



## APS Bibliography

### Night Assault, Psychic & Noetic Experience

**Study:** The American Periphenomenal Survey

**Division:** Registry | **Region:**  Cascadia (Reg10)

**Status:** ACTIVE REFERENCE | **Version:** 3.0 (Consolidated Build)

**Target Category:** TYPE IV

**Rationale:** A specific bibliography to cross-reference the global variations of this phenomenon.

- **Adler, Shelley.** *Sleep Paralysis: Night-mares, Nocebos, and the Mind-Body Connection.* (Explores the Hmong "dab tsog" phenomenon).
- **Blackmore, Susan.** *Beyond the Body: An Investigation of Out-of-the-Body Experiences.* (Psychological framework for OBEs).
- **McNally, Richard.** *Remembering Trauma.* (Analyzes how "abduction" narratives often stem from sleep paralysis).