in (9.1) we obtain

$$\frac{d}{dt}(\overrightarrow{H} \cdot \overrightarrow{u}) = \overrightarrow{F} \cdot \overrightarrow{u} = 0 \implies \overrightarrow{H} \cdot \overrightarrow{u} = c \in \mathbb{R}.$$

Thus,

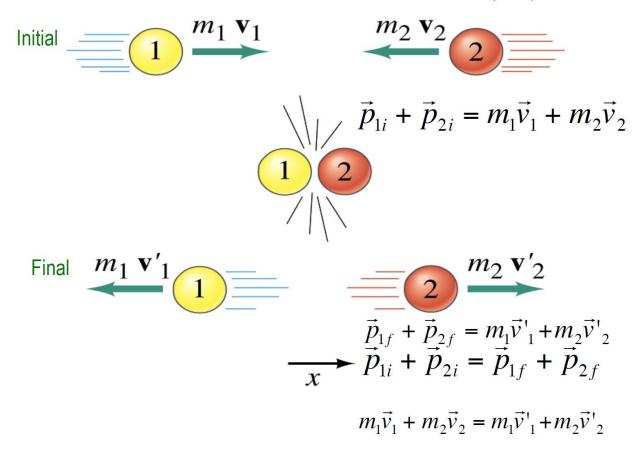
$$\alpha \dot{x} + \beta \dot{y} + \gamma \dot{z} = c, \ \forall \ t \ge t_0, \tag{9.9}$$

is a first integral of the differential equations of motion.

Hence, if the force  $\mathbf{F}$  is parallel to a fixed plane, then the projection of the velocity of the free particle  $\mathbf{P}$  on the normal to this plane is conserved (is constant) in time

### **Example**

### Linear Momentum Conservation (1D)



#### **Moment of momentum (angular momentum)**

The moment of the momentum with respect to the pole O (origin of the coordinate system) is called *moment of momentum* (*angular momentum*) of the particle, with respect to this pole, and is given by

$$\overrightarrow{K}_0 := \overrightarrow{r} \times m \overrightarrow{v} = \overrightarrow{r} \times \overrightarrow{H}$$
 (9.10)

$$K_x = m(y\dot{z} - z\dot{y}), \quad K_y = m(z\dot{x} - x\dot{z}), \quad K_z = m(x\dot{y} - y\dot{x})$$
 (9.11)

From the equation of motion (9.1) we have

$$m\frac{d\overrightarrow{v}}{dt} = \overrightarrow{F} \quad | \times \overrightarrow{r}$$
 
$$\overrightarrow{r} \times \frac{d}{dt}(m\overrightarrow{v}) = \overrightarrow{r} \times \overrightarrow{F} \Rightarrow \frac{d}{dt}(\overrightarrow{r} \times m\overrightarrow{v}) = \overrightarrow{r} \times \overrightarrow{F}$$
 Moment (torque) of force **F** with respect to the pole O: 
$$\overrightarrow{M}_{O}(\overrightarrow{F}) = \overrightarrow{r} \times \overrightarrow{F}$$

**Theorem** (theorem of angular momentum) The derivative with respect to time of the moment of momentum of a particle, with respect to a fixed pole, is equal to the moment of the force which act upon it, with respect to the same pole.

On projection on the Oxyz axes:

$$m\frac{d}{dt}(y\dot{z} - z\dot{y}) = yZ - zY,\dots$$
 (9.13)

#### First integrals

• If  $\overrightarrow{M}_O(\overrightarrow{F}) = 0$  we deduce the law of the angular momentum conservation.

$$\overrightarrow{K}_0 = \overrightarrow{C} \in \mathbb{R}^3, \ \forall \ t \ge t_0 \tag{9.14}$$

Thus,

$$\overrightarrow{K}_{0} = \overrightarrow{r} \times m \overrightarrow{v} = \overrightarrow{c}, \ \forall \ t \ge t_{0}$$

$$\overrightarrow{r} \times \overrightarrow{v} = \overrightarrow{c} = \overrightarrow{r}_{0} \times \overrightarrow{v}_{0}$$
(9.15)

Equation (9.15) is equivalent with

$$\frac{d\overrightarrow{A}}{dt} = \overrightarrow{const} \tag{9.16}$$

where  $\frac{d\overrightarrow{A}}{dt} = \frac{1}{2}(\overrightarrow{r} \times \overrightarrow{v})$  is the areal velocity of the particle.

From (9.15) the following first integrals are obtained

$$y\dot{z} - z\dot{y} = c_1, \dots \tag{9.17}$$

In the particular case when  $\vec{F} \parallel \vec{r}$  (in this case  $\vec{F}$  is called central force) we have

$$\overrightarrow{r} \times \overrightarrow{F} = 0 \implies \overrightarrow{r} \times \overrightarrow{v} = \overrightarrow{c} = \overrightarrow{r}_0 \times \overrightarrow{v}_0.$$

Notice that:

- i) the motion is rectilinear if  $\overrightarrow{r}_0 \| \overrightarrow{v}_0 \Rightarrow \overrightarrow{r}_0 \times \overrightarrow{v}_0 = 0 = \overrightarrow{r} \times \overrightarrow{v} \Rightarrow \overrightarrow{r} \| \overrightarrow{v}$ ,
- ii) the motion takes place in a plane if  $\overrightarrow{r}_0 \not\parallel \overrightarrow{v}_0 \Rightarrow \overrightarrow{r} \cdot (\overrightarrow{r}_0 \times \overrightarrow{v}_0) = 0$   $\Rightarrow \overrightarrow{r} \in (\overrightarrow{v}_0, \overrightarrow{r}_0)$

• If  $\overrightarrow{\mathrm{M}}_{O}(\overrightarrow{\mathrm{F}}) \neq 0$ ,  $\forall t \geq t_{0}$  and exist a fixed direction  $\overrightarrow{\boldsymbol{u}} = (\alpha, \beta, \gamma)$  such that  $\overrightarrow{\mathrm{M}}_{O}(\overrightarrow{\mathrm{F}}) \cdot \overrightarrow{\boldsymbol{u}} = 0$ , then

$$\frac{d}{dt}(\overrightarrow{K}_0 \cdot \overrightarrow{u}) = 0 \implies \overrightarrow{K}_0 \cdot \overrightarrow{u} = c \in \mathbb{R}.$$

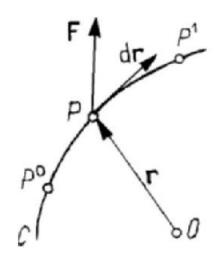
Thus, we obtain the first integral

$$(\overrightarrow{r} \times \overrightarrow{v}) \cdot \overrightarrow{u} = (\overrightarrow{r}_0 \times \overrightarrow{v}_0) \cdot \overrightarrow{u}. \tag{9.18}$$

#### Work

Consider the force  $\vec{F}$  acting on the point P  $(\vec{r} = \overrightarrow{OP})$  which effects a real displacement  $d\vec{r}$ . The elementary work of the force  $\vec{F}$  is the scalar

$$\delta L = \overrightarrow{F} \cdot d\overrightarrow{r} = xdx + Ydy + Zdz$$
 (9.19)



Next, we suppose  $\vec{F}$  depends only on  $\vec{r}$  ( $\vec{F} = \vec{F}(X,Y,Z)$ ) and exist a function U = U(x,y,z) with the property:

$$X = \frac{\partial U}{\partial x}, \quad Y = \frac{\partial U}{\partial y}, \quad Z = \frac{\partial U}{\partial z}$$
 (9.20)

or

$$\mathbf{F} = \operatorname{grad} \ U = \nabla U = U_{,j} \mathbf{i}_j \,, \quad F_j = U_{,j} \,, \tag{9.21}$$

where  $U = U(\mathbf{r}) = U(x, y, z)$  is the force function (potential function or potential). Function V := -U is the potential energy and we say that  $\vec{F}$  is conservative.

**Theorem.** The force  $\vec{F}$  is potential (conservative) if and only if

$$\frac{\partial X}{\partial y} = \frac{\partial Y}{\partial x}, \quad \frac{\partial Y}{\partial z} = \frac{\partial Z}{\partial y}, \quad \frac{\partial Z}{\partial x} = \frac{\partial X}{\partial z}$$
 (9.22)

This is equivalent with the fact that

$$\overrightarrow{F} \cdot d\overrightarrow{r} = Xdx + Ydy + Zdz \tag{9.23}$$

is an exact differential.

A force field  $\vec{F}: D \subset R^3 \to R^3$  is a conservative force field if  $\exists U: D \to R$  with the property:

$$\overrightarrow{F} = \operatorname{grad} U = -\operatorname{grad} V$$

**Theorem.** Consider  $D \subset R^3$  a simply connected domain.

A force field  $\vec{F}: D \to R^3$  is potential (conservative) if and only if one of the following equivalent conditions takes place:

$$\operatorname{rot} \overrightarrow{F} = \nabla \times \overrightarrow{F} = 0$$

$$\int_{\Gamma} \underbrace{\overrightarrow{F} \cdot d\overrightarrow{r}}_{=Xdx+Ydy+Zdz} = 0, \ \ \forall \ \ \gamma \ \text{closed curve}$$

$$\int_{\mathcal{C}} \overrightarrow{F} \cdot d\overrightarrow{r} = \int_{\mathcal{C}'} \overrightarrow{F} \cdot d\overrightarrow{r},$$

c c'

 $\forall C, C' \in D$  arbitrary curved from A to B.

the differential form

$$\overrightarrow{F} \cdot d\overrightarrow{r} = Xdx + Ydy + Zdz$$

is an exact differential, i.e.

$$\frac{\partial X}{\partial y} = \frac{\partial Y}{\partial x}, \quad \frac{\partial Y}{\partial z} = \frac{\partial Z}{\partial y}, \quad \frac{\partial Z}{\partial x} = \frac{\partial X}{\partial z}$$

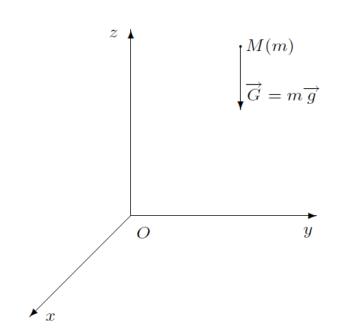
### **Example**

$$\overrightarrow{F} = m\overrightarrow{g} = -\text{grad}V \Leftrightarrow \frac{\partial V}{\partial x} = 0, \ \frac{\partial V}{\partial y} = 0, \ \frac{\partial V}{\partial z} = mg$$

$$\Rightarrow dV = d(mgz)$$

$$\Rightarrow V = mgz + c, \quad U = -mgz$$

 $\Rightarrow \overrightarrow{G} = m\overrightarrow{g}$  is a potential (conservative) force



#### Force function in the plane

Consider

$$\overrightarrow{F}: D \to \mathbb{R}^2, \ \overrightarrow{F} = (X, Y), \ X = X(x, y), \ Y = Y(x, y)$$

such that

$$\frac{\partial X}{\partial y} = \frac{\partial Y}{\partial x} \tag{9.24}$$

Thus, 
$$\exists \ U : D \to \mathbb{R}$$
 such that  $\overrightarrow{F} = \operatorname{grad} U \Leftrightarrow X = \frac{\partial U}{\partial x}, \quad Y = \frac{\partial U}{\partial y}$  (9.25)

We integrate  $(9.25)_1$  with respect to x

$$U(x,y) = \int_{x_0}^x X(s,y)ds + \varphi(y), \tag{9.26}$$

where  $\phi(y)$  is determined from (9.25)<sub>2</sub>:

$$\int_{x_0}^{x} \frac{\partial U(s, y)}{\partial y} ds + \varphi'(y) = Y(x, y)$$

Taking into account (9.24) we obtain

$$\int_{x_0}^{x} \frac{\partial Y(s, y)}{\partial s} ds + \varphi'(y) = Y(x, y)$$

$$Y(x,y) - Y(x_0,y) + \varphi'(y) = Y(x,y)$$

$$\varphi'(y) = Y(x_0, y),$$

or

$$\varphi(y) = \int_{y_0}^{y} Y(x_0, u) du + const. \tag{9.27}$$

Using (9.26) and (9.27) we have

$$U(x,y) = \int_{x_0}^{x} X(s,y)ds + \int_{y_0}^{y} Y(x_0,u)du.$$
 (9.28)

Next, we suppose that the force field  $\vec{F} = \vec{F}(\vec{r}) = \vec{F}(x, y, z)$  is conservative (potential), i,.e  $\exists U: D \to R$  with the property:

$$\overrightarrow{F} = \operatorname{grad} U = -\operatorname{grad} V$$

or

$$X = \frac{\partial U}{\partial x}, \quad Y = \frac{\partial U}{\partial y}, \quad Z = \frac{\partial U}{\partial z}$$

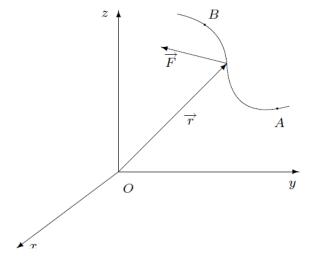
Thus, the elementary work is an exact differential

$$\delta L = X dx + \ldots = dU = -dV$$

### Total work along an arc AB of a curve

Consider AB an arc of a curve defined by the equations:

$$x = x(q), \quad y = y(q), \quad z = z(q), \quad q \in [q_0, q_1].$$
 (9.29)



The curvilinear integral

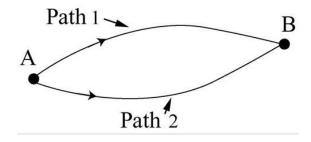
$$L_{AB} = L := \int_{AB} \overrightarrow{F} \cdot d\overrightarrow{r} = \int_{AB} X dx + Y dy + Z dz = \int_{AB} (X(x(z), \ldots) dx(q))$$
$$= \int_{q_0}^{q_1} (X(x(q), y(q), z(q)) x'(q) + \ldots) dq$$
(9.30)

is the total work of the force  $\vec{F}$  along the arc AB.

If the force is conservative,  $\overrightarrow{F} = \operatorname{grad} U$  , then

$$L = \int_{AB} \overrightarrow{F} \cdot d\overrightarrow{r} = \int_{AB} dU = U(B) - U(A) \tag{9.31}$$

and the work is independent of the path from A to B.



If the force is not conservative we use:

$$L = \int_{AB} \overrightarrow{F} \cdot d\overrightarrow{r} = \int_{q_0}^{q_1} [X(x(q), y(q), z(q))x'(q) + \ldots] dq \qquad (9.32)$$

and if the force is a function of velocity and time we can use:

$$L = \int_{AB} X dx + Y dy + Z dz = \int_{t_0}^{t_1} X(x(t), \dots) \dot{x}(t) + \dots$$
 (9.33)

### **Kinetic energy**

The scalar quantity

$$T = \frac{1}{2}mv^2 \tag{9.34}$$

is the *kinetic energy of the particle P*; this quantity depends on the mass and the velocity of the particle.

From 
$$m \frac{d\overrightarrow{v}}{dt} = \overrightarrow{F} \mid \cdot d\overrightarrow{r}$$
 we deduce

$$m\underbrace{\frac{d\overrightarrow{r}}{dt}}_{=\overrightarrow{v}}\cdot\underbrace{\frac{d\overrightarrow{v}}{dt}}_{=\overrightarrow{d\overrightarrow{v}}}dt = \overrightarrow{F}\cdot d\overrightarrow{r} \Rightarrow m\overrightarrow{v}\cdot d\overrightarrow{v} = \overrightarrow{F}\cdot d\overrightarrow{r} \Rightarrow dT = \delta L \qquad (9.35)$$

Equation (9.35) expresses the following theorem

**Theorem** (theorem of kinetic energy). The differential of the kinetic energy of a free particle is equal to the elementary work of the resultant of the given forces which act upon it.

If the motion of the particle takes place in a conservative field of forces,  $\overrightarrow{F} = \overrightarrow{F}(\overrightarrow{r})$ , then exist  $V = V(\overrightarrow{r})$  such that  $\overrightarrow{F} = -\mathrm{grad}V$ .

Thus, 
$$\delta L = -dV$$
 and Eq. (9.35) becomes

$$d(T+V) = 0 \implies T+V = h, \ \forall \ t \ge t_0.$$
 (9.36)

The first integral (9.36) is the *energy integral*, V is the *potential energy*, while h is the *energy constant* and has to be calculated from the initial conditions.

$$E = T + V$$
 total (mechanical) energy

**Theorem** (mechanical energy conservation theorem). The mechanical energy of a free particle is conserved in time if and only if the resultant of the given forces which act upon it is conservative.

#### https://sites.ualberta.ca/~ygu/courses/phys144/notes/momentum2.pdf

# Ex. A Ballistic Pendulum

The mass of the block of wood is 2.50-kg and the mass of the bullet is 0.0100-kg. The block swings to a maximum height of 0.650 m above the initial position. Find the initial speed of the bullet.

What kind of collision? Perfectly inelastic

No net external force → momentum conserved

$$m_1 v_{f1} + m_2 v_{f2} = m_1 v_{o1} + m_2 v_{o2}$$
  
 $(m_1 + m_2) v_f = m_1 v_{o1}$ 

Solve for 
$$V_{01}$$
 
$$v_{o1} = \frac{\left(m_1 + m_2\right)v_f}{m_1}$$

What do we not know? The final speed!!

How can we get it? Using the mechanical energy conservation!

