



AMERICAN PERIPHEROMENAL SURVEY

👉 APS Debriefing & Exit Protocol (Cascadia Division)

Version: 3.0

Part 1: Field Researcher Script (For scheduled In-Person "Status 3" Subjects)

To be read by the Researcher immediately after the Subject hands back the tablet/questionnaire.

Step 1: Immediate De-escalation (Grounding)

Researcher: "Thank you. That concludes the formal questions. Take a moment to take a deep breath and shift gears. We are done with the data collection."

Researcher: "I know sharing these experiences can be intense. We appreciate you trusting us with your story."

Step 2: Educational Context

Researcher: "I want to clarify exactly what we are doing with this data. We are not ghost hunters, and we are not here to prove or disprove your experience. We are

studying **how people perceive the unknown**. Your story helps us build a map of human experience, not just a map of 'hauntings'."

Step 3: Validation (If asked)

- **If they ask, "Do you believe me?"**
 - **Response:** "My job isn't to judge physics; it's to document human experience. I believe that *you* experienced something profound, and capturing that impact is what matters to science."
- **If they ask, "Am I the only one?"**
 - **Response:** "You are definitely not alone. We hear similar details—like the silence or the static—from many people. It's a very common human experience."

Step 4: Safety Check

Researcher: "How are you feeling right now? Sometimes talking about this brings up old adrenaline."

- **[If Distressed]:** "That is a normal reaction to memory. Remind yourself you are here, safe, in the present. If the anxiety persists, we encourage you to speak to a professional. Here is a resource sheet." (*Hand Information Sheet*).
- **[If Calm]:** "Glad to hear it. Here is a card with our project info if you want to withdraw your data later."

Step 5: Anti-Priming Request

Researcher: "One favor—if you tell friends to participate, please **don't tell them the specific questions** beforehand. We want their raw, uninfluenced story, just like we got yours."

Part 2: Digital Exit Page (For Online "Status 1 & 2" Subjects)

This text should appear on the screen after the user clicks "Submit" on the index.html interface.

Header: Submission Received. Thank You.

Body Text:

"Your experience has been securely logged in the Washington State Peripheromenal Archive.

What happens next?

We are not here to 'debunk' or 'validate' your reality. Our goal is to catalog the breadth of human experience. Your entry helps us understand how modern people interpret the unexplained.

Privacy & Safety

Your response is anonymous. If recalling this event caused you distress, please take a moment to ground yourself in your immediate surroundings. If you feel overwhelmed, please contact a local support resource or crisis line (988 in the US).

Want to help?

Share the survey link, but please do not discuss specific questions with future participants. This ensures every narrative remains authentic and uninfluenced."

Part 3: Participant Resource Sheet (Physical Handout)

To be printed on quarter-sheets or business cards for Field Researchers.

AMERICAN PERIPHENOMENAL SURVEY | Cascadia Div.  

Resource Card

Project Contact:

- **Principal Investigator:** [Name / Organization]
- **Email:** [email address]
- **Web:** [website]

Your Data Rights:

Your interview was assigned a secure, anonymous Log ID. If you wish to withdraw your story from our archive at any time, please contact the Principal Investigator via email.

Crisis Resources:

If recalling this event caused you distress, support is available:

- **Crisis Text Line:** Text HOME to 741741
- **National Suicide & Crisis Lifeline:** Call or Text 988

Recommended Scientific Reading:

- *Anomalistic Psychology* (Prof. C. French)
- *Authors of the Impossible* (Prof. J. Kripal)