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Regression Model on Life Expectancy

Abstract

Life expectancy is a key metric for assessing population health. Although much research has been conducted in the past on factors impacting life expectancy, factors such as immunization rates and aspects of human development were not taken into consideration. Hence, this study will explore the relationship between life expectancy and predictive factors across 4 key aspects – immunization-related factors, mortality factors, economical factors and social factors.

Our group selected 19 explanatory variables to build the complete model. Through automatic selection and all possible regression methods, we selected three models with 11 variables as potentially globally optimized models based on Mallow's C_p , PRESS $_p$, $R_{adjusted}^2$ and AIC_p . For these three selected models, we then conducted residual analysis and found that there is no violation of assumptions. As for outlier tests, the results imply that we can fairly say there is no influential outlier within our models.

Finally, we conducted model validation for three potentially globally optimized models. Based on the model validation table, we can conclude that coefficients of all variables are consistent except Thinness factors which are insignificant. We compare the descriptive and predictive powers of each model and choose Model 2 as our global optimal model.

The main conclusion of our projects are: life expectancy can be explained by 11 variables including the status of the country, adult mortality, etc. Based on standardized beta, HIV/AIDS, schooling and adult mortality are the most important factors.

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Section 1. Introduction

Life expectancy is a key metric for assessing population health. By definition, life expectancy is based on an estimate of the average age that members of a particular population group will be when they die. Globally, life expectancy has increased from 66.8 years in 2000 to 73.4 years in 2019.

This exploratory observational study will focus on immunization-related factors, mortality factors, economical factors and social factors as explanatory variables for life expectancy. This will help in suggesting which area should be given importance in order to efficiently improve the life expectancy of a population.

The outline of the remainder of the report is as follows. In Section 2, we explore the characteristics of the data and prepare the dataset for analysis. Then, we conduct model selection and model validation in Sections 3 to 5 and Section 6 respectively. Lastly, we summarise and conclude our findings in Section 7. More details are provided in the Appendix.

Section 2. Data Characteristics and Preparation

Section 2.1. Data Characteristics

The data was compiled from 2 sources – data related to life expectancy and health factors were compiled from the Global Health Observatory (GHO) data repository under World Health Organization (WHO), while economic data was collected from the United Nations website. The data covers 193 countries over the years 2000 to 2015, and includes 19 predicting factors as shown in Figure 1. Descriptions of the variables can be found in A2. In total, we have 2938 cases.

	Variable Name
X ₁	Status
X_2	Adult Mortality
X 3	Infant Deaths
X_4	Alcohol
X 5	Percentage Expenditure
X_6	Hepatitis B
X 7	Measles
X 8	ВМІ
X 9	Under-five Deaths
X 10	Polio
X 11	Total Expenditure
X 12	Diphtheria
X 13	HIV/AIDS
X14	GDP
X 15	Population
X 16	Thinness 10-19 Years
X 17	Thinness 5-9 Years
X 18	Income Composition Of Resources
X 19	Schooling

Figure 1: List of Predicting Variables

First, we explore the distribution of our dependent variable – life expectancy. We observe that life expectancy ranges from 36 to 89 years, with an average lifespan of 69 years.

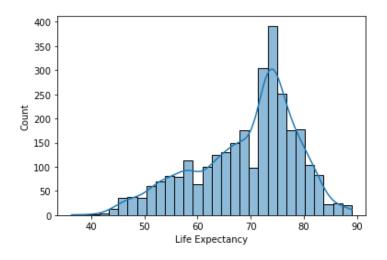


Figure 2: Histogram of Life Expectancy

We also use a correlation heat map to visualise and explore the correlation between different variables. We observe that life expectancy has high correlation with variables such as adult mortality, BMI, schooling, HIV/AIDS, income composition of resources and GDP.

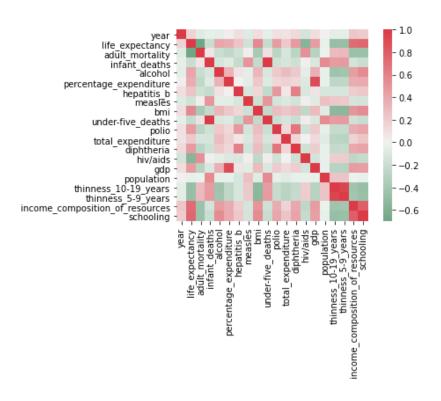


Figure 3: Correlation Heatmap of All Variables

We also plotted some scatterplots to visualise the relationship between life expectancy and its predictor variables. For instance, schooling appears to have a direct relationship with life expectancy as shown in Figure 4. This is a logical observation as higher education typically

leads to a higher standard of living, which results in longer life expectancy. On the contrary, HIV/AIDS appears to have an inverse relationship with life expectancy as shown in Figure 5. This is also a logical observation as the number of deaths caused by HIV/AIDS is inversely related to life expectancy.

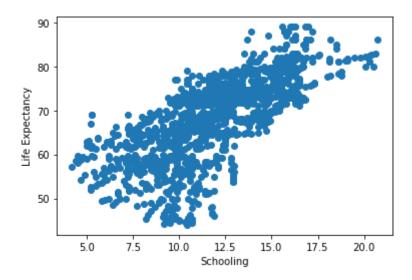


Figure 4: Scatterplot of Life Expectancy against Schooling

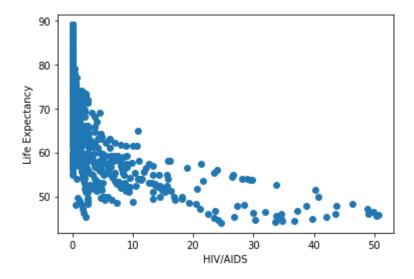


Figure 5: Scatterplot of Life Expectancy against HIV/AIDS

Section 2.2. Data Preparation

After data exploration, we start to prepare our data for model selection.

First, we noticed that 1289 out of 2938 cases contained null values. Considering our data volume is large enough, we decided to drop all cases that contained null values. After elimination, our dataset has 1649 cases. We also decided against interpolating the missing values as we wanted to retain all original data characteristics and avoid introducing more biasness to the model.

Second, one of our predictor variables, status, is a qualitative variable. Hence, we created a dummy variable, using 0 to represent a developing country and 1 to represent a developed country.

Lastly, we split our cases between training set and validation set using a ratio of 70:30. Hence, we have 1154 cases for the training set and 495 cases for the validation set.

Section 3. Model Refinement and Selection

Section 3.1. Full Model

First, we examine the full model. When we regress life expectancy against all the 19 variables, the adjusted R squared stands at around 0.830. Moreover, when using the overall significance test, the F test, we find out that the set of variables collectively have some explanation power on our dependent variable.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.913 ^a	.833	.830	3.5999

a. Predictors: (Constant), schooling, population, hivaids, hepatitis_b, total_expenditure, measles, percentage_expenditure, polio, status, thinness_59_years, adult_mortality, bmi, diphtheria, alcohol, income_composition_of_resources, underfive_deaths, thinness_1019_years, gdp, infant_deaths

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	73218.169	19	3853.588	297.367	.000 ^b
	Residual	14695.564	1134	12.959		
	Total	87913.732	1153			

a. Dependent Variable: life_expectancy

Coefficientsa

		Unstandardize	d Coefficients	Standardized Coefficients		
Model		В	Std. Error	Beta	t	Sig.
1	(Constant)	53.383	.891		59.938	.000
	status	.971	.401	.040	2.420	.016
	adult_mortality	016	.001	229	-13.927	<.001
	infant_deaths	.099	.015	1.380	6.784	<.001
	alcohol	120	.040	056	-3.020	.003
	percentage_expenditure	.001	.000	.116	2.285	.022
	hepatitis_b	004	.005	011	692	.489
	measles	-1.047E-5	.000	013	828	.408
	bmi	.032	.007	.071	4.317	<.001
	underfive_deaths	072	.010	-1.367	-7.049	<.001
	polio	.012	.006	.032	2.028	.043
	total_expenditure	.083	.050	.021	1.655	.098
	diphtheria	.012	.007	.031	1.784	.075
	hivaids	440	.021	309	-21.078	<.001
	gdp	-1.521E-5	.000	021	404	.686
	population	-2.628E-9	.000	025	-1.212	.226
	thinness_1019_years	042	.061	021	689	.491
	thinness_59_years	052	.060	027	864	.388
	income_composition_of_ resources	9.242	.954	.197	9.684	<.001
	schooling	.892	.073	.280	12.284	<.001

a. Dependent Variable: life_expectancy

Figure 6: Linear Regression Results for Full Model

b. Predictors: (Constant), schooling, population, hivaids, hepatitis_b, total_expenditure, measles, percentage_expenditure, polio, status, thinness_59_years, adult_mortality, bmi, diphtheria, alcohol, income_composition_of_resources, underfive_deaths, thinness_1019_years, gdp, infant_deaths

Next, we conducted an informal residual analysis to examine the aptness of the linear regression model. We need to ensure that the data is inline with the initial assumptions of a linear regression model. We regressed life expectancy on all 19 predictor variables and produced 3 plots as seen in Figures 7 and 8.

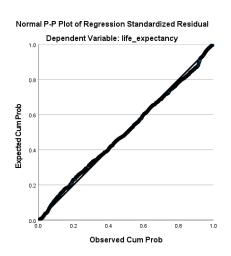


Figure 7: P-P Plot of Full Model

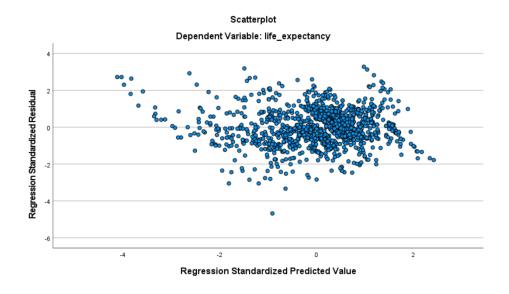


Figure 8: Residual Plot of Full Model

From Figure 7, we can infer that the CDF of the standardized residual quite matched up with the CDF of the normal distribution, suggesting that the standardized residual of the all variables model matches the assumption of normality of residual.

From Figure 8, we observe that residuals are randomly distributed around the horizontal line through zero. This is a sign that our all factors model meets the constant variance

assumption. Hence, the above plots show that the life expectancy and predictor variables follow a linear relation.

Section 3.2. Model Selection

First, we used the automatic method to narrow down the optimal number of predictor variables to include in our final model. As seen in Figure 10, both forward and stepwise method suggested 11 variables, while backward method suggested 13 variables. We decided to go with 11 variables as our starting point as forward and stepwise method both suggested 11 variables. Furthermore, stepwise method is the most widely used technique.

	R ²	R _{adjusted} ²	Number of variables
Full Model	0.833	0.830	19
Forward	0.824	0.822	11
Backward	0.832	0.830	13
Stepwise	0.824	0.822	11

Figure 9: Results from Automatic Method

Next, we need to identify the optimal pool of variables to include in our final model. We used the all-possible-regression procedure to test for all combinations of 10, 11 and 12 variables, and evaluated the models based on four criteria: Mallow's C_p , PRESS $_p$, $R_{adjusted}^2$ and AIC $_p$. Based on the results, we shortlisted the top 3 models as seen in Figure 11.

	Number of variables	C _p	PRESS _p	R _{adjusted} ²	AICp
1	12	34.677257	15200.926468	0.829813	2968.780273
2	12	34.697796	15200.825245	0.829810	2968.800658
3	12	35.190159	15206.618220	0.829738	2969.289235

Figure 10: Results of All-Possible-Regression Procedure for Top 3 Models

	Variable Name	Model 1	Model 2	Model 3
X1	Status	1	1	1
X2	Adult Mortality	1	1	1
Х3	Infant Deaths	1	1	1
X4	Alcohol	1	1	1
X5	Percentage Expenditure	1	1	1
X6	Hepatitis B	0	0	0
X7	Measles	0	0	0
X8	ВМІ	1	1	1
X9	Under-five Deaths	1	1	1
X10	Polio	1	1	0
X11	Total Expenditure	0	0	0
X12	Diphtheria	0	0	1
X13	HIV/AIDS	1	1	1
X14	GDP	0	0	0
X15	Population	0	0	0
X16	Thinness 10-19 Years	0	1	0
X17	Thinness 5-9 Years	1	0	1
X18	Income Composition Of Resources	1	1	1
X19	Schooling	1	1	1

Figure 11: Top 3 Models

From Figure 11, we observe that all 3 models contain 12 predictor variables each and are quite similar to each other, differing only by 1 or 2 variables.

Section 3.3. Model Refinement

We analyse each model to determine if we need to take any extra steps to refine the model. For Model 1, R_{adjusted}² and F-test show that a significant linear relationship exists as seen in Figure 12. However, the collinearity diagnostics variance inflation factor (VIF) shows that infant deaths and under-5 deaths have high multicollinearity. Hence, we would need to decide which variable to drop.

Model Summary^b Model R Adjusted R Square Std. Error of the Estimate Durbin-Watson 1 .912^a .832 .830 3.6023 2.050

b. Dependent Variable: life_expectancy

	ANOVA ^a								
Model		Sum of Squares	df	Mean Square	F	Sig.			
1	Regression	73107.668	12	6092.306	469.491	.000 ^b			
	Residual	14806.064	1141	12.976					
	Total	87913.732	1153						

a. Dependent Variable: life_expectancy

b. Predictors: (Constant), schooling, hivaids, infant_deaths, polio, percentage_expenditure, status, bmi, adult_mortality, thinness_59_years, alcohol, income_composition_of_resources, underfive_deaths

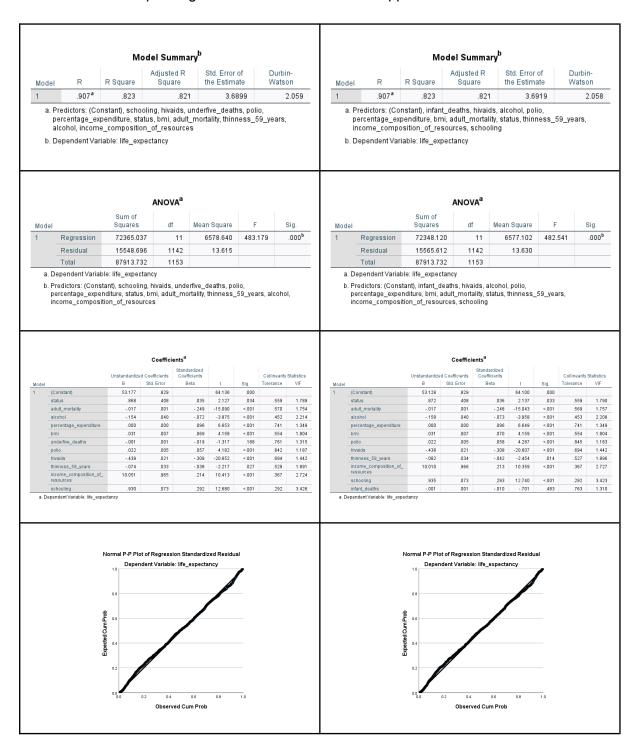
			Coeffici	ents ^a				
		Unstandardize	d Coefficients	Standardized Coefficients			Collinearity	Statistics
Model		В	Std. Error	Beta	t	Sig.	Tolerance	VIF
1	(Constant)	54.016	.817		66.115	.000		
	status	.934	.398	.038	2.345	.019	.559	1.79
	adult_mortality	016	.001	230	-14.158	<.001	.557	1.79
	infant_deaths	.091	.012	1.272	7.565	<.001	.005	191.47
	alcohol	112	.039	052	-2.843	.005	.442	2.26
	percentage_expenditure	.000	.000	.099	7.018	<.001	.741	1.35
	bmi	.032	.007	.071	4.354	<.001	.554	1.80
	underfive_deaths	068	.009	-1.288	-7.651	<.001	.005	192.15
	polio	.016	.005	.042	3.127	.002	.824	1.21
	hivaids	437	.021	308	-21.094	<.001	.694	1.44
	thinness_59_years	088	.033	045	-2.696	.007	.527	1.89
	income_composition_of_ resources	9.400	.946	.200	9.934	<.001	.364	2.74
	schooling	.903	.072	.283	12.584	<.001	.291	3.43

Figure 12: Linear Regression Results for Model 1

We tried dropping each variable and compared the results. From Figure 13, it is evident that the removal of either variable would have a similar effect on our model. In both cases, dropping either variable resolved the issue of multicollinearity. In fact, when looking at those

a. Predictors: (Constant), schooling, hivaids, infant_deaths, polio, percentage_expenditure, status, bmi, adult_mortality, thinness_59_years, alcohol, income_composition_of_resources, underfive_deaths

2 revised models, the F-test is significant. However, both R_{adjusted}² decreased to 0.821. We decided to drop infant deaths as it is a subset of under-5 deaths. We prefer under-5 deaths as it is more encompassing and allows our model to be applicable to wider scenarios.



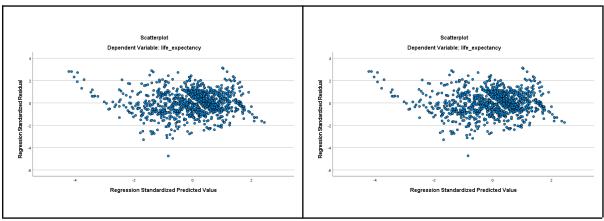


Figure 13: Linear Regression Results for Model 1 After Dropping Infant Deaths (left) and Under-5 Deaths (right)

We tested for multicollinearity for Model 2 and 3 and faced the same problem. We also dropped infant deaths in these models. The revised top 3 models can be seen in Figure 14. Refer to A4 and A5 for the refinement process for Models 2 and 3.

	Variable Name	Model 1	Model 2	Model 3
X1	Status	1	1	1
X2	Adult Mortality	1	1	1
Х3	Infant Deaths	0	0	0
X4	Alcohol	1	1	1
X5	Percentage Expenditure	1	1	1
X6	Hepatitis B	0	0	0
X7	Measles	0	0	0
X8	ВМІ	1	1	1
Х9	Under-five Deaths	1	1	1
X10	Polio	1	1	0
X11	Total Expenditure	0	0	0
X12	Diphtheria	0	0	1
X13	HIV/AIDS	1	1	1
X14	GDP	0	0	0
X15	Population	0	0	0
X16	Thinness 10-19 Years	0	1	0
X17	Thinness 5-9 Years	1	0	1
X18	Income Composition Of Resources	1	1	1
X19	Schooling	1	1	1

Figure 14: Top 3 Models (revised)

Section 4. Residual Analysis

We perform residual analysis on each of our models to examine the aptness of the model, ensuring that the assumptions of linear regression models are met. We used a mix of formal and informal methods.

Section 4.1. Test for Normality

For Model 1, we plotted the residuals against predicted life expectancy. From Figure 15, there is no observable pattern. Residuals are randomly distributed around the horizontal line through zero. This suggests that a linear relationship exists.

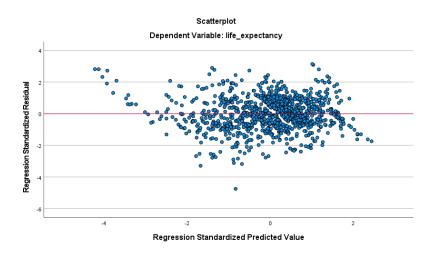


Figure 15: Residual Plot for Model 1

We repeated this process for Model 2 and Model 3, and obtained similar results. Refer to A6 for the results.

Section 4.2. Test for Variance Homogeneity

To test the variance constancy of residuals, we performed two tests.

Section 4.2.1 Levene Test

For all 3 models, p values based on mean, median are both high, which means we cannot reject the hypothesis that variance of residuals are equal. That is to say, residual variance has homogeneity.

Tests of Homogeneity of Variances df2 Statistic Sig. ZRE_1 Based on Mean 1152 .752 Based on Median 1152 .755 Based on Median and 1148.827 .755 with adjusted df .750 Based on trimmed mean .101 1152 ZRE_2 Based on Mean .100 1152 .751 .096 1152 .757 Based on Median Based on Median and .096 1148.868 .757 with adjusted df Based on trimmed mean .100 1152 .752 ZRE_3 Based on Mean .035 1152 .851 Based on Median .033 1152 .856 Based on Median and .033 1149.194 .856 with adjusted df Based on trimmed mean .034 1152 .853

ANOVA Sum of Squares Mean Square Sig. ZRE_1 Between Groups .078 .078 079 .779 Within Groups 1141.921 1152 .991 Total 1142.000 1153 ZRE_2 Between Groups .089 .089 .090 764 Within Groups 1141.911 1152 .991 1142.000 1153 ZRE_3 Between Groups 084 .084 085 .771 Within Groups 1141.916 1152 .991 1142.000 1153

Figure 16: Levene Test Results for Models 1, 2 and 3

Section 4.2.2 Brown Forsythe Test

We also conduct the Brown Forsythe test. We divide the standardized residual into two groups and test the variance. p values for the tests are high, which indicate we cannot reject the hypothesis of constant variance. Accordingly, the three models have constancy of error variance.

		ANOVA			
ZRE_D1					
	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	.040	1	.040	.100	.752
Within Groups	461.219	1152	.400		
Total	461.259	1153			

ANOVA						
ZRE_D2						
	Sum of Squares	df	Mean Square	F	Sig.	
Between Groups	.040	1	.040	.100	.751	
Within Groups	458.853	1152	.398			
Total	458.893	1153				

		ANOVA			
ZRE_D3					
	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	.014	1	.014	.035	.851
Within Groups	461.899	1152	.401		
Total	461.913	1153			

Figure 17: Brown Forsythe Test Results for Models 1, 2 and 3

Section 5. Outlier Analysis

We have to identify outliers and determine whether the outlier is influential. We will elaborate on the analysis of Model 1. We obtained similar results for Model 2 and Model 3. Refer to A8 and A9 for the analysis.

Section 5.1. Identifying Outlying Observations

When we use the boxplot to plot the standardized residual of our model, we find out that there are some cases that can potentially be an outlier for our model.

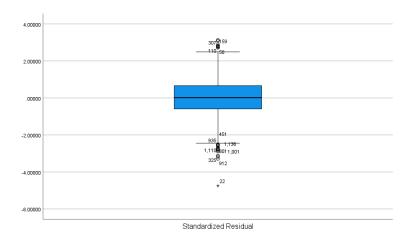


Figure 18: Boxplot of Standardized Residual of Model 1

Section 5.2. Identifying Influential Cases

We need to further determine if these outliers are influential. We have to consider both the influence on a single fitted value and influence on regression coefficient.

Section 5.2.1. Cook's Distance

To analyse the influence on single fitted values, we decided to use Cook's Distance as it is more conservative than DFFITS. From Figure 19, we see that the maximum value is smaller than 1. This means that the Cook's Distance of all cases is below 1, implying that there is no influential outlier within our model.

Residuals Statistics ^a					
	Minimum	Maximum	Mean	Std. Deviation	Ν
Predicted Value	36.014	88.727	69.413	7.9223	1154
Std. Predicted Value	-4.216	2.438	.000	1.000	1154
Standard Error of Predicted Value	.159	1.389	.343	.155	1154
Adjusted Predicted Value	35.390	88.974	69.408	7.9363	1154
Residual	-17.5159	11.5724	.0000	3.6723	1154
Std. Residual	-4.747	3.136	.000	.995	1154
Stud. Residual	-4.772	3.150	.001	1.002	1154
Deleted Residual	-17.7039	11.6729	.0050	3.7227	1154
Stud. Deleted Residual	-4.819	3.162	.001	1.003	1154
Mahal. Distance	1.141	162.439	10.990	14.623	1154
Cook's Distance	.000	.042	.001	.003	1154
Centered Leverage Value	.001	.141	.010	.013	1154

a. Dependent Variable: life_expectancy

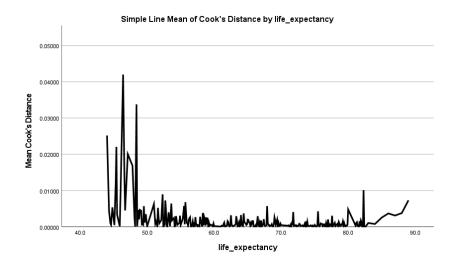


Figure 19: Cook's Distance Results for Model 1

Section 5.2.2 DFBETAS

To analyse the influence on the regression coefficient, we use DFBETAS. We sorted the results in descending order and found that the largest value is still smaller than 1. Hence, we conclude that there are no influential outliers.



Figure 20: DFBETAS Results for Model 1

Section 6. Model Validation

From Figure 21, we conclude that Model 2 is the best model.

	Model 1 Training Data Set	Model 1 Validation Data Set	Model 2 Training Data Set	Model 2 Validation Data Set	Model 3 Training Data Set	Model 3 Validation Data Set
р	12	12	12	12	12	12
b0	53.176524	52.303914	53.329375	52.150106	53.119528	51.600691
s[b0]	0.829116	1.255296	0.839376	1.255415	0.831206	1.274214
b1	0.867766	1.220452	0.885223	1.218722	0.872781	1.207842
s[b1]	0.407999	0.650101	0.407923	0.649485	0.407847	0.647333
b2	-0.017307	-0.018877	-0.017406	-0.018957	-0.017535	-0.018645
s[b2]	0.001147	0.001801	0.001144	0.001802	0.001144	0.001797
b4	-0.154327	-0.087942	-0.157699	-0.083788	-0.151832	-0.090225
s[b4]	0.039824	0.062392	0.03991	0.062466	0.039776	0.062131
b5	0.000452	0.000306	0.000453	0.000304	0.000452	0.000311
s[b5]	0.000068	0.000135	0.000068	0.000135	0.000068	0.000135
b8	0.030996	0.04137	0.030608	0.042136	0.032102	0.042097
s[b8]	0.007455	0.010746	0.007404	0.01063	0.007459	0.010695
b9	-0.000996	-0.003608	-0.000918	-0.003841	-0.000996	-0.003396
s[b9]	0.000756	0.001244	0.000755	0.00126	0.000755	0.001243
b10	0.021869	0.010147	0.022393	0.01014	-	-
s[b10]	0.005229	0.008096	0.005242	0.008086	-	-
b12	-	-	-	-	0.023261	0.020384
s[b12]	-	-	-	-	0.005435	0.008511
b13	-0.438672	-0.426734	-0.438369	-0.427023	-0.435682	-0.428208
s[b13]	0.021241	0.035439	0.021226	0.035411	0.021249	0.035283
b16	-	-	-0.08462	0.058364	-	-
s[b16]	-	-	0.033925	0.047966	-	-
b17	-0.074242	0.041787	-	-	-0.069642	0.038667
s[b17]	0.033482	0.046608	-	-	0.03339	0.046356
b18	10.051414	13.156548	9.992438	13.203582	9.74138	12.88322
s[b18]	0.96527	1.761906	0.965832	1.760682	0.970419	1.754947
b19	0.930441	0.83162	0.924254	0.83331	0.936919	0.828183
s[b19]	0.073381	0.108691	0.073435	0.108573	0.073096	0.108097
SSEp	15548.69561	6529.274629	15531.0247	6520.155169	15537.60896	6473.629919
PRESSp	15979.23673	6997.378324	15961.18123	6986.693527	15970.79875	6933.212278
Ср	32.677257	50.531486	32.697796	49.28955	33.190159	50.012274
MSEp	13.61532	13.518167	13.599846	13.499286	13.605612	13.40296
MSPR	13.4737401	-	13.45842761	-	13.46413251	

Figure 21: Summary of Data Validation

To evaluate and choose the best model, we look at 2 aspects – predictive and descriptive power. All 3 models performed similarly.

Among the three models, Model 2 has lowest MSPR, which indicates it has the most predictive power.

When we compare the beta coefficients in the training and validation sets, we notice that it is relatively stable and the changes in magnitude are generally insignificant. However, we noticed that the coefficients of X16 and X17 (Thinness 5-9 and Thinness 10-19) are negative in the training sets but positive in the validation sets. Using a 99% confidence level, we notice that the thinness predictor is not that significant in the model using t-test. Therefore, we conclude the descriptive power of these models are not affected by this single insignificant variable.

Since all three models have either Thinness 5-9 or Thinness 10-19 as a predictor variable inside, we choose model 2 as the champion model based on its relatively strong predictive power.

Model Summary^b

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin- Watson
1	.907ª	.823	.822	3.6878	2.062

- a. Predictors: (Constant), underfive_deaths, hivaids, alcohol, polio, percentage_expenditure, bmi, adult_mortality, status, thinness_1019_years, income_composition_of_resources, schooling
- b. Dependent Variable: life_expectancy

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	72382.708	11	6580.246	483.847	.000b
	Residual	15531.025	1142	13.600		
	Total	87913.732	1153			

- a. Dependent Variable: life_expectancy
- b. Predictors: (Constant), underfive_deaths, hivaids, alcohol, polio, percentage_expenditure, bmi, adult_mortality, status, thinness_1019_years, income_composition_of_resources, schooling

Coefficients				-
	~	~~B	Fi a i a	n+-a

			Coeffici	ents ^a				
		Unstandardize	d Coefficients	Standardized Coefficients			Collinearity	Statistics
Model		В	Std. Error	Beta	t	Sig.	Tolerance	VIF
1	(Constant)	53.329	.839		63.535	.000		
	status	.885	.408	.036	2.170	.030	.558	1.791
	adult_mortality	017	.001	250	-15.210	<.001	.572	1.749
	alcohol	158	.040	073	-3.951	<.001	.449	2.227
	percentage_expenditure	.000	.000	.096	6.675	<.001	.742	1.348
	bmi	.031	.007	.069	4.134	<.001	.561	1.781
	polio	.022	.005	.058	4.272	<.001	.837	1.195
	hivaids	438	.021	308	-20.652	<.001	.694	1.441
	income_composition_of_ resources	9.992	.966	.213	10.346	<.001	.366	2.730
	schooling	.924	.073	.290	12.586	<.001	.291	3.435
	thinness_1019_years	085	.034	043	-2.494	.013	.524	1.909
	underfive_deaths	001	.001	017	-1.216	.224	.762	1.312

a. Dependent Variable: life_expectancy

Figure 22: Linear Regression Results for Global Optimal Model – Model 2

Section 7. Summary and Concluding Remarks

Based on the automatic method and the all-possible-regression method, we build a linear regression model with life expectancy as a dependent variable and 11 predictor variables. We conclude that life expectancy can be explained by the status of the country, adult mortality, alcohol, percentage expenditure, BMI, under-five deaths, polio, HIV/AIDS, thinness 10-19 years, income composition of resources and schooling. From the standardised beta coefficient, we know that HIV/AIDS, schooling and adult mortality are the most important factors in predicting values of life expectancy. Governments can place more emphasis on these aspects to improve life expectancy for the country. We also acknowledge that our model can possibly be improved. One way is to dive deep into the data analysis with professional domain knowledge to filter out highly correlated factors and insignificant variables during the preliminary data preparation stage. By doing this, it is likely that we do not need remedial measures for multicollinearity after the globally optimised models have been selected. This could also ensure that all predictors are significant in the model.

Appendix

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https://ourworldindata.org/life-expectancy#twice-as-long-life-expectancy-around-the-world

A2. Variable Definition

Variable Name

Description

Life expectancy	Life expectancy of people in years for a particular country and year
Status	Whether a country is considered to be 'Developing' or 'Developed' by WHO standards
Adult mortality	Number of people dying between 15 and 60 years per 1000 population
Infant deaths	Number of infant deaths per 1000 population
Alcohol	The country's alcohol consumption rate measured as litres of pure alcohol consumption per capita
Percentage expenditure	Expenditure on health as a percentage of Gross Domestic Product (GDP)
Hepatitis B	Number of 1-year-olds with Hepatitis B immunization over all 1-year-olds in population
Measles	Number of reported Measles cases per 1000 population
ВМІ	Average Body Mass Index (BMI) of a country's total population
Under-five deaths	Number of people under the age of five deaths per 1000 populations
Polio	Number of 1-year-olds with Polio immunization over the number of all 1-year-olds in population
Total expenditure	Government expenditure on health as a percentage of total government expenditure
Diphtheria	Diphtheria tetanus toxoid and pertussis (DTP3) immunization rate of 1-year-olds
HIV/AIDS	Deaths per 1000 live births caused by HIV/AIDS for people under 5
GDP	GDP per capita
Population	Population of a country
Thinness 10-19 years	Rate of thinness among people aged 10-19
Thinness 5-9 years	Rate of thinness among people aged 5-9
Income composition of resources	Human Development Index in terms of income composition of resources, ranging from 0 to 1
Schooling	Average number of years of schooling of a population

A3. Python Codes for All-Possible-Regression Procedure

We used python to conduct the all-possible-regression procedure as our dataset contained too many variables to do so manually or in SPSS. We made references to this site:

https://github.com/Superbblue2021/Linear-Regression.

A4. Refinement Process for Model 2

Before dropping collinearity variable

Model Summaryb

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin- Watson
1	.912ª	.832	.830	3.6023	2.054

- a. Predictors: (Constant), underfive_deaths, hivaids, alcohol, polio, percentage_expenditure, bmi, adult_mortality, status, thinness_1019_years, income_composition_of_resources, schooling, infant_deaths
- b. Dependent Variable: life_expectancy

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	73107.407	12	6092.284	469.481	.000 ^b
	Residual	14806.326	1141	12.977		
	Total	87913.732	1153			

- a. Dependent Variable: life_expectancy
- b. Predictors: (Constant), underfive_deaths, hivaids, alcohol, polio, percentage_expenditure, bmi, adult_mortality, status, thinness_1019_years, income_composition_of_resources, schooling, infant_deaths

Coefficients^a

		Unstandardize	d Coefficients	Standardized Coefficients			Collinearity	Statistics
Model		В	Std. Error	Beta	t	Sig.	Tolerance	VIF
1	(Constant)	54.083	.826		65.468	.000		
	status	.950	.399	.039	2.383	.017	.558	1.792
	adult_mortality	016	.001	232	-14.312	<.001	.560	1.787
	alcohol	114	.039	053	-2.891	.004	.439	2.277
	percentage_expenditure	.000	.000	.099	7.045	<.001	.741	1.349
	bmi	.032	.007	.072	4.429	<.001	.561	1.782
	polio	.017	.005	.043	3.212	.001	.818	1.222
	hivaids	438	.021	308	-21.103	<.001	.694	1.441
	income_composition_of_ resources	9.362	.947	.199	9.883	<.001	.363	2.752
	schooling	.897	.072	.282	12.490	<.001	.290	3.443
	infant_deaths	.090	.012	1.255	7.473	<.001	.005	190.928
	thinness_1019_years	089	.033	045	-2.692	.007	.524	1.910
	underfive_deaths	067	.009	-1.271	-7.550	<.001	.005	192.086

a. Dependent Variable: life_expectancy

Results if we drop infant deaths

Model Summary^b

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin- Watson
1	.907ª	.823	.822	3.6878	2.062

- a. Predictors: (Constant), underfive_deaths, hivaids, alcohol, polio, percentage_expenditure, bmi, adult_mortality, status, thinness_1019_years, income_composition_of_resources, schooling
- b. Dependent Variable: life_expectancy

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	72382.708	11	6580.246	483.847	.000b
	Residual	15531.025	1142	13.600		
	Total	87913.732	1153			

- a. Dependent Variable: life_expectancy
- b. Predictors: (Constant), underfive_deaths, hivaids, alcohol, polio, percentage_expenditure, bmi, adult_mortality, status, thinness_1019_years, income_composition_of_resources, schooling

Coefficientsa

		Unstandardize	d Coefficients	Standardized Coefficients			Collinearity	Statistics
Model		В	Std. Error	Beta	t	Sig.	Tolerance	VIF
1	(Constant)	53.329	.839		63.535	.000		
	status	.885	.408	.036	2.170	.030	.558	1.791
	adult_mortality	017	.001	250	-15.210	<.001	.572	1.749
	alcohol	158	.040	073	-3.951	<.001	.449	2.227
	percentage_expenditure	.000	.000	.096	6.675	<.001	.742	1.348
	bmi	.031	.007	.069	4.134	<.001	.561	1.781
	polio	.022	.005	.058	4.272	<.001	.837	1.195
	hivaids	438	.021	308	-20.652	<.001	.694	1.441
	income_composition_of_ resources	9.992	.966	.213	10.346	<.001	.366	2.730
	schooling	.924	.073	.290	12.586	<.001	.291	3.435
	thinness_1019_years	085	.034	043	-2.494	.013	.524	1.909
	underfive_deaths	001	.001	017	-1.216	.224	.762	1.312

a. Dependent Variable: life_expectancy

Results if we drop under-5 deaths

Model Summary^b

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin- Watson
1	.907ª	.823	.821	3.6896	2.061

- a. Predictors: (Constant), infant_deaths, hivaids, alcohol, polio, percentage_expenditure, bmi, adult_mortality, status, thinness_1019_years, income_composition_of_resources, schooling
- b. Dependent Variable: life_expectancy

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	72367.635	11	6578.876	483.277	.000b
	Residual	15546.098	1142	13.613		
	Total	87913.732	1153			

- a. Dependent Variable: life_expectancy
- b. Predictors: (Constant), infant_deaths, hivaids, alcohol, polio, percentage_expenditure, bmi, adult_mortality, status, thinness_1019_years, income_composition_of_resources, schooling

Coefficients^a

		Unstandardize	d Coefficients	Standardized Coefficients			Collinearity	Statistics
Model		В	Std. Error	Beta	t	Sig.	Tolerance	VIF
1	(Constant)	53.289	.839		63.498	.000		
	status	.891	.408	.036	2.183	.029	.558	1.791
	adult_mortality	017	.001	250	-15.175	<.001	.571	1.751
	alcohol	161	.040	075	-4.037	<.001	.450	2.220
	percentage_expenditure	.000	.000	.096	6.673	<.001	.742	1.348
	bmi	.031	.007	.069	4.139	<.001	.561	1.781
	polio	.023	.005	.059	4.382	<.001	.840	1.190
	hivaids	438	.021	308	-20.609	<.001	.694	1.441
	income_composition_of_ resources	9.947	.967	.212	10.288	<.001	.366	2.733
	schooling	.928	.073	.291	12.638	<.001	.291	3.432
	thinness_1019_years	093	.034	047	-2.732	.006	.524	1.910
	infant_deaths	001	.001	009	608	.543	.767	1.304

a. Dependent Variable: life_expectancy

A5. Refinement Process for Model 3

Before dropping collinearity variable

Model Summary^b

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin- Watson
1	.912ª	.832	.830	3.6031	2.057

- a. Predictors: (Constant), schooling, hivaids, infant_deaths, diphtheria, percentage_expenditure, status, bmi, adult_mortality, thinness_59_years, alcohol, income_composition_of_resources, underfive_deaths
- b. Dependent Variable: life_expectancy

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	73101.137	12	6091.761	469.243	.000 ^b
	Residual	14812.596	1141	12.982		
	Total	87913.732	1153			

- a. Dependent Variable: life_expectancy
- b. Predictors: (Constant), schooling, hivaids, infant_deaths, diphtheria, percentage_expenditure, status, bmi, adult_mortality, thinness_59_years, alcohol, income_composition_of_resources, underfive_deaths

Coefficients^a

		Unstandardize	d Coefficients	Standardized Coefficients			Collinearity	Statistics
Model		В	Std. Error	Beta	t	Sig.	Tolerance	VIF
1	(Constant)	54.008	.821		65.816	.000		
	status	.938	.398	.038	2.353	.019	.559	1.790
	adult_mortality	016	.001	233	-14.326	<.001	.558	1.791
	infant_deaths	.090	.012	1.261	7.473	<.001	.005	192.947
	alcohol	110	.039	051	-2.800	.005	.443	2.257
	percentage_expenditure	.000	.000	.099	7.003	<.001	.741	1.349
	bmi	.032	.007	.073	4.454	<.001	.553	1.807
	underfive_deaths	068	.009	-1.278	-7.559	<.001	.005	193.714
	diphtheria	.016	.005	.041	3.044	.002	.807	1.240
	hivaids	435	.021	306	-20.974	<.001	.693	1.444
	thinness_59_years	084	.033	043	-2.585	.010	.529	1.889
	income_composition_of_ resources	9.193	.951	.196	9.669	<.001	.361	2.771
	schooling	.909	.071	.285	12.716	<.001	.293	3.411

a. Dependent Variable: life_expectancy

Results if we drop infant deaths

Model Summary^b

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin- Watson
1	.907ª	.823	.822	3.6886	2.069

- a. Predictors: (Constant), schooling, hivaids, underfive_deaths, diphtheria, percentage_expenditure, status, bmi, adult_mortality, thinness_59_years, alcohol, income_composition_of_resources
- b. Dependent Variable: life_expectancy

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	72376.123	11	6579.648	483.598	.000 ^b
	Residual	15537.609	1142	13.606		
	Total	87913.732	1153			

- a. Dependent Variable: life_expectancy
- b. Predictors: (Constant), schooling, hivaids, underfive_deaths, diphtheria, percentage_expenditure, status, bmi, adult_mortality, thinness_59_years, alcohol, income_composition_of_resources

Coefficients^a

		Unstandardize	d Coefficients	Standardized Coefficients			Collinearity	Statistics
Model		В	Std. Error	Beta	t	Sig.	Tolerance	VIF
1	(Constant)	53.120	.831		63.907	.000		
	status	.873	.408	.036	2.140	.033	.559	1.789
	adult_mortality	018	.001	252	-15.323	<.001	.572	1.748
	alcohol	152	.040	071	-3.817	<.001	.452	2.211
	percentage_expenditure	.000	.000	.096	6.647	<.001	.742	1.348
	bmi	.032	.007	.072	4.304	<.001	.553	1.807
	underfive_deaths	001	.001	019	-1.319	.188	.761	1.313
	diphtheria	.023	.005	.058	4.280	<.001	.831	1.204
	hivaids	436	.021	306	-20.503	<.001	.693	1.444
i	thinness_59_years	070	.033	036	-2.086	.037	.531	1.882
	income_composition_of_ resources	9.741	.970	.207	10.038	<.001	.363	2.755
	schooling	.937	.073	.294	12.818	<.001	.294	3.401

a. Dependent Variable: life_expectancy

Results if we drop under-5 deaths

Model Summary^b

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin- Watson
1	.907ª	.823	.821	3.6906	2.068

- a. Predictors: (Constant), infant_deaths, hivaids, alcohol, diphtheria, percentage_expenditure, bmi, adult_mortality, status, thinness_59_years, income_composition_of_resources, schooling
- b. Dependent Variable: life_expectancy

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	72359.384	11	6578.126	482.966	.000b
	Residual	15554.348	1142	13.620		
	Total	87913.732	1153			

- a. Dependent Variable: life_expectancy
- b. Predictors: (Constant), infant_deaths, hivaids, alcohol, diphtheria, percentage_expenditure, bmi, adult_mortality, status, thinness_59_years, income_composition_of_resources, schooling

Coefficients^a

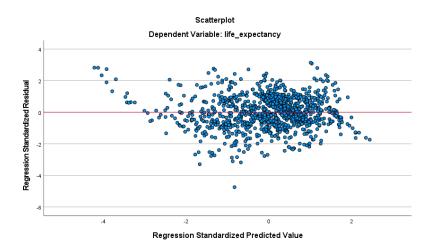
		Unstandardize	d Coefficients	Standardized Coefficients			Collinearity :	Statistics
Model		В	Std. Error	Beta	t	Sig.	Tolerance	VIF
1	(Constant)	53.071	.831		63.874	.000		
	status	.877	.408	.036	2.150	.032	.559	1.790
	adult_mortality	018	.001	252	-15.281	<.001	.571	1.750
	alcohol	155	.040	072	-3.898	<.001	.454	2.205
	percentage_expenditure	.000	.000	.096	6.643	<.001	.742	1.348
	bmi	.032	.007	.072	4.308	<.001	.553	1.807
	diphtheria	.024	.005	.060	4.384	<.001	.834	1.199
	hivaids	435	.021	306	-20.456	<.001	.693	1.444
	thinness_59_years	077	.033	040	-2.316	.021	.530	1.887
	income_composition_of_ resources	9.694	.971	.206	9.979	<.001	.363	2.758
	schooling	.942	.073	.296	12.881	<.001	.294	3.398
	infant_deaths	001	.001	010	713	.476	.764	1.308

a. Dependent Variable: life_expectancy

A6. Residual Plot for Model 2 and Model 3

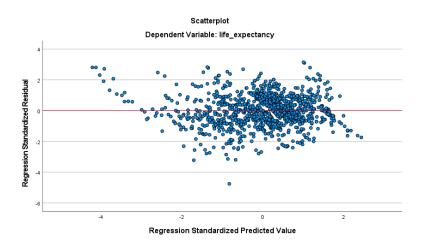
Model 2

No observable pattern, residuals are randomly distributed around the horizontal line through zero. This suggests that a linear relationship exists.



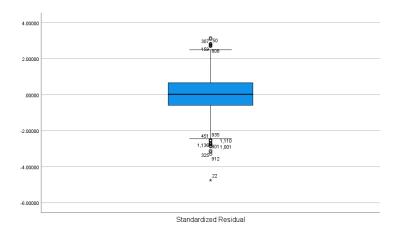
Model 3

No observable pattern, residuals are randomly distributed around the horizontal line through zero. This suggests that a linear relationship exists.



A7. Outlier Analysis for Model 2

Boxplot

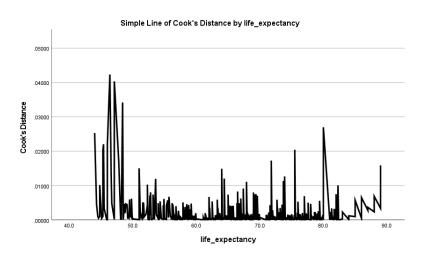


Cook's Distance

Residuals Statistics^a

	Minimum	Maximum	Mean	Std. Deviation	N
Predicted Value	35.980	88.708	69.413	7.9232	1154
Std. Predicted Value	-4.220	2.435	.000	1.000	1154
Standard Error of Predicted Value	.157	1.388	.343	.155	1154
Adjusted Predicted Value	35.354	88.954	69.408	7.9371	1154
Residual	-17.5235	11.5973	.0000	3.6702	1154
Std. Residual	-4.752	3.145	.000	.995	1154
Stud. Residual	-4.777	3.158	.001	1.002	1154
Deleted Residual	-17.7110	11.6980	.0048	3.7206	1154
Stud. Deleted Residual	-4.823	3.171	.001	1.003	1154
Mahal. Distance	1.103	162.232	10.990	14.574	1154
Cook's Distance	.000	.042	.001	.003	1154
Centered Leverage Value	.001	.141	.010	.013	1154

a. Dependent Variable: life_expectancy

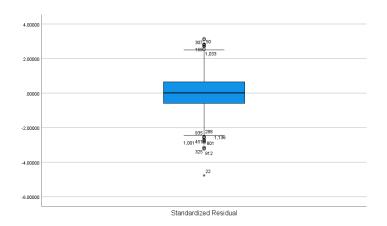


DFBETAS

					◆ DFB5_2		
03126	03259	00002	01080	.00322	.00000	.00016	.00828
02889	.00552	00004	.00089	.00028	.00000	.00045	00067
02207	00142	00006	.00091	.00188	.00000	.00044	00069
01704	00467	00007	.00084	.00262	.00000	.00040	00064
07750	.01573	.00001	00017	00015	00004	00031	.00013
09588	00341	.00040	.00135	.00285	.00000	.00069	00101
08839	.02067	.00008	.00027	00369	.00000	.00044	00020
13722	.01331	.00042	.00050	00291	.00000	00006	00035
28928	.01506	.00037	.00055	00739	.00000	.00148	00032
.08522	01655	00012	.00035	.00312	.00000	.00054	00024
00350	.08346	00004	00028	00201	00001	00245	.00022
.05311	03105	00005	.00051	.00668	.00000	00007	00038
02203	.00103	.00000	.00060	00002	.00000	.00022	00044
12364	.04447	.00029	.00173	00812	.00000	.00079	00130
02152	.01874	.00009	.00036	00391	.00000	00003	00022
10408	.00800	.00031	.00042	00173	.00000	00006	00029
.06708	00980	00015	.00006	00008	.00000	00089	00004
.22438	.02580	00003	00158	00137	.00000	00041	.00121
.05449	01001	00014	.00005	00014	.00000	00086	00003

A8. Outlier Analysis for Model 3

Boxplot

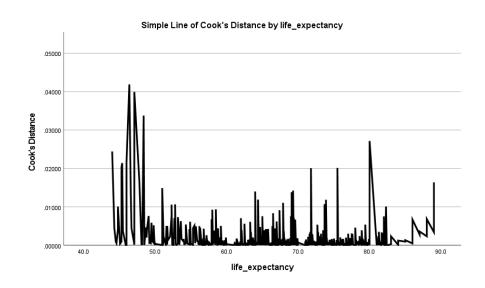


Cook's Distance

Residuals Statistics^a

	Minimum	Maximum	Mean	Std. Deviation	N
Predicted Value	36.035	88.724	69.413	7.9229	1154
Std. Predicted Value	-4.213	2.437	.000	1.000	1154
Standard Error of Predicted Value	.157	1.391	.342	.157	1154
Adjusted Predicted Value	35.412	88.971	69.408	7.9371	1154
Residual	-17.5616	11.6032	.0000	3.6709	1154
Std. Residual	-4.761	3.146	.000	.995	1154
Stud. Residual	-4.786	3.159	.001	1.002	1154
Deleted Residual	-17.7478	11.7039	.0050	3.7218	1154
Stud. Deleted Residual	-4.833	3.172	.001	1.003	1154
Mahal. Distance	1.096	162.892	10.990	14.752	1154
Cook's Distance	.000	.042	.001	.003	1154
Centered Leverage Value	.001	.141	.010	.013	1154

a. Dependent Variable: life_expectancy



DFBETAS

◆ DFB0_3		◆ DFB2_3		◆ DFB4_3	◆ DFB5_3	◆ DFB6_3	◆ DFB7_3
08918	03075	00002	01041	.00227	.00000	.00018	.00799
03018	.00553	00005	.00087	.00030	.00000	.00046	00066
02245	00140	00006	.00090	.00191	.00000	.00045	00069
01748	00466	00007	.00083	.00265	.00000	.00041	00064
07575	.01578	.00001	00015	00016	00004	00032	.00012
10708	00348	.00040	.00124	.00267	.00000	.00069	00092
18486	.01159	.00038	.00001	00322	.00000	.00001	.00004
09043	.02058	.00008	.00024	00369	.00000	.00045	00018
28671	.01519	.00037	.00056	00730	.00000	.00151	00034
.07831	01646	00012	.00030	.00305	.00000	.00055	00020
.15525	00742	00008	.00091	.00281	.00000	.00035	00068
00005	.08380	00004	00026	00198	00001	00246	.00020
.04361	03068	00006	.00043	.00654	.00000	00004	00032
03674	00112	00008	00153	00099	.00000	.00023	.00137
02317	.00104	00001	.00058	.00000	.00000	.00023	00043
01987	.01892	.00009	.00037	00390	.00000	00003	00023
11959	.04503	.00029	.00177	00807	.00000	.00082	00133
09970	.00814	.00032	.00046	00168	.00000	00006	00033
.15255	.00397	00003	.00079	.00077	.00000	.00023	00058
.05818	00963	00014	.00001	00017	.00000	00087	.00000
.15114	.00540	00003	.00077	.00049	.00000	.00022	00057